

Medical Homes

Resource for Youth and Families

January 2026

Children and youth with special healthcare needs (CYSHN) can often require extra support to access and coordinate medical care. A medical home might be able to help. The American Academy of Pediatrics (AAP) says the term Medical Home means providing primary care that is accessible, family-centered, continuous, comprehensive, coordinated, compassionate, and culturally effective.

A medical home is one way to provide primary care in partnership between patients, clinicians, medical staff, and families. It extends beyond the walls of medical practices to include specialty care, educational services, and family support such as:

- Having a nurse or social work care coordinator follow up with other health providers,
- Your family works with medical and non-medical partners,
- Developing a care plan,
- Having a care conference to meet healthcare goals or identify next steps.

Other organizations for Vermont CYSHN



- The [CSHN Care Consultation Team](#) can help you to navigate health care, insurance, and resources. They help families and providers throughout the state.
- [Vermont Family Network](#) provides family support, resources, workshops, and policy advocacy, and more to Vermonters. See [Medical Home resource](#) for more information. Contact by emailing info@vtfn.org or call 802-876-5315.

More information about Medical Homes

- [A Medical Home Where Everybody Knows Your Name](#)
- [American Academy of Pediatrics Medical Home Info](#)
- Bi-State Primary Care Association [Medical Homes](#)
- Vermont Blueprint for Health [Medical Homes](#)



Learning about a medical home for your children and family is important. We are here to help. Please contact [Children with Special Health Needs \(CSHN\)](#) for help.

Contact a [CSHN Care Consultant](#), email VDHCSHN@Vermont.gov, or call 802-863-7338.