Yellow Dot Program Information
2026

The Yellow Dot Program helps first responders find your medical information fast. When they see the Yellow Dot sticker on your car, they know to look for the yellow envelope. The medical information form in the envelope helps them care for you quickly. If you need help accessing or understanding this information, contact AHS.VDHInjuryandViolencePreventionProgram@vermont.gov.

Yellow Dot kit materials



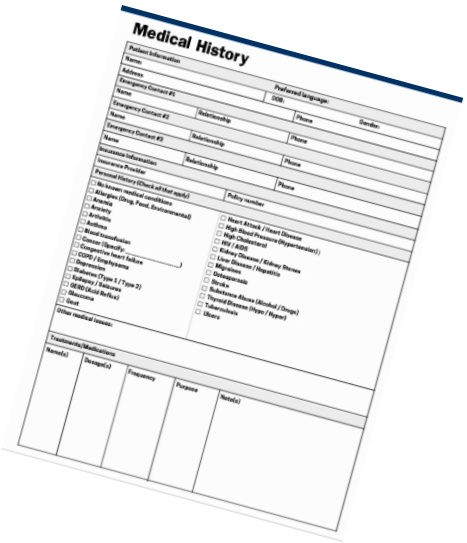
Each Yellow Dot kit contains:

- 1 Yellow Dot Program Information Sheet
- 1 Medical History Form
- 1 Yellow Envelope
- 1 Yellow Dot Sticker

Set up your kit

Complete the medical history form

Fill out the entire medical history form. If you have an Advanced Directive or Do Not Resuscitate (DNR) make a copy and include it in the yellow envelope.



Include a photo

Add a recent photo of yourself so first responders know that the kit is yours. If you do not want to include a photo, write a physical description of yourself. Include your eye color, hair color, height, and weight.

Finish setting up your kit

Fold the medical history form and other important documents. Then, put all documents in the yellow envelope.

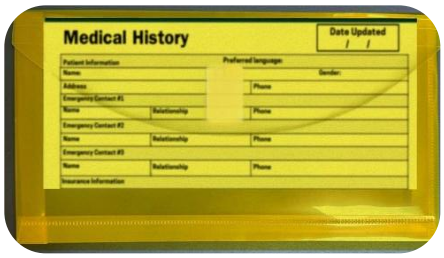
HealthVermont.gov/YellowDot
802-863-7200

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Get ready to go

Store the yellow envelope in your glove box

Once all the documents are in the yellow envelope, place the envelope in your car's glove box.





Apply the Yellow Dot sticker

Place the Yellow Dot sticker on the driver's rear side window of your car.

Helpful tips

Keep your information up to date

Review your medical history every 6 months. Update your form whenever there are changes such as an address or medication change.

Be ready at home for a medical emergency

Pack your Medical Go Bag today! A Medical Go Bag helps you prepare for a trip to the hospital in an emergency. Pack important medical information, medicines, and a few personal items so you can leave quickly when you need to.

Learn more about Medical Go Bags at HealthVermont.gov/preparedness-communities.

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