



# Community Training Program

BRATTLEBORO FIRE DEPARTMENT



*Our Town,  
Our People,  
Our Responsibility*

# Purpose

- Develop a comprehensive community training program offering life-saving training at free/low-cost to the community.
- Provide training to empower community members to act during an emergency.
- Foster connections that support community members and families after an emergency.
- Share resources and continually build collaboration across community groups.



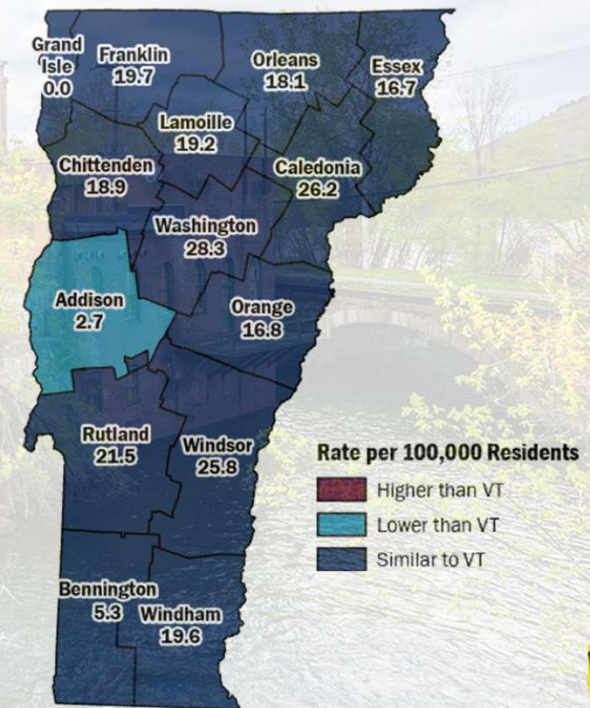
# Identified Need

- Community Challenge
  - Opioid overdoses remain a significant issue in Brattleboro, with residents often **unsure how to respond in emergencies.**
  - A gap in preparedness leaves many **feeling helpless during an emergency.**
  - Unmet need for **post-event support.**

## Deaths

Opioid overdose death rates by county of residence compared to statewide rate (19.2), through August

Opioid overdose death rates per 100,000 Vermont residents



Vermont Department of Health

\*Vermont Department of Health Monthly Opioid Morbidity and Mortality Report, November 13, 2024



# Training Matters

- Trainings can equip community members with practical, hands-on skills to know how to respond and act a situation until emergency services arrives.
  - Narcan administration
  - CPR/First Aid/AED Usage
  - Stop the Bleed
- Immediate action can save lives in an emergency – seconds count.
- Empowering individuals to save lives.



# Program Goal

- **Narcan Administration Training:**

- Education to teach community members to recognize and respond to overdoses as well as administer Narcan.

- **CPR and First Aid Training:**

- Prepare individuals to address medical and trauma emergencies as well as respond to cardiac arrest events which can be precipitated by an overdose.

- **Stop the Bleed Training:**

- Provide education to manage severe bleeding, essential for traumatic injuries.





**YOU  
NARCAN  
SAVE  
LIVES**







**STOP**  
THE BLEED<sup>®</sup>

SAVE A LIFE

# Project Impact



- Train 300 unique community members annually.
- Strengthen community connections, highlighting existing resources.
- Support and increase Narcan availability and proper usage.

***Save Lives!***



# Power of Collaboration

- **Engaging Local Groups**
  - Working with recovery coach organizations, non-profits, other community stakeholders to ensure participation, collaboration and not duplicate efforts.
  - Create opportunities for shared resources and expanded networks for long-term support.
- **Addressing the “What’s Next” Gap**
  - Training sessions will provide attendees with emergency action plans and information about recovery services.
  - Empowering community members to create stronger networks.



# Budget

- **Funding Request**

- Total Project Budget: \$32,157.60

- Staffing & Oversight (e.g.: teaching, administration)
- Direct Cost Materials (e.g.: books, take-home CPR masks)
- Start-up Costs (e.g.: training equipment, instructional materials)
- Consumables (e.g.: gauze, alcohol wipes)



# Budget

<b>Staffing/Program Oversight</b>			
Staffing (20 hrs/month education + administrative hrs)	\$ 1,618.80		
	\$ 1,618.80	Monthly Personnel Cost	
		<b>Annual Personnel \$</b>	<b>19,425.60</b>
<b>Direct Consumables Expenses (per student cost)</b>			
Books	\$ 3.00		
Certification Cards	\$ 10.00		
Pocket Masks	\$ 2.00		
Gauze, Tourniquet, Cleaning, Paperwork	\$ 1.56		
	\$ 16.56	Per Student	
		<b>Annual Consumables \$</b>	<b>4,968.00</b>
<b>One-Time Start Up Costs</b>			
		based on 300/year	
Stop the Bleed Kit	\$ 1,150.00		
CPR Manikins (Adult, Child, Infant w/QCPR)	\$ 3,316.00		
Zoll AED Trainers + Consumables (4)	\$ 1,656.00		
Projector	\$ 269.00		
Tablet	\$ 875.00		
HS CPR/First Aid Instructor Manual	\$ 70.00		
HS CPR/First Aid Student Video	\$ 178.00		
Narcan Trainers	\$ 50.00		
Marketing Materials (Supplies, Advertisement, Posters)	\$ 200.00		
	\$ 7,764.00		
		<b>Start-Up Equipment \$</b>	<b>7,764.00</b>
		<b>Project Budget \$</b>	<b>32,157.60</b>



# Sustainability

- With measurable outcomes and initial equipment investment completed, additional funding to be sourced for continuation of program:
  - Grant funding
  - Local fund sponsorships
  - Revenue generated courses
  - Departmental budget integration





**Thank you!**

**William Fritz**  
**EMS Superintendent**  
**Brattleboro Fire Department**

