

2025-2026 Respiratory Vaccine Recommendations

	Flu Vaccine	COVID-19 Vaccine	RSV Vaccine
Infants and Children	All children 6 months and older <i>Some children 6 months-8 years may need multiple doses</i>	All children 6-23 months All children 2-18 years <i>Especially important for those with certain risk factors</i>	All infants under 8 months <i>(nirsevimab, clesrovimab)</i> Children 8-19 months with risk factors <i>(nirsevimab)</i>
Pregnant or Lactating	All <i>At any point in pregnancy</i>	All <i>At any point in pregnancy</i>	OR 32-36 weeks pregnant <i>(Pfizer, Abrysvo only; given between September and January)</i>
Adults 19-50	All	All <i>Especially important for those with certain risk factors</i>	If pregnant <i>(see above)</i>
Adults 50+	All <i>High-dose, recombinant or adjuvanted flu vaccine preferred for 65+, if available</i>	All <i>Especially important for those with certain risk factors</i>	All 75+ and adults 50-74 with risk factors <i>One lifetime dose</i>