



February 2025 Provider Newsletter

You First pays for and connects eligible Vermonters to breast and cervical cancer screenings and diagnostic tests. Members ages 35-64 can get heart health screenings and free memberships to local gyms, farmers' market coupons, state park passes, home blood pressure monitoring equipment, and more.

Our Patient Navigator guides members from screening to diagnosis to treatment. The Lifestyle Program Coordinator & Health Coach helps members achieve their fitness and nutrition goals for better heart health. You First provides 90-day retroactive coverage from the application signature date.

You First is a program of the Vermont Department of Health and is grant funded through the Centers for Disease Control and Prevention.

2025 Income Guidelines

You First has released new income guidelines for 2025, which are set at 250% of the federal poverty level (FPL). If you know of anyone who was just over the income guidelines last year, please encourage them to apply again. Once a member is enrolled, they stay enrolled until their renewal the following year. They do not need to report income changes to You First during their enrollment.

Remember that You First coverage can be stacked with other insurance through the marketplace or an employer and with hospital financial assistance programs. You First is not able to pay for clinical services for folks with Medicare Part B coverage. Those with Part B coverage who are between the ages 35-64 are still eligible to use heart health services.

Please be in touch with any questions and remember to refer eligible patients to You First.

[2025 Income Guidelines](#)

[Printable Handout with Eligibility](#)

2025 Fee Schedule

You First's Fee Schedule for 2025 has been released. You First is billed through the Vermont Medicaid system (Gainwell Technologies), though we are a separate program. Please be sure to reach out to You First directly with questions about coverage or to resolve billing issues. For billing support, please reach out to:

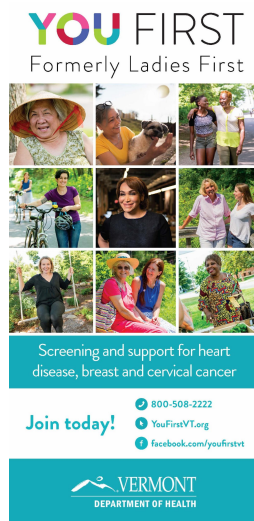
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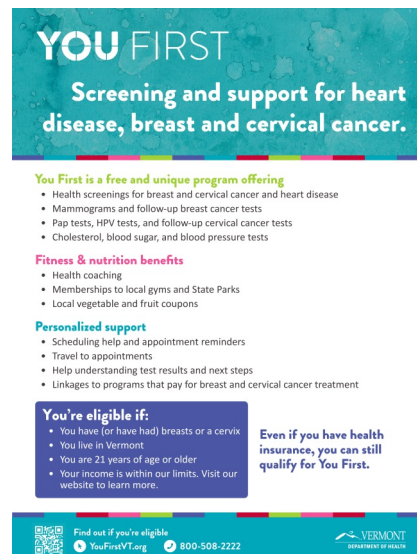
2025 Fee Schedule

Order You First Materials

You can make sure your eligible patients know about the You First program by hanging up a You First poster or handing out You First rack cards! Posters are available in two sizes: 11x14 and 8.5x11 with tear tabs. Posters, rack cards, applications, and other materials can be ordered using our [Materials Request Form](#) and will be mailed directly to you. You First applications are available in 12 languages. See below for examples of some of these materials.



You First Rack Card



You First Poster

Request Materials

YOU FIRST

VERMONT DEPARTMENT OF HEALTH

1-800-508-2222

YouFirst@vermont.gov

www.YouFirstVT.org



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