What to Know About **Childhood Vaccines**



It's normal to have questions about vaccines. Your child's doctor can help you find information and make decisions with confidence. Here's what to know:

- Vaccines help protect children from serious illness and complications
- They also help protect babies, older adults and others in the community
- Children's immune systems can safely handle multiple vaccines at once
- Vermont's vaccine recommendations are reviewed regularly and updated based on the latest science
- Schools and child care programs have vaccine requirements to help keep children safe
- Most Vermont families choose to vaccinate as part of routine care
- Vaccines are widely available and covered by insurance
- Planning to travel outside the U.S.? Your child may need some vaccines earlier to stay protected

Why it's important to follow the recommended schedule:

The schedule is designed to protect children when they are most at risk. Getting vaccines on time helps protect them early and reduces the number of visits needed. Children's immune systems can safely handle multiple vaccines at once.

Where to find reliable vaccine information:

Talk with your child's doctor or visit **HealthyChildren.org** (@HealthyChildrenAAP), a resource from the American Academy of Pediatrics, for research-based vaccine information

Scan here

Learn more at
HealthVermont.gov/KidVax

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