## **Newport Local Health Office Annual Report: 2025**

Twelve Local Health Offices around the state are your community connection with the Vermont Department of Health. The Newport Local Health Office provides essential services and resources to towns in Orleans and Northern Essex counties. Some highlights of our work in 2025 are below. For more information, visit <a href="HealthVermont.gov/local/newport">HealthVermont.gov/local/newport</a>

If you need help accessing or understanding this information, contact AHS.VDHNewport@vermont.gov

## **Improve Family and Child Health**



- In 2025, our Women, Infants, & Children (WIC) team provided direct nutrition education and support services to 157 individuals every month, with 881 participants receiving monthly food benefits.
- This summer, WIC distributed \$3,600 in Farm to Family coupons to WIC families to purchase produce at participating Vermont Farmer's Markets, Farm Stands, and Apple Orchards.
- In 2025, Newport WIC was awarded a USDA Breastfeeding Premier Award of Excellence, in recognition of exemplary breastfeeding practices and community supports. Locally, 75% of infants born in this community were ever breastfed, and 26% of pregnant and postpartum WIC participants are supported by WIC Breastfeeding Peer Counselors.

## **Creating Resilient Communities**

- The free Barton Dental Clinic served 38 community members 84% adults and 16% children—providing no-cost preventive and restorative care. Services included 67 Silver Diamine Fluoride applications, 17 glass ionomer treatments, and 23 fluoride varnish applications. The average client age was 44.
- The Newport Local Health Office community garden yielded 365 pounds of produce that we
  distributed to the community, including seven large pumpkins, supporting access to fresh, healthy
  food. Partnering with Salvation Farms, our office distributed another 700 pounds of surplus
  produce to the community.

## **Protecting Community Against Injury and Disease**

- Newport's immunization team administered a total of 137 vaccines this year to 117 individuals, including at local dairy farms and during Newport's annual PRIDE Fest.
- From October 2024 to October 2025, the Northeast Kingdom MRC volunteered 603 hours (valued at \$20,296) to support public health preparedness and emergency response.



