What to Know About Vaccines **for Infants, Toddlers & Preschoolers**



It's normal to have questions about vaccines. Here's what to know:

- Vaccines help protect infants and young children when they are most at risk of getting sick with a serious illness
- Children's immune systems can safely handle multiple vaccines at once
- Vermont's vaccine recommendations are reviewed regularly and updated based on the latest science
- Most Vermont families choose to vaccinate as part of routine care
- Vaccines are widely available and covered by insurance
- Planning to travel outside the U.S? Your child may need some vaccines earlier to stay protected

Why it's important to follow the recommended schedule:

The schedule is designed to protect children when they are most at risk. Getting vaccines on time helps protect them early and reduces the number of visits needed.

Where to find reliable vaccine information:

Talk with your child's doctor or visit **HealthyChildren.org** (@HealthyChildrenAAP), a resource from the American Academy of Pediatrics, for research-based vaccine information.

Scan here

Learn more at
HealthVermont.gov/KidVax

VERMONT
DEPARTMENT OF HEALTH