

Vermont WIC Formulary
Effective October 2025

WIC is a supplemental nutrition program that provides formulas but may not provide the full amount needed in a month. Families may have to purchase additional formula to meet nutritional needs.

Standard WIC Formulas

Formula	Family Purchases at Grocery Store	Family Picks Up at WIC Office
Similac Advance	X	
Isomil Soy	X	
Similac Sensitive	X	
Similac Total Comfort	X	
Enfamil AR (requires medical documentation)	X	
Similac Go and Grow Milk-Based (requires medical documentation)	X	X
Similac Go and Grow Sensitive (requires medical documentation)	X	X
Similac 360 Total Care	X	
Similac 360 Total Care Sensitive	X	

Formulas and Nutritional Products Available with Medical Documentation and ICD-10 Diagnosis

Formula	Family Purchases at Grocery Store	Family Picks Up at WIC Office
Alfamino		X
Alimentum	X	
Calcilo XD		X
Elecare		X
Elecare Jr.		X
Enfacare Neuropro	X	
Enfaport		X
Extensive HA	X	
Fortini		X
HCY 1		Covered by Medicaid
Neocate Infant		X

Neocate Syneo		X
Neosure	X	X
Nutramigen	X	
Nutramigen 2 Toddler	X	
Parent's Choice Hypoallergenic	X	
Pepticate		X
Periflex Infant		X
Pregestimil		X
PurAmino		X
Similac Human Milk Fortifier, Hydrolyzed Protein		X
Similac PM 60/40		X
Similac Special Care 20		X
Similac Special Care 24		X
Similac Special Care 30		X
Tippy Toes Hypoallergenic		
Alfamino Jr.		X
Boost	X	
Boost Breeze		X
Boost Glucose Control	X	
Boost High Protein	X	
Boost Plus	X	
Duocal		X
Ensure Clear	X	
Ensure Original	X	
Ensure Plus	X	
HCY 2		Covered by Medicaid
Hominex 2		X
Kate Farms Pediatric Standard 1.2		X
Kate Farms Kids Nutrition		X
Kate Farms Pediatric Peptide 1.0		X
Kate Farms Pediatric Peptide 1.5		X
Ketocal 3:1		X
Ketocal 4:1		X
Ketocal 4:1		X
Lipistart		X
Neocate Junior		X
Neocate Syneo Junior		X
Neocate Splash		X
Nutren 1.0		X

Nutren 1.0 with Fiber		X
Nutren 1.5		X
Nutren 2.0		X
Nutren Junior		X
Nutren Junior with Fiber		X
PediaSure	X	
PediaSure 1.5 Cal		X
PediaSure 1.5 Cal with Fiber		X
PediaSure Enteral Formula		X
PediaSure Peptide 1.0 Cal		X
PediaSure Peptide 1.5 Cal		X
PediaSure Sidekicks	X	
PediaSure with Fiber	X	
PediaSure with Fiber Enteral Formula		X
Peptamen Junior		X
Peptamen Junior with Fiber		X
Periflex Junior		Covered by Medicaid
Periflex LQ		Covered by Medicaid
PhenylAde MTE Amino Acid Blend		Covered by Medicaid
Phenyl Free 1		Covered by Medicaid
Phenyl Free 2		Covered by Medicaid
PurAmino Junior		X
Tolerex		X
Xphe Maxamum Drink		Covered by Medicaid

The Vermont WIC Program endorses breastfeeding/chestfeeding as the optimal method to feed most infants. If infants do consume infant formula, WIC supports the American Academy of Pediatrics recommendation that all formula-fed infants receive iron-fortified formula for the first year. The Vermont WIC Program provides standard iron-fortified milk- and soy-based formulas of the current contract provider for healthy infants from birth to twelve months of age whose parents choose not to breastfeed/chestfeed or who partially breastfeed/chestfeed per federal requirements.

The WIC Program will provide medical infant, child, and adult formulas such as protein hydrolysate (hypoallergenic), hypercaloric, elemental and metabolic formulas with an appropriate nutrition-related ICD-10 diagnosis.

More information can be found on our [website](#).