

# Medicare Annual Wellness Visits

## December 2025

Vermonters with Medicare Part B can see their health care provider for an Annual Wellness Visit at no cost. These visits are beneficial for brain and body health because they offer personalized health advice through risk assessment, preventive screenings and cognitive assessments. They can help with early detection of conditions such as Alzheimer's Disease and related dementias. This data brief explores Annual Wellness Visit rates among older adults because they are a valuable resource that can be used to promote healthy aging.

If you need help accessing or understanding this information, contact [ahs.vdhdpanalytics@vermont.gov](mailto:ahs.vdhdpanalytics@vermont.gov).

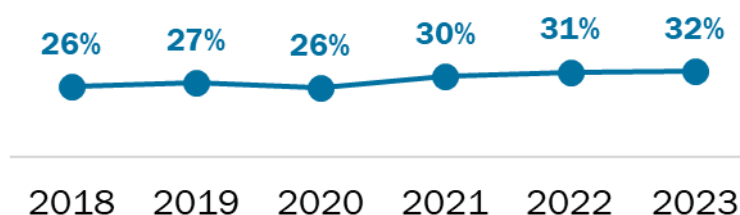
### Key Points

- **Annual Wellness Visits are a free benefit for Vermonters on Medicare Part B.**
- **These visits focus on preventive care, early detection and care coordination.**
- **From 2018 to 2023, the number of Vermonters with an Annual Wellness Visit increased by 6%.**
- **In 2023, only about one in three Medicare-enrolled Vermonters used this benefit.**

## Annual Wellness Visit Utilization

### Prevalence of Annual Wellness Visits from 2018 – 2023\*

- The prevalence of Medicare-enrolled Vermonters aged 65+ attending an Annual Wellness Visit **increased from 26% in 2018 to 32% in 2023.**
- These results indicate that Annual Wellness Visits are underused, as only one in three older adults took advantage of this benefit in 2023



\* Each year represents a 12-month period ending June 30th of the stated year.  
Source: Vermont Health Care Uniform Reporting and Evaluation System, 2018-2023

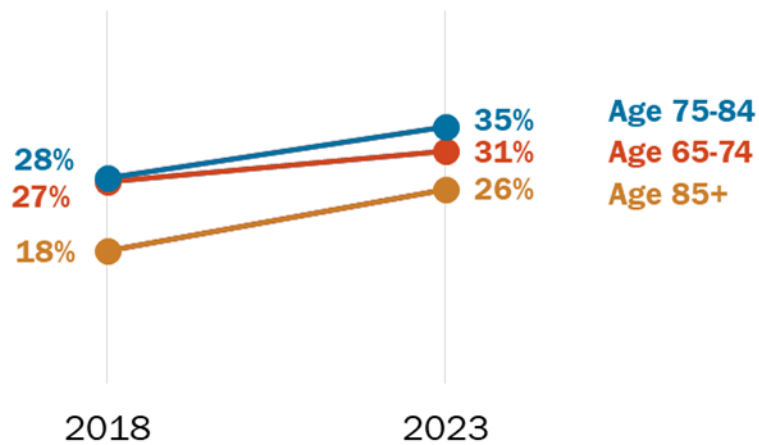


**HealthVermont.gov**  
**802-863-7200**



## Medicare Annual Wellness Visits

### Prevalence of Annual Wellness Visits from 2018 – 2023,\* by Age



\* Each year represents a 12-month period ending June 30th of the stated year.

Source: Vermont Health Care Uniform Reporting and Evaluation System, 2018-2023

- The proportion of Medicare-enrolled Vermonters with an Annual Wellness Visit **increased across all age groups from 2018-2023.**
- Vermonters aged 85+ had the largest increase in visits from 18% in 2018 to 26% in 2023.
- Vermonters aged 75-84 had the highest prevalence of visits in both 2018 (28%) and 2023 (35%).

## Medicare Annual Wellness Visits

### Prevalence of Annual Wellness Visits by Hospital Service Area (HSA)

HSA	Medicare patients aged 65+ in FY22*	% with AWW in last 12 months in FY22*	Medicare patients aged 65+ in FY23*	% with AWW in last 12 months in FY23*	Overall change in AWW rate
Barre	9,860	36%	9,637	38%	2%
Bennington	7,230	40%	7,085	39%	-1%
Brattleboro	5,676	29%	5,625	30%	1%
Burlington	21,295	39%	20,866	39%	0%
Middlebury	4,705	38%	4,553	41%	3%
Morrisville	3,792	26%	3,733	24%	-2%
Newport	4,867	35%	4,750	32%	-3%
Randolph	2,740	36%	2,735	33%	-2%
Rutland	10,581	21%	10,375	22%	1%
Springfield	5,243	28%	5,136	31%	3%
St. Albans	5,936	24%	5,685	20%	-4%
St. Johnsbury	4,681	12%	4,583	13%	1%
White River Junction	9,114	28%	8,991	29%	0%
Vermont	95,719	31%	93,753	32%	0%

\* FY22 means fiscal year 2022 (July 2021 to June 2022) and FY23 means fiscal year 2023 (July 2022 to June 2023).

Note: Values in this table are rounded for clarity and ease of reporting. As a result of this rounding, the overall change in AWW rate values may differ from the overall change.

- From July 2021 to June 2023, the largest increases in Medicare patients with an Annual Wellness Visit were seen in Middlebury, Springfield and Barre. However, over half of all Hospital Service Areas had decreases or very minor changes in the percentage of patients using this free benefit.
- Additionally, most areas have significant differences in the rates of Medicare patients attending Annual Wellness Visits compared to the overall Vermont rate. From July 2022 to June 2023, Newport, Randolph and Springfield were the only areas with visit rates similar to Vermont's statewide rate.
- Decreases in visit rates or lower rates than Vermont may indicate room for improvement in health care access or utilization.

### Data Notes

- Data Source: Green Mountain Care Board (GMCB) Vermont Uniform Reporting and Evaluation System (VHCURES), 2018-2023, extract 3015, extracted October 28, 2025.
- All analyses, conclusions, and recommendations provided here from VHCURES are solely those of the Department of Health and not necessarily those of the GMCB.
- Definition of Annual Wellness Visits in claims data by Common Procedural Terminology (CPT) codes: G0438, G0439
- Definition of Alzheimer's Disease and Related Dementias in claims data by International Classification of Disease, 10<sup>th</sup> revision, Clinical Modification (ICD-10-CM) codes: F01.50, F01.51, F02.80, F02.81, F05, G13.8, G31.01, G31.09, G31.1, G31.2, G31.83, G94, R41.81, F03.90, F03.91, G30.0, G30.1, G30.8, G30.9
- Statistically significant differences are considered significant if p-value < 0.05 using two-sample proportion test.