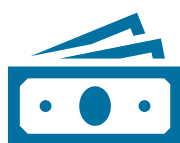


Chittenden County Youth Summer Meal Programs Guide | June 2026

Vermont's Universal School Meals Program provides equitable food access to all public-school students across the state during the school year. Summer can be a vulnerable time for food-insecure families. The U.S. Department of Agriculture has federal programs designed to fill the gap in meals during the summer when school is not in session and ensure that all children have the food they need.

The USDA Summer EBT Program



The USDA Summer EBT is a program that helps families get groceries during the summer break when school meals aren't available. Many families will automatically get Summer EBT benefits if they also get other benefits. If your family already gets benefits like 3SquaresVT, you'll be enrolled in the Summer EBT program. Some families may be eligible but need to apply. To learn more about eligibility and apply online, visit [Home | Vermont Summer EBT](#)

The USDA Summer Food Service Program



The Summer Food Service Program provides nutritious meals for **every child aged 18 and under**. Summer meals follow USDA nutrition guidelines and include fruits, vegetables, whole grains, protein and fluid milk or a milk alternative.

No ID, no paperwork, and no money needed at open sites all across the state. All families with children aged 18 and under are encouraged to participate! To learn more about summer food sites in your area, find your school district listed below. Meal site details are from the school districts directly or [Hunger Free Vermont's meal site location list](#). For the most up-to-date details, please reach out directly to confirm current hours and locations.



Vermont Language Project has [videos explaining the summer meals program](#) in several languages and can be accessed using this QR code.



HealthVermont.gov
802-863-7200





While the summer meal program resources are for children 18 and younger, there are other food resources for families. Contact the [Burlington District Office](#) with **this QR code** to view this document, the Chittenden County Food Resource Guide or if you need assistance accessing or understanding this information.

Webpage: <https://www.healthvermont.gov/local/burlington>

Email: AHS.VDHBurlington@vermont.gov

Phone: [802-863-7323](tel:802-863-7323)

Burlington School District

When and where

Wednesdays, 7/1/26 through 8/12/26, pick up meals from 4:00 pm – 5:30 pm, at the [Intervale Center, 180 Intervale Road, Burlington](#)

Participation method:

Meal kit pick-ups for children 18 and under who are not receiving free meals at any other meal site program. There is no residency or income eligibility requirement.

Additional details:

Parents can pick up free meal kits with no registration required and students do not have to be present. Each meal kit box contains the equivalent of seven breakfasts and seven lunches. Some items require refrigeration. While there is no need to register to pick up meals, it can help them better understand your needs.



Scan this QR code to [complete the meal box survey](#).

Champlain Valley School District

When and where:

Thursdays, 6/25/26 – 8/13/26, pick up meals from 7 am – 11 am or until all meal kit boxes are gone at [St. Jude's Church, 10759 Route 116, Hinesburg](#)

Participation method:

Meal kit pick-ups for children 18 and under. Champlain Valley School District families will receive a weekly email every Sunday and need to respond by the following Sunday at 3:30 pm to order food for pick-up the next week. There is no income eligibility requirement.

Additional details:

Parents can pick up free meal kits ordered in advance and students do not have to be present. Each meal kit box contains the equivalent of seven breakfasts and seven lunches. Some items require refrigeration. If you have questions or concerns, please contact [Colleen French](#).

Colchester School District

When and where:

6/22/26 – 8/12/26, Monday through Friday except July 3rd and July 24th, 8:30 am – 12:30 pm at the cafeteria in [Colchester High School, 131 Laker Lane, Colchester](#)

Participation method:

Drop-in in-person or to-go breakfast and lunch meals for children 18 and under. There is no residency or income eligibility requirement.

Additional details:

If your child is attending a day camp offered by Colchester Parks and Recreation, they will have free breakfast and lunch from the school district.

Essex Westford School District

When and where:

Essex Westford School District offers two options, daily in-person meals or meal kit pick-up.

- **Daily in-person meals:** 6/22/26-8/19/26, including weekends (Monday through Friday Breakfast 9:30 am -11:00 am; Monday through Friday Lunch 12:00 pm – 5:00 pm; Weekends -Lunch only 11:00 am – 5:00 pm) at the [Maple Street Park Pool Concessions](#)
- **Meal kit pick-ups:** Thursdays, 6/25/26 – 8/13/26, 10:30 am – 1:30 pm at [On Logic, 4 Community Drive, South Burlington](#) (in parking lot, follow the signs)

Participation method:

Either daily in-person meals or a weekly drive-thru meal pick-up for children 18 and under with no residency or income eligibility requirement

Additional details:

Children getting **in-person meals** must eat on-site. There is no residency or income eligibility requirement.

Caregivers can pick up free **meal kits** for children 18 and under and children do not need to be present. Each meal kit box contains the equivalent of seven breakfasts and seven lunches. Some items require refrigeration and each kit includes a gallon of milk. There is no residency or income eligibility requirement.

Milton Town School District

When and where:

Milton Town School District offers two options, daily in-person meals or meal kit pick-up.

- **Daily in-person meals:** Monday through Friday from 6/22/26 – 08/14/26 (Breakfast: 8:00 am – 9:00 am; Lunch: 11:00 am – 12:00 pm) at [Milton High School, Milton](#). Please park in the Brandy Lane parking lot and enter through the courtyard path.
- **Drive-thru meal pick-ups** Thursdays, 6/25/26 – 08/13/26, from 12:00 – 2:00 pm at [Bombardier Park West, Milton](#) parking lot

Participation method:

Either daily in-person meals or a weekly drive-thru meal pick-up for children 18 and under with no residency or income eligibility requirement

Additional details:

Children getting **in-person meals** must eat on-site.

Caregivers can pick up free **meal kits** with no registration required and students do not have to be present. Each meal kit box contains the equivalent of seven breakfasts and seven lunches. Some items require refrigeration and each kit includes a gallon of milk.

Please reach out to [Stephanie Bergen](#) with any questions!

Mount Mansfield Unified Union School District

When and where:

Mount Mansfield Unified Union School District offers two meal kit pick-up locations so people can choose the one most convenient to them.

- **Option 1 meal kit pick-up:** Wednesdays, 6/24/26 – 08/12/26, 3:30 - 5:30 pm at [Smilie Memorial Elementary School, Bolton](#)
- **Option 2 meal kit pick-up:** Thursdays, 6/25/26 – 08/13/26, 3:30 – 5:30 pm at [Browns River Middle School, Jericho](#)

Participation method:

Weekly meal kit pick-ups

Additional details:

Parents can pick up free meal kits with no registration required and students do not have to be present. Each meal kit box contains the equivalent of seven breakfasts and seven lunches. Some items require refrigeration and each kit includes a gallon of milk. There is no residency or income eligibility requirement. While there is no need to register to pick up meals, it can help them better understand your needs. Please reach out to [Karyl Kent](#) with any questions!



Scan the QR code to [complete the meal kit survey.](#)

South Burlington School District

When and where:

Meal kit pick-ups: Thursdays, 6/25/26 – 8/13/26, 10:30 am – 2:00 pm at [On Logic. 4 Community Drive, South Burlington](#) (in parking lot, follow the signs)

Participation method:

Meal kit pick-ups for children 18 and under who are not receiving free meals at any other meal site program. There is no residency or income eligibility requirement.

Additional details:

Parents can pick up free meal kits with no registration required and students do not have to be present. Each meal kit box contains the equivalent of seven breakfasts and seven lunches. Some items require refrigeration and each kit includes a gallon of milk.

Winooski School District

When and where:

6/22/26 – 8/14/26, 12:30 – 4:00 pm, Monday through Friday at the [Myers Memorial Pool, Winooski](#)

Participation method:

Daily in-person meals to eat on-site. All children ages 0 -18 are eligible to participate, and there is no need to register to get a meal.

Additional details:

Students participating in summer programming offered through the Winooski School District or the City of Winooski will also have access to breakfast, lunch, or both, depending on the program's hours.