



Vermont Department of Health: Substance Use Disorder System of Care Enhancement

Recovery Support Services (RSS) Initiative
Monthly Recovery Center Director Touchpoint
May 7, 2026

Agenda

- Welcome
- RSS Recovery Coaching Rate
- Recovery Coaching Data Collection
- Individualized Recovery Plan (IRP) Resource
- Follow-Up on ERR Progress
- Feedback Session
- Closing & Looking Ahead

Welcome

RSS Recovery Coaching Rate

Refresher: Background on What Goes Into the Rate

As a reminder, the draft RSS Medicaid rate of \$49.34/hour factors in various costs, including those associated with the variables below. Do RSOs have any other questions about the rate?

Variable:	Includes:
Direct Staff Costs and Billable Time	<ul style="list-style-type: none">• Hourly wage of staff rendering service• Employee benefits• Assumptions around billable hours per week
Supervisor Position	<ul style="list-style-type: none">• Direct service workers reporting to one supervisor• Hourly wage of supervisor• Employee benefits• Assumptions around hours of supervision per direct staff per week
Office Space	<ul style="list-style-type: none">• Square feet of service space• Annual cost per square foot• Annual facility cost
Mileage Reimbursement	<ul style="list-style-type: none">• Miles driven by direct staff to see clients in a week• Federal mileage reimbursement rate
Admin and Program Support	<ul style="list-style-type: none">• Program support funding per day• Administration percent

Recovery Coaching Data Collection

Recovery Coaching Data Collection Follow-up

Below is an updated RSS Medicaid budget estimate across all 12 RSOs. This is based on recent FY25 data received from the recovery coaching survey.

Category	Amount for Budget Projection	RSO Data Ranges (Min – Max)
Average Number of Recovery Coaching Sessions per Participant	11 Sessions*	2 – 45 Sessions
Average Length of Session	60 Minutes*	40 – 60 Minutes
# of Unique Individuals Served	2,945 People	10 – 1,235 People
Number of Sessions (# served multiplied by 11 average coaching sessions per participant)	32,395 Sessions	
Average Hourly Rate	\$49.34	
Estimated Annual Budget Across all 12 RSOs	\$1,598,369	

*Note: This number represents the mode from the data received.

Recovery Coaching Data Collection Discussion and Next Steps

Discussion Questions:

- What process did you use to collect data for the recent recovery coaching survey?
- What strategies have you found to pull these and other important datapoints from RDP?
 - Did you encounter any specific challenges with the data collection process?
- What questions do you have about how to interpret the datapoints requested?

Next Steps:

- VDH will be doing a final round of data collection which Recovery Centers will see via email. If you have corrections to make to your data submission based on this additional guidance, please reflect those corrections in your next data submission. Please follow up with your program manager with any specific questions.

Recovery Coaching Datapoint Definitions

VDH is looking for the following information for each of the datapoints included in the recovery coaching data collection survey:

1. How many unique individuals received Recovery Coaching through your Center during FY25?
 - The total number of people who had at least one recovery coaching session at your Center during FY25. Each person should be counted only once.
2. What is the average number of Recovery Coaching sessions each participant received at your Center in FY25?
 - A participant is someone who engaged in at least one recovery coaching session at your Center during FY25. People who were referred to the Center or expressed interest in coaching but did not actually attend a session should not be counted for this question.
3. What is the average length (in minutes) of each Recovery Coaching session that took place in FY25?
 - The length of a session is defined here as the time spent working directly with the participant. VDH will include a separate question that asks for time spent preparing for a session and documenting service notes.

IRP Resource

Individualized Recovery Plan (IRP) Resource

Developing Individualized Recovery Plans (IRPs) with RSS participants is required as part of the Certified Peer Recovery Support Specialist (PRSS) scope of practice. This is best practice when supporting individuals in recovery.

- In April, the RSO Certification Team shared an RSO Participant Chart Review Checklist that can be used to ensure that IRPs meet minimum requirements from RSO Standard 11, along with other documentation requirements in Standard 10.
- VDH will share this resource along with recap materials from today's meeting.
 - RSO Directors are encouraged to distribute the resource to recovery coaches.
- Please follow up with VDH to address any questions.

Follow-Up on ERR Progress

Electronic Recovery Record (ERR) Progress Check-In

During the April meeting, the ERR workgroup decided on the following next steps for selecting the ERR platform to be used following the expiration of current RDP licenses on November 30, 2026. **Is there any progress on these activities to report?**

- ERR Workgroup to vote on if RDP 2.0 will be the ERR system they choose to move forward with after RDP licenses expire on November 30, 2026
- RPV to reach out to Jody Kamon for consultation and support on ERR migration
- RPV to reach out to FAVOR to gather more information and learn next steps for a contract with FAVOR

VDH is working with DVHA-Gainwell to:

- identify and share the technical specifications required for the ERR system and
- arrange for a DVHA-Gainwell representative to attend a future Touchpoint to share helpful information with RSOs.

Feedback Session



We Want to Hear your Thoughts!

Let's reflect on how our engagement and communication is going and where we can improve. What feedback do you have for VDH?



Think about the following engagement efforts:

- Monthly Touchpoints
- RSS Connect Newsletter
 - RSS Webpage

How are we (RSOs and VDH) doing in our group RSS work together? What is working, and what could improve?

Closing & Looking Ahead

Looking Ahead



Our next meeting will have a different format:

- June Virtual Q&A Session (scheduled 6/4)



[Please provide any questions or comments using the Feedback Form](#)



Thank you!

We appreciate your time this afternoon and look forward to seeing you at our next meeting in June!