



Screening and support for heart disease, breast and cervical cancer.

2024 You First Program Eligibility

Residence: Must live in Vermont

Age: Must be over 21 years old

- Our heart health program is available for members ages 35-64.

Insurance status: Can be uninsured, have Medicaid, Medicare, or have private health insurance (including Vermont Health Connect)

- Members with Medicare Part B and Medicaid are not eligible for payment of clinical services.

Screening Need: You have (or have had) breasts or a cervix, or need preventative breast or cervical cancer screenings.

- Transgender, non-binary and intersex Vermonters are eligible to receive services through You First. Call 1-800-508-2222 or [visit our website](#) to learn more.

Income: 250% of the federal poverty level, based on number in household

2024 Income Guidelines:

Number in Household	Annual maximum	Monthly maximum	Weekly maximum
1	\$37,650	\$3,138	\$724
2	\$51,100	\$4,258	\$983
3	\$64,550	\$5,379	\$1,241
4	\$78,000	\$6,500	\$1,500
5	\$91,450	\$7,621	\$1,759
6	\$104,900	\$8,742	\$2,017