Xubinta Bulshada ee Qaaliga ah,

Dhibaatada si xad-dhaaf u isticmaalka daroogada arin saamaynaysa dadka iyo qoysaska Vermont iyo dalka oo dhan. Mid kamid ah hababka badan ee Vermont ay uga jawaabeyso waa in naloxone ka dhigto mid si ballaaran looga heli karo gobolka oo dhan, oo ay ku jiraan dugsiyada K-12. Naloxone, sidoo kale loo yaqaano Narcan®, waa  daawada xaaladaha degdega ah ee sanka lagu buufiyo taas oo beddeli karta si xad-dhaaf u isticmaalka ee ay sababtay daawada opioid (sida daawada xanuunka loo qoro ama heroin) marka ay xaalad degdeg ah jirto.

Nasiib wanaag, gudaha Vermont, ma jirin qiyaas u isticmaalka daawo ee xad-dhaaf ah oo halis ah dugsiyada hoose, dhexe ama sare. Si kastaba ha ahaatee, fentanyl, opioid kimikada laga sameeyay, ayaa caadi ahaan laga helaa dukaamada daawada Vermont, oo ay kamid yihiin [kaniino been abuur ah ee loo sameeyay inay u ekaadaan dawooyinka dhabta ah ee dhakhtar qoray](https://www.dea.gov/onepill).

Waaxda Caafimaadka ee Vermonth, iyo[awlada dhexe](https://www.whitehouse.gov/wp-content/uploads/2023/10/Letter-to-Schools.pdf), waxay ku talinaysaa in dugsiyadu u diyaar garoobaan inay ka jawaabaan si xad-dhaaf ah u isticmaalka looga shakisan yahay opioid iyadoo kaydinta naloxone iyo tababarida dadka sidii looga jawaabi lahaa si xad-dhaaf ah u isticmaalka opioid si loo badbaadiyo nolosha. Dugsiga degmo/ururka kormeerkayaga ayaa raaci doona talooyinkan oo ay gacanta ku hayaan naloxone haddii ay dhacdo inaan waligeen u baahanahay inaan ka jawaabno xaalada degdega ah ee si xad dhaaf ah u isticmaalka opioid.

La jiranka agab kasta oo kale ee gargaarka degdegga ah ee loo isticmaalo xaaladaha degdegga ah ee caafimaadka, haysashada dawadan nafta lagu badbaadinayo ee goobta ayaa muhiim u ah badqabka ardaydeena, macalimiinteena, shaqaalaha, iyo dadka soo booqanaya. Shaqaaluhu waxay heli doonaan tababar ku saabsan sida loo aqoonsado si xad-dhaaf ah u isticmaalka opioid iyo sida loo isticmaalo naloxone. Waxaa muhiim ah in la xuso in naloxone aysan waxyeello lahayn, xitaa haddii loo isticmaalo xaalad aan ahayn si xad-dhaaf ah opioid-ka ama marka opioid la haysanin.

Naloxone sidoo kale waxaa laga heli karaa goobo badan oo gobolka oo dhan ah, oo ay kamid yihiin farmasiyada qaarkood, ururada adeegga bulshada, daryeel bixiyeyaasha Caafimaadka ee Xaaladaha Degdegga ah, oo hadda waxaa laga dalban karaa khadka tooska ah oo lagu soo diri karaa boostada. Waxaad wax badan oo ku saaban naloxone ka ogaan kartaa adiga oo booqanaya barta internetka ee Waaxda Caafimaadka (healthvermont.gov/naloxone). Haddii aad xiisaynayso inaad ogaato sida loo qaato naloxone naftaada ama xubin qoyskaaga, fadlan booqo [VTHelpLink.org](https://vthelplink.org/) ama wac 802-565-1000.

Fadlan la xiriir dugsiga wixii su'aalo ah.

Si daacadnimo ah,

Shaqaalaha Dugsi

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Dear Community Member,

The drug overdose crisis is an issue affecting people and families in Vermont and around the country. One of the many ways Vermont is responding is by making naloxone widely available throughout the state, including in K-12 schools. Naloxone, also known as Narcan®, is a emergency medication nasal spray that can reverse an overdose caused by an opioid drug (such as prescription pain medication or heroin) in an emergency.

Fortunately, in Vermont, there have been no fatal overdoses in elementary, middle or high schools. However, fentanyl, a synthetic opioid, is commonly found in Vermont’s drug supply, including in [fake pills made to look like real prescription medications](https://www.dea.gov/onepill).

The Vermont Department of Health, and [the federal government](https://www.whitehouse.gov/wp-content/uploads/2023/10/Letter-to-Schools.pdf), recommends schools be prepared to respond to a suspected opioid overdose by stocking naloxone and training people on how to respond to an opioid overdose to save a life. Our school district/supervisory union will follow these recommendations and have naloxone on hand in case we ever need to respond to an opioid overdose emergency.

As with any other first aid supply used in a medical emergency, having this life-saving medication on site is important for the safety of our students, faculty, staff, and visitors. Staff will receive training on how to recognize an opioid overdose and how to use naloxone. It is important to note that naloxone is not harmful, even if used in a situation where it is not an opioid overdose or when an opioid is not present.

Naloxone is also available at many locations throughout the state, including some pharmacies, social service organizations, Emergency Medical Services providers, and can now be ordered online and sent by mail. You can learn more about naloxone by visiting the Department of Health’s website (healthvermont.gov/naloxone). If you are interested in learning how to get naloxone for yourself or a family member, please visit [VTHelpLink.org](https://vthelplink.org/) or call 802-565-1000.

Please contact the school with any questions.

Sincerely,

School Staff

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