

## Patient Eligibility

- Patient must be 18 years or older and diagnosed with a terminal illness with a prognosis of six months or less to live.
- Vermont residency is no longer a requirement.

## Request for Medication

- The patient must make two oral requests to their physician with a minimum of 15 days between requests.
- The patient also has to make a written request in the presence of two or more witnesses. Witnesses must be 18 or older and cannot be an interested person as defined in [the statute](#).

## Consulting Physician

- The patient must undergo a consultation with a second physician to confirm the diagnosis, prognosis and the patient's capacity to make an informed decision.
- The Consulting Physician must complete the Consulting Physician Reporting Form and return it to the Prescribing Physician.

## Tips for Completing Forms

- Write clearly
- Fill in all fields
- Confirm spelling of patient name is correct
- Confirm patient date of birth is correct
- Use current version of forms
- Submit forms in a timely manner
- Submit all forms together

## How to Submit

**Mail:** Vermont Department of Health, Vital Records,  
280 State Drive, Waterbury VT, 0567-8370

**Fax:** 802-651-1787

**Email:** [VitalRecords@vermont.gov](mailto:VitalRecords@vermont.gov)

## Required Forms

- [Patient Request for Medication Form](#)
- [Physician Reporting Form](#)
- [Consulting Physician Reporting Form](#)
- [Prescribing Physician Follow up Form](#)

*\*The follow up form must be submitted within 10 days of death or within 60 days of writing the prescription.*

The prescribing physician is responsible for submitting all forms to the Vermont Department of Health.

Forms can be found at:

[HealthVermont.gov/patient-choice](https://HealthVermont.gov/patient-choice)

## More Information

Find more information and FAQs at [HealthVermont.gov/patient-choice](https://HealthVermont.gov/patient-choice)

### Other questions can be directed to:

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