

Recovery Housing

Opioid Settlement Committee

December 22, 2022





Provides access to safe and supportive housing



Affordable



Substance free



Helps build recovery capital



Develops sober living skills



Provides time to rebuild lives including financial and social support systems

What is Recovery Housing

Eligibility

- 1. No alcohol or drug use for a period of time
- 2. Transitioning from residential treatment
- 3. Actively engaged in treatment services

Recovery Housing Providers

Northeasst Kingdom Community Action, St. Johnsbury

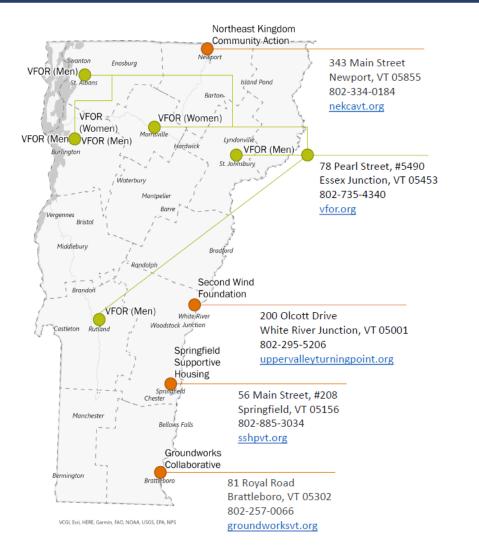
Springfield Supported Housing Program, Springfield Groundworks Collaborative, Brattleboro

Second Wind Foundation, Wilder

Vermont Foundation of Recovery, Inc., St. Johnsbury, St. Albans, Essex, Morrisville and Rutland

Vermont Recovery Houses

Locations and Contact Information



DSU Funded Transitional Beds & Recovery Housing Groundworks Collaborative – Brattleboro \$147,368.75

Northeast Kingdom Community Action – Newport \$26,462.50

Second Wind Foundation – White River Junction \$129,118.75

Springfield Supported Housing Project – Springfield \$188,887.50

Vermont Foundation of Recovery – with locations in Essex, St. Johnsbury, Rutland, St. Albans, Morrisville \$226,398.50

Started during COVID

Recovery Housing Voucher Program

Covers room and board costs

Two grantees manage the vouchers for all programs

- Jenna's Promise in Johnson
- Vermont Foundation of Recovery (VFOR) in Essex, St. Johnsbury, Rutland, St. Albans and Morrisville

Funding for Vouchers

Jenna's Promise – Provided 95 vouchers

- 2019 2020: \$24,000
- 2020 2021: \$75,000
- 2021 2022: \$100,000

VFOR – Provided 198 vouchers

- 2019 2020: \$151,000
- 2020 2021: \$187,205
- 2021 2022: \$250,000

Vermont Alliance of Recovery Residences (VTARR) Affiliate of the National Alliance of Recovery Residences (NARR)

Recovery House Certification

Certification Fee: \$250.00

Certification is voluntary

Provides access to scholarship funds, networking, technical support and referrals

9 certified homes

Services Provided

Childcare	Case Management	Employment
School	Legal	Transportation
Medical Care	Mental Health	Dental

Summary

A substance-free recovery home is important to the success of individuals in early recovery

Average length of stay is 5 – 9 months

Individuals leave for multiple reasons with the highest number finding permanent housing

Funded through a blend of funding sources (federal and state)

Vouchers are funded through one-time COVID related federal funds



Thank you!

Let's stay in touch

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Substance Misuse Prevention & Early Intervention in Vermont Schools

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Substance Use and Youth

Levels of influence:

- Individual
- Peer
- Family
- Community
- Societal Levels

School Communities and Positive Outcomes



2023 Healthy Vermonter Objectives

Decrease	Decrease percent of youth who binge drink
Decrease	Decrease percent of youth who used marijuana in the past 30 days
Reduce	Reduce the percent of people who need and do not receive treatment for alcohol use
Decrease	Decrease percent of young people that feel sad or hopeless in the last 30 days

Grants Program FY 2022

14 Supervisory Unions/School Districts awarded Grant range: \$25,000 - \$60,000 Provided or enhanced substance use prevention and early intervention

services

Training and evaluation

Term of grant: 1 year with possible extension for 2 additional years

FY 2022 Summary of Required Activities

Whole School, Whole Community Whole Child (WSCC)

Screening and referral to substance misuse and mental health services

- A total of 710 students were screened in the 2021-22 school year; 37% screened positive for a possible substance use problem; 48% screened positive for a possible mental health problem
- 67% of those students who screened positive for substance misuse were referred to services

Required Activities

Support of classroom health curricula (14 grantees)

 4757 students participated in evidence-based curricula with a primary focus of substance misuse education

Advising and training of peer leadership groups (14 grantees)

• 622 students participated in these groups

Required Activities

Delivery of parent information and educational programs

- 1265 parents participated in evidence-based parent program
- Over 3269 parents were reached by parent information such as newsletters, dialogue night, etc. (all 14 grantees)

Required Activities

Delivery of teacher and support staff training (14 grantees)

• Alcohol and other drug training provided to over 449 school staff

Delivery of educational support groups (14 grantees)

• 299 students participated in an educational support group

FY 2023 School Grants Overview

22 Supervisory Unions/School Districts funded.

8 new locations this year

Required activities:

Screening, Referral and Educational Support Groups Integration of Substance Use Prevention into the Coordinated School Health Initiatives

Continuation grantees are also required to:

- Advising and Training Peer Leadership Groups
- Evidence Based Curricula

Assess and Provide School Staff Training



Thank you!

Let's stay in touch

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