

Health Care Workforce Census: Naturopathic Physicians, 2024

July 2026

This naturopathic physician (ND) report is part of the Vermont Department of Health's health care provider data program, which is used to monitor and measure the supply of health care providers in Vermont over time.

Vermont professionals are relicensed every two years. Data for this report was obtained during the September 2024 relicensing period and represents a snapshot of the profession at that time.

The American Association of Naturopathic Physicians defines naturopathic medicine as a distinct primary health care profession, emphasizing prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals' inherent self-healing process. The practice of naturopathic medicine includes modern and traditional, scientific, and empirical methods.

If you need help accessing or understanding this information, contact AHS.VDHPhysicianCensus@vermont.gov.

Workforce

- 353 naturopathic physicians renewed their licenses during the surveyed period, and all completed the workforce census for a response rate of 100%.
- Of the 353 naturopathic physicians who renewed their licenses, 100 (28.3%) are actively practicing and providing direct patient care in Vermont.
 - Of this 100, 10 naturopathic physicians provide patient care for four hours a week or less are not included in this report.
- 6% (14/253) of naturopathic physicians who are not currently providing care in Vermont indicated they planned to do so within the next 12 months.
- 36 naturopathic physicians use telehealth as part of their practice providing care in Vermont, three of which are fully telemedicine. Two of these naturopathic physicians provide care in Vermont while living out of state. These 36 naturopathic physicians are included in this report.

Key Points

- **90 naturopathic physicians are actively practicing in Vermont and provide 59.2 full-time equivalents (FTE)**
- **FTEs have decreased since 2022**
- **95% of Vermont naturopathic physicians are accepting new patients and 72% accept new Medicaid patients**
- **Most naturopathic physicians licensed in Vermont are not actively working in the state**



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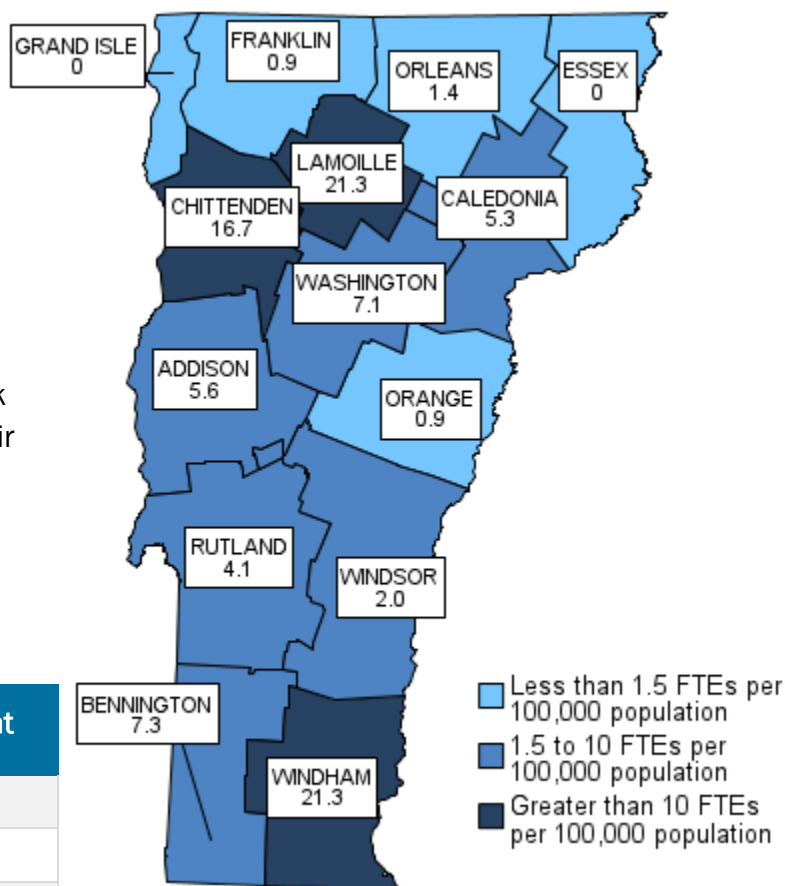
- The remainder of this report is based on the 90 naturopathic physicians who reported providing direct patient care in Vermont and are working more than four hours per week.

Fulltime Equivalents

- The 90 naturopathic physicians provide 59.2 FTEs.
- 4.5 FTEs, or 8% of total FTEs, are provided by seven naturopathic physicians aged 60 or older.
- Windham and Lamoille Counties have the highest ratio of FTEs per 100,000 population at 21.3.
- Grand Isle and Essex Counties do not have any naturopathic physician FTEs.
- 29% of all naturopathic physicians work 40 hours or more a week across all their work locations.
- 25% of naturopathic physicians work less than 20 hours a week.

Average weekly hours at all sites	Number	Percent
Less than 20 hours	21	25%
20-39 hours	39	46%
40 hours or more	25	29%

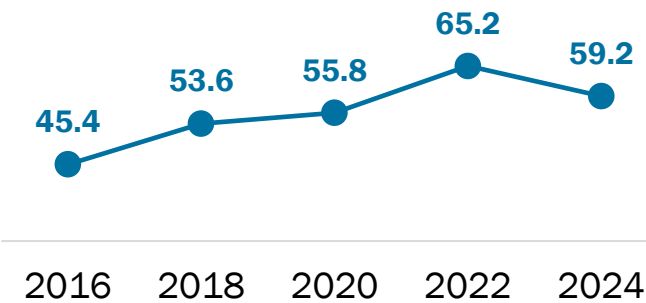
Naturopathic Physician FTEs per 100,000 population by county



Trends in Statewide FTEs

- FTEs increased from 45.4 to 65.2 between 2016 and 2022.
- Between 2022 and 2024, FTEs decreased by six from 65.2 to 59.2 FTEs.

Naturopathic Physician FTEs by Year

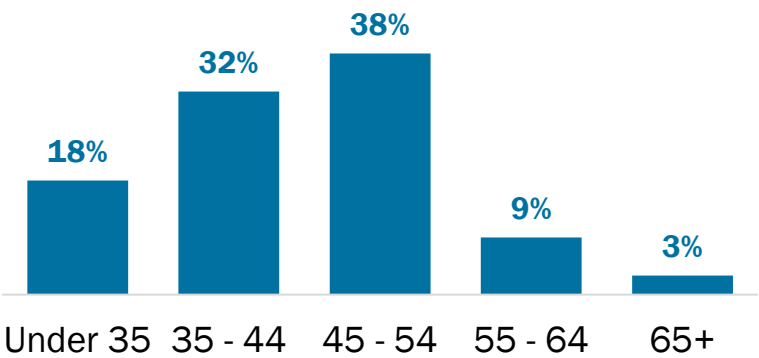


Demographics and Education

Gender

- 71% are female.
- 24% are male.
- 4% preferred not to answer.

Age Distribution of VT Naturopathic Physicians



Age

- The median age is 45.
- 88% (79) of naturopathic physicians are younger than 55.

Race and Ethnicity

Naturopathic physicians were asked to select their race and ethnicity and could select multiple responses or choose not to answer, so numbers may not equal the total number of naturopathic physicians.

- 4% of naturopathic physicians are Asian or Asian American, 5% are Black or African American, 3% are Hispanic, Latino, Latina or Latinx, and 90 % are white. None selected Native American, Alaska Native, Native Hawaiian or other Pacific Islander. 4% selected another race that was not listed, and 10 individuals (11%) preferred not to answer.

Location of highest degree	Number	Percent
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Education and Training

- There are a limited number of Naturopathy Colleges/Universities in the US. Naturopathic physicians active in Vermont most commonly completed their degrees in Oregon (42%), and Washington (28%).
- NDs can have additional credentials in other fields. Of the 90 active NDs in Vermont, 43 have additional credentials including acupuncture (17%) craniosacral therapy (7%), and nutrition (6%).

Oregon	38	42%
Washington	25	28%
Arizona	9	10%
Connecticut	8	9%
Canada	4	4%
Illinois	4	4%
California	1	1%
Vermont	1	1%

Current credentials	Number	Percent
Acupuncture	15	17%
Craniosacral Therapy	6	7%
Nutrition	5	6%
Massage Therapy	2	2%
Chiropractic	1	1%
Nursing	1	1%
Other	13	14%

Practice Characteristics

Practice Setting

- 95% (81) of naturopathic physicians work in private outpatient or group practice settings.

Number of sites

- 96% (86) of naturopathic physicians practice at a single practice site.
- 4% (four) work at two or more sites.

Main Setting	Number	Percent
Private outpatient office or group practice	81	95%
Federally Qualified Health Center	1	1%
Home-based office or telehealth	3	3%
*Missing data from 5 individuals		

Specialties

The most common main specialty of naturopathic physicians is general practice at 65% (55), followed by family medicine at 20% (17).

Access to Care

- 95% (81) are accepting new patients.
- 83% (69) participate in Medicaid.
- 72% (65) are accepting new Medicaid patients.

Current Experience and Future Plans

- Median years licensed in Vermont is nine years.
- 7% of naturopathic physicians have been licensed in Vermont for over 20 years.
- 81% plan to continue working the same number of hours in Vermont in the next 12 months.
- 12% plan to increase their hours.
- 5% plan to decrease their hours.

Years licensed in Vermont	Number	Percent
0 to 5 years	34	38%
6 to 10 years	17	19%
11 to 15 years	18	20%
16 to 20 years	14	16%
21 to 25 years	4	4%
Over 25 years	3	3%
*Missing data for 3 individuals.		

Key Takeaways

- Most naturopathic physicians licensed in Vermont are not actively working in the state.
- The number of naturopathic physician FTEs in Vermont decreased by six FTEs for the first time since 2016.
- Naturopathic physicians in Vermont are predominately female and have a median age of 45.
- Half of the active naturopathic physicians hold other professional credentials, including 17% as acupuncturists.
- Relative to population, naturopathic physicians are most common in Lamoille, Windham, and Chittenden Counties.

Data Acknowledgement

The Vermont Department of Health recognizes the many social, economic and environmental inequities which drive the data in this report. See our commitment to health equity in data collection at HealthVermont.gov/EquityData.

Appendix

Active Naturopathic Physicians

A ND who reported working in Vermont as a naturopathic physician for more than 4 hours a week, 48 weeks a year (.1 FTE or greater) is considered active.

Census

The census was taken during the biennial relicensing process which ended on July 31, 2024. The data includes all licensed naturopathic physicians except for new licensees enrolled less than three months before the renewal date (August – October 2024), as their license is valid until the next renewal date of July 31, 2026. Copy of census questions available upon request.

Full Time Equivalent (FTE)

Full time is defined as 40 or more working hours in Vermont per week, 48 weeks or more per year. Reporting more than 40 hours per week is defined as one FTE regardless of the number of hours over 40 per week worked.

Main Practice, Site, Setting, and Specialty

The main practice, site, setting, or specialty refer to the practice in which the individual worked the greatest number of annual hours.

Map Quartiles

For county maps, colors define quartiles. The lowest 25% of FTE equivalents to population ratio is displayed in the lightest color, the middle 50% in medium, and highest 25% in the darkest color.

Missing data

Unless otherwise noted, missing data are excluded from tables. Thus totals may vary from table to table.

Population Estimates

Population estimates are for July 2023 and were provided by the Department of Health.

States

States were grouped into the following regions:

Northeast	Midwest	South		West
Connecticut	Illinois	Alabama	North Carolina	Alaska
Maine	Indiana	Arkansas	Oklahoma	Arizona
Massachusetts	Iowa	Delaware	South Carolina	California
New Hampshire	Kansas	Florida	Tennessee	Colorado
New Jersey	Michigan	Georgia	Texas	Hawaii

Northeast	Midwest	South		West
New York	Minnesota	Kentucky	Virginia	Idaho
Pennsylvania	Nebraska	Louisiana	Washington DC	Montana
Rhode Island	North Dakota	Maryland	West Virginia	Nevada
Vermont	Ohio	Mississippi		New Mexico
	South Dakota			Oregon
	Wisconsin			Utah
				Washington
				Wyoming

Weekly Hours

Average weekly hours is based on hours and weeks reported, adjusted to a full-time 48-week working year (hours * (weeks/48)). Thus, the average weekly hours for an individual working 40 hours a week for half the year (24 weeks) is 20.