ዝኸበርካ/ኪ ኣባል ማሕበረሰብ፣

ካብ መጠን ንላዕሊ መድሓኒት ምውሳድ ዘስዕቦ ቅልውላው፣ ን ኣብ ቬርሞንት (Vermont)ን ኣብ መላእ እታ ሃገር ዝርከቡ ሰባትን ስድራቤታትን ዝጸሉ ጕዳይ እዩ። ሓደ ካብቶም ቬርሞንት (Vermont) ነዚ ጉዳይ እዚ መልሲ ዝህበሎም ዘሎ መንገዲታት፣ ኣብ ቤት ትምህርቲታት ኬጂ-12 ሓዊሱ፣ naloxone (ናለክሶን) ኣብ መላእ እታ ሃገር ብሰፊሑ ክቐርብ ምግባር እዩ። እዚ Narcan® (ናርካን) እውን ተባሂሉ ዝፍለጥ Naloxone ዝተብሃለ መድሓኒት፣ ን ልዕሊ መጠን ምውሳድ መድሓኒታት ኦፒዮይድ (ን ኣብነት ከም ብሓኪም ዝእዘዙ ናይ ጸረ ቓንዛ መድሓኒታት ወይ ሄሮይን) ክቕልብስ ዝኽእል ብ ኣፍንጫ ዝንፋሕ ናይ ህጹጽ እዋን መድሓኒት እዩ።

እቲ ጽቡቕ ኣጋጣሚ፣ ኣብ ቬርሞንት (Vermont)፣ ኣብ መባእታዊ ማእከላይ ይኹን ኣብ ካልኣይ ደረጃ ኣብያተ ትምህርቲ ን ሞት ዘብቀዐ ኻብ መጠን ንላዕሊ ምውሳድ መድሓኒት ክሳብ ሐዚ ኣየጋጠመን። ይኹን እምበር፣ fentanyl (ፌንተኒል) ዝተብሃለ ሰብ ሰራሕ ኦፒዮድ፣ ብልሙድ ኣብ ቀረብ መድሓኒት ቬርሞንት (Vermont) ዝርከብ እንትኾን፣ እዚ ድማ ኣብ'ቶም ትኽክለኛ ናይ ትእዛዝ መድሓኒታት ክመስሉ ተገይሮም ዝስርሑ ናይ [ሕሶት መድሓኒታት](https://www.dea.gov/onepill)  እውን ዝርከብ እዩ።.

Vermont Department of Health (ክፍሊ ጥዕና ቬርሞንት) ከምኡውን [ፈደራላዊ መንግስቲ](https://www.whitehouse.gov/wp-content/uploads/2023/10/Letter-to-Schools.pdf)፣ ኣብያተ-ትምህርቲታት ን naloxone (ናለክሶን) ብምእካብን፣ ልዕሊ መጠን ምውሳድ ኦፒዮድ ኣብ ዘጋጥመሉ ግዜ ሰባት ህይወት ንምድሓን ብኸመይ መልሲ ክህቡ ከም ዘለዎም ብምስልጣንን፣ ን ልዕሊ መጠን ምውሳድ ኦፒዮድ ድልዋት ክኾና ይመክር። ዲስትሪክት ቤት ትምህርቲናን/ሕብረት ተቖጻጸርቲን ድማ ነዞም ምኽርታት እዚኦም ብምስዓብ፣ ምናልባት ብ ልዕሊ መጠን ምውሳድ ኦፒዮድ ህጹጽ ኩነታት እንተጋጢሙ፣ መልሲ ንምሃብ naloxone (ናለክሶን) ሒዝና ክንጸንሕ ኢና።

ልክዕ ከም ዝኾነ ኣብ ሕክምናዊ ህጹጽ ኩነታት ኣብ ጥቕሚ ዝውዕል መባእታዊ ሓገዝ፣ ነዚ ህይወት ዘድሕን መድሓኒት እዚ ኣብ ቤት ትምህርቲ ሒዝካ ምጽናሕ ን ድሕንነት ተምሃሮና፣ ፋካልቲና፣ ሰራሕተኛታትናን በጻሕትናን ኣዝዩ ኣገዳሲ ጉዳይ እዩ። ሰራሕተኛታት ን ልዕሊ መጠን ምውሳድ ኦፒዮድ ብኸመይ ከለልዩ ከም ዝኽእሉን ን አጠቓቕማ naloxone (ናለክሶን) ዝምልከት ስልጠና ክረኽቡ እዮም። naloxone (ናለክሶን) ኣብ ኦፒዮድ ካብ መጠን ንላዕሊ ዝተወሰደሉ ኩነታት ይኹን ወይ ኦፒዮይድ ኣብ ዘይህልወሉ ዅነታታት እውን እንተኾነ ኣብ ጥቕሚ ክውዕል ጎዳኢ ከም ዘይኮነ ምዝካር ኣገዳሲ እዩ።

Naloxone (ናለክሶን) ኣብ መላእ እዛ ግዝኣት ን ፋርማሲታት፣ ትካላት ማሕበራዊ ኣገልግሎት፣ ኣቕረብቲ ግልጋሎት ህጹጽ ሕክምና ሓዊሱ፣ ኣብ ዝተፈላለዩ ቦታታት ዝርከብ ኮይኑ፣ ሐዚ ድማ ኦንላይን ክእዘዝን ብ ፖስታ ክለኣኽን ይኽእል እዩ። ን ዌብሳይት Department of Health (ክፍሊ ጥዕና) (healthvermont.gov/naloxone) ብምውካስ ብዛዕባ naloxone (ናለክሶን) ዝያዳ ሓበሬታ ክትረክብ ትኽእል/ሊ ኢኻ/ኺ። ን ባዕልኻ/ኺ ወይ ን ኣባል ስድራ ቤትካ/ኪ naloxone ብኸመይ ከም እትረክብ/ኽቢ ክትፈልጥ እንተ ደሊኻ/ኺ [ብኽብረትካ/ኪ ን VTHelpLink.org](https://vthelplink.org/) ተወከስ ወይ ከኣ ናብ 802-565-1000 ደውል/ሊ።

ዝዀኑ ሕቶታት ምስ ዝህልዉኻ/ኺ፣ብኽብረትካ/ኪ ምስቲ ቤት ትምህርቲ ተራኸብ ።

ምስ ሰላምታ፣

ሰራሕተኛታት ቤት ትምህርቲ

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Dear Community Member,

The drug overdose crisis is an issue affecting people and families in Vermont and around the country. One of the many ways Vermont is responding is by making naloxone widely available throughout the state, including in K-12 schools. Naloxone, also known as Narcan®, is a emergency medication nasal spray that can reverse an overdose caused by an opioid drug (such as prescription pain medication or heroin) in an emergency.

Fortunately, in Vermont, there have been no fatal overdoses in elementary, middle or high schools. However, fentanyl, a synthetic opioid, is commonly found in Vermont’s drug supply, including in [fake pills made to look like real prescription medications](https://www.dea.gov/onepill).

The Vermont Department of Health, and [the federal government](https://www.whitehouse.gov/wp-content/uploads/2023/10/Letter-to-Schools.pdf), recommends schools be prepared to respond to a suspected opioid overdose by stocking naloxone and training people on how to respond to an opioid overdose to save a life. Our school district/supervisory union will follow these recommendations and have naloxone on hand in case we ever need to respond to an opioid overdose emergency.

As with any other first aid supply used in a medical emergency, having this life-saving medication on site is important for the safety of our students, faculty, staff, and visitors. Staff will receive training on how to recognize an opioid overdose and how to use naloxone. It is important to note that naloxone is not harmful, even if used in a situation where it is not an opioid overdose or when an opioid is not present.

Naloxone is also available at many locations throughout the state, including some pharmacies, social service organizations, Emergency Medical Services providers, and can now be ordered online and sent by mail. You can learn more about naloxone by visiting the Department of Health’s website (healthvermont.gov/naloxone). If you are interested in learning how to get naloxone for yourself or a family member, please visit [VTHelpLink.org](https://vthelplink.org/) or call 802-565-1000.

Please contact the school with any questions.

Sincerely,

School Staff

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