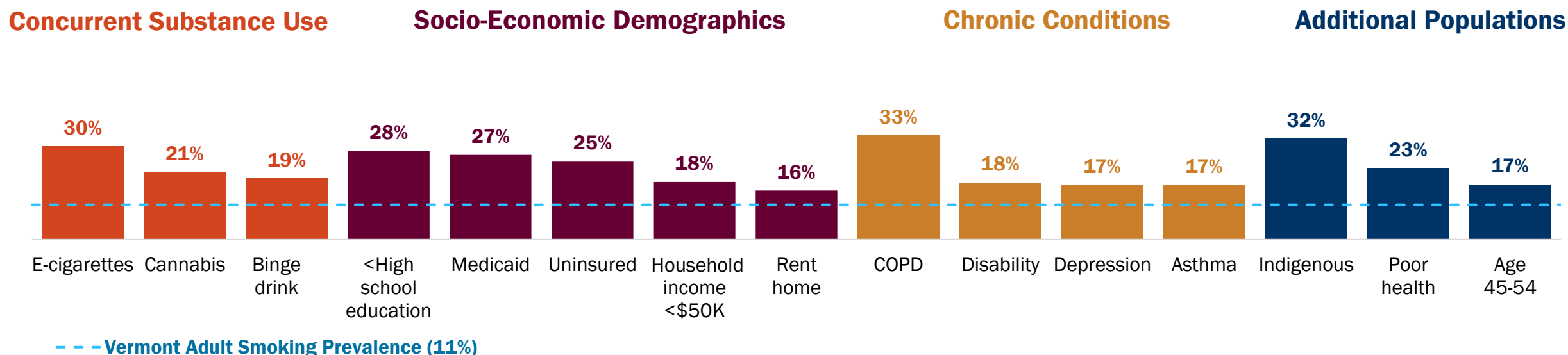


# Adults who use e-cigarettes, have Chronic Obstructive Pulmonary Disease (COPD), or are Indigenous have the highest cigarette smoking rates.

## Current Cigarette Smoking Rates (%), Vermont Adult Populations Who Smoke at Statistically Higher Rates\*



**Graph interpretation:** Bars show smoking prevalence within each sub-population. *E.g.*, 30% of adults who currently use e-cigarettes smoked cigarettes in the past 30 days.

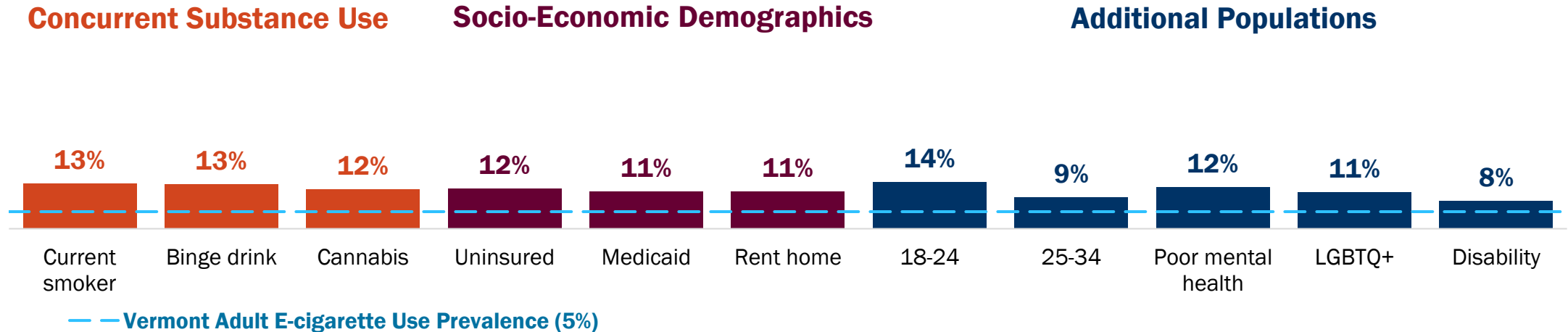
\*Compared to Vermont adults overall

Data source: Vermont Behavioral Risk Factor Surveillance System (BRFSS) 2023, BRFSS 2022 – 2023 for Native Americans

Produced by the [Vermont Tobacco Control Program](#)

# Adults who currently smoke, binge drink, or are age 18 – 24 have the highest rates of e-cigarette use.

## Current E-Cigarette Rates (%), Vermont Adult Populations Who use E-Cigarettes at Statistically Higher Rates\*



**Graph interpretation:** Bars show e-cigarette use prevalence within each sub-population. *E.g.*, 13% of adults who currently smoke cigarettes have used e-cigarettes in the past 30 days.

\*Compared to Vermont adults overall

Data source: Vermont Behavioral Risk Factor Surveillance System (BRFSS) 2023

Produced by the [Vermont Tobacco Control Program](#)

# Data Notes

- **E-cigarettes** refer to electronic cigarettes and other electronic vaping products, including e-hookahs, vape pens, e-cigars and others.
- **Current cannabis** and **e-cigarette** use is in the past 30 days
- **Binge drinking** is 5 or more drinks on an occasion (males) or 4 or more for women in the past 30 days.
- **Rent home** includes those with other accommodations outside of owning a home.
- **Poor mental health** is defined as having 14+ days with poor mental health in the past 30 days.
- **Poor general health** is defined as reporting fair or poor health overall.
- **Depression** is defined as a diagnosis with a depressive disorder by a doctor.
- **LGBTQ+** includes lesbian, gay, bisexual, transgender and other sexual orientations, or those questioning or unsure of their sexual orientation or gender identity.