

Vermont Diabetes Profile

Franklin County | December 2025

Diabetes is a chronic condition which, like many chronic conditions, is linked to lifestyle, environment, access to equitable care, and genetic factors. Lifestyle, often driven by social determinants of health, such as poor diet, access to healthy and affordable food, physical inactivity, and tobacco use, can increase the risk of developing diabetes and experiencing poor health outcomes. This document presents data on diabetes among people who live in **Franklin County**.

If you need help accessing or understanding this information, contact

ahs.vdhdpdiabetesteam@vermont.gov.

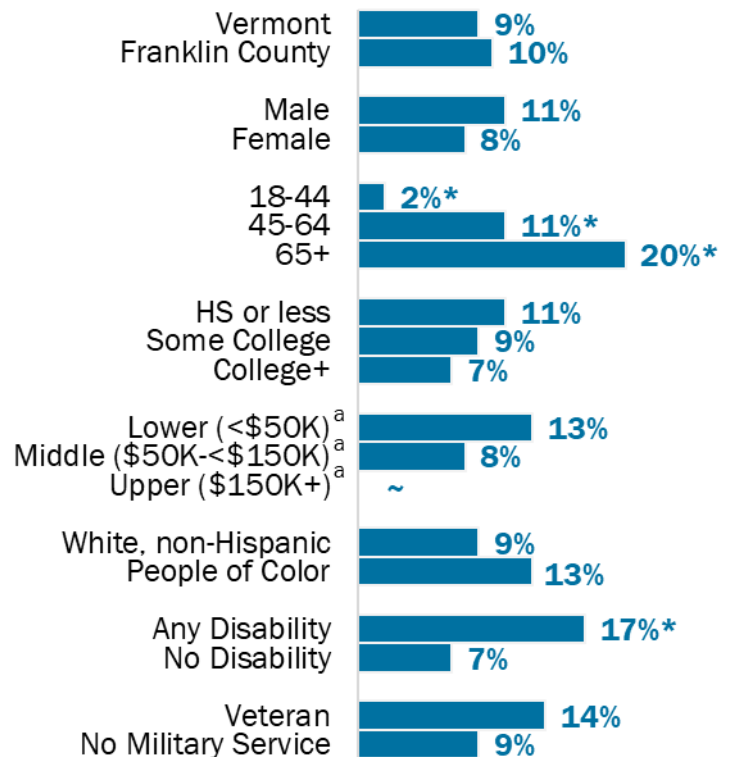
Key Points

- **Ten percent of residents in Franklin County have diabetes.**
- **Individuals with diabetes in Franklin County are significantly more likely to have other chronic conditions, compared to those without diabetes.**

Demographics

- Ten percent of Franklin County residents have diabetes.
- There are no significant differences in the percentage of diabetes by sex, level of education, income, race and ethnicity, and veteran status.
- As age increases, so does the risk of diabetes, among adults in Franklin County.
- Residents of Franklin County who have a disability are more than twice as likely to have diabetes, compared to those with no disability.

Demographic Prevalence of Diabetes among People who Live in Franklin County



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802-863-7200

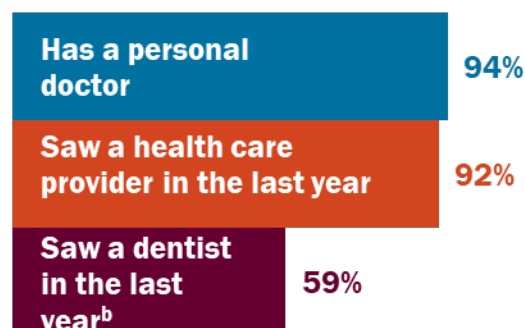
 **VERMONT**
DEPARTMENT OF HEALTH

Social Drivers

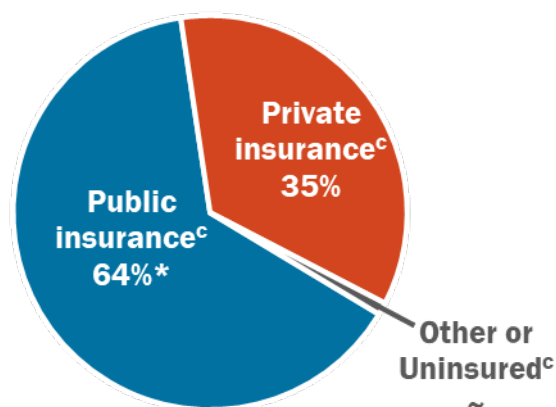
Health Care Access

- The vast majority, 94%, of Franklin County residents with diabetes report having a personal doctor.
- The vast majority, 92%, of Franklin County residents with diabetes saw a health care provider in the last year and approximately two thirds (59%) saw a dentist in the last year.
- Significantly more Franklin County residents with diabetes were covered by public insurance (64%) compared to private insurance (35%).

Health Care Access among Adults in Franklin County with Diabetes

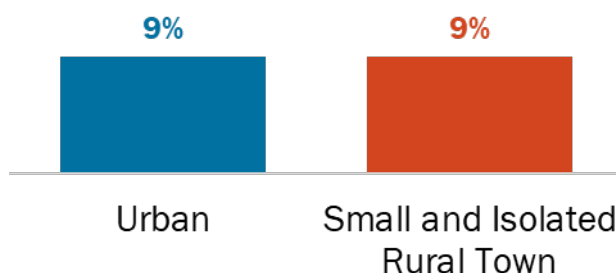


Type of Health Insurance among Adults in Franklin County with Diabetes



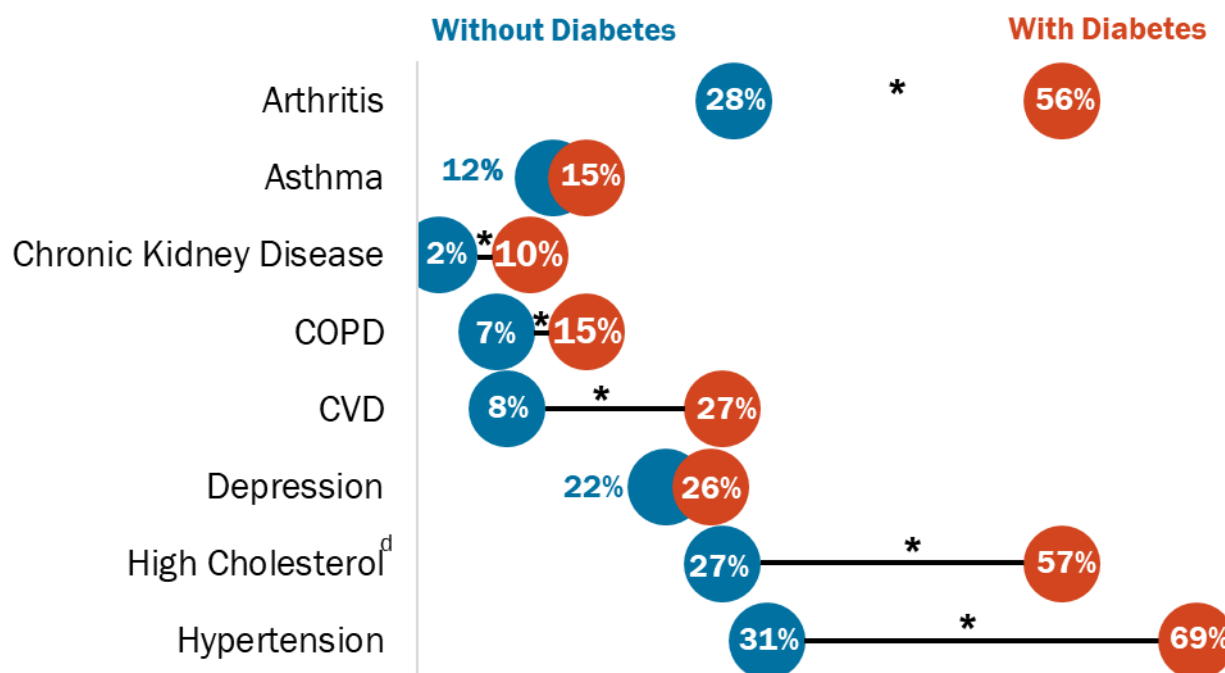
Geographic Setting

Geographic settings can influence health outcomes. For this report, geographic setting was measured using Rural-Urban Commuting Area (RUCA) codes.¹ The prevalence of diabetes among those living in urban areas in Franklin County is 9%. The prevalence of diabetes among those living in small and isolated rural towns in Franklin County is also 9%. There is no difference in the prevalence of diabetes in Franklin County by rurality.



Co-Occurring Conditions

Franklin County adults **with diabetes** are more likely to have a co-occurring chronic disease than those **without diabetes**.



References

1. U.S. Department of Agriculture, Economic Research Service. Rural-Urban Commuting Area Codes. July 2025. Accessed November 13, 2025. www.ers.usda.gov/data-products/rural-urban-commuting-area-codes/documentation.

Notes

Values in this data brief may be compared to statewide values found in the [2025 Vermont Diabetes Data Pages](#). Use caution when comparing values that use different data years.

This document is intended to support Diabetes Self-Management Education and Support (DSMES) accreditation/recognition applications with the American Diabetes Care & Education Specialists (ADCES)/American Diabetes Association (ADA). For more information visit [Diabetes Self-Management webpage](#) and see **Standard 2 (Step 2)** for a description of how to use this document to support your organization's application.

Notations

*Denotes statistical significance.

**Denotes statistical significance from other similarly marked group within demographic category.

~Data suppressed due to insufficient sample size or low statistical reliability.

Data source: VT Behavioral Risk Factor Surveillance System data years 2020-2023 unless noted otherwise as follows: ^a2021-2023, ^b2016, 2018, 2020, 2022, ^c2018, 2021-2023, ^d2017, 2019, 2021, 2023.