Highlights and Changes to

# VERMONT WIC FOODS

**Effective October 2024** 









### Whole Grains

Mayan Farm Whole Wheat Tortillas 16 oz





#### **Juice**

Mott's 100% Juice Apple 48 oz (Women's) Fruit Punch 48 oz (Women's) and 64 oz (Child's)



#### Cereal

Kellogg's Kashi Blueberry Clusters 13.4 oz and 18.3 oz



Frosted Mini-Wheats Blueberry Muffin 13.3 oz



#### General Mills

Cheerios Veggie Blends Apple Strawberry 10.6 oz and 18 oz



Cheerios Veggie Blends Blueberry Banana 10.6 oz and 18 oz



## Low-fat Yogurt

**Green Mountain Creamery** Organic Plain Reduced-Fat 32 oz

#### Whole Grains - Bread

NEW! Expanded whole wheat and whole grain bread sizes and types.

Size: 8, 12, 14, 16, 18, 20, 22, 24 or 32 ounces (oz). Loaves, rolls and buns



#### Arnold

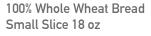
100% Whole Wheat Bread Hamburger Buns 16 oz



100% Whole Wheat Sandwich Thins 12 oz



100% Whole Wheat Bread 24 oz





#### Freihofer's

Country Premium 100% Whole Wheat Bread 24 oz



#### **Great Value**

100% Whole Wheat Round Top Bread 20 oz



#### Hannaford

100% Whole Wheat Sliced Bread 24 oz







#### Nature's Own

100% Whole Grain Bread 20 oz

100% Whole Wheat Bread 20 oz

100% Whole Wheat Hamburger Buns 15 oz

#### Whole Grains - Bread



Open Nature 100% Whole Wheat Bread 24 oz



Grains and Seeds Bread 24 oz



Pepperidge Farm Farmhouse 100% Whole Wheat Bread 24 oz



Whole Grain Thin Sliced 100% Whole Wheat Bread 22 oz



Thin Sliced Whole Grain 15 Grain Bread 22 oz



Whole Grain 100% Whole Wheat Bread 24 oz



Whole Grain 15 Grain Bread 24 oz



Whole Grain Honey Whole Wheat Bread 24 oz



Whole Grain Oatmeal Bread 24 oz



Sara Lee 100% Whole Wheat Bread 20 oz



Signature Select 100% Whole Wheat Bread 24 oz



100% Whole Wheat Sandwich Thins 12 oz



# Image/Label Update

Nature's Own 100% Whole Grain Sugar-Free Bread 16 oz

Smucker's Peanut Butter 16 oz





#### **New Size**

Quaker Original Instant Oatmeal Packets now available in 9.8 oz

Signature Select Original Flavor Oatmeal now available in 9.8 oz





#### Cereal

# Pics by Price Chopper

Original Flavor Oatmeal 11.8 oz



#### Juice

#### Natalie's

Orange Juice 64 oz



#### Welch's

Concord Grape 48 oz

White Grape 48 oz





Not available

HealthVermont.gov/WIC

WIC@vermont.gov 800-649-4357 802-863-7333



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