Blacklegged ticks spread nearly all tick bite illnesses in Vermont. They are most likely to live in wooded, grassy & brushy areas.
Your chance of getting a tick bite is highest from **May to November**.

Talk to your doctor if you feel sick with **fever, aches, a rash, or other symptoms**.

**How to prevent tick bites:**

1. Use an EPA-approved **tick repellent** on skin.
2. Do regular **ticks checks** on yourself, family, and pets.
3. **Shower** soon after spending time outdoors.

HealthVermont.gov/BeTickSmart