



# Recovery Housing

## Helping Vermonters in recovery find stability

Division of Substance Use Programs

January 2025

The Vermont Department of Health, Division of Substance Use Programs (DSU) supports recovery housing services for Vermonters with substance use disorder (SUD) and their families. The voucher program provides financial assistance to people in the early stages of recovery who may not have a stable income or employment. Vermonters can request assistance to help with room and board for a short period of time during the application process to a recovery home.

### KEY HIGHLIGHTS

- **121 Vermonters received vouchers for recovery housing between October 2023 – September 2024**
- **Stable housing supports recovery for Vermonters with SUD and their families**

### What is the goal?

Vermonters with substance use disorder and their families may require access to safe, supportive recovery housing while they build recovery capital and develop sober living skills. In early recovery, people often have limited financial means, unemployment or unstable employment and limited healthy social support systems. Recovery housing services offer them the time and support to rebuild their lives.

In addition to supported recovery housing, some people in early recovery benefit from sober housing as a place to build recovery capital and develop healthy social supports while living with others in recovery who are working on similar goals.

### What are the eligibility requirements to enter recovery housing?

- Most providers require that people refrain from using alcohol and drugs for a period, to ensure that they are medically stable and not at risk for acute withdrawal symptoms.
- People are expected to be either transitioning from residential treatment or another higher level of care or are actively engaged in other treatment services.

### Who provides recovery housing services?

Recovery housing is coordinated with following providers supported by the Agency of Human Services to ensure that the needs of Vermonters are met:

- Good Samaritan Haven in Barre
- Shires Housing Inc. in Bennington
- Springfield Supported Housing Program in Springfield
- Second Wind Foundation in Wilder
- Vermont Foundation of Recovery, Inc. in St. Johnsbury, St. Albans, Essex, Morrisville, Barre, Rutland and Bennington
- Jenna's Promise in Johnson

**Helping Vermonters  
recover from SUD by  
providing stable housing.**

For more information, contact [AHS.VDHDSU@vermont.gov](mailto:AHS.VDHDSU@vermont.gov).