

Table 3B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Racial and Ethnic Distribution by County

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
ADDISON	179	89.9	0.6	1.7	0.6	1.1	0.6	5.6
BENNINGTON	245	80.4	0.8	0.0	0.0	0.8	0.0	18.0
CALEDONIA	215	94.9	0.0	0.0	0.0	0.0	0.0	5.1
CHITTENDEN	619	82.1	9.5	0.2	0.0	1.5	0.2	6.6
ESSEX	53	*	*	*	*	*	*	*
FRANKLIN	305	86.2	0.3	2.0	0.0	0.0	6.2	5.2
GRAND ISLE	43	*	*	*	*	*	*	*
LAMOILLE	178	94.4	1.1	0.0	0.6	0.6	0.0	3.4
ORANGE	170	89.4	1.2	1.2	0.0	0.0	1.2	7.1
ORLEANS	223	91.5	0.4	0.4	0.0	0.4	1.3	5.8
RUTLAND	384	88.8	0.5	0.8	0.3	0.5	2.1	7.0
WASHINGTON	332	93.4	1.2	0.3	0.0	0.6	0.3	4.2
WINDHAM	281	93.6	1.1	0.0	0.0	2.5	0.0	2.8
WINDSOR	259	93.8	0.4	0.8	0.0	0.4	0.8	3.9
Unknown Counties	12	*	*	*	*	*	*	*
Vermont	3,498	89.0	2.3	0.5	0.1	0.8	1.1	6.2
Nation (Prior Year)	1,304,320	41.6	24.1	28.3	1.1	3.2	1.2	0.5

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Age Distribution by County

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
ADDISON	179	0.0	2.8	7.3	64.2	22.9	2.2	0.6
BENNINGTON	245	0.0	4.5	15.5	66.1	12.7	1.2	0.0
CALEDONIA	215	0.5	0.0	9.8	71.6	17.7	0.5	0.0
CHITTENDEN	619	0.0	4.4	10.5	59.8	23.9	1.0	0.5
ESSEX	53	*	*	*	*	*	*	*
FRANKLIN	305	0.0	2.3	11.1	65.9	19.7	1.0	0.0
GRAND ISLE	43	*	*	*	*	*	*	*
LAMOILLE	178	0.0	2.8	12.4	61.2	23.0	0.6	0.0
ORANGE	170	0.0	1.2	9.4	62.9	24.1	2.4	0.0
ORLEANS	223	0.0	4.5	9.9	62.8	22.4	0.4	0.0
RUTLAND	384	0.0	4.4	9.6	63.0	21.1	1.8	0.0
WASHINGTON	332	0.0	5.1	11.1	57.8	25.0	0.9	0.0
WINDHAM	281	0.0	3.9	10.3	61.2	23.5	0.4	0.7
WINDSOR	259	0.4	4.2	9.7	60.2	22.8	2.3	0.4
Unknown Counties	12	*	*	*	*	*	*	*
Vermont	3,498	0.1	3.6	10.5	62.6	21.8	1.2	0.2
Nation (Prior Year)	1,304,320	0.3	5.8	12.3	59.4	20.4	1.5	0.3

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	173	3.5 (3)	57.8 (10)	159	10.1 (1)	55.3 (11)	18	* *	82	* *	0	* *	0	* *
BENNINGTON	236	7.2 (11)	46.2 (1)	224	19.6 (8)	55.4 (12)	29	* *	122	39.3 (8)	0	* *	0	* *
CALEDONIA	207	1.9 (1)	56.5 (8)	197	18.8 (5)	53.8 (10)	28	* *	94	* *	0	* *	0	* *
CHITTENDEN	598	6.2 (10)	48.0 (3)	567	19.9 (9)	51.0 (7)	101	32.7 (1)	249	30.1 (7)	0	* *	0	* *
ESSEX	50	* *	* *	48	* *	* *	8	* *	26	* *	0	* *	0	* *
FRANKLIN	294	4.1 (6)	56.8 (9)	278	17.3 (4)	46.0 (4)	39	* *	122	23.0 (6)	0	* *	0	* *
GRAND ISLE	41	* *	* *	38	* *	* *	3	* *	17	* *	0	* *	0	* *
LAMOILLE	171	4.1 (6)	64.3 (12)	161	19.3 (7)	53.4 (9)	15	* *	80	* *	0	* *	0	* *
ORANGE	162	2.5 (2)	52.5 (6)	151	19.9 (9)	44.4 (2)	23	* *	86	* *	0	* *	0	* *
ORLEANS	216	7.4 (12)	46.3 (2)	202	21.3 (11)	43.6 (1)	27	* *	122	18.9 (2)	0	* *	0	* *
RUTLAND	369	3.8 (5)	56.1 (7)	341	22.3 (12)	49.6 (6)	56	* *	213	20.2 (4)	0	* *	0	* *
WASHINGTON	323	4.6 (8)	49.8 (4)	311	16.7 (3)	45.0 (3)	46	* *	191	19.4 (3)	0	* *	0	* *
WINDHAM	271	5.9 (9)	50.9 (5)	253	14.2 (2)	47.0 (5)	36	* *	180	21.7 (5)	0	* *	0	* *
WINDSOR	246	3.7 (4)	58.5 (11)	225	19.1 (6)	52.4 (8)	32	* *	129	17.8 (1)	0	* *	0	* *
Unknown Counties	12	* *	* *	11	* *	* *	2	* *	6	* *	0	* *	0	* *
Vermont	3,369	4.8	52.7	3,166	18.6	49.7	463	24.8	1,719	23.3	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)
Nation (Prior Year)	1,226,875	4.5	52.9	917,032	21.2	48.2	189,944	33.9	412,633	28.8	389,161	5.0	394,368	6.8

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)														
County	Medical Care				WIC Enrollment			Multivitamin Consumption						
	1st Trimester		No Care		1st Trimester			Prepregnancy (4)		During Pregnancy (5)				
	Number	% (Rank)	%	% (Rank)	Number	%	% (Rank)	Number	%	% (Rank)				
ADDISON	160	83.8 (3)	0.0	(1)	171	36.3	(7)	0	*	*	0	*	*	
BENNINGTON	216	75.0 (9)	0.5	(9)	234	35.5	(8)	0	*	*	0	*	*	
CALEDONIA	199	87.9 (2)	0.0	(1)	200	37.0	(6)	0	*	*	0	*	*	
CHITTENDEN	580	73.1 (11)	0.5	(9)	584	30.5	(11)	0	*	*	0	*	*	
ESSEX	47	*	*	*	*	47	*	*	0	*	*	0	*	*
FRANKLIN	282	78.7 (6)	0.0	(1)	285	37.9	(4)	0	*	*	0	*	*	
GRAND ISLE	38	*	*	*	*	38	*	*	0	*	*	0	*	*
LAMOILLE	165	74.5 (10)	0.0	(1)	169	46.2	(2)	0	*	*	0	*	*	
ORANGE	155	80.0 (5)	0.6	(12)	161	33.5	(9)	0	*	*	0	*	*	
ORLEANS	202	89.6 (1)	0.5	(9)	213	52.1	(1)	0	*	*	0	*	*	
RUTLAND	349	77.1 (7)	0.0	(1)	357	39.5	(3)	0	*	*	0	*	*	
WASHINGTON	312	76.0 (8)	0.0	(1)	306	22.9	(12)	0	*	*	0	*	*	
WINDHAM	253	83.0 (4)	0.4	(7)	265	37.4	(5)	0	*	*	0	*	*	
WINDSOR	232	70.7 (12)	0.4	(7)	236	33.5	(9)	0	*	*	0	*	*	
Unknown Counties	11	*	*	*	*	12	*	*	0	*	*	0	*	*
Vermont	3,201	78.3	0.2		3,278	35.8		0	*		0	*		
Nation (Prior Year)	527,184	82.2	3.1		1,213,982	34.1		360,369	18.7		372,743	83.5		

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	175	34.3 (1)	161	20.5 (2)	48	* *	0	* *	0	* *
BENNINGTON	240	54.2 (12)	213	37.6 (12)	90	* *	0	* *	0	* *
CALEDONIA	212	47.6 (11)	198	31.3 (9)	81	* *	0	* *	0	* *
CHITTENDEN	609	35.1 (2)	545	27.0 (4)	156	21.8 (3)	0	* *	0	* *
ESSEX	50	* *	49	* *	15	* *	0	* *	0	* *
FRANKLIN	298	42.3 (7)	285	30.5 (8)	100	32.0 (1)	0	* *	0	* *
GRAND ISLE	41	* *	36	* *	9	* *	0	* *	0	* *
LAMOILLE	176	42.0 (6)	163	29.4 (6)	64	* *	0	* *	0	* *
ORANGE	163	38.7 (4)	157	29.9 (7)	49	* *	0	* *	0	* *
ORLEANS	218	45.9 (10)	207	34.3 (11)	87	* *	0	* *	0	* *
RUTLAND	379	45.1 (9)	335	33.1 (10)	134	20.1 (4)	0	* *	0	* *
WASHINGTON	328	38.7 (4)	314	28.7 (5)	105	27.6 (2)	0	* *	0	* *
WINDHAM	278	42.4 (8)	244	24.2 (3)	92	* *	0	* *	0	* *
WINDSOR	251	35.5 (3)	222	19.8 (1)	60	* *	0	* *	0	* *
Unknown Counties	12	* *	10	* *	4	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2010 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)		
Vermont	3,430	41.3	3,139	29.1	1,094	27.9	0	*	0	*
Nation (Prior Year)	1,040,568	22.9	838,781	13.0	156,709	36.7	650,648	17.1	559,995	16.8

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	%	(Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	161	5.0 (3)	9.3 (7)		157	6.4 (1)	147	2.0 (3)	155	87.1 (1)
BENNINGTON	229	10.5 (12)	7.9 (4)		223	8.5 (7)	204	5.4 (12)	217	73.3 (11)
CALEDONIA	200	3.5 (1)	11.0 (10)		188	6.9 (3)	175	1.1 (2)	193	80.8 (5)
CHITTENDEN	579	8.1 (11)	9.8 (8)		554	9.7 (9)	500	3.4 (10)	537	78.6 (6)
ESSEX	49	* * *	* *		46	* *	38	* *	49	* *
FRANKLIN	285	5.3 (4)	6.3 (1)		272	8.1 (5)	250	2.4 (6)	280	69.6 (12)
GRAND ISLE	38	* * *	* *		35	* *	33	* *	38	* *
LAMOILLE	166	4.2 (2)	12.7 (11)		158	7.0 (4)	147	0.7 (1)	159	82.4 (3)
ORANGE	157	6.4 (7)	7.6 (3)		154	9.1 (8)	140	2.1 (4)	151	78.1 (7)
ORLEANS	206	7.3 (10)	8.7 (5)		201	10.4 (12)	180	3.3 (8)	200	77.5 (9)
RUTLAND	353	6.5 (8)	9.1 (6)		331	10.3 (11)	297	3.0 (7)	339	74.0 (10)
WASHINGTON	317	5.7 (5)	13.2 (12)		294	8.2 (6)	270	3.3 (8)	296	82.8 (2)
WINDHAM	262	6.5 (8)	7.3 (2)		249	10.0 (10)	224	2.2 (5)	246	78.0 (8)
WINDSOR	236	5.9 (6)	10.6 (9)		220	6.8 (2)	205	3.9 (11)	220	81.8 (4)

- (1) Reporting period is January 1 through December 31.
- (2) Excludes records with unknown data or errors.
- (3) Rank compares one county's rate to other counties. Rank 1 = best rate.
- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- * Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	11	* * *	* *	11	* *	11	* *	9	* *
Vermont	3,249	6.6	9.5	3,093	8.8	2,821	3.0	3,089	78.0
Nation (Prior Year)	1,018,145	8.2	6.7	1,017,333	11.1	848,957	3.5	997,136	66.7

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic	Black, Not Hispanic	Hispanic	American Indian/Alaska Native	Asian/Pacific Islander	Multiple Races	All Other/Unknown
		%	%	%	%	%	%	%
ADDISON	582	93.0	0.5	1.5	0.2	0.9	0.3	3.6
BENNINGTON	743	84.7	0.5	0.3	0.7	1.1	0.3	12.5
CALEDONIA	654	92.4	0.5	0.2	0.0	0.3	0.0	6.7
CHITTENDEN	1,880	83.0	7.6	0.6	0.0	2.1	0.1	6.5
ESSEX	149	88.6	0.0	1.3	0.0	1.3	2.7	6.0
FRANKLIN	972	86.8	0.4	1.0	0.0	0.2	4.9	6.6
GRAND ISLE	112	94.6	0.0	0.0	0.0	0.0	1.8	3.6
LAMOILLE	536	95.1	0.7	0.2	0.2	0.6	0.0	3.2
ORANGE	505	90.9	1.0	1.0	0.0	0.6	1.8	4.8
ORLEANS	672	90.9	0.3	0.4	0.4	0.3	1.8	5.8
RUTLAND	1,177	89.6	0.3	1.2	0.2	0.6	1.6	6.5
WASHINGTON	952	94.2	1.2	0.2	0.0	0.7	0.2	3.5
WINDHAM	834	88.6	1.6	0.4	0.2	1.4	0.2	7.6
WINDSOR	874	93.5	0.6	1.0	0.2	0.5	0.9	3.3
Unknown Counties	31	*	*	*	*	*	*	*
Vermont	10,673	89.3	1.9	0.7	0.1	0.9	1.0	6.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
ADDISON	582	0.0	3.1	8.2	62.9	21.6	3.1	1.0
BENNINGTON	743	0.4	4.3	13.2	66.9	14.4	0.8	0.0
CALEDONIA	654	0.2	2.3	9.8	69.3	17.0	1.5	0.0
CHITTENDEN	1,880	0.1	3.3	10.8	62.1	22.2	1.4	0.2
ESSEX	149	0.0	6.0	14.8	59.7	19.5	0.0	0.0
FRANKLIN	972	0.1	4.4	11.8	65.5	17.4	0.7	0.0
GRAND ISLE	112	0.0	3.6	6.3	59.8	28.6	1.8	0.0
LAMOILLE	536	0.0	1.9	11.0	59.0	26.9	1.3	0.0
ORANGE	505	0.0	2.4	11.5	61.2	23.0	1.8	0.2
ORLEANS	672	0.1	4.5	14.1	61.0	18.8	1.0	0.4
RUTLAND	1,177	0.2	3.7	12.1	61.9	20.6	1.4	0.1
WASHINGTON	952	0.0	4.4	9.3	62.1	23.1	1.1	0.0
WINDHAM	834	0.0	3.1	12.8	59.1	22.8	1.8	0.4
WINDSOR	874	0.1	4.2	12.9	61.7	19.7	1.3	0.1
Unknown Counties	31	*	*	*	*	*	*	*
Vermont	10,673	0.1	3.6	11.5	62.6	20.7	1.4	0.2

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight	Over- weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
							Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)
ADDISON	532	3.4 (2)	57.1 (12)	479	17.1 (4)	50.3 (9)	60	* *	356	21.6 (8)	0	* *	0	* *
BENNINGTON	666	6.0 (11)	52.4 (5)	612	17.8 (6)	55.4 (13)	92	* *	427	30.9 (12)	0	* *	0	* *
CALEDONIA	594	2.5 (1)	57.7 (13)	552	16.3 (2)	53.3 (11)	100	19.0 (2)	351	20.8 (5)	0	* *	0	* *
CHITTENDEN	1,702	6.0 (11)	48.2 (1)	1,542	21.1 (11)	46.4 (3)	261	33.0 (7)	926	27.8 (11)	0	* *	0	* *
ESSEX	135	4.4 (9)	53.3 (7)	121	21.5 (12)	48.8 (5)	22	* *	81	* *	0	* *	0	* *
FRANKLIN	901	4.1 (4)	53.4 (8)	822	20.4 (9)	47.8 (4)	107	20.6 (4)	518	21.2 (7)	0	* *	0	* *
GRAND ISLE	99	* *	* *	90	* *	* *	11	* *	48	* *	0	* *	0	* *
LAMOILLE	486	4.1 (4)	56.2 (11)	458	18.3 (7)	50.0 (8)	41	* *	311	17.4 (1)	0	* *	0	* *
ORANGE	439	3.6 (3)	55.1 (10)	395	16.5 (3)	53.2 (10)	66	* *	285	22.5 (9)	0	* *	0	* *
ORLEANS	621	6.0 (11)	50.7 (4)	567	20.5 (10)	45.3 (1)	65	* *	371	25.3 (10)	0	* *	0	* *
RUTLAND	1,056	4.2 (6)	53.0 (6)	950	22.2 (13)	49.4 (7)	155	23.9 (5)	801	20.0 (4)	0	* *	0	* *
WASHINGTON	854	4.2 (6)	50.6 (3)	794	17.4 (5)	45.8 (2)	143	18.9 (1)	631	20.8 (5)	0	* *	0	* *
WINDHAM	741	5.5 (10)	49.4 (2)	660	11.4 (1)	54.7 (12)	121	19.0 (2)	546	19.2 (2)	0	* *	0	* *
WINDSOR	764	4.3 (8)	53.5 (9)	676	19.2 (8)	49.1 (6)	124	24.2 (6)	498	19.3 (3)	0	* *	0	* *
Unknown Counties	27	* *	* *	23	* *	* *	5	* *	18	* *	0	* *	0	* *
Vermont	9,617	4.7	52.3	8,741	18.7	49.4	1,373	23.3	6,168	22.4	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)											
County	Medical Care				WIC Enrollment			Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester			Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	%	% (Rank)	Number	%	% (Rank)	
ADDISON	523	83.4 (2)	0.0	(1)	557	37.9	(6)	0	*	*	
BENNINGTON	663	78.3 (8)	0.6	(12)	706	33.1	(8)	0	*	*	
CALEDONIA	614	82.2 (3)	0.3	(4)	614	31.8	(11)	0	*	*	
CHITTENDEN	1,725	75.8 (12)	0.3	(4)	1,768	32.1	(10)	0	*	*	
ESSEX	132	81.1 (5)	0.8	(14)	137	35.0	(7)	0	*	*	
FRANKLIN	885	81.5 (4)	0.2	(3)	913	40.3	(3)	0	*	*	
GRAND ISLE	102	79.4 (6)	0.0	(1)	103	39.8	(4)	0	*	*	
LAMOILLE	509	73.7 (14)	0.6	(12)	497	41.6	(2)	0	*	*	
ORANGE	463	79.3 (7)	0.4	(6)	468	30.8	(13)	0	*	*	
ORLEANS	605	87.3 (1)	0.5	(10)	641	51.8	(1)	0	*	*	
RUTLAND	1,072	76.0 (11)	0.4	(6)	1,088	39.6	(5)	0	*	*	
WASHINGTON	881	77.2 (9)	0.5	(10)	873	22.8	(14)	0	*	*	
WINDHAM	746	76.9 (10)	0.4	(6)	783	33.0	(9)	0	*	*	
WINDSOR	778	75.2 (13)	0.4	(6)	799	31.5	(12)	0	*	*	
Unknown Counties	28	*	*	*	30	*	*	0	*	*	
Vermont	9,726	78.4	0.4		9,977	35.0		0	*	*	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	536	36.0 (1)	520	21.0 (1)	155	33.5 (2)	0	* *	0	* *
BENNINGTON	669	49.6 (14)	637	33.3 (11)	236	26.7 (7)	0	* *	0	* *
CALEDONIA	581	48.0 (12)	587	30.3 (7)	221	33.0 (3)	0	* *	0	* *
CHITTENDEN	1,700	40.1 (3)	1,634	27.4 (4)	507	24.5 (9)	0	* *	0	* *
ESSEX	136	44.1 (8)	134	33.6 (13)	46	* *	0	* *	0	* *
FRANKLIN	905	46.0 (10)	881	32.6 (10)	333	24.3 (10)	0	* *	0	* *
GRAND ISLE	100	40.0 (2)	99	* *	26	* *	0	* *	0	* *
LAMOILLE	491	41.8 (4)	498	26.9 (3)	170	29.4 (5)	0	* *	0	* *
ORANGE	443	41.8 (4)	458	31.0 (9)	152	25.7 (8)	0	* *	0	* *
ORLEANS	620	45.5 (9)	614	30.3 (7)	239	20.9 (12)	0	* *	0	* *
RUTLAND	1,066	48.5 (13)	1,022	33.3 (11)	412	23.1 (11)	0	* *	0	* *
WASHINGTON	856	42.4 (6)	879	29.7 (6)	293	28.3 (6)	0	* *	0	* *
WINDHAM	745	46.0 (10)	725	28.3 (5)	270	32.2 (4)	0	* *	0	* *
WINDSOR	768	44.0 (7)	774	26.0 (2)	263	33.8 (1)	0	* *	0	* *
Unknown Counties	27	* *	27	* *	9	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
Vermont
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal	Postpartum			
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)		
Vermont	9,643	44.0	9,489	29.3	3,332	27.0	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed		
	Low (4)		High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
ADDISON	526	4.6 (2)	11.6 (11)	511	6.7 (1)	476	2.3 (1)	505	85.1 (2)	
BENNINGTON	687	8.6 (12)	9.5 (6)	668	9.9 (8)	602	3.5 (10)	642	75.9 (8)	
CALEDONIA	619	6.6 (4)	11.8 (12)	586	7.7 (3)	541	2.6 (4)	591	78.8 (5)	
CHITTENDEN	1,737	8.2 (10)	11.1 (9)	1,658	10.9 (11)	1,477	3.7 (11)	1,618	78.4 (7)	
ESSEX	134	8.2 (10)	10.4 (7)	127	11.8 (13)	112	4.5 (13)	130	69.2 (12)	
FRANKLIN	905	7.2 (8)	7.2 (1)	861	10.5 (10)	771	3.1 (7)	859	66.1 (14)	
GRAND ISLE	102	11.8 (14)	7.8 (2)	97	* *	84	* *	100	68.0 (13)	
LAMOILLE	509	4.3 (1)	12.0 (13)	472	7.0 (2)	439	2.3 (1)	484	85.3 (1)	
ORANGE	472	7.4 (9)	10.4 (7)	446	8.1 (5)	410	4.1 (12)	441	75.5 (9)	
ORLEANS	614	8.6 (12)	9.0 (4)	600	11.2 (12)	533	3.4 (9)	598	73.4 (10)	
RUTLAND	1,083	6.7 (5)	9.2 (5)	1,018	9.6 (7)	920	2.8 (5)	1,031	71.7 (11)	
WASHINGTON	897	6.8 (6)	12.2 (14)	839	8.0 (4)	772	3.1 (7)	836	79.5 (3)	
WINDHAM	768	6.3 (3)	8.5 (3)	736	10.3 (9)	659	2.4 (3)	721	78.8 (5)	
WINDSOR	795	6.8 (6)	11.3 (10)	753	9.4 (6)	681	2.9 (6)	756	79.5 (3)	

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
Vermont
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	28	* * *	* *	28	* *	24	* *	23	* *
Vermont	9,876	7.1	10.2	9,400	9.5	8,501	3.1	9,335	76.6

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.

