

St. Albans Local Health Office Annual Report: 2025

Twelve Local Health Offices around the state are your community connection with the Vermont Department of Health. The St Albans Local Health Office provides essential services and resources to towns in Grand Isle and Franklin County. Some highlights of our work in 2025 are below. For more information, visit HealthVermont.gov/local/st-albans

If you need help accessing or understanding this information, contact AHS.VDHStAlbans@vermont.gov

Children, Youth and Families



- In 2025, our **Women, Infants & Children (WIC)** program worked with over 1,200 participants from Grand Isle and Franklin counties.
- Our staff distributed **over \$3,750 in Farm to Family coupons** to WIC families to buy fresh produce directly from Vermont farmers.
- Our office helps participants feel confident and comfortable with breastfeeding. About **74% of WIC infants in our region have breastfed** in the past year.

Giving Back with the Medical Reserve Corps Volunteers

- Our office sponsors the **Northwest Vermont Medical Reserve Corps (Northwest VT MRC) Unit**. The Northwest VT MRC volunteers serve Franklin, Grand Isle and Chittenden counties. Our local unit is part of a national MRC network of volunteers who train to support people during emergencies.
- Northwest VT MRC volunteers provide **free health checks, wound care and foot clinics** around Franklin and Grand Isle counties, including at Martha's Kitchen and Franklin County Senior Center in St. Albans, and the Abenaki Nation of Missisquoi in Swanton.
- Northwest VT MRC is the largest MRC unit in Vermont, with over 200 volunteers. Last year, our local unit **contributed 850 volunteer hours**, a monetary value of \$41,138.
- To learn more about how to become an MRC volunteer, please visit: rms.vermont.gov

Working Together



- With United Way of Northwest Vermont and the Rotary Club of St Albans, our office hosted the first **Franklin County Volunteering Fair** in May 2025.
- In August, our staff partnered with Grand Isle School, the Northwest VT MRC, the Vermont Free and Referral Clinics, and Dr. John Echternach to host a **free dental pop-up clinic**, serving 17 residents in Grand Isle County, where dental care is scarce.



HealthVermont.gov/local/st-albans
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