

ANIMATED POST



Vermont Department of Health

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👍📢 The good news? Most Vermont kids don't misuse substances, and prevention is one big reason why. When support starts early, students are more likely to stay connected, confident, and on a healthy path. Evidence-based programs in elementary school can make the difference later on.

Let's keep building on what's working. Prevention works—because kids do. [#VermontPrevention](#) [#StrongerSchools](#) [#StartStrongStartEarly](#) Access data sources, like the Youth Risk Behavior Survey 2023, on [HealthVermont.gov](#)

13%*

of Vermont high school students report drinking before age 13.



*YRBS 2023

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That means

87%

of VT high school students report NOT drinking before age 13.



Prevention works when we work at it.

Prevention for Stronger Schools



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🧠💡 Most Vermont students are making smart choices—and prevention programs are helping them stay on that path. The earlier students learn decision-making skills, coping strategies, and how to resist peer pressure, the better their outcomes. Prevention isn't about fear—it's about building resilience. The progress is real. And so is the impact we can have together.

[#PreventionforStrongerSchools](#) [#StartStrongStartEarly](#) [#SupportVTkids](#)
Access data sources, like the Youth Risk Behavior Survey 2023, on [HealthVermont.gov](#)

22%*

of Vermont high school students report currently using cannabis.



*YRBS 2023

That means


78%

of VT high school students are NOT currently using cannabis.



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🌟💡 When Vermont students have strong support, they make strong choices. A connection to school and community means they're less likely to misuse substances later. Prevention programs are helping our kids build the confidence and skills they need to stay on track. Let's keep supporting what's working. Prevention works—because kids do.

[#VermontPrevention](#) [#StrongerSchools](#) [#StartStrongStartEarly](#) Access data sources, like the Youth Risk Behavior Survey 2023, on [HealthVermont.gov](#)

5%*

of Vermont high school students report using prescription drugs without a doctor's order.



*YRBS 2023

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That means

95%

of Vermont high school students report NEVER using prescription drugs without a doctor's order.



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