

# ESP Wellness Commission

## Agenda

February 2, 2026 11-12

**Attendees:**

**Guests:**

**Not attending:**

**Meeting started:**

### Agenda

Member and Guest Updates

    New Members

    Current membership of Commission

Training Opportunity - Ollie

Legislative updates - Mark

    H 270- confidentiality for peer support counseling among emergency service providers

2026 Commission Leadership Voting -- **move to Feb 2 meeting**

Annual Commission Report Review

Review and Approve Meeting Minutes 12/16 & 1/7 -- **move to Feb 2 meeting**

Discuss 2026 Meeting Schedule & Priorities

#### **2025-2026 Initiatives:**

Discussion on defining qualifications for clinicians working with first responders (cultural competency)

Creating a generic curriculum for first responder mental wellness and resiliency education with 'key themes' that educators can take an adapt to their organizations/ responders needs.

Definition of ESP – first responders

Other initiatives?

First Responder Organization Survey Draft (if time)- move to email discussion. Please share feedback by January 19<sup>th</sup> to finalize for launching in early February. -this was delayed

Decisions Made:

Action Items:

**Meeting Ended:**

**Documents shared:**

DRAFT