

Year 1 Highlights

January 2025

Older Vermonters are the fastest growing demographic in the state, and by 2030, one in three Vermonters will be 60 years or older.

The Age Strong VT plan launched in February 2024. It lays out strategies and policies that will benefit residents of all ages over its 10-year timeframe.

Key Successes

- Broadened access to Medicare Savings Plans.
- Expanded Meals on Wheels availability.
- Launched housing pilots for people who are living with disabilities.
- Developed partnerships with higher education, business and local government.

Support Services

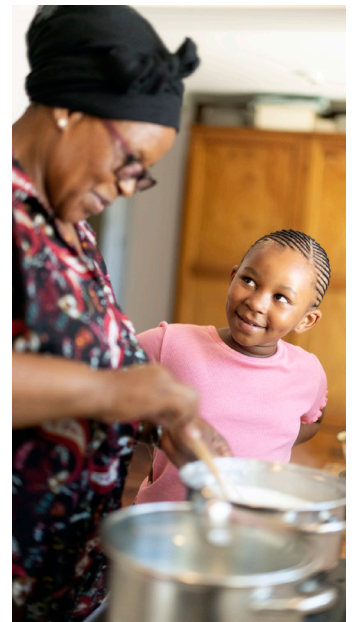
- Developed a [social connection map](#) to help overcome social isolation.
- Created more opportunities for connections across generations.
- Expanded home-sharing options to more regions of the state.

Innovation & Collaboration

- Piloted rural micro-transit to increase access.
- Ran campaigns on hypertension management and brain health.
- Introduced fraud prevention education across multiple agencies.

Progress Toward Our Goals

Partners created a [Goal Tracker](#) that establishes 10-year goals across priority areas.



Some Key Indicators:

	Baseline	Goal
• Adults 60+ who rate their health as good or better.	81%	84%
• Adults 60+ who live at 250% or lower of the Federal Poverty Level.	34%	31%
• Family care partners who know about support groups and how to access them.	41%	51%



For more information see the [full progress report](#).

