

**Table 3B**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Racial and Ethnic Distribution by County**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>								
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic</b>	<b>Black, Not Hispanic</b>	<b>Hispanic</b>	<b>American Indian/Alaska Native</b>	<b>Asian/Pacific Islander</b>	<b>Multiple Races</b>	<b>All Other/Unknown</b>
		%	%	%	%	%	%	%
ADDISON	204	94.1	0.0	1.5	0.0	0.5	0.5	3.4
BENNINGTON	247	84.6	0.4	0.0	0.4	0.8	0.4	13.4
CALEDONIA	216	88.9	0.9	0.5	0.0	0.5	0.0	9.3
CHITTENDEN	614	84.0	5.7	1.0	0.0	2.1	0.2	7.0
ESSEX	58	*	*	*	*	*	*	*
FRANKLIN	331	86.7	0.9	0.6	0.0	0.0	6.6	5.1
GRAND ISLE	33	*	*	*	*	*	*	*
LAMOILLE	179	93.9	1.1	0.0	0.0	0.6	0.0	4.5
ORANGE	139	92.8	0.7	0.7	0.0	0.7	1.4	3.6
ORLEANS	236	91.5	0.4	0.4	0.8	0.0	1.7	5.1
RUTLAND	385	92.7	0.0	1.3	0.3	0.3	0.8	4.7
WASHINGTON	319	94.7	1.3	0.0	0.0	1.3	0.3	2.5
WINDHAM	273	84.2	1.8	0.7	0.7	1.1	0.4	11.0
WINDSOR	302	94.4	0.7	0.3	0.3	0.7	1.0	2.6
Unknown Counties	12	*	*	*	*	*	*	*
<b>Vermont</b>	<b>3,548</b>	<b>89.4</b>	<b>1.6</b>	<b>0.6</b>	<b>0.2</b>	<b>0.8</b>	<b>1.2</b>	<b>6.1</b>
<b>Nation (Prior Year)</b>	<b>1,307,887</b>	<b>42.0</b>	<b>24.2</b>	<b>28.1</b>	<b>1.0</b>	<b>3.1</b>	<b>1.1</b>	<b>0.5</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4B**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Age Distribution by County**

<b>Comparison of Age Distribution</b> <sup>(2)</sup>								
<b>County</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
ADDISON	204	0.0	2.9	9.3	62.7	20.1	3.4	1.5
BENNINGTON	247	0.8	2.4	10.9	68.8	16.2	0.8	0.0
CALEDONIA	216	0.0	3.7	9.3	66.7	17.6	2.8	0.0
CHITTENDEN	614	0.0	2.4	10.3	61.6	23.9	1.8	0.0
ESSEX	58	*	*	*	*	*	*	*
FRANKLIN	331	0.0	5.4	12.1	64.7	17.2	0.6	0.0
GRAND ISLE	33	*	*	*	*	*	*	*
LAMOILLE	179	0.0	1.1	8.4	54.2	34.1	2.2	0.0
ORANGE	139	0.0	2.2	7.9	67.6	20.1	1.4	0.7
ORLEANS	236	0.0	6.4	16.1	61.9	13.6	1.3	0.8
RUTLAND	385	0.0	4.4	11.9	62.1	19.7	1.6	0.3
WASHINGTON	319	0.0	2.5	8.8	63.9	24.1	0.6	0.0
WINDHAM	273	0.0	1.8	13.6	57.5	25.3	1.5	0.4
WINDSOR	302	0.0	3.3	12.6	63.6	20.2	0.3	0.0
Unknown Counties	12	*	*	*	*	*	*	*
<b>Vermont</b>	<b>3,548</b>	<b>0.1</b>	<b>3.4</b>	<b>11.1</b>	<b>62.7</b>	<b>21.1</b>	<b>1.4</b>	<b>0.2</b>
<b>Nation (Prior Year)</b>	<b>1,307,887</b>	<b>0.3</b>	<b>6.3</b>	<b>12.6</b>	<b>59.7</b>	<b>19.4</b>	<b>1.4</b>	<b>0.3</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Health Indicators by County**

Comparison of Maternal Health Indicators <sup>(2, 3)</sup>														
County	Prepregnancy BMI <sup>(4)</sup>			Weight Gain <sup>(5)</sup>			Anemia (Low Hb/Hct) <sup>(6)</sup>				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)
ADDISON	197	4.1 (6)	57.4 (10)	177	22.6 (9)	46.9 (6)	23	* *	130	24.6 (8)	0	* *	0	* *
BENNINGTON	232	5.6 (12)	53.0 (9)	209	18.7 (4)	52.6 (9)	30	* *	134	26.9 (9)	0	* *	0	* *
CALEDONIA	211	2.4 (1)	57.8 (11)	197	15.2 (3)	53.3 (10)	33	* *	118	21.2 (4)	0	* *	0	* *
CHITTENDEN	594	4.5 (8)	47.5 (1)	529	21.6 (8)	44.6 (3)	82	* *	333	28.8(10)	0	* *	0	* *
ESSEX	55	* *	* *	48	* *	* *	8	* *	31	* *	0	* *	0	* *
FRANKLIN	325	4.3 (7)	51.7 (4)	289	23.2 (11)	46.4 (5)	34	* *	188	22.3 (6)	0	* *	0	* *
GRAND ISLE	31	* *	* *	29	* *	* *	3	* *	15	* *	0	* *	0	* *
LAMOILLE	177	2.8 (2)	52.0 (5)	166	19.3 (7)	45.8 (4)	13	* *	107	15.9 (1)	0	* *	0	* *
ORANGE	133	3.0 (3)	59.4 (12)	119	11.8 (2)	63.0 (12)	18	* *	85	* *	0	* *	0	* *
ORLEANS	231	4.8 (10)	52.4 (7)	211	19.0 (5)	49.3 (7)	15	* *	135	29.6(11)	0	* *	0	* *
RUTLAND	369	5.4 (11)	52.3 (6)	328	23.2 (11)	52.4 (8)	53	* *	278	18.3 (2)	0	* *	0	* *
WASHINGTON	309	3.6 (5)	50.8 (2)	282	19.1 (6)	42.6 (1)	40	* *	220	21.8 (5)	0	* *	0	* *
WINDHAM	258	4.7 (9)	51.2 (3)	225	8.4 (1)	59.1 (11)	48	* *	179	18.4 (3)	0	* *	0	* *
WINDSOR	289	3.5 (4)	52.9 (8)	256	22.7 (10)	43.4 (2)	48	* *	175	22.9 (7)	0	* *	0	* *
Unknown Counties	11	* *	* *	8	* *	* *	2	* *	9	* *	0	* *	0	* *
<b>Vermont</b>	<b>3,422</b>	<b>4.2</b>	<b>52.1</b>	<b>3,073</b>	<b>19.5</b>	<b>48.8</b>	<b>450</b>	<b>22.0</b>	<b>2,137</b>	<b>23.2</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).  
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).  
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>														
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				<b>Gestational Diabetes During Pregnancy</b>	<b>Hypertension During Pregnancy</b>		
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>					
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>			<b>Number</b>	<b>% (Rank)</b>
<b>Nation (Prior Year)</b>	<b>1,224,766</b>	<b>4.7</b>	<b>52.1</b>	<b>963,624</b>	<b>21.4</b>	<b>48.2</b>	<b>188,530</b>	<b>33.8</b>	<b>416,710</b>	<b>29.6</b>	<b>346,704</b>	<b>4.4</b>	<b>395,960</b>	<b>5.2</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).  
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).  
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6B**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	Medical Care				WIC Enrollment			Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester			Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	%	% (Rank)	Number	%	% (Rank)	
ADDISON	183	82.0 (4)	0.0	(1)	195	36.9	(4)	0	*	*	
BENNINGTON	222	77.0 (8)	0.9	(11)	233	30.0	(9)	0	*	*	
CALEDONIA	201	82.6 (3)	0.5	(7)	200	36.5	(5)	0	*	*	
CHITTENDEN	560	78.9 (7)	0.0	(1)	577	30.8	(8)	0	*	*	
ESSEX	49	*	*	*	54	*	*	0	*	*	
FRANKLIN	296	81.1 (6)	0.7	(8)	315	38.4	(3)	0	*	*	
GRAND ISLE	30	*	*	*	30	*	*	0	*	*	
LAMOILLE	173	70.5 (12)	1.2	(12)	163	35.0	(6)	0	*	*	
ORANGE	129	84.5 (2)	0.0	(1)	127	29.9	(10)	0	*	*	
ORLEANS	217	86.6 (1)	0.0	(1)	226	56.2	(1)	0	*	*	
RUTLAND	350	76.9 (9)	0.3	(5)	359	39.6	(2)	0	*	*	
WASHINGTON	299	75.9 (10)	0.3	(5)	296	20.9	(12)	0	*	*	
WINDHAM	241	71.4 (11)	0.8	(10)	254	28.7	(11)	0	*	*	
WINDSOR	275	81.5 (5)	0.7	(8)	285	31.2	(7)	0	*	*	
Unknown Counties	10	*	*	*	11	*	*	0	*	*	
<b>Vermont</b>	<b>3,235</b>	<b>79.0</b>	<b>0.4</b>		<b>3,325</b>	<b>34.1</b>		<b>0</b>	<b>*</b>	<b>*</b>	
<b>Nation (Prior Year)</b>	<b>580,485</b>	<b>80.1</b>	<b>3.1</b>		<b>1,187,387</b>	<b>31.7</b>		<b>266,567</b>	<b>19.3</b>	<b>269,548 80.6</b>	

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.  
(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7B**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Vermont**  
**Comparison of Smoking Indicators by County**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	199	32.7 (1)	179	17.3 (1)	49	* *	0	* *	0	* *
BENNINGTON	242	47.5 (10)	218	30.7 (8)	77	* *	0	* *	0	* *
CALEDONIA	213	47.9 (11)	201	30.8 (9)	84	* *	0	* *	0	* *
CHITTENDEN	602	41.9 (3)	539	28.2 (4)	182	26.4 (4)	0	* *	0	* *
ESSEX	56	* *	51	* *	17	* *	0	* *	0	* *
FRANKLIN	328	44.8 (7)	296	34.8 (12)	109	19.3 (5)	0	* *	0	* *
GRAND ISLE	31	* *	31	* *	9	* *	0	* *	0	* *
LAMOILLE	179	33.0 (2)	169	21.9 (2)	45	* *	0	* *	0	* *
ORANGE	137	42.3 (4)	126	30.2 (7)	48	* *	0	* *	0	* *
ORLEANS	231	44.2 (6)	217	28.6 (5)	88	* *	0	* *	0	* *
RUTLAND	374	49.2 (12)	339	33.9 (11)	158	29.7 (2)	0	* *	0	* *
WASHINGTON	313	43.8 (5)	293	31.4 (10)	104	27.9 (3)	0	* *	0	* *
WINDHAM	261	47.1 (9)	236	29.2 (6)	95	* *	0	* *	0	* *
WINDSOR	294	46.3 (8)	275	27.6 (3)	107	35.5 (1)	0	* *	0	* *
Unknown Counties	11	* *	10	* *	4	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7B**  
**2009 Pregnancy Nutrition Surveillance** (1)  
**Vermont**  
**Comparison of Smoking Indicators by County**

<b>Comparison of Smoking Indicators</b> (2, 3)										
<b>County</b>	<b>Smoking</b>				<b>Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)</b>	<b>Smoking in Household</b>				
	<b>3 Months Prior to Pregnancy</b>		<b>Last 3 Months of Pregnancy</b>			<b>Prenatal</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>		
<b>Vermont</b>	<b>3,471</b>	<b>43.8</b>	<b>3,180</b>	<b>29.3</b>	<b>1,176</b>	<b>28.6</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>
<b>Nation (Prior Year)</b>	<b>999,199</b>	<b>23.1</b>	<b>856,953</b>	<b>14.2</b>	<b>146,933</b>	<b>35.5</b>	<b>655,095</b>	<b>18.9</b>	<b>578,852</b>	<b>19.9</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Among women who smoked 3 months prior to pregnancy.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by County**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	%	(Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	183	6.0 (3)	13.7	(11)	179	8.4 (4)	163	3.1 (8)	176	85.2 (2)
BENNINGTON	230	8.3 (8)	10.0	(6)	222	11.3 (11)	197	3.0 (7)	210	76.2 (9)
CALEDONIA	204	9.3 (12)	12.7	(10)	191	8.9 (6)	174	3.4 (10)	198	80.8 (5)
CHITTENDEN	568	7.9 (7)	12.5	(9)	542	11.4 (12)	480	4.0 (11)	516	77.9 (8)
ESSEX	49	* * *	* *	*	47	* *	41	* *	47	* *
FRANKLIN	306	8.8 (9)	7.5	(1)	293	9.9 (8)	264	5.3 (12)	283	65.7 (12)
GRAND ISLE	30	* * *	* *	*	29	* *	24	* *	29	* *
LAMOILLE	171	3.5 (1)	9.4	(5)	155	7.1 (1)	144	1.4 (1)	162	87.7 (1)
ORANGE	132	6.1 (4)	14.4	(12)	122	7.4 (2)	113	2.7 (5)	122	82.8 (4)
ORLEANS	219	9.1 (11)	9.1	(3)	214	11.2 (10)	190	2.6 (3)	213	72.8 (10)
RUTLAND	354	5.1 (2)	9.0	(2)	337	8.3 (3)	309	2.6 (3)	337	70.6 (11)
WASHINGTON	301	6.6 (5)	10.0	(6)	285	8.8 (5)	260	2.3 (2)	276	80.4 (7)
WINDHAM	250	7.2 (6)	9.2	(4)	239	9.2 (7)	217	2.8 (6)	233	80.7 (6)
WINDSOR	282	8.9 (10)	10.3	(8)	273	10.6 (9)	243	3.3 (9)	261	83.9 (3)

- (1) Reporting period is January 1 through December 31.
- (2) Excludes records with unknown data or errors.
- (3) Rank compares one county's rate to other counties. Rank 1 = best rate.
- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- \* Percentages are not calculated if <100 records are available for analysis after exclusions.





**Table 8B**  
**2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by County**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>									
<b>County</b>	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	10	* * *	* *	10	* *	6	* *	8	* *
<b>Vermont</b>	<b>3,289</b>	<b>7.5</b>	<b>10.6</b>	<b>3,138</b>	<b>9.9</b>	<b>2,825</b>	<b>3.2</b>	<b>3,071</b>	<b>77.7</b>
<b>Nation (Prior Year)</b>	<b>1,085,134</b>	<b>8.2</b>	<b>6.6</b>	<b>1,025,278</b>	<b>11.5</b>	<b>890,981</b>	<b>3.6</b>	<b>952,980</b>	<b>65.4</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 3B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Racial and Ethnic Distribution by County**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>								
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic</b>	<b>Black, Not Hispanic</b>	<b>Hispanic</b>	<b>American Indian/Alaska Native</b>	<b>Asian/Pacific Islander</b>	<b>Multiple Races</b>	<b>All Other/Unknown</b>
		%	%	%	%	%	%	%
ADDISON	598	93.0	0.5	2.0	0.2	1.2	0.2	3.0
BENNINGTON	738	87.9	0.7	0.3	0.8	1.5	0.4	8.4
CALEDONIA	671	90.6	0.6	0.1	0.0	0.9	0.1	7.6
CHITTENDEN	1,913	83.2	6.6	0.6	0.1	2.1	0.2	7.2
ESSEX	134	88.1	0.0	2.2	0.0	1.5	2.2	6.0
FRANKLIN	997	88.5	0.3	0.6	0.1	0.3	3.4	6.8
GRAND ISLE	116	94.0	0.0	0.0	0.0	0.0	1.7	4.3
LAMOILLE	536	96.1	0.4	0.2	0.0	0.4	0.0	3.0
ORANGE	492	89.6	0.8	1.0	0.0	0.8	2.6	5.1
ORLEANS	702	89.6	0.3	0.4	0.6	0.3	1.6	7.3
RUTLAND	1,191	88.4	0.3	1.5	0.1	0.8	1.4	7.5
WASHINGTON	940	94.4	1.2	0.4	0.0	0.7	0.1	3.2
WINDHAM	827	84.4	1.6	0.4	0.4	0.7	0.5	12.1
WINDSOR	906	93.6	0.7	1.0	0.3	0.4	1.0	3.0
Unknown Counties	31	*	*	*	*	*	*	*
<b>Vermont</b>	<b>10,792</b>	<b>89.1</b>	<b>1.7</b>	<b>0.7</b>	<b>0.2</b>	<b>1.0</b>	<b>0.9</b>	<b>6.4</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Age Distribution by County**  
**Combined 3 Years**

<b>Comparison of Age Distribution</b> <sup>(2)</sup>								
<b>County</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
ADDISON	598	0.0	4.0	10.7	59.2	22.4	2.7	1.0
BENNINGTON	738	0.4	5.0	12.7	66.7	14.6	0.5	0.0
CALEDONIA	671	0.0	3.3	10.9	69.2	15.1	1.5	0.1
CHITTENDEN	1,913	0.1	3.5	11.4	62.8	20.4	1.8	0.1
ESSEX	134	0.0	6.7	15.7	58.2	19.4	0.0	0.0
FRANKLIN	997	0.1	5.2	12.4	63.7	17.6	0.9	0.1
GRAND ISLE	116	0.0	6.0	9.5	56.9	26.7	0.9	0.0
LAMOILLE	536	0.0	2.1	11.2	59.7	25.6	1.5	0.0
ORANGE	492	0.2	3.5	12.4	60.4	21.7	1.4	0.4
ORLEANS	702	0.1	4.8	14.0	63.4	15.8	1.4	0.4
RUTLAND	1,191	0.2	3.9	12.6	62.1	20.2	1.0	0.1
WASHINGTON	940	0.1	3.8	9.9	64.8	20.2	1.2	0.0
WINDHAM	827	0.0	3.0	13.2	58.5	22.7	2.4	0.1
WINDSOR	906	0.0	4.0	14.5	62.8	17.7	1.0	0.1
Unknown Counties	31	*	*	*	*	*	*	*
<b>Vermont</b>	<b>10,792</b>	<b>0.1</b>	<b>3.9</b>	<b>12.1</b>	<b>62.8</b>	<b>19.5</b>	<b>1.4</b>	<b>0.2</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>														
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				<b>Gestational Diabetes</b> During Pregnancy		<b>Hypertension</b> During Pregnancy	
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>					
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
ADDISON	512	3.5 (2)	55.5 (11)	452	20.8 (10)	46.0 (1)	65	* *	408	17.6 (3)	0	* *	0	* *
BENNINGTON	623	5.3 (12)	54.3 (9)	563	14.7 (2)	57.9 (13)	109	21.1 (3)	487	27.1 (11)	0	* *	0	* *
CALEDONIA	582	3.3 (1)	57.9 (13)	524	14.7 (2)	55.9 (11)	99	* *	403	20.8 (6)	0	* *	0	* *
CHITTENDEN	1,635	5.3 (12)	48.9 (1)	1,445	21.0 (11)	46.1 (2)	228	34.6 (7)	1,010	28.6 (12)	0	* *	0	* *
ESSEX	115	5.2 (11)	54.8 (10)	100	23.0 (13)	49.0 (6)	22	* *	81	* *	0	* *	0	* *
FRANKLIN	886	4.4 (6)	52.0 (5)	791	20.0 (9)	51.2 (9)	109	22.0 (4)	596	20.5 (5)	0	* *	0	* *
GRAND ISLE	95	* *	* *	84	* *	* *	17	* *	54	* *	0	* *	0	* *
LAMOILLE	460	3.9 (3)	49.3 (2)	426	17.6 (5)	46.2 (3)	52	* *	330	15.8 (1)	0	* *	0	* *
ORANGE	408	4.9 (8)	56.9 (12)	345	17.7 (6)	54.8 (10)	58	* *	275	23.3 (9)	0	* *	0	* *
ORLEANS	629	5.1 (10)	53.1 (8)	556	19.1 (8)	47.7 (4)	66	* *	410	25.6 (10)	0	* *	0	* *
RUTLAND	1,008	4.3 (5)	51.9 (4)	885	21.5 (12)	49.4 (7)	159	25.2 (5)	848	21.1 (7)	0	* *	0	* *
WASHINGTON	789	4.1 (4)	52.0 (5)	702	17.7 (6)	47.7 (4)	146	19.2 (2)	659	22.6 (8)	0	* *	0	* *
WINDHAM	666	5.0 (9)	49.4 (3)	580	11.7 (1)	56.6 (12)	117	14.5 (1)	543	16.8 (2)	0	* *	0	* *
WINDSOR	755	4.4 (6)	52.5 (7)	640	17.0 (4)	49.5 (8)	133	26.3 (6)	518	19.9 (4)	0	* *	0	* *
Unknown Counties	24	* *	* *	21	* *	* *	5	* *	16	* *	0	* *	0	* *
<b>Vermont</b>	<b>9,187</b>	<b>4.5</b>	<b>52.2</b>	<b>8,114</b>	<b>18.4</b>	<b>50.1</b>	<b>1,385</b>	<b>22.9</b>	<b>6,638</b>	<b>22.2</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).  
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).  
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Maternal Behavioral Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	Medical Care				WIC Enrollment			Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester			Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	%	% (Rank)	Number	%	% (Rank)	
ADDISON	533	83.1 (2)	0.0	(1)	572	39.2	(4)	0	*	*	
BENNINGTON	665	79.4 (6)	0.5	(8)	695	31.4	(11)	0	*	*	
CALEDONIA	629	80.8 (5)	0.3	(4)	630	30.3	(13)	0	*	*	
CHITTENDEN	1,753	76.9 (10)	0.2	(3)	1,789	33.0	(9)	0	*	*	
ESSEX	120	75.8 (13)	1.7	(14)	124	33.1	(8)	0	*	*	
FRANKLIN	903	82.6 (3)	0.3	(4)	933	43.5	(2)	0	*	*	
GRAND ISLE	106	81.1 (4)	0.0	(1)	112	40.2	(3)	0	*	*	
LAMOILLE	510	76.3 (11)	0.6	(11)	498	38.8	(6)	0	*	*	
ORANGE	441	79.1 (7)	0.5	(8)	455	33.2	(7)	0	*	*	
ORLEANS	631	84.6 (1)	0.3	(4)	672	52.7	(1)	0	*	*	
RUTLAND	1,078	76.0 (12)	0.6	(11)	1,095	39.2	(4)	0	*	*	
WASHINGTON	857	77.6 (9)	0.5	(8)	870	27.7	(14)	0	*	*	
WINDHAM	745	75.6 (14)	0.7	(13)	774	31.0	(12)	0	*	*	
WINDSOR	806	78.0 (8)	0.4	(7)	837	32.0	(10)	0	*	*	
Unknown Counties	27	*	*	*	27	*	*	0	*	*	
<b>Vermont</b>	<b>9,804</b>	<b>78.8</b>	<b>0.4</b>		<b>10,083</b>	<b>35.7</b>		<b>0</b>	<b>*</b>	<b>*</b>	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** (1)  
**Vermont**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
ADDISON	512	37.7 (1)	529	23.6 (1)	157	27.4 (4)	0	* *	0	* *
BENNINGTON	616	48.4 (12)	642	32.6 (11)	229	23.6 (10)	0	* *	0	* *
CALEDONIA	550	48.2 (11)	591	31.8 (9)	217	25.3 (6)	0	* *	0	* *
CHITTENDEN	1,614	43.8 (3)	1,679	26.9 (3)	567	28.7 (3)	0	* *	0	* *
ESSEX	111	45.0 (4)	119	33.6 (14)	41	* *	0	* *	0	* *
FRANKLIN	885	46.0 (7)	893	31.4 (8)	333	22.8 (11)	0	* *	0	* *
GRAND ISLE	98	* *	104	28.8 (5)	31	* *	0	* *	0	* *
LAMOILLE	457	42.9 (2)	497	26.8 (2)	161	24.8 (8)	0	* *	0	* *
ORANGE	408	45.6 (6)	429	33.1 (13)	158	25.3 (6)	0	* *	0	* *
ORLEANS	624	47.1 (9)	632	31.8 (9)	251	18.3 (12)	0	* *	0	* *
RUTLAND	1,003	49.9 (13)	1,033	32.8 (12)	412	23.8 (9)	0	* *	0	* *
WASHINGTON	784	45.2 (5)	850	30.9 (7)	295	26.4 (5)	0	* *	0	* *
WINDHAM	659	46.6 (8)	733	28.8 (5)	252	30.6 (2)	0	* *	0	* *
WINDSOR	748	48.1 (10)	799	27.8 (4)	294	33.3 (1)	0	* *	0	* *
Unknown Counties	23	* *	26	* *	7	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** (1)  
**Vermont**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

<b>Comparison of Smoking Indicators</b> (2, 3)										
<b>County</b>	<b>Smoking</b>				<b>Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)</b>	<b>Smoking in Household</b>				
	<b>3 Months Prior to Pregnancy</b>		<b>Last 3 Months of Pregnancy</b>			<b>Prenatal</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>		
<b>Vermont</b>	<b>9,092</b>	<b>45.8</b>	<b>9,556</b>	<b>29.7</b>	<b>3,405</b>	<b>26.0</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
ADDISON	538	5.6 (2)	12.6 (14)	523	8.2 (4)	479	2.5 (2)	515	82.5 (2)
BENNINGTON	681	6.5 (4)	9.3 (5)	656	11.6 (13)	580	2.2 (1)	639	72.0 (10)
CALEDONIA	634	7.3 (9)	12.3 (13)	600	8.2 (4)	551	2.7 (4)	606	76.1 (6)
CHITTENDEN	1,764	8.0 (10)	10.7 (7)	1,674	11.1 (10)	1,488	3.4 (9)	1,665	77.3 (5)
ESSEX	120	6.7 (7)	10.8 (8)	113	8.0 (3)	104	3.8 (11)	114	68.4 (11)
FRANKLIN	925	8.5 (12)	8.6 (3)	874	11.3 (11)	775	3.4 (9)	869	64.3 (13)
GRAND ISLE	106	11.3 (14)	8.5 (2)	104	12.5 (14)	91	* *	102	62.7 (14)
LAMOILLE	509	4.1 (1)	11.0 (11)	476	6.7 (1)	444	2.5 (2)	487	86.2 (1)
ORANGE	450	8.0 (10)	10.9 (9)	421	8.3 (6)	386	5.7 (13)	418	74.4 (8)
ORLEANS	637	9.3 (13)	8.3 (1)	622	11.3 (11)	552	4.3 (12)	618	73.1 (9)
RUTLAND	1,086	6.5 (4)	8.7 (4)	1,020	9.2 (7)	926	2.7 (4)	1,043	67.8 (12)
WASHINGTON	869	6.6 (6)	10.9 (9)	826	7.6 (2)	763	3.0 (8)	817	75.8 (7)
WINDHAM	765	6.0 (3)	9.7 (6)	732	10.9 (9)	651	2.9 (7)	716	78.8 (3)
WINDSOR	824	6.8 (8)	11.8 (12)	788	10.4 (8)	705	2.8 (6)	786	77.5 (4)

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.





**Table 8B**  
**2007 - 2009 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**Vermont**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>									
<b>County</b>	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	27	* * *	*	26	* *	21	* *	25	* *
<b>Vermont</b>	<b>9,935</b>	<b>7.2</b>	<b>10.3</b>	<b>9,455</b>	<b>9.9</b>	<b>8,516</b>	<b>3.2</b>	<b>9,420</b>	<b>74.7</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.

