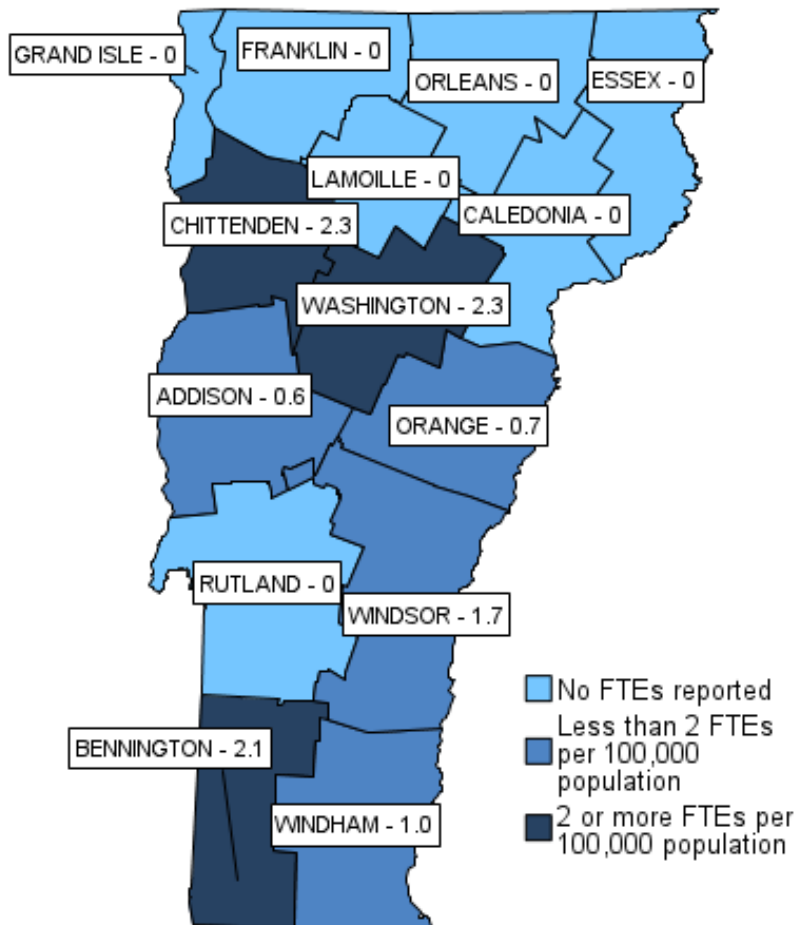


## Overview

This Psychoanalyst census is part of the Vermont Department of Health's healthcare provider data program, which is used to monitor and measure the supply of health care providers in Vermont over time. Vermont psychoanalysts are recertified every two years. Data for this report was obtained during the November 2018 recertification period and represents a snapshot of the profession at that time.

Psychoanalysts provide therapeutic services based on understanding the unconscious and how unconscious processes affect the human mind. In Vermont, psychoanalysts are required to have earned a master's degree, along with a specific degree or graduate certificate by an appropriately accredited psychoanalytic institute.

## Psychoanalyst FTEs per 100,000 population by county



## In Brief

### Workforce

Survey period: November 2018  
Response Rate: 100%  
Licenses renewed: 43  
Active in VT: 17  
Full-time Equivalents: 7.7

### Demographics

% Female: 71%  
Median Age: 67  
% 60 or older: 88%

### Education and Training

% doctoral level (PhD, PsyD, PsyaD, MD/DO): 47%  
% educated in Northeast: 67%

### Main Specialties

Psychoanalytic psychology: 41%  
Psychodynamic psychology: 30%

### Current Employment

% Accepting new patients: 88%  
% Full-time at main site: 18%  
% Plan to increase hours: 24%  
% Plan to decrease hours: 12%

### Geographic Distribution

(FTEs per 100,000 population)  
Highest: 2.3, Chittenden and Washington Counties  
Lowest: 0, Caledonia, Essex, Franklin, Grand Isle, Lamoille, Orleans, and Rutland Counties

### Trends in Statewide FTEs

2014: 8.1  
2016: 8.1  
2018: 7.7

## Workforce

- 43 psychoanalysts renewed their licenses during the surveyed period and 43 of these completed the workforce survey for a response rate of 100%.
- Out of the 43 respondents, 17 (40%) indicated they were active practicing as psychoanalysts in Vermont.
- Of the 26 respondents reporting a non-active status, 6 (23%) indicated they were planning to start working as a psychoanalyst in Vermont within the next 12 months.
- The remainder of this report is based on the 17 psychoanalysts who reported being actively working in Vermont.

## Full Time Equivalent (FTEs)

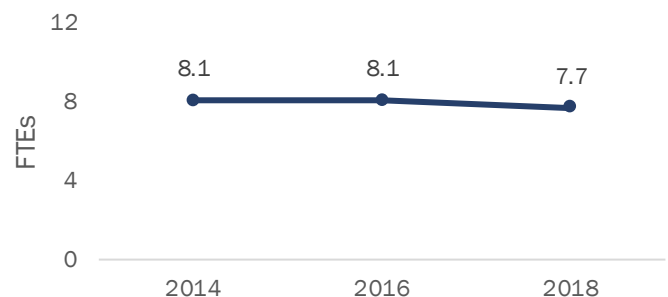
- 17 psychoanalysts provided 7.7 total FTEs.
- 7.2 FTEs, or 94% of total FTEs, were provided by 15 psychoanalysts aged 60 or older.
- 18% (3) of psychoanalysts worked 40 or more hours per week at their main site.

Average weekly hours – at main site	Number	Percent
Less than 20 hours	7	41%
20-39 hours	7	41%
40 hours or more	3	18%

## Trends in Statewide FTEs

- Psychoanalysts FTEs decreased by 0.4 from 8.1 in 2014 and 2016 to 7.7 in 2018.

Psychoanalysts FTEs by Year



## Demographics

### Gender

- 71% (12) of the psychoanalysts in Vermont were female.
- 29% (5) were male.

### Age

- The median age was 67.
- Two psychoanalysts were between ages 50 and 59, 11 were 60-69, and four were 70 or older.

### Race and Ethnicity

Respondents were asked to select their race and could select multiple responses or choose not to answer, therefore numbers may not equal the total number of licensed nursing assistants.

- 82% of psychoanalysts were white. One psychoanalyst selected a race that was not listed, and two preferred not to answer.
- 88% of psychoanalysts were not Hispanic, Latino/a, or of Spanish origin, and two preferred not to answer.

## Education and Training

- Master's degrees are required to hold a Vermont license for psychoanalysts. 47% of licensed psychoanalysts in Vermont have a doctoral level degree.
- 18% had Specialist Degree/ Certificate of Advance Graduate degree.
- 18% had a PsyD or PsyA.
- 24% had a PhD.
- 6% had a MD or DO.
- 67% received their schooling in the Northeast.

Highest degree awarded in this region	Number	Percent
Vermont	2	13%
Northeast excluding Vermont	8	53%
Midwest	2	13%
West	1	7%
Canada	1	7%
Other Foreign Country	1	7%
* Missing data from 2 individuals		

## Other licenses

Some psychoanalysts held other mental health credentials, including:

- 3 psychologists
- 2 social workers
- 1 mental health counselor
- 1 marriage and family therapist

## Practice Characteristics

### Practice Setting

- 100% (17) of psychoanalysts worked in independent solo private practices.

### Number of sites

- 82% (14) of psychoanalysts practiced at a single practice site.
- 18% (3) worked at two or more sites.

### Access to Care

- 88% of psychoanalysts accepted new clients.
- 18% participated in Medicaid, and 18% accepted new Medicaid clients.
- 6% participated in Medicare, and 6% accepted new Medicare clients.

## Specialties

- Most psychoanalysts reported specializing in psychoanalytic psychology.

Specialty	Main		Secondary	
	Count	FTEs	Count	FTEs
Psychoanalytic Psychology	10	3.9	1	0.3
Psychodynamic Psychology	3	1.1	5	1.0
Other: Counseling, Couples & Families Psychology	4	1.3	4	0.2
Total	17	6.2	10	1.5

## Current Experience and Future Plans

- Median years licensed in Vermont is 12 years.
- 12% of psychoanalysts have been licensed in Vermont for over 20 years.
- 65% plan to continue working the same number of hours in the next 12 months.
- 24% plan to increase their hours.
- 12% plan to reduce their hours.

Years Licensed in Vermont	Number	Percent
0 to 5 years	5	30%
6 to 10 years	2	12%
11 to 15 years	4	24%
16 to 20 years	4	24%
21 to 25 years	2	12%

## Key Takeaways

- There were relatively few psychoanalysts actively working in Vermont, with 17 psychoanalysts providing 7.7 full-time equivalents.
- The number of FTEs remained steady since 2014, decreasing by just 0.4 FTEs.
- The median age of psychoanalysts was 67 years.
- 88% of psychoanalysts planned to continue working the same number of hours or increase their hours in the next 12 months.

For more information, contact: [AHS.VDHPPhysicianCensus@vermont.gov](mailto:AHS.VDHPPhysicianCensus@vermont.gov)

## Appendix

### Active Psychoanalyst

A psychoanalyst who reported working in Vermont as a psychoanalyst (regardless of how many hours) is considered active.

### Census

The census was taken during the biennial relicensing process which ended on November 30, 2018. The data include all licensed psychoanalysts except for new licensees enrolled less than three months before the renewal date (September – November 2018), as their license was valid until the next renewal date of November 30, 2020. Copy of census questions available upon request.

### Full Time Equivalent (FTE)

Full time is defined as 40 or more working hours in Vermont per week, 48 weeks or more per year. Reporting more than 40 hours per week is defined as one FTE regardless of the number of hours over 40 per week worked.

### Main Practice, Site, Setting, and Specialty

The main practice, site, setting, or specialty refer to the practice in which the psychoanalyst worked the greatest number of annual hours.

### Map Quartiles

For county maps, colors define quartiles. The lowest 25% of FTE equivalents to population ratio is displayed in the lightest color, the middle 50% in medium, and highest 25% in the darkest color.

### Missing data

Unless otherwise noted, missing data are excluded from tables. Thus, totals may vary from table to table.

### Population Estimates

Population estimates are for July 2018 and were provided by the Department of Health.

### States

States were grouped into the following regions:

Northeast	Midwest	South		West
Connecticut	Illinois	Alabama	North Carolina	Alaska
Maine	Indiana	Arkansas	Oklahoma	Arizona
Massachusetts	Iowa	Delaware	South Carolina	California
New Hampshire	Kansas	Florida	Tennessee	Colorado
New Jersey	Michigan	Georgia	Texas	Hawaii
New York	Minnesota	Kentucky	Virginia	Idaho
Pennsylvania	Missouri	Louisiana	Washington DC	Montana
Rhode Island	Nebraska	Maryland	West Virginia	Nevada
Vermont	North Dakota	Mississippi		New Mexico
	Ohio			Oregon
	South Dakota			Utah
	Wisconsin			Washington
				Wyoming

### Weekly Hours

Average weekly hours is based on hours and weeks reported, adjusted to a full-time 48-week working year (hours \* (weeks/48)). Thus, the average weekly hours for an individual working 40 hours a week for half the year (24 weeks) is 20.