



Addison County Food Resources

Free distribution locations, food pantries, meals-to-go, meal sites, and programs.

Last Review date: April 2026

Contact the Middlebury District Office to request updates or if you need assistance accessing or understanding this information.

Email: AHS.VDHMiddlebury@vermont.gov

Phone: 802-388-4644

HealthVermont.gov
802-863-7200

 **VERMONT**
DEPARTMENT OF HEALTH

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Scan the QR code for an electronic version of the food guide and the most up to date information!

Location Features:



Free street parking



Near public transit



Wheelchair accessible



Personalized home delivery for homebound



<https://www.healthvermont.gov/local/middlebury>

Please note: Listings marked with an asterisk (*) have not been verified by the organization. For the most up-to-date details, please reach out directly to confirm current hours, services offered, and eligibility requirements.

Addison

While the information on Addison resources is up to date as of now, information may change. Call 211 or [visit 211.org](https://www.211.org) for the latest information on food resources available.

Addison Community Center Community Meal

[121 VT Route 17, Addison, VT 05491](#) | 802-377-1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: 4th Friday of most months, 11:15am-12:30pm

Eligibility requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.

All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.

Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:



Free on-site parking



Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

Brandon

While the information on Brandon resources is up to date as of now, information may change. Call 211 or [visit 211.org](https://www.211.org) for the latest information on food resources available.

Brandon Food Shelf

[1 Carver Street, Brandon Congregational Church, Brandon, VT 05733](#) | 802-247-6720




Hours and Type of Assistance:

Groceries (non-perishable items): Sunday, 12:00pm-2:00pm; Wednesday, 2:00pm-5:00pm

Eligibility Requirements:

Resident of Brandon, Forestdale, Sudbury, Leicester, or Goshen

Location Features:

-  Free street parking
-  Near public transit
-  Wheelchair accessible

Languages Spoken: English

Brandon Senior Center Community Meal




[1591 Forestdale Road, Brandon, VT 05733](#) | 802-247-6720

Hours and Type of Assistance:

Community Meals: 2nd Tuesday of the month, 6:00pm: \$10 all you can eat dinner, sit down or take out options available; 3rd Thursday of the month, 12:00pm: free brunch; 4th Friday of the month, 12:00pm: free lunch

No Eligibility Requirements

Location Features:

-  Free street parking
-  Near public transit
-  Wheelchair accessible

Languages Spoken: English

Bridport

While the information on Bridport resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

Bridport Congregational Church Vestry Community Meal

[54 Middle Road, Bridport, VT 05734](#) | 802-377.1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: April – December: 2nd Monday of the month, 11:00am

Eligibility Requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.

All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.

Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:



Free on-site parking



Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

Bristol

While the information on Bristol resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

[Bristol American Legion Community Meal](#)

[56 Airport Drive, Bristol, VT 05443](#) | 802-377-1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: 1st and 3rd Monday of most months, 11:00am

Eligibility Requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.

All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.

Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:



Free on-site parking



Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

Have a Heart Food Shelf*

[11 School Street, Bristol, VT 05443](#) | 802-233-3561

Hours and Type of Assistance:

Drive Through Pick Up: 4th Friday of the Month, 5:00-6:00pm

Eligibility Requirements:

Resident of Bristol, Lincoln, New Haven, Starksboro, and Monkton

Languages Spoken: English

Pleasant Hills Community Meal

[92 Mountain Street, Bristol, VT 05443](#) | 802-377.1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: 2nd and 4th Wednesday of most months, 11:00am

Eligibility Requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.


All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.


Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:

 Free on-site parking

 Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

Charlotte

While the information on Charlotte resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

Charlotte Food Shelf

[403 Church Hill Road, Charlotte, VT 05445](#) | 802-425-2402

Hours and Type of Assistance:

Groceries: 2nd and 4th Wednesday of the month, 4:00pm-6:00pm and 2nd and 4th Saturdays, 9:00am-11:00am

Emergency Assistance: can include adult preventative dental care assistance, emergency fuel/electric heating assistance, non-marking sneakers for PE for children as well as children's winter clothing. They also have emergency assistance grants for other needs.


[Applications for Grant Assistance](#) are available at the food shelf and need to be brought in or mailed to them at: Charlotte Food Shelf, Inc, P.O. Box 83, Charlotte, VT 05442


Eligibility Requirements:

Resident of Charlotte or North Ferrisburgh.

Registration with proof of residency is requested on second visit to food shelf.

Location Features:

 Free on-site parking

 Wheelchair accessible on Saturdays

Languages Spoken: English

Charlotte Senior Center Community Meal

[212 Ferry Road, Charlotte, VT 05445](#) | 802-425-6345


Hours and Type of Assistance:


Dine In or Take Out Meal: Monday, 11:30am-12:30PM

Eligibility Requirements:

Persons aged 50 and older are welcome – suggested donation \$5/guest.

Location Features:

 Free on-site parking

 Wheelchair accessible

Languages Spoken: English

Hancock

While the information on Hancock resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

[Feeding the Valley Alliance Food Distribution Program*](#)

[1091 VT Route 100 Hancock, VT 05748](#) | 802-377-7614

Hours and Type of Assistance:

Grocery Pick-Up: 4th Friday of the month, 5:30pm-6:30pm. Dates may change based on holidays or weather conditions, updates available on their Facebook or Front Porch Forum.

Eligibility Requirements:

Residents of White River Valley, Hancock, Granville. Reservation is required by Sunday for Friday pick-up. To register, folks can fill out the form on their website or call 802-377-7614. They will need to provide the number of households and number of individuals being picked up for when registering.

Languages Spoken: English

[Quin-Town Senior Center Community Meal*](#)

[1097 Route 100, Hancock VT 05748](#) | 802-767-3763

Hours and Type of Assistance:

Dine In Lunch: Wednesday & Friday. Doors open at 10:00am, Lunch served at 12:00pm. Closes at 1:00pm

No Eligibility Requirements

Hinesburg

While the information on Hinesburg resources is up-to-date as of now, information may change. Call 211 or [visit 211.org](https://www.211.org) for the latest information on food resources available.

[Hinesburg Community Resource Center \(Hinesburg Food Shelf\)](#)

[51 Ballards Corner Road, Hinesburg, VT 05461](#) | 802-482-4946

Hours and Type of Assistance:

Groceries, Toiletries, Pet Food: Tuesday, 5:30pm- 7:30pm (please arrive by 7:15 pm to shop). Fridays, 10:00am-12:00pm (please arrive by 11:45am to shop). Shoppers can visit twice each month: once for pantry items, dairy, bread, meat, produce, toiletries, and pet food and a second time for produce, bread, and dairy (when available). Shoppers can make their own selections or request pre-boxed food brought to their car. Income restrictions apply for the Emergency Food Assistance Program ([TEFAP](#)) food.

Eligibility Requirements:

Residents of Hinesburg, Huntington, Monkton, or St. George. Bring proof of residence in one of these towns (up-to-date driver's license is preferred, a utility bill showing your correct name and current address). To qualify for [TEFAP](#) food, the client must attest to their income (sign a form).

Location Features:



Free on-site parking



Wheelchair accessible



Personalized home delivery for homebound

Languages Spoken: English

Middlebury

While the information on Middlebury resources is up to date as of now, information may change. Call 211 or [visit 211.org](https://www.211.org) for the latest information on food resources available.

[Addison Food Hub/CVOEO/Feeding Champlain Valley](#)

[616 Exchange Street, Middlebury, VT 05753](#) | 802-377-3741


Hours and Type of Assistance:


Groceries: Monday-Friday, 10am-3:30pm. Closed on major holidays.


Eligibility Requirements:

Resident of Addison County. Household income must meet [TEFAP eligibility guidelines](#) that are updated annually in July.

Location Features:

 Free on-site parking

 Near public transit

 Delivery possible

Languages Spoken: English

Bread Loaf Mountain Zen Community – Gather Community Meal

[76 Court Street, Middlebury, VT 05753](#)

Hours and Type of Assistance:

Light Meals and Snacks: Tuesday/Thursday/Friday/Saturday, 10:00am-2:00pm

Midday Mindfulness: 12:00pm


Music Jam: Saturday, 10:30am-2:00pm – feel free to bring instruments

Showers & Laundry Available


Crafts and Games

No Eligibility Requirements

Location Features:

 Free on-site parking

 Wheelchair accessible

 Near public transit

Languages Spoken: English

Charter House Coalition Community Meal

[27 N Pleasant Street, Middlebury, VT 05753](#) | 802-989-8621

Hours and Type of Assistance:

Take-Out Meals: Lunch: 7 days a week, 11:30am-12:15pm; Dinner: Saturday-Thursday, 5:30pm-6:15pm

No Eligibility Requirements

Location Features:



Wheelchair accessible



Near public transit

Languages Spoken: English

HOPE Food Shelf

[282 Boardman Street Suite 1A, Middlebury, VT 05753](#) | 802-388-3608

Hours and Type of Assistance:

Groceries: Monday-Friday, 9:00am-3:30pm, ask that customers arrive by 3:15 to allow time for shopping before the office closes

Eligibility Requirements:

Residents of Addison County. Household income at or below 200% of the federal poverty level.

Location Features:



Free on-site parking



Wheelchair accessible



Near public transit



Limited home delivery

Languages Spoken: English, Limited Translation Services

Unitarian Universalist Church Little Free Pantry

[2 Duane Court, Middlebury VT 05753](#) | 802-388-8080

Hours and Type of Assistance:

Self-Serve Pantry: Wednesday, Thursday, Friday, and Sunday, 9:00am–5:00pm- groceries and toiletries

No Eligibility Requirements

United Congregational Church Community Meal*

[2 Main Street, Middlebury, VT 05753](#) | 802-388-7634

Hours and Type of Assistance:

Dine In Only Meal: Fridays, 5:00pm-6:00pm

No Eligibility Requirements

Languages Spoken: English

VFW- Middlebury Community Meal

[530 Exchange Street, Middlebury, VT 05753](#) | 802-377-1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: 3rd Wednesday of most months - 11:00am

Eligibility Requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.


All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.


Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:

 Free on-site parking

 Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

Monkton

While the information on Monkton resources is up-to-date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

Monkton Friends Methodist Church Little Free Pantry

[77 Monkton Ridge, Monkton VT 05443](#) | 802-453-3020

Hours and Type of Assistance:

Self-Serve Pantry: 7 days a week, 24 hours/day

Protein & Produce Pick-Up (Meat & More): Check at the pantry for updated dates. 2nd OR 3rd Saturday of the month @ 11:00am

Eligibility Requirements:

None for Little Free Pantry

Meat & More: Monkton residents only. Form required for protein/produce pick-up. Must be completed the Wednesday before a Saturday pick-up. Forms available at Little Free Pantry or call 802-453-3020 and leave the following information: Name, number of people in household, food preferences.

Languages Spoken: English

New Haven

While the information on New Haven resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

New Haven Congregational Church Food Closet

[91 Townhill Road, New Haven, VT 05472](#) | 802-345-6578

Hours and Type of Assistance:

Food Closet: 7 days a week/24 hour access, self-service food closet with non-perishable items

Groceries: 2nd Saturday of the month, 11:00am-1:00pm. January-October - Meat & More: perishable items; meats, dairy, eggs, fresh produce (varies based on what they receive for donations). November-December: specific holiday meal boxes.

No Eligibility Requirements

Location Features:

P Free on-site parking



Wheelchair accessible – ramp access at the rear entrance of the church

Languages Spoken: English

Shoreham

While the information on Shoreham resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

Halfway House Community Meal

[450 VT Route 22A, Shoreham, VT 05770](#) | 802-377-1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: 2nd Wednesday of most months, 11:00am

Eligibility Requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.

All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.

Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:



Free on-site parking



Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

Starksboro

While the information on Starksboro resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

First Baptist Church Free Little Pantry


[2806 VT Rte 116, Starksboro, VT 05487](#) | 802-349-2462


Hours and Type of Assistance:

Self-Serve Pantry (non-perishables): 7 days a week, 24 hours/day

No Eligibility Requirements

Location Features:

 Free on-site parking

 Wheelchair accessible

Languages Spoken: English

[Jerusalem Schoolhouse Free Little Pantry](#)


[397 Jerusalem Road, Starksboro, VT 05487](#) | 802-349-2462


Hours and Type of Assistance:

Self-Serve Pantry (non-perishables): 7 days a week, 24 hours/day

No Eligibility Requirements

Location Features:

 Free on-site parking

 Wheelchair accessible

Languages Spoken: English

[New Community Project Food Share](#)

[2806 VT Rte 116, Starksboro, VT 05487](#) | 802-349-2462

Hours and Type of Assistance:

Grocery Pick-Up (fresh, whole foods, some non-perishables): Sunday, 2:15pm arrival. Pick-up starts at 2:30pm. Drive-thru.

Free Little Pantry: 7 days a week, 24 hours/day, Self-serve emergency access, Non-perishable food items

No Eligibility Requirements

Location Features:



Free on-site parking



Wheelchair accessible

Languages Spoken: English

Town of Starksboro Food Shelf

[3056 Route 116 North, Starksboro, VT 05487](#)

Hours and Type of Assistance:

Groceries: 2nd Wednesday of the month, 9:30am-6:30pm

If there is an emergency need outside of these hours, you can call the number on the outside of the food shelf building.

Eligibility Requirements:

Resident of Starksboro.

Location Features:



Free on-site parking



Wheelchair accessible

Languages Spoken: English

Vergennes

While the information on Vergennes resources is up to date as of now, information may change. Call 211 or [visit 211.org](#) for the latest information on food resources available.

Armory Lane Community Meal

[50 Armory Lane, Vergennes, VT 05491](#) | 802-377-1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: Thursday, 10:15am–12:30pm

Eligibility Requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.

All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.

Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:



Free on-site parking



Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

John Graham Shelter Food Shelf

[69 Main Street, Vergennes, VT 05491](#) | 802-877-2677

Hours and Type of Assistance:

Groceries (as available): 7 days a week. Call ahead to schedule pick-up between 9:00am-6:00pm. Unscheduled pick-ups/Walk-ins will be accommodated as soon as possible 7 days/week between 8:30am-8:00pm. Non-perishable items, milk, cheese, and produce as available.

No Eligibility Requirements

Location Features:



Free street parking



Wheelchair accessible



Near public transit

Languages Spoken: English, with 48 hours notice, interpreters can be arranged for scheduled meetings

Vergennes Congregational Church Community Meal

[30 South Water Street, Vergennes VT, 05491](#) | 802-377-1419 (Age Well)

Hours and Type of Assistance:

Dine In Only Meal: Tuesday, 10:15am –12:30pm

Eligibility Requirements:

Reservation Required: Must reserve spot 4 business days in advance by calling the number above.

All attendees must complete a registration form each fiscal year. These forms can be filled out at the meal site.

Meals are open to anyone 60 years old or older plus their spouse of any age.

Suggested donation of \$7/person (\$14/couple). Other guests under 60 years old are welcome with approval – suggested donation \$8/guest.

Guests are asked to please bring their own place setting if possible.

Location Features:



Free on-site parking



Wheelchair accessible (handicapped restrooms)

Languages Spoken: English

Vergennes Congregational Church Food Shelf*

[30 South Water Street, Vergennes, VT 05491](#) | 802-877-2435

Hours and Type of Assistance:

Groceries and Household Essentials: Tuesday, 1:00-3:00pm, Thursday, 2:00-4:00pm

Eligibility Requirements:

Eligible households can shop twice a month and more as needed.

Location Features:



Free on-site parking

Languages Spoken: English

Whiting

While the information on Whiting resources is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

Whiting Community Church Food Shelf*

[7 North Main Street, Whiting, VT 05788](#) | 802-289-1575

Hours and Type of Assistance:

Groceries: Monday, 12:00pm, non-perishable items and toiletries

Eligibility Requirements:

Residents of Whiting, Brandon, Cornwall, Leicester, Middlebury, Orwell, Shoreham, and Sudbury.

Languages Spoken: English

Programs

While the information on Addison County Programs is up to date as of now, information may change. Call 211 or [visit 211.org](http://visit.211.org) for the latest information on food resources available.

3SquaresVT*

[156 S. Village Green Suite 101 Middlebury, VT 05753](#) | 1-800-479-6151

Hours and Type of Assistance:


Monday-Friday, 7:45am-4:30pm

Eligibility Requirements:


Gross household income is equal to or less than 185% of the Federal Poverty Level, or You have children and get the VT Earned Income Tax Credit.

You may still qualify if your income is over the limit if your household includes someone 60+ or with a disability, but they'll consider the resources you own (with a few exceptions, like your home and certain retirement accounts).

Location Features:

 Free on-site parking

 Wheelchair accessible

 Near public transit

Languages Spoken: English, Interpretation Services Available

Age Well Restaurant Ticket Program

[39 Court Street, Middlebury, VT 05753](#) | 802-377-1419

Hours and Type of Assistance:

Restaurant Vouchers: Tickets can be picked up at the following locations:

Age Well Offices:

- 39 Court Street, Middlebury VT - M/W/F, 9:00am-1:00pm
- 875 Roosevelt Hwy, Suite 210, Colchester VT – M-F, 8:30am-4:30pm
- 228 N Main Street, St. Albans VT – M/W/F, 9:00am-1:00pm
- Armory Lane Senior Housing: Thursday, 10:00am-12:30pm
- Vergennes Congregational Church: Tuesday, 10:00am-12:30pm

Eligibility Requirements:

Individuals must be 60 years old or older. Completion of annual registration at Age Well office or with any Age Well Nutrition & Wellness Coordinator. Can call 802.377.1419. Suggested donation of \$8/ticket valid for 1 meal at participating restaurants (list shared when tickets received). Tickets are non-refundable, and non-exchangeable. They are valid for the duration of Age Well’s fiscal year (October-September). Present ticket on arrival to host/waitstaff and they will provide a special Age Well menu. Additions/substitutions subject to additional fees. Gratuity not included with your ticket.

Location Features:



Free on-site parking



Wheelchair accessible



Near public transit

Languages Spoken: English

Age Well Meals on Wheels

[39 Court Street, Middlebury VT 05753](#) | 800-642-5119

Hours and Type of Assistance:

Meal Delivery: Monday-Friday, 10:30am-1:00pm

Eligibility Requirements:

- Resident of Addison, Franklin, Grand Isle and Chittenden Counties.

- Prior registration required – call the number listed above to register.
- 60 years of age of older (plus a spouse of any age or individuals of any age with a disability who reside with an eligible individual receiving meals on wheels).
- Temporarily or permanently unable to obtain or prepare meals due to physical, cognitive, or mental condition that requires assistance to leave home.
- Suggested donation of \$8/meal - no one turned away for inability to pay and no income eligibility threshold.
- Recipient must be home to receive the meal when delivered. Please call ahead to cancel delivery if you will not be home.

Languages Spoken: English

NOFA-VT*

802-434-4122

Hours and Type of Assistance:

Please review the attached website for more in-depth review of NOFA-VT services.

Languages Spoken: English

Vermont Foodbank*

1-800-585-2265

Hours and Type of Assistance:

Please review the attached website for more in-depth review of Vermont Foodbank's services.

Languages Spoken: English

WIC

[156 South Village Green, Suite 102 Middlebury, VT 05753](#) | 802-388-4644

Hours and Type of Assistance:

Monday-Friday, 7:45am-4:30pm

[Healthy Food, Education, Breastfeeding Support, Programs and Referrals](#)

Eligibility Requirements:

To qualify for WIC, people must meet the following requirements:

Fit into one of the following categories:

- A pregnant person
- A person who was pregnant in the last 6 months
- A breastfeeding/chestfeeding person with an infant up to 12 months old
- An infant or child up to 5 years old (applied for by parent or caregiver)
- Be a resident of Vermont

Meet income guidelines or participate in 3SquaresVT (SNAP), Medicaid, TANF (Temporary Assistance for Needy Families) or Families with Dependent Children program.

Location Features:



Free on-site parking



Wheelchair accessible



Near public transit

Languages Spoken: English, Interpretation Services Available