Munywanyi dukunda,

Akaga gaturutse k'ukurenza urugero mu gufata imiti ni ingorane ibangamiye abantu n'imiryango itari mike muri Leta ya Vermont hamwe no hirya no hino mu gihugu. Imwe mu nzira nyinshi Leta ya Vermont iriko irakoresha mu kubitorera inyishu ni ugutuma umuti wa naloxone uboneka hirya no hino muri gihugu, harimwo no mu mashure ya K-12. Naloxone, izwi kandi kw'izina rya Narcan®, ni umuti ukoreshwa mu buryo bwihutirwa upompwa mu mazuru ugashobora gufasha kugabanya urugero rw'umurengera rw'umuti ukomoka ku biyayuramutwe ruri mu mubiri (nk'umuti w'ububabare wandikwa na muganga canke uwukomoka ku rumogi rwa heroin) mu buryo bwihutirwa.

Igishimishije ni uko, muri Vermont, hatarabaho ukurenza urugero ku buryo bishobora kuvamwo urupfu mu mashure y'abana batoyi bimeneyereza, amashure matoyi canke ayisumbuye. Ariko, fentanyl, umuti utunganywa ukomotse mu rumogi, uboneka kenshi mu miti igurishwa muri Reta ya Vermont, harimwo [ibinini vya magendu vyakozwe mu buryo bushaka gusa n'uburyo ivyemewe bikozwemwo](https://www.dea.gov/onepill).

Ubushikirangnji bujejwe amagara y'abantu muri Reta ya Vermont, hamwe[na Reta zunze ubumwe](https://www.whitehouse.gov/wp-content/uploads/2023/10/Letter-to-Schools.pdf),barasaba amashure kwama biteguriye gutorera inyishu ikintu cose cerekana ibimenyetso co kurenza urugero mu gufata imiti ikomoka ku rumogi mu kwibangikanya mu bubiko bwabo umuti wa naloxone hamwe no mu kwigisha abantu ku kungene bofasha uwagize ingorane zo kurenza urugero mu gufata iyo miti kugira bakize ubuzima. Ishure ryacu ry'akarere/urunani rw'abagenduzi bazokurikirana aya mabwirizwa hamwe n'uko amashure aba afise umuti wa naloxone mu gihe twokenera gufasha mu buryo bwihutirwa uwahuye n'ingorane yo kurenza urugero mu gufata umuti ukomoka ku rumogi.

Co kimwe n'ubundi bufasha bwose bwihutirwa bukoreshwa mu buvuzi bwo gutabara mu buryo bwihuse, kuba dufise uyu muti wo gutabara ubuzima bw'abantu aho bari ni nkenerwa ku mvo z'umutekano w'abanyeshure bacu, igisata, abakozi, hamwe n'abashitsi baheza bakadutemberera. Abakozi bazoronswa inyigisho ku bijanye no kumenya uwarengeje urugero rw'umuti ukomoka ku rumogi hamwe n'ukugene bakoresha naloxone. Ni nkenerwa kumenya ko naloxone itari mbi, naho yoba yakoreshejwe mu gihe kitari ukurenza urugero rw'umuti ukomoka ku rumogi canke mu gihe ata bikomoka ku rumogi vyabonetse.

Naloxone iraboneka kandi ahantu henshi hirya no hino muri gihugu, harimwo n'ahadandarizwa imiti hamwe na hamwe, amashirahamwe ajejwe ibikorwa vyo mu kibano nk'abaremeshakiyago, abajejwe ibikorwa vyihutirwa vyo gutabara mu buvuzi, kandi ubu birashoboka ko isabwa biciye ku buhinga ngurukanabumenyi hanyuma ikarungikwa biciye kw'iposita. Urashobora kumenya vyinshi ku vyerekeye naloxone mu kuja ku rubuga rw'igisata kijejwe amagara y'abantu(healthvermont.gov/naloxone). Mu gihe wipfuza kwiga ukugene woronka naloxone yawe ku giti cawe canke iy'umuntu mu bagize umuryango wawe, urasabwa kuja ku rubuga [VTHelpLink.org](https://vthelplink.org/) canke ugahamagara kuri izi nimero 802-565-1000.

Mu gihe ufise ibibazo ivyo arivyo vyose urasabwa kwitura ishure.

Murakoze,

Ubuyobozi bw'ishure

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Dear Community Member,

The drug overdose crisis is an issue affecting people and families in Vermont and around the country. One of the many ways Vermont is responding is by making naloxone widely available throughout the state, including in K-12 schools. Naloxone, also known as Narcan®, is a emergency medication nasal spray that can reverse an overdose caused by an opioid drug (such as prescription pain medication or heroin) in an emergency.

Fortunately, in Vermont, there have been no fatal overdoses in elementary, middle or high schools. However, fentanyl, a synthetic opioid, is commonly found in Vermont’s drug supply, including in [fake pills made to look like real prescription medications](https://www.dea.gov/onepill).

The Vermont Department of Health, and [the federal government](https://www.whitehouse.gov/wp-content/uploads/2023/10/Letter-to-Schools.pdf), recommends schools be prepared to respond to a suspected opioid overdose by stocking naloxone and training people on how to respond to an opioid overdose to save a life. Our school district/supervisory union will follow these recommendations and have naloxone on hand in case we ever need to respond to an opioid overdose emergency.

As with any other first aid supply used in a medical emergency, having this life-saving medication on site is important for the safety of our students, faculty, staff, and visitors. Staff will receive training on how to recognize an opioid overdose and how to use naloxone. It is important to note that naloxone is not harmful, even if used in a situation where it is not an opioid overdose or when an opioid is not present.

Naloxone is also available at many locations throughout the state, including some pharmacies, social service organizations, Emergency Medical Services providers, and can now be ordered online and sent by mail. You can learn more about naloxone by visiting the Department of Health’s website (healthvermont.gov/naloxone). If you are interested in learning how to get naloxone for yourself or a family member, please visit [VTHelpLink.org](https://vthelplink.org/) or call 802-565-1000.

Please contact the school with any questions.

Sincerely,

School Staff

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