

Radon and Smoking: A Risky Combination

February 2026

Quit smoking and test your home for radon to make you and your family safer.

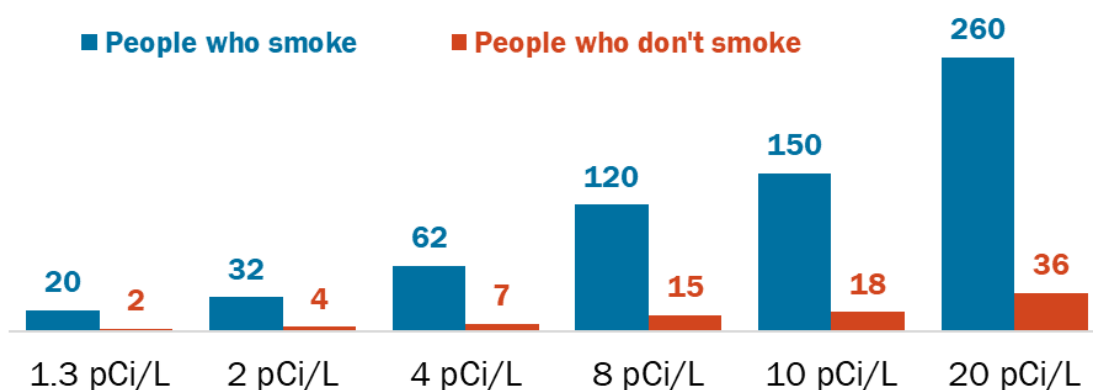
If you need help accessing or understanding this information, contact radon@vermont.gov.

Radon and tobacco smoke both cause lung cancer.

- If you smoke and your home has high levels of radon – at or above 4 picocuries per liter (pCi/L) – your risk of getting lung cancer is especially high.

The estimated number of lung cancer cases for people who are exposed to radon over their lifetime is higher for people who smoke.

Estimated number of cases for every 1,000 people



Source: Environmental Protection Agency

Testing is the only way to know if radon is in your home.

- One in seven Vermont homes **has elevated levels of radon**.
- Take action to reduce radon levels in your home if the test result is at or above 4 pCi/L.



Quit smoking to reduce your risk.

- When compared to people who keep smoking, **people who quit smoking** reduce their risk of lung cancer by 30 to 50% over 10 years, according to the National Institutes of Health.
- Quit smoking with free help from 802Quits at 802Quits.org.



HealthVermont.gov/radon
802-863-7220

