

Medical Services in Low-barrier Shelter

Partnership between City of Burlington, Community Health Center, CVOEO, Champlain Housing Trust, VT Department of Health

Low-barrier Shelter

- Background Checks
- SUD and Alcohol
- Pets
- Gender ID and Sleeping Arrangements
- Paperwork and Forms
- Culturally Aware and Trauma-informed
- Hours of Operation and Curfew
- Storgage
- Services

Substance Use in Shelter

- 80% of Guests were actively using substances
- All guests were either using substances or in various stage of recovery from SUD
- Three non-fatal overdoses
- Substances regularly consumed:
 - Opiates
 - Stimulants
 - Alcohol
- Wound care needs

Medical Services in Shelter

- Community Health Center medical outreach in three low-barrier shelters between January – March 2024
- Most common issues were:
 - SUD
 - Wounds: Non-healing, wounds, abscess, infection dressing supplies
 - Dental pain
 - Foot issues
- Total patient visits: 437
- Services provided:
 - Chronic issues: 157
 - Acute issues: 144
 - Psych issues: 19
 - SUD counseling: 14
 - ER referral: 11 (3 followed-up)
 - PCP referral: 56 (17 followed-up)

Patient Visits

- Winter Warming Shelter
- Elmwood Community Shelter
- Champlain Place
- Community Resource Center

