

St. Johnsbury Local Health Office Annual Report: 2025

There are twelve Local Health Offices in Vermont, linking communities to the Department of Health. **The St. Johnsbury office covers towns in Caledonia, Southern Essex, and parts of Orange counties.** Below are some highlights from 2025. For more details, visit HealthVermont.gov/local/st-johnsbury. If you need help accessing or understanding this information, contact AHS.VDHStJohnsbury@Vermont.gov

Supporting Children and Families



- Supported more than 750 of our pregnant neighbors, infants and children under the age of 5 each month in our WIC program. WIC offers healthy foods, breastfeeding help, nutrition advice and links to community programs.
- Joined community partners at events that provided educational, recreational, healthcare and social connection opportunities for children, youth and families.
- Partnered with Salvation Farms to provide free seasonal produce to families.
- Hosted the infant comfort station at the Caledonia County Fair, providing a clean and quiet space for breastfeeding, diaper changing and other family needs.

Resilient and Responsive

- Vaccinated uninsured and underinsured children and adults for flu, COVID and other infectious diseases.
- Provided guidance to daycares, schools, healthcare facilities and individuals on how to limit the spread of disease, prevent and respond to outbreaks, and enhance health across the lifespan.
- Held Emergency Preparedness Neighbor Up! Nights with the Medical Reserve Corps and the St. Johnsbury Community HUB. Here we shared strategies for how to be ready for future emergencies like floods, storms and other unexpected events, providing “go kits” for community members to take home.



Working Together to Build Healthier Communities



- Participated in our region’s accountable health community, NEK Prosper!, and supported initiatives like the Gear Lending Library and the collaborative Community Health Needs Assessment.
- Our staff served on boards, advisory panels and executive committees of community organizations such as: kuRRve, NKHS, Northeast Vermont Prevention Consortium, Northeastern Vermont Prevention Coalition, NEK Community Advisory Board of BC/BS of Vermont.



HealthVermont.gov/local/st-johnsbury
802-748-5151

