

Burlington Local Health Office Annual Report: 2025

Twelve Local Health Offices around the state are your community connection with the Vermont Department of Health. The Burlington District Office provides essential services and resources to municipalities in Chittenden County. Some highlights of our work in 2025 are below. For more information, visit HealthVermont.gov/local/Burlington.

If you need help accessing or understanding this information, contact Melissa.Needham@Vermont.gov.

Improve Family and Child Health

We provide families with healthy foods, nutrition education, lactation support, and referrals to health care providers and community resources. This year, our office:

- Served 2,900 pregnant people, new parents, and young children participating in the WIC program.
- Helped participants access over \$9,000 in fruits and vegetables through the Farm to Family Program.

Enhance Community Health and Safety

We work to advance equity, protect against disease and injury, and prepare for health emergencies. This year, our office:

- Hosted 26 vaccination clinics and monitored infectious diseases in Chittenden County communities.
- Supported the distribution of prescription drug mail-back envelopes to residents in 16 of 18 municipalities served by the Burlington District Office.
- Hosted 22 Stop the Bleed courses and four recurring foot and wound care clinics and distributed over 220 Stop the Bleed kits, 100 hot weather kits, 120 tick removal kits and 500 Be Bright at Night reflectors to municipalities, community partners and the public.

Build Healthier Communities

We work with municipalities, schools, worksites, healthcare providers, and community organizations to create equitable opportunities for all Vermonters to lead healthy lives. Our office:

- Offers support to Chittenden County communities interested in enhancing community well-being through input on municipal plans, support conducting walk audits, and expertise in school and worksite wellness policies.
- Supported worksite wellness initiatives, with 48 worksites in 11 Chittenden County municipalities earning the Governor's Excellence in Worksite Wellness Award in 2025.
- Partnered with schools to promote asthma awareness and management, resulting in 16 Chittenden County schools achieving Asthma-Friendly School designations in 2025.



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