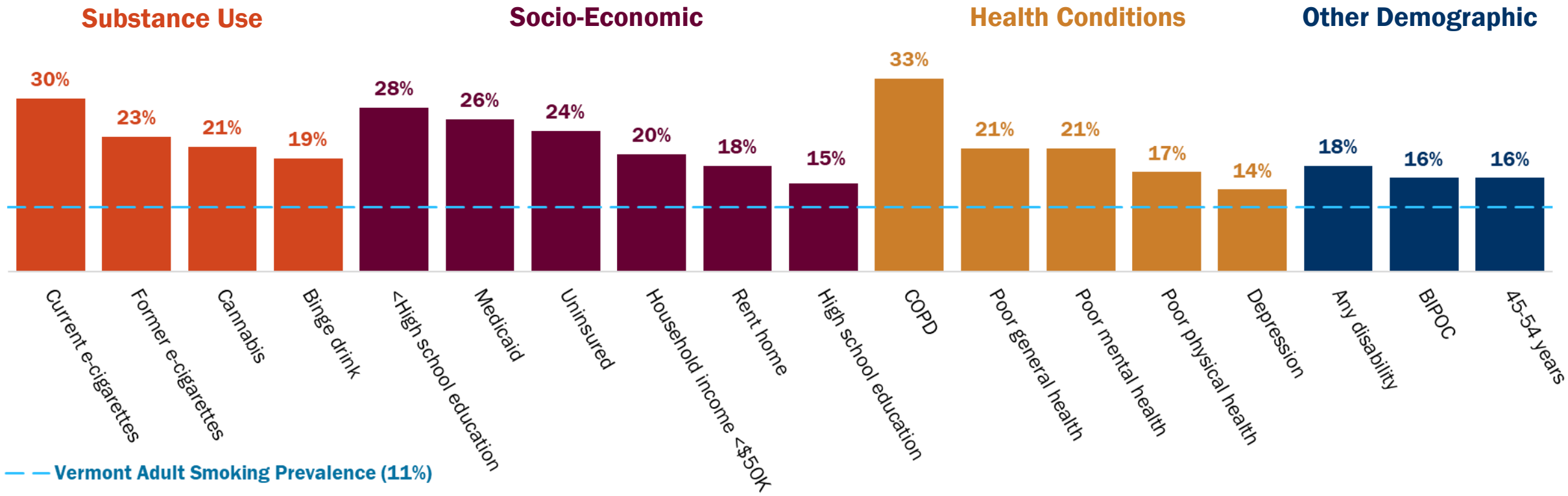
Adults who use e-cigarettes or have chronic obstructive pulmonary disease (COPD) have the highest cigarette smoking rates.

Smoking Rates (%) in Vermont Adult Groups with Statistically Higher Smoking Levels*

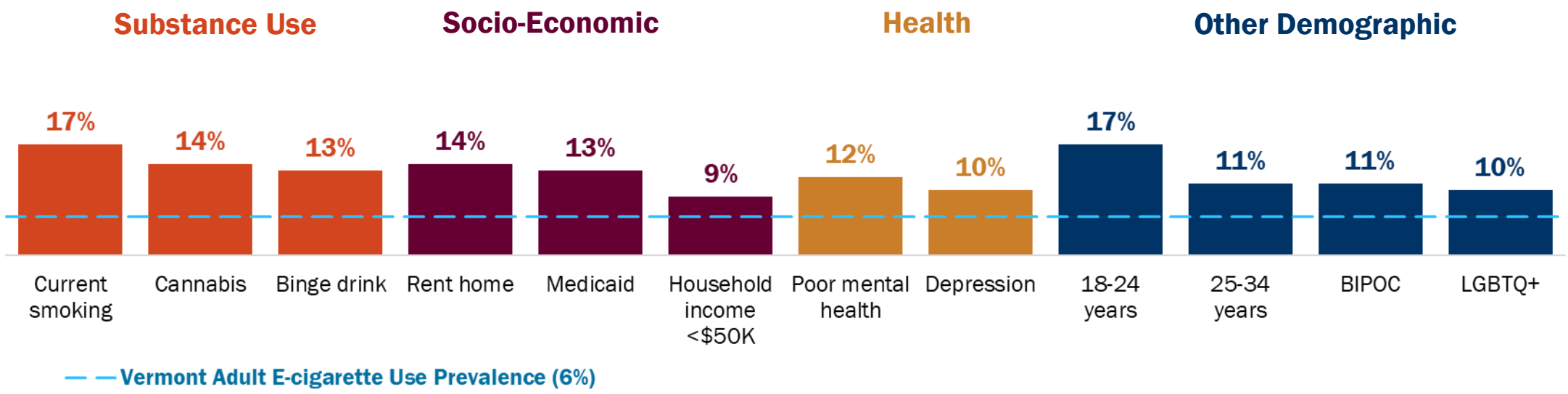


Graph interpretation: Bars show smoking rate within each group (*e.g.*, 30% of adults who currently use e-cigarettes smoke cigarettes)

*Compared to Vermont adult population overall; Data source: Vermont Behavioral Risk Factor Surveillance System (BRFSS) 2024; Produced by Vermont Tobacco Control Program

Adults who smoke or are age 18–24 have the highest rates of e-cigarette use.

E-Cigarette Rates (%), Vermont Adult Populations that Use E-Cigarettes at Statistically Higher Rates*



Graph interpretation:

Bars show e-cigarette use prevalence within each sub-population (*e.g.*, 17% of all adults who smoke cigarettes use e-cigarettes)

*Compared to Vermont adults overall; Data source: Vermont Behavioral Risk Factor Surveillance System (BRFSS) 2024; Produced by Vermont Tobacco Control Program

Data Notes

- **E-cigarettes** refer to electronic cigarettes and other electronic vaping products, including e-hookahs, vape pens, e-cigars and others.
- **Currently cigarette smoking** means the person now smokes cigarettes every day or some days.
- **Current cannabis** use means any cannabis use reported in the past 30 days.
- **Binge drinking** is 4+ drinks (women) or 5+ drinks (men) on one occasion in the past 30 days.
- **Rent home** includes those with other accommodations outside of owning a home.
- **Depression** is defined as a diagnosis with a depressive disorder by a doctor at any time.
- **Poor mental health** is defined as reporting 14 or more days in the past 30 days when mental health was not good.
- **Poor physical health** is 14 or more days in past 30 when physical health was not good.
- **Poor general health** is defined as reporting fair or poor health overall.
- **LGBTQ+** includes lesbian, gay, bisexual, transgender and other sexual orientations, or those questioning or unsure of their sexual orientation or gender identity.
- **BIPOC** is self-reported race of Black, Indigenous, or person of color.

Data Notes

The Vermont Department of Health recognizes that many social, economic and environmental inequities made worse by structural oppression, marginalization and racism influence the data we collect and report. We are continuously working to better collect and share data that reflect the lived experiences of all Vermonters. If you have questions or concerns on how this data was sourced or analyzed that are not addressed in the report, please refer to our BRFSS Webpage. For more information on different data sources managed by the Health Department, including what indicators are available and who to contact to find out more, please check our Data Encyclopedia.