



# **A Vision of Health for All – Public Health and Cancer Control in Vermont**

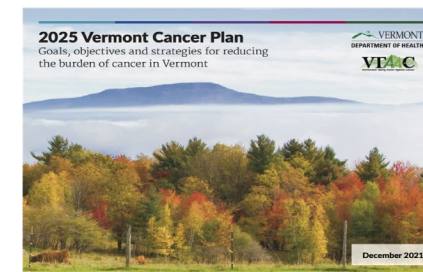
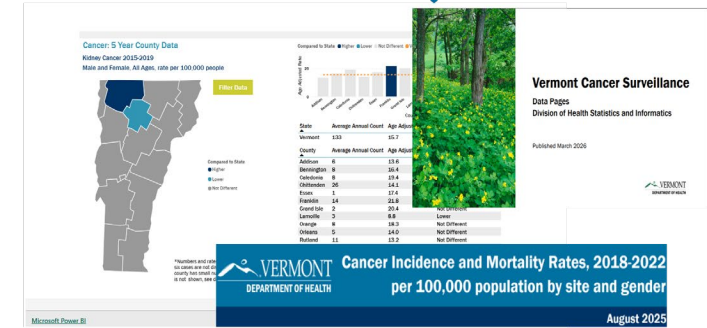
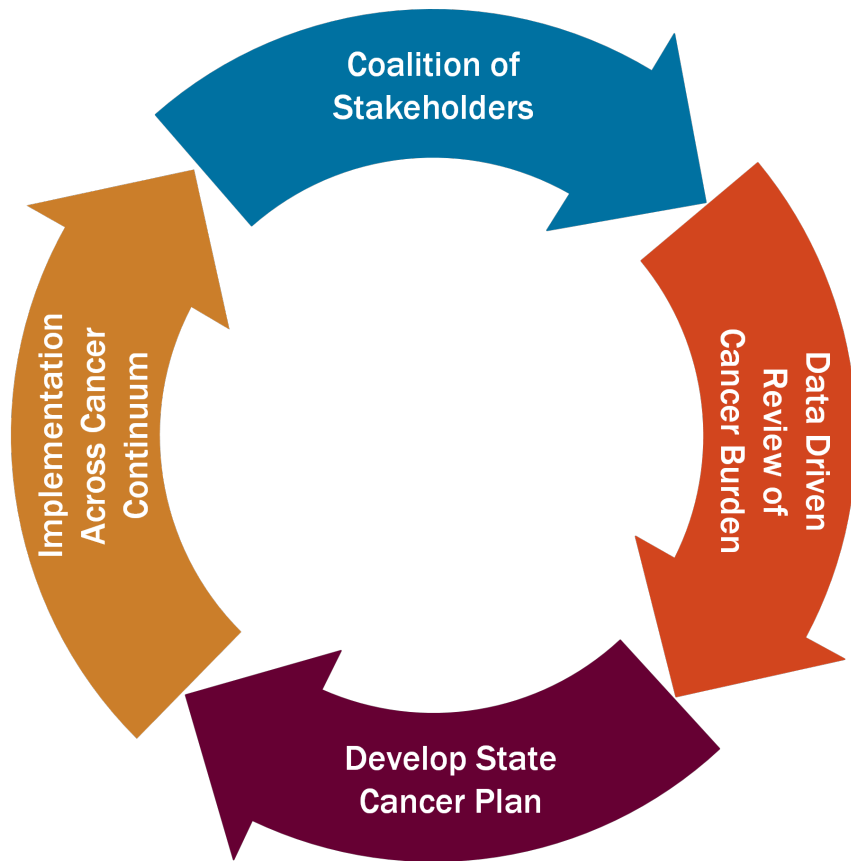
**Dr. Rick Hildebrandt**

**Commissioner**

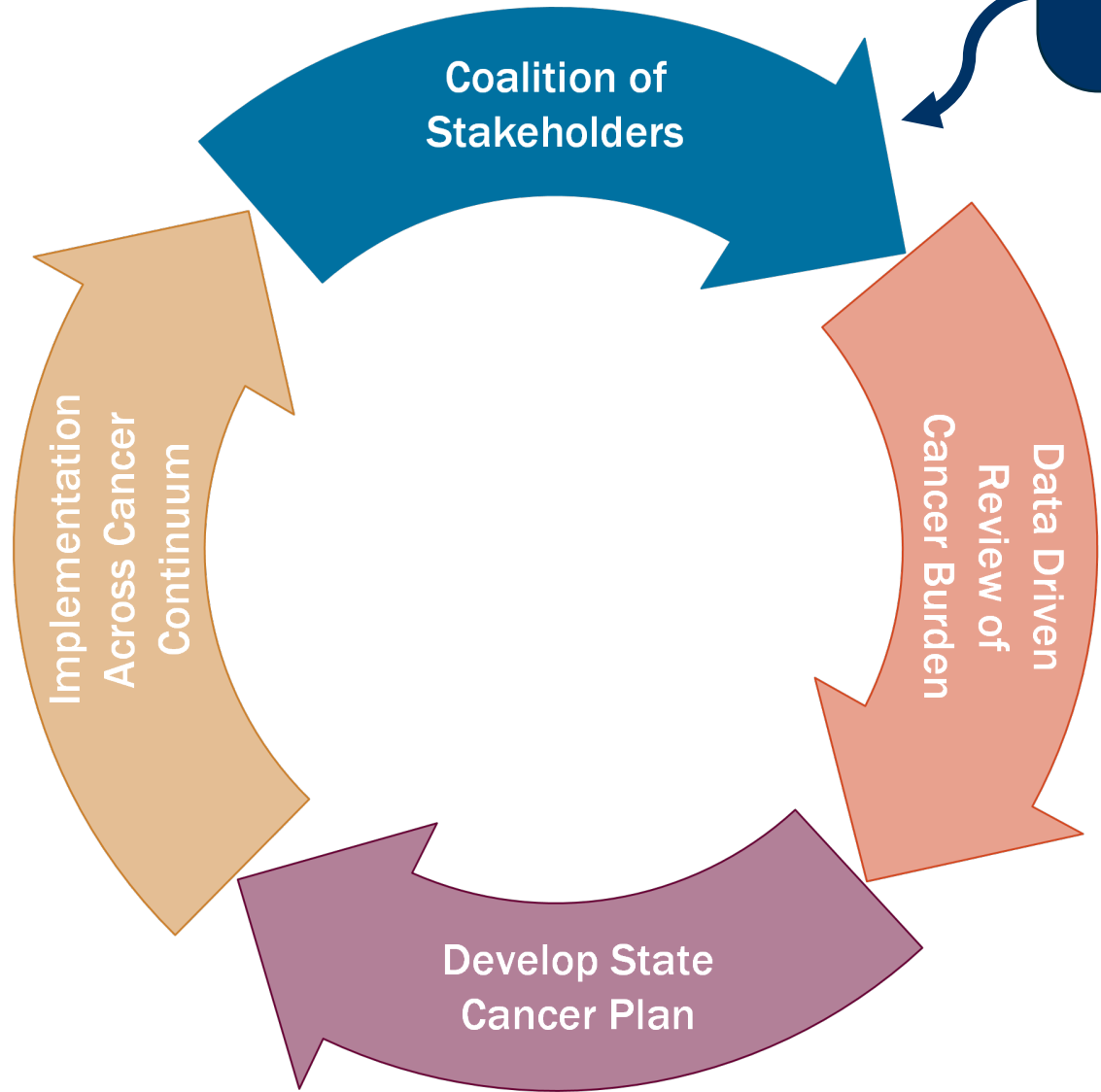
**Vermont Department of Health**

May 5, 2026

# The Comprehensive Cancer framework relies on partnerships.



You are Here!



# Why We Are Here Today

# 2021-2030 Vermont Cancer Plan Goals

## **Health Equity**

Ensure that all Vermonters have a fair and just opportunity to be healthy.

## **Cancer Prevention**

Prevent cancer from occurring or recurring.

## **Cancer Early Detection**

Detect cancer at its earliest stages.

## **Cancer Directed Therapy & Supportive Care**

Treat cancer with appropriate, quality care.

## **Survivorship & Advanced Care Planning**

Ensure the highest quality of life possible for cancer survivors.

# Amid national public health turmoil, Vermont is charting a steady course.

## Future Cancer Cures in Jeopardy as President Proposes Massive Cuts to National Cancer Institute

CUTS COULD COST UNITED STATES ITS GLOBAL COMPETITIVE EDGE IN BIOMEDICAL RESEARCH, TURNING BACK CLOCK ON YEARS OF PROGRESS

May 30, 2025

## Why Are Colorectal Cancer Rates Increasing in Young Adults?

Contributor: Aparna Parikh, MD | Mar 13, 2026 — 7 minute read  
Patient Care | Health & Wellness | Cancer

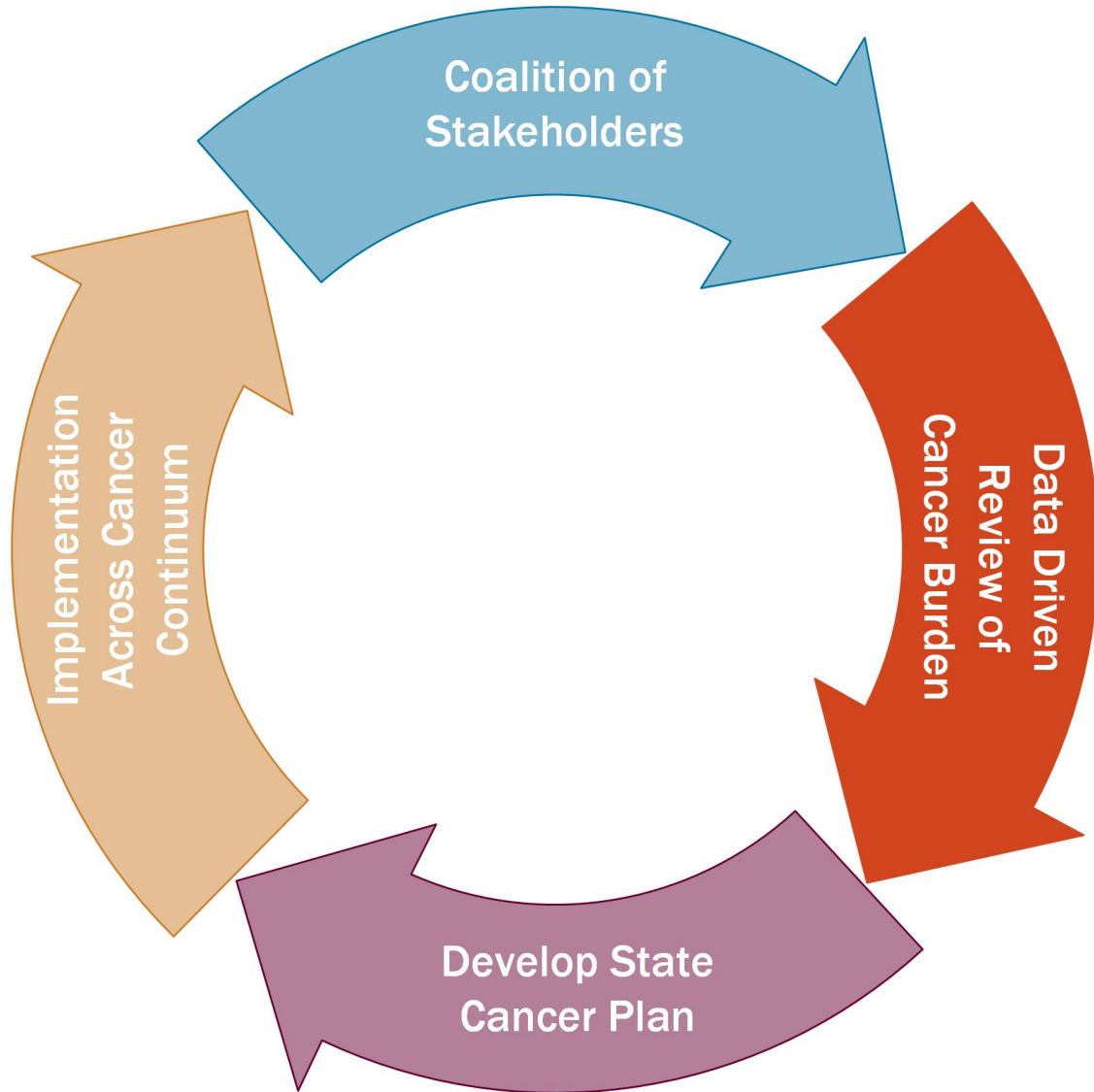
HEALTH

## A leadership vacuum adds to strains on the CDC

## Americans' Challenges with Health Care Costs

Authors: Grace Sparks, Lunna Lopes, Alex Montero, Marley Presiado, and Liz Hamel  
Published: Apr 16, 2026

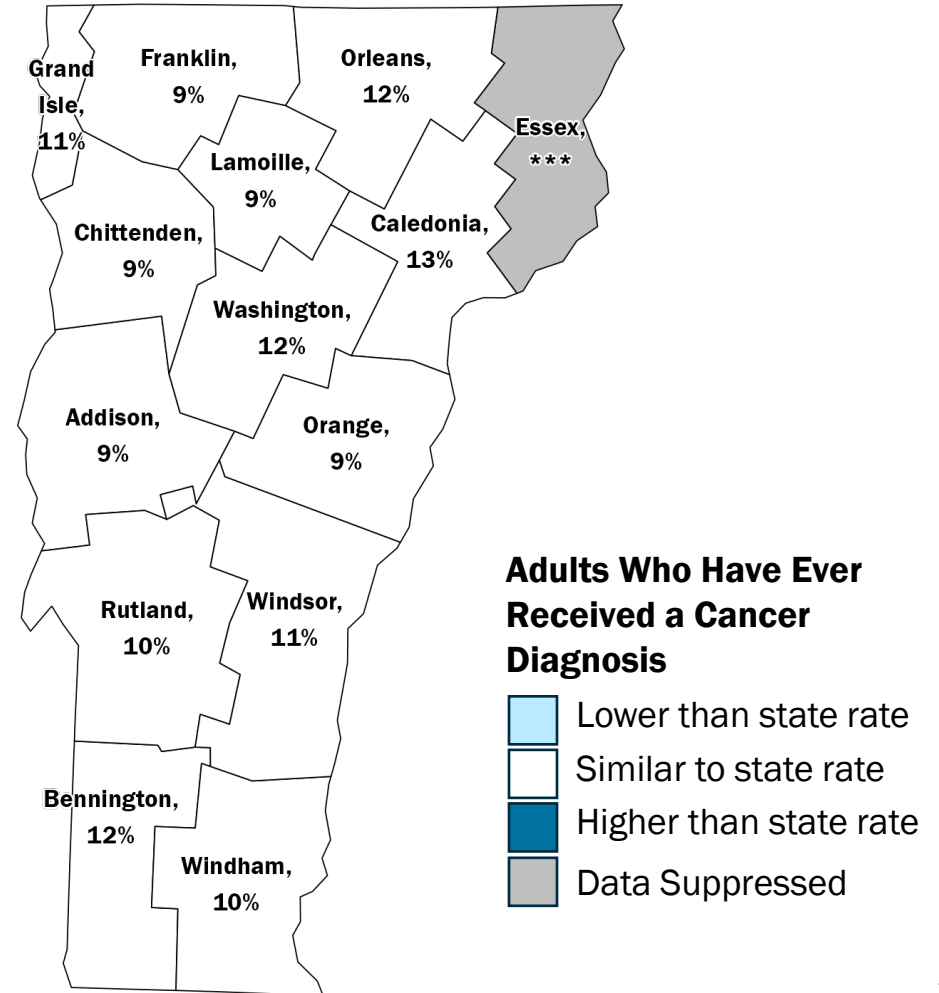
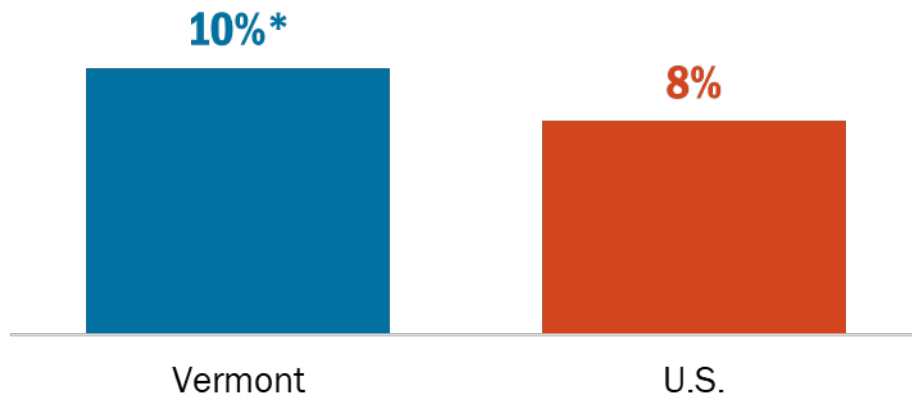




# The Data Driving Vermont's Cancer Work

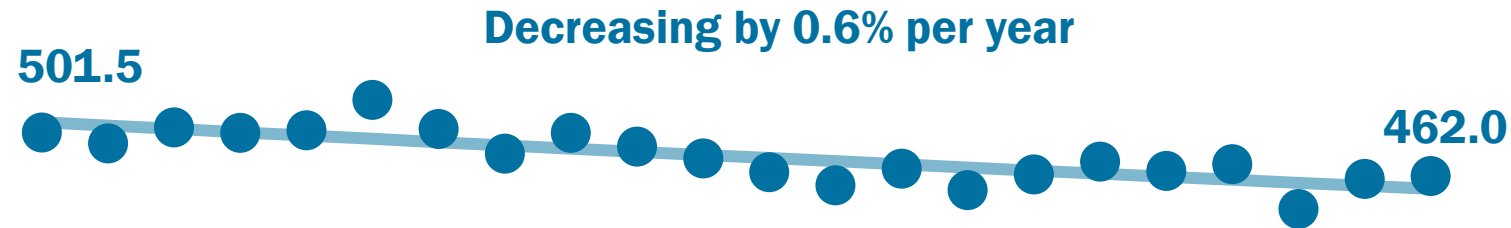
# About 10% of Vermont adults, or an estimated 54,700 Vermonters, live with a current or past diagnosis of cancer.

The prevalence of adults with a cancer diagnosis is **higher** among Vermont adults than it is among all U.S. adults.



# Cancer rates have been decreasing in Vermont.

## Cancer Incidence Rates



Total Decrease of 8.0% since 2001

## Cancer Mortality Rates



Total decrease of 23.5% since 2001

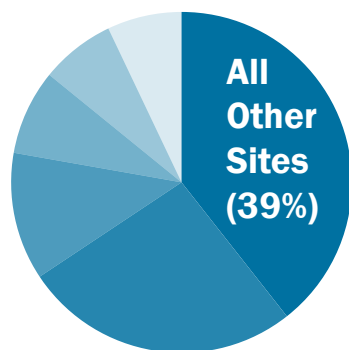
2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021

# Sex Specific Leading Cancer Sites in Vermont

## Male Vermonters

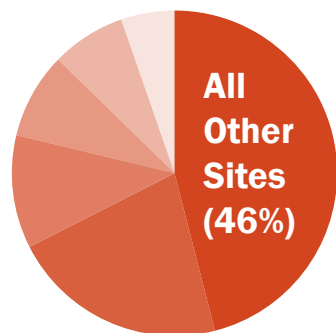
### Leading Incident Cancer Sites:

1. Prostate (26%)
2. Lung (12%)
3. Melanoma (8%)
4. Bladder (7%)
5. Colorectal (7%)



### Leading Cancer Mortality Sites:

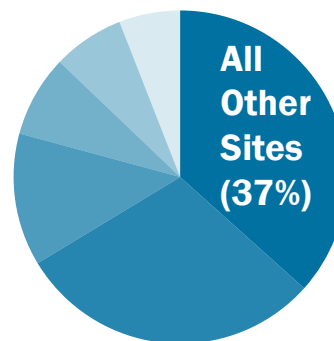
1. Lung (22%)
2. Prostate (11%)
3. Colorectal (9%)
4. Pancreas (7%)
5. Esophagus (5%)



## Female Vermonters

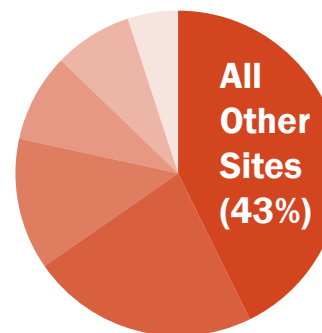
### Leading Incident Cancer Sites:

1. Breast (30%)
2. Lung (13%)
3. Uterus (8%)
4. Melanoma (7%)
5. Colorectal (6%)



### Leading Cancer Mortality Sites:

1. Lung (23%)
2. Breast (13%)
3. Pancreas (9%)
4. Colorectal (8%)
5. Uterus (5%)

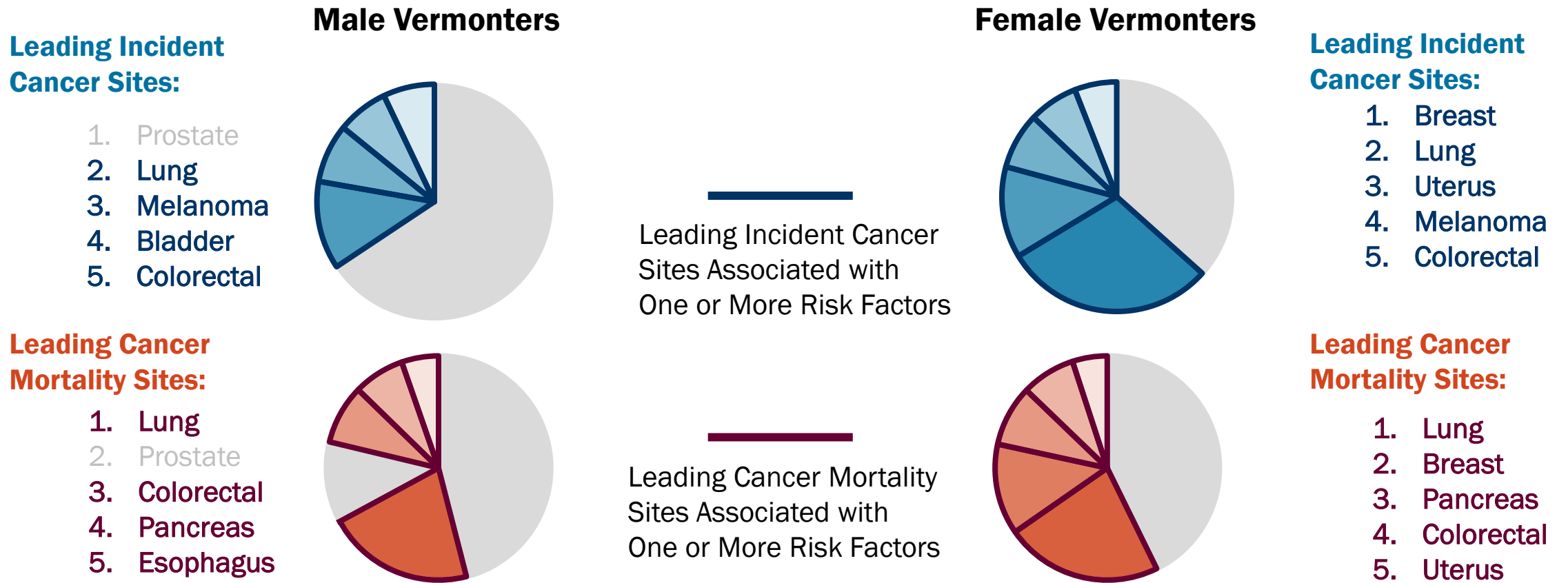


Source: Vermont Cancer Registry, 2018-2022  
 Vermont Vital Statistics, 2018-2022  
 Vermont Department of Health

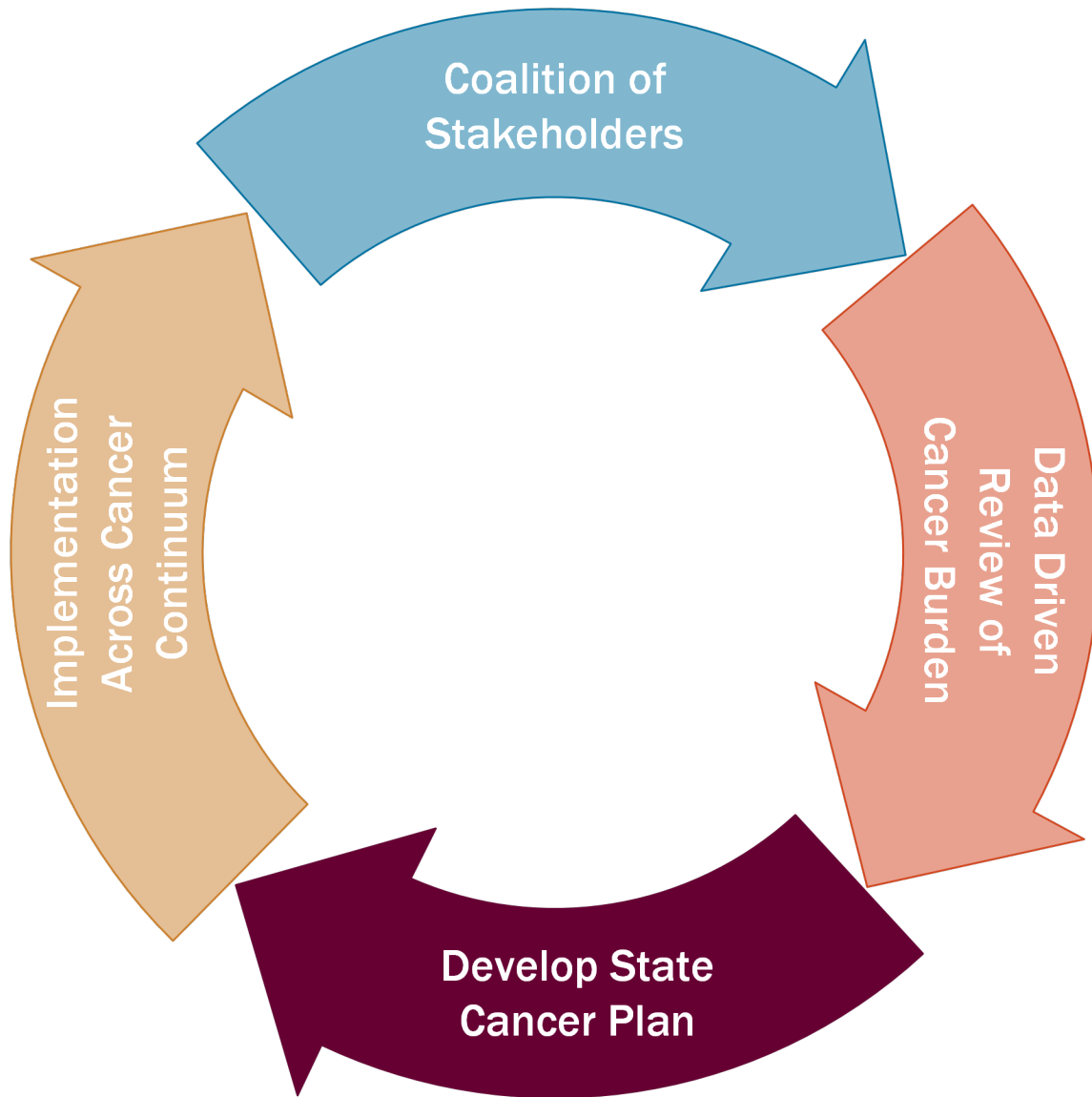
# While cancer rates are decreasing, the work continues...



# Most leading cancer sites for incidence and mortality have at least one associated risk factor.

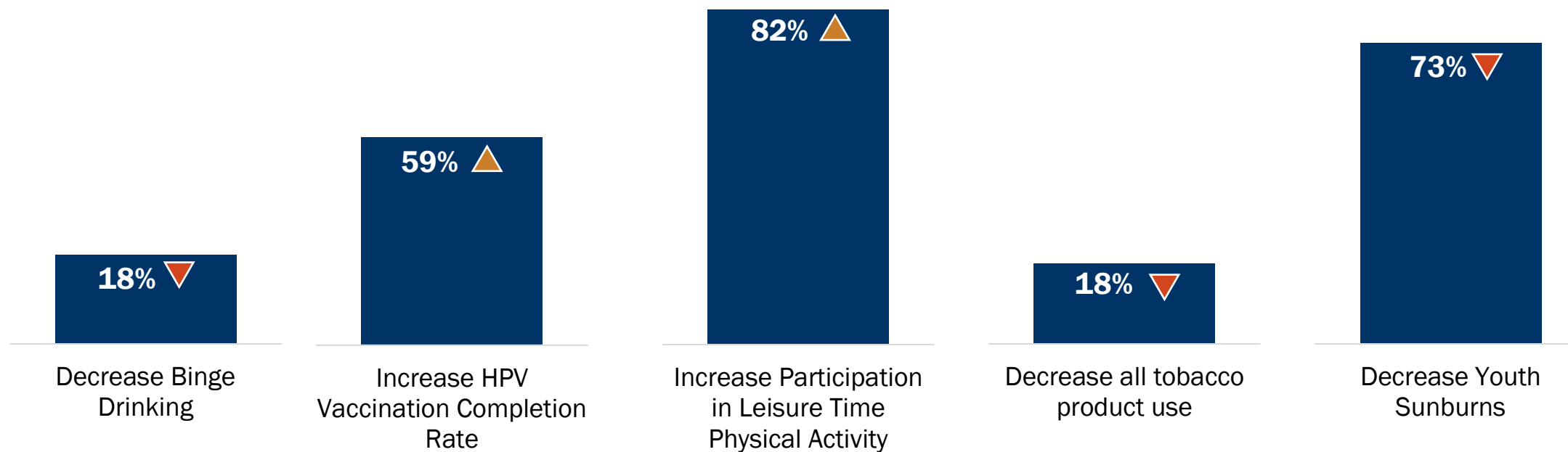


Source: Vermont Cancer Registry, 2018-2022  
 Vermont Vital Statistics, 2018-2022  
 Vermont Department of Health



# The Vermont 2021-2030 Cancer Plan

# How the 2021-2030 Vermont Cancer Plan will guide Cancer Prevention work.

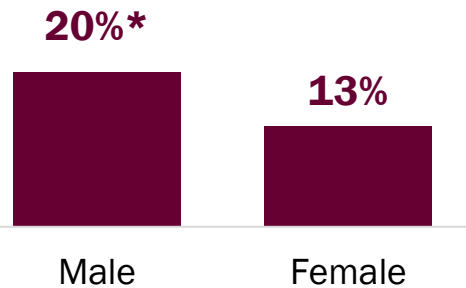


Source: Vermont Behavioral Risk Factor Surveillance System (BRFSS)  
Vermont Department of Health

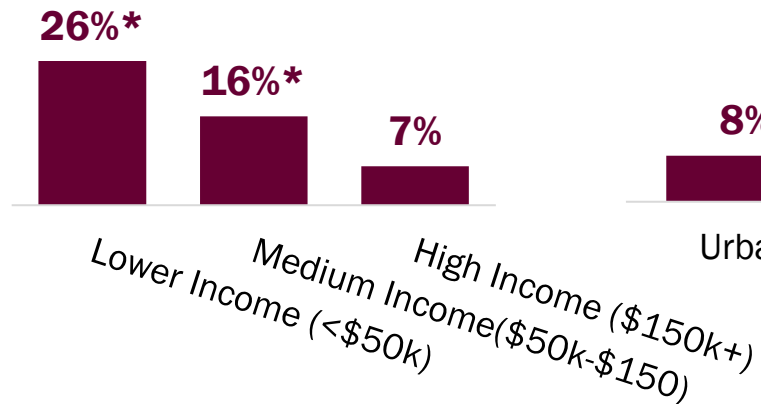
# The Vermont Cancer Plan will continue to focus on working for everyone.



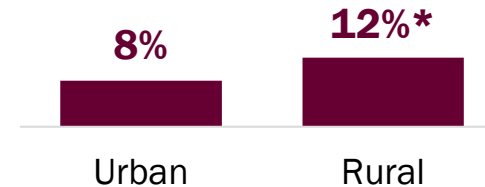
**Men are more likely to binge drink in Vermont.**



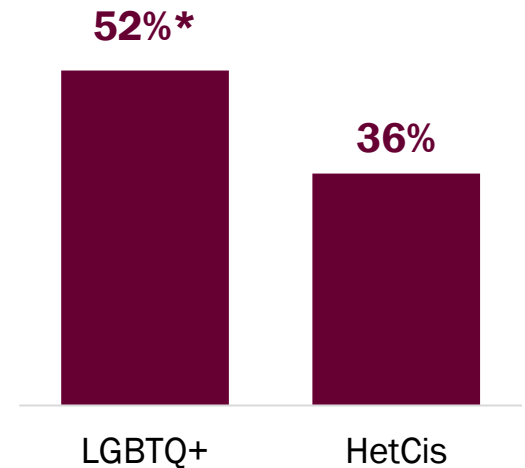
**Participation in leisure time physical activity declines with household income.**



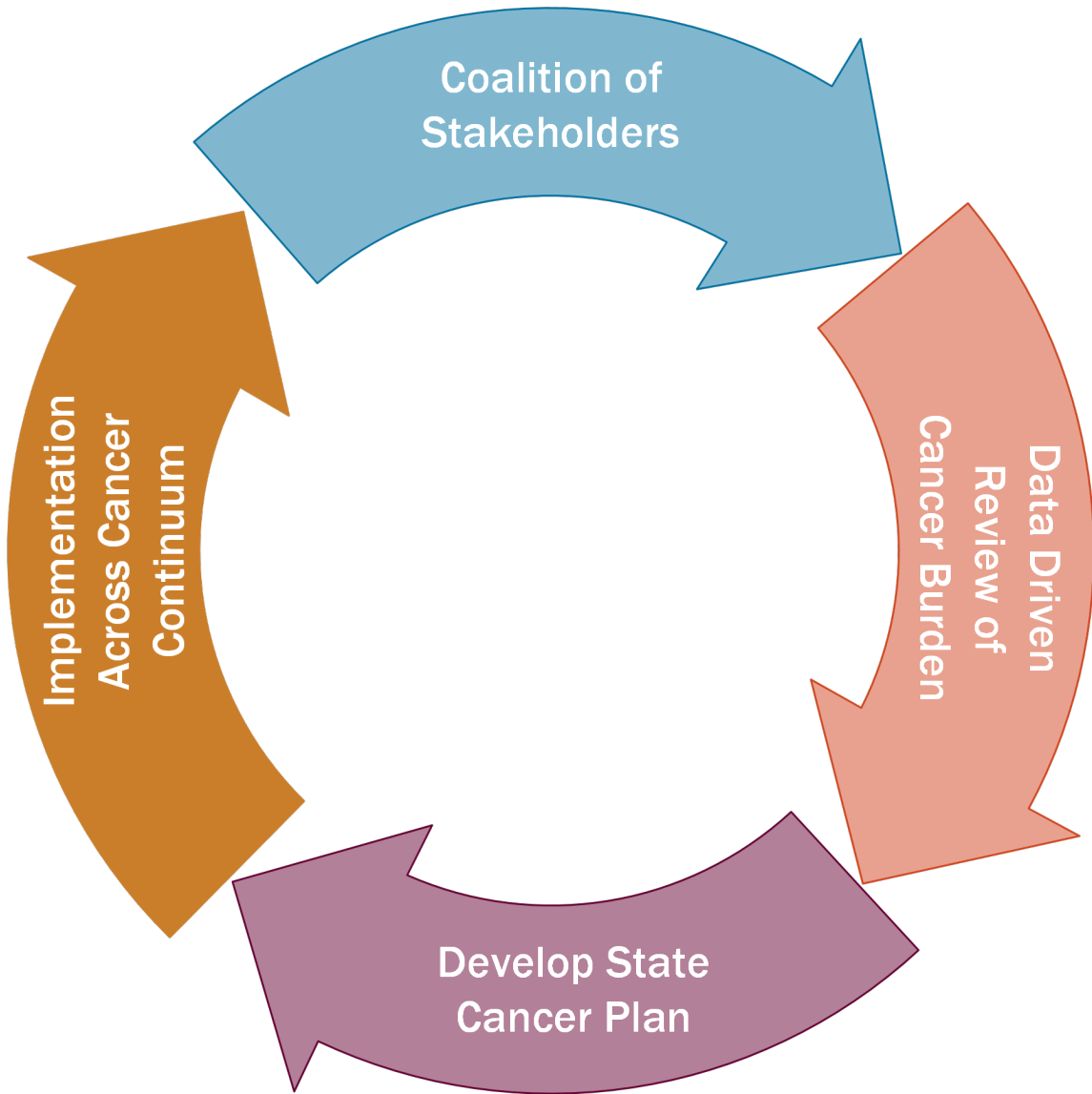
**Adults in rural communities are more likely to report smoking cigarettes.**



**Adults who identify as LGBTQ+ are more likely to report at least one sunburn.**

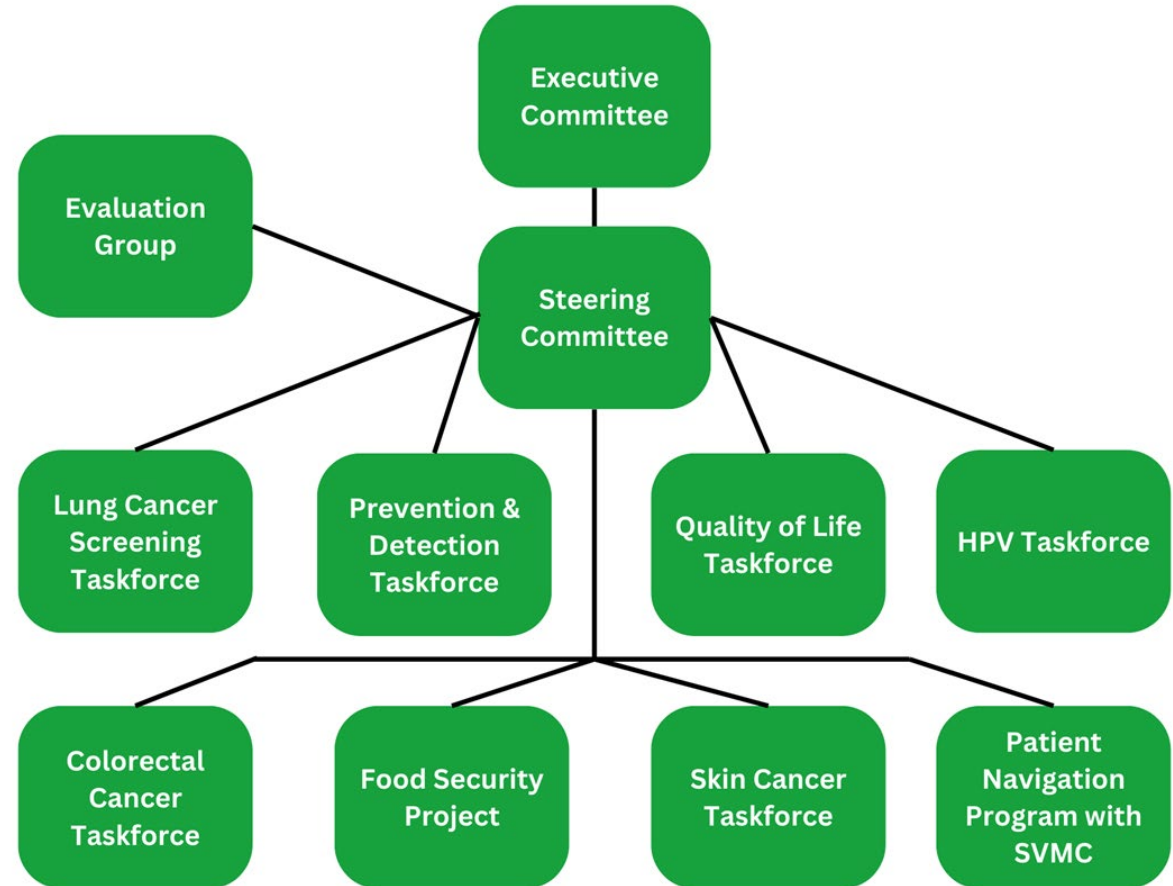


Source: Vermont Behavioral Risk Factor Surveillance System (BRFSS)  
Vermont Department of Health



## It Takes a Coalition

# Get involved!



# Thank you!

## Let's stay in touch.

**Web:** VTAAC.org  
HealthVermont.gov/Wellness/Cancer

**Social:** @HealthVermont

