



VERMONT WIC MOCK SHOP

Learn how WIC transactions work by trying one for yourself.

To learn more about how WIC works, and to feel more confident at the checkout counter, try out a short simulated shopping trip. Using a test WIC card, you'll check a benefit balance, make a small shopping list, try the WIC Shopper App, select items in the store, and go through a practice checkout with your trainer.

The goal isn't to test you. It's to give you hands-on experience. Many people find it's easier to remember a process once they've done it themselves. This exercise is simply a chance to learn by doing in a low-stress way, so when a WIC family comes through your lane, you'll be ready.

Just follow the steps on the checklist and ask your trainer any questions along the way.

MOCK SHOP CHECKLIST

Follow the steps below for a successful shop.

- ☐ **Check Balance**
Check benefit balance using WIC Test card
- ☐ **Find Benefits**
Both the types and amounts of available benefits can be found on the printed receipt
- ☐ **Make a List**
Use the Vermont WIC Foods and Shopping Guide and available benefits from receipt to create a 5-6 item shopping list (include at least 1 non-WIC item)
- ☐ **Use the App**
Download the WIC Shopper App if you are able and try out the features (product scanner, etc.)
- ☐ **Shop**
Look for WIC shelf tags, scan items with the App and complete your list
- ☐ **Checkout**
Get your store trainer to ring up your items.
- ☐ **Swipe**
Swipe the WIC card, enter PIN. Were all of your WIC items approved?
- ☐ **Review**
If something wasn't approved, do you know why? Any other questions about the process? Talk them through with you store Trainer.
- ☐ **Finish**
Return the WIC card to your store trainer and they will void the transaction

WRITE YOUR LIST

CHECK YOUR RECEIPT

Shoppys's

1000 Shoppers Lane, Burlington VT 05401
www.shoppysVT.com

eWIC Beginning Balance

PAN: *****1354 State: VT

QTY UOM Description

1.00	LB	Tofu
3.00	LB	Cheese
4.00	DZ	Breakfast Cereal
3.60	OZ	Nut and Seed Butters
4.00	JAR	Peanut Butter/Beans/Peas
24.00	OZ	Canned Fish
16.00	OZ	Whole Grain Options
44.52	\$\$\$	Fruits and Nohfat Yogurt
1.00	GAL	Lowfat and Nonfat Yo
1.00	GAL	Plant Based Milk
4.00	GAL	1% or Skim Milk
2.40	CBL	Women's Juice 48 oz
4.00	CBL	Juice

These benefits expire at MIDNIGHT on
09/30/2025

STORE:08448 REGISTER:002 CASHIER:0244
TICKET#:8960 25SEP2025 11:41:06

Thank you for shopping at
Shoppys

GET THE WIC SHOPPER APP

