

DO A DAILY TICK CHECK.

✓ **Scalp & neck**

✓ **Ears**

✓ **Back**

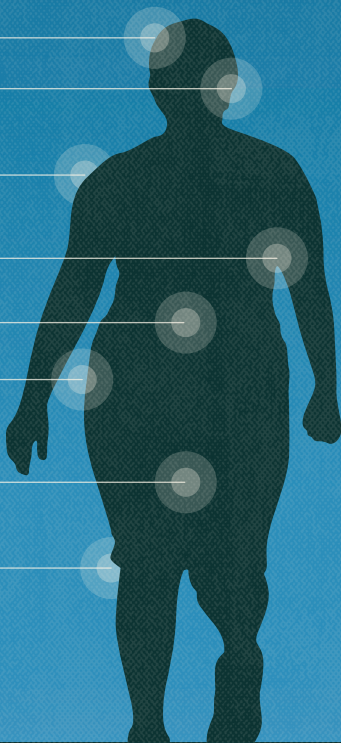
✓ **Underarms**

✓ **Belly button**

✓ **Waist & hips**

✓ **Pelvic area & between legs**

✓ **Behind knees**



If you find a tick, learn how to remove it and what to do next at HealthVermont.gov/BeTickSmart.