

Since August 1, 2022, per the recommendation of the National Collegiate Athletic Association (NCAA), student-athletes no longer have the option to sign a waiver declining confirmation of sickle cell trait status. For more information on this NCAA requirement, please visit the [NCAA website](#).

Vermont began screening all infants for [sickle cell disease](#) in 1996 as part of the Newborn Screening panel. This testing can also identify newborns with [sickle cell trait](#). Most people with sickle cell trait do not have symptoms, but in some cases, they can experience complications during intense exercise, at high-altitudes, low oxygen environments, temperature extremes, or when there is increased atmospheric pressure.

### **The following options are available for a student who needs to confirm their Sickle Cell trait status:**

- Their healthcare provider can request newborn screening results from the Newborn Screening Program
- They can work with their healthcare provider to get tested
- They can contact their primary care provider or hospital of birth to obtain a copy of the results

The Vermont Newborn Screening Program cannot release results directly to individuals, their parent(s)/guardian(s), or coaches.

If the individual was born or screened in another state, they should contact that state's newborn screening program. Vermont Newborn Screening Program does not have results for individuals screened out of state.

## **For primary care offices requesting results:**

Please fax your request on letterhead to the Vermont Newborn Screening Program at 802-951-1218 and include the following information:

- Reason for request
- Individual's name at the time of birth
- Individual's date of birth
- Birth parent's first and last name
- Hospital of birth
- Return fax number

The Vermont Newborn Screening Program will fax back a copy of the full newborn screening report as well as a letter documenting the sickle cell screening results. This letter allows the student to fulfill the NCAA requirements without sharing their full newborn screening results.

***Please Note: Requests may take 3-5 business days to complete. Requests cannot be expedited and are processed in the order they are received.***