

SUD HOUSING CONTINGENCY FUND PROPOSAL

Community Care Network Rutland Mental Health Services

THE TRANSITIONAL HOUSING PROGRAM:

- Apartment Building with staff office
- Staffing on site seven days a week 12 hours a day
- Individuals pay \$300/month room & board
- Average length of stay is 0-90 days; review progress toward goals, needs, long-term housing plan at 90 day potential for extension.
- Admission Agreement: Attending all appointments with providers, no substance use on property, no dangerous/threatening behaviors, no visitors in apartments, all medications are in a lock box which individuals are provided access to for observation. If individual is offered alternative long-term housing option individual must take it or be discharged.
- Standard appointments: Housing Specialist, Employment Specialist, Outreach Support, and Care Management visits weekly. Groups/Individual Therapy are individualized based on individual's level of care, and clinical recommendations.
- Services can meet at the apartment building, staff can support individuals with rides, problem solve alternative transportation, teach individuals how to ride the bus, etc.

BENEFITS OF THIS PROGRAM:

- This program is not a residential site attempting to develop and accommodate treatment to a milieu. Instead we are able to support, model, mediate relationship issues in the context of 'you will have neighbors in the world- how do you develop the skills to address these issues.'
- Individuals are provided warnings for not following admission agreements, and then are discharged from the program if they continue to break the rules.
 - Presenting to the property under the influence – immediately leave property for 24hours, discussion with care manager prior to return about changes in treatment plan.
 - Dangerous/aggressive behaviors – immediate discharge
- We are able to tailor treatment to the individuals with a mix of housing plus individualized outpatient treatment.
 - Examples: Regular Instant Cup UDS, Participation in IOP, meeting with a prescriber, etc.
- Helps individuals develop budgeting skills for paying rent, maintaining an apartment, and provides a reference for future potential landlords.
- Sense of community, level of support balanced with autonomy and freedom, additional staff with eyes on to intervene as needed.
- Funding in the form of loan or grant toward start up costs at long-term housing (i.e. first/last/security)

WHY EXPAND TO SUD

- Motivation/incentive for engagement in treatment.
- Provide recovery supportive environment
- Availability/regularity of staff checking in and being able to provide intervention
- Balance of Support/Treatment with Autonomy – Outside of weekly appointments, individuals have their own time to engage in their interests, their own space, they can come and go as they please.
- Connection to other resources- individuals are supported to address any/all social drivers of health issues.
- Co-Occurring Specialty- Staff are trained and experienced in addressing substance use and mental health symptoms.
- Team approach- All staff who would be providing services are closely connected and regularly collaborate with each other, including meeting with individuals as a team. This interdisciplinary team includes: Clinicians, Care Managers, Employment Specialists, Housing Specialists, Group Facilitators, Outreach Specialists, Prescribers, Peer Supports, Crisis Clinicians, Leadership.
- Specialty Treatment available- we offer treatment specific to DBT, Disordered Eating, Gambling and Behavior Addiction, Treatment Court, Intensive Outpatient Program and step down, Severe Mental Illness, EMDR, Art Therapy, Couples Therapy, Grief & Loss, Anger Management, MRT, Criminal & Addictive Thinking, Medication Management, Physical Health Screenings,

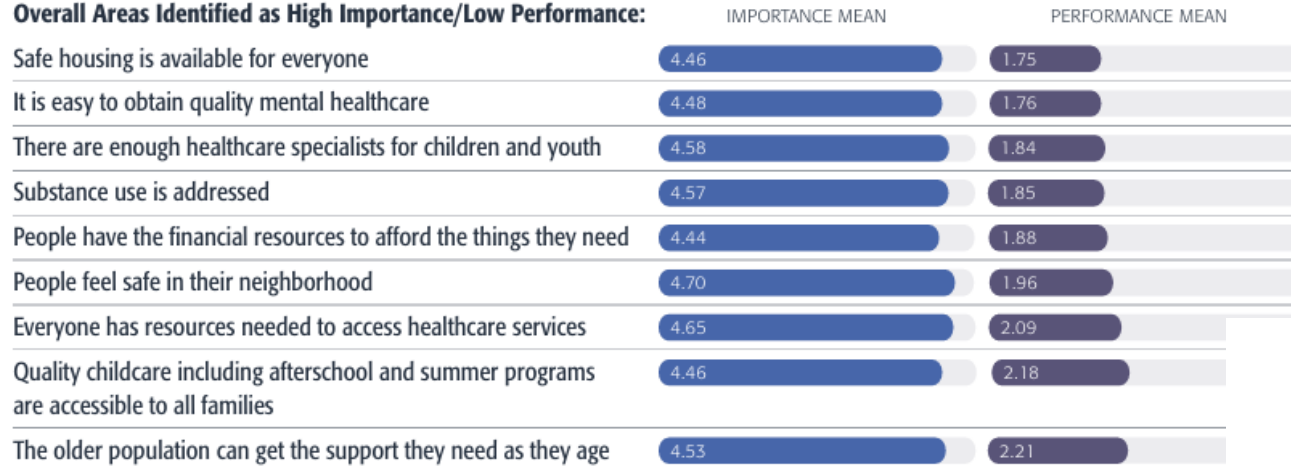
HOW THIS IS CURRENTLY FUNDED:

- Department of Mental Health provides Housing Contingency Funds for individuals who qualify for TPL-63 Medicaid Benefit (formerly referred to as CRT program).
- Mental Health Contingency Funds that are provided yearly allow us to subsidize these apartments so that individuals pay \$300/m
- This is a treatment program; individual's do not hold tenant rights
- This is a not a residential treatment program, is not staffed 24/7, and therefore does not require admission orders, medication delegation, etc. however does not qualify for a daily rate that is billed for residential treatment.

WHAT DOES THE DATA SAY:

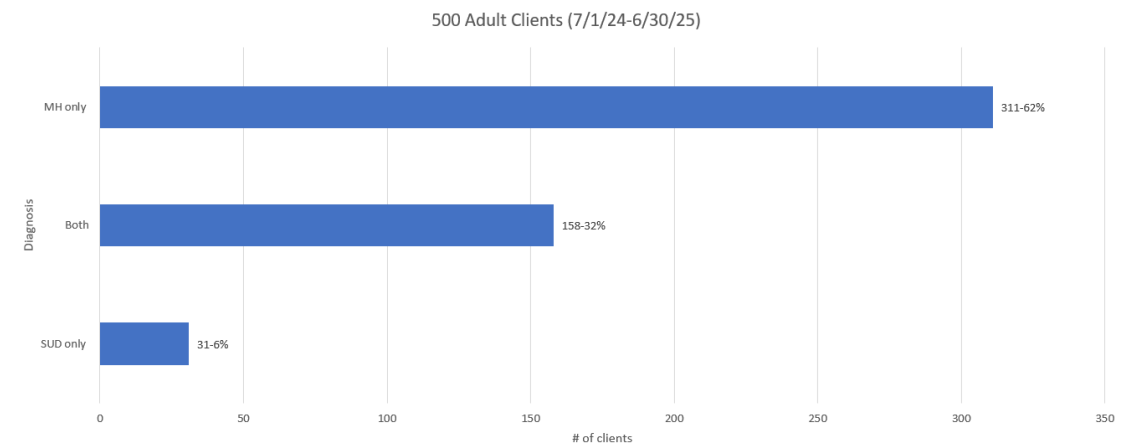
Community Health Needs Assessment:

Overall Areas Identified as High Importance/Low Performance:



Client Mix at CCN:

Diagnostic Categories for Adult Clients



BUDGET REQUEST:

Organization: Rutland Mental Health Services, Inc.			
	BRIEF DESCRIPTION	TOTAL	
PERSONNEL			
Salaries (list individually below)			
None	\$ -	\$ -	
Fringe Benefits (list individually below)			
None	\$ -	\$ -	
Total Personnel Costs	\$ -	\$ -	
NON -PERSONNEL/OPERATING			
Advertising/Marketing	\$ -	\$ -	
Equipment (if allowable: computers, software, etc.)	\$ -	\$ -	
Materials/Supplies	\$ 2,000.00	\$ 2,000.00	
Rent/Mortgage	\$ 26,400.00	\$ 26,400.00	
Sub-Contracts/grants (list individually below)			
Resident Rent Payments (80% Occupancy)	\$ (11,520.00)	\$ (11,520.00)	
Contracted Services	\$ 1,890.91	\$ 1,890.91	
Telephone (if a direct service cost)	\$ -	\$ -	
Training/Education	\$ -	\$ -	
Travel	\$ -	\$ -	
Utilities	\$ 12,000.00	\$ 12,000.00	
Other Direct Service Costs (list individually below)			
Total Non-Personnel/Operating Costs	\$ 42,290.91	\$ 30,770.91	
Total Direct Costs	\$ 42,290.91	\$ 30,770.91	
INDIRECT/ADMINISTRATIVE			
Indirect Costs (does not self-calculate; 10% unless a different rate has been approved - Federal or State)	\$ 4,229.09	\$ 4,229.09	Excluded Resident Rents from this Calculation
GRAND TOTAL		\$ 35,000.00	

BUDGET FORM

Organization: Rutland Mental Health Services, Inc.		
	BRIEF DESCRIPTION	TOTAL
PERSONNEL		
Salaries (list individually below)		
None	\$ -	\$ -
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