## 2015 Vermont Youth Risk Behavior Survey Report

## **Report for Windsor Southeast SU**

### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Windsor Southeast SU All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: http://healthvermont.gov/research/yrbs.aspx Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from Windsor SE who participated in the 2015 YRBS:

High School- Grades 9-12		
Windsor High School		
Middle School- Grades 6-8		
Hartland Elementary School		
Weathersfield School		
Windsor High School		

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

• Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

• Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

• Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.

• Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: "Getting to 'Y'", a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: http://www.upforlearning.com/index.php/yatst.

## How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled "Notes." For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the "Notes" column will read "Too few students." We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

### A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

• Data Quality: We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

• Who's Not Included: Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.

• Comparing Supervisory Unions/School Districts to Each Other and to the State: Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.

• What, not Why: The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## **Personal Safety**

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

• Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>

• Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>

• Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>

• Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>

• In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

#### Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

• Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs.<sup>17,18</sup>

• Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>

• Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>

• Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>

• Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

### **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

• Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>

• Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>

• Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>

## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

• There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## **Nutrition and Physical Activity**

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

• Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>

• In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>

• Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>

• By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>

• Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

### **Measures of Youth Assets**

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

• Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>

• One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>

• Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>

• Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## 2015 Vermont Youth Risk Behavior Survey Report

## High School Report for Windsor Southeast SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Windsor SE	
Number of High School Students in V	Windsor Southeast SU

Windsor Southeast SU Total	
175	

Sex	Total	%
Female	81	46%
Male	94	53%

Grade	Total	%
Not indicated / Ungraded	2	1%
9th grade	49	28%
10th grade	56	32%
11th grade	39	22%
12th grade	29	16%

Race / Ethnicity	Total	%
Not indicated /Missing	2	1%
Ethnic or racial minority	24	13%
White non-Hispanic	149	85%

Total	%
65	37%
24	13%
44	25%
28	16%
14	8%
	65 24 44 28

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windsor Southeast SU.

Vern Number of High Schoo		mont
Vermont 2101		
Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%
Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%
Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%
Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th	•	22%	Too few students
	10th	27%	20%	SU/SD statistically higher
	11th		17%	Too few students
	12th		14%	Too few students
Sex	Female	17%	12%	SU/SD statistically higher
	Male	32%	24%	SU/SD statistically higher
Total		25%	18%	SU/SD statistically higher

#### 1.01 Percent of students who were in a physical fight, past 12 months

#### 1.02 Percent of students who were in a physical fight on school property, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th		10%	Too few students
	10th	15%	8%	SU/SD statistically higher
	11th		6%	Too few students
	12th		5%	Too few students
Sex	Female	8%	4%	SU/SD statistically higher
	Male	17%	10%	SU/SD statistically higher
Total		13%	7%	SU/SD statistically higher

#### 1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th		6%	Too few students
	10th		6%	Too few students
	11th		4%	Too few students
	12th		4%	Too few students
Sex	Female	· ·	4%	Too few students
	Male	6%	6%	
Total		5%	5%	

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# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		6%	Too few students
	10th		7%	Too few students
	11th		9%	Too few students
	12th		8%	Too few students
Sex	Female		4%	Too few students
	Male	11%	11%	
Total		8%	8%	-

#### 1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days

#### 1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th	•	7%	Too few students
	10th		6%	Too few students
	11th		5%	Too few students
	12th		5%	Too few students
Sex	Female	9%	7%	-
	Male	8%	4%	SU/SD statistically higher
Total			6%	SU/SD statistically higher

# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		23%	Too few students
	10th	21%	18%	
	11th		16%	Too few students
	12th		14%	Too few students
Sex	Female	19%	23%	α.
	Male	24%	12%	SU/SD statistically higher
Total		22%	18%	SU/SD statistically higher

#### 1.06 Percent of students who reported being bullied, past 30 days

#### 1.07 Percent of students who reported being electronically bullied, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th		20%	Too few students
	10th	23%	17%	
	11th		16%	Too few students
	12th		13%	Too few students
Sex	Female	23%	23%	
	Male	14%	10%	SU/SD statistically higher
Total	_	18%	16%	-

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th	•	13%	Too few students
	10th		11%	Too few students
	11th		11%	Too few students
	12th		10%	Too few students
Sex	Female	9%	11%	~
	Male	17%	12%	SU/SD statistically higher
Total	-	13%	11%	_

#### 1.08 Percent of students who bullied someone else, past 30 days

#### 1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th	•	20%	Too few students
	10th	9%	19%	SU/SD statistically lower
	11th		17%	Too few students
	12th		14%	Too few students
Sex	Female	22%	26%	
	Male	12%	9%	
Total		16%	17%	τ.

#### 1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th		24%	Too few students
	10th	22%	26%	
	11th		24%	Too few students
	12th		24%	Too few students
Sex	Female	38%	34%	~
	Male	21%	15%	SU/SD statistically higher
Total	-	28%	24%	SU/SD statistically higher

# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		13%	Too few students
	10th		13%	Too few students
	11th		12%	Too few students
	12th		10%	Too few students
Sex	Female	12%	16%	
	Male	10%	8%	
Total	-	11%	12%	

#### 1.11 Percent of students who made a suicide plan, past 12 months

#### 1.12 Percent of students who attempted suicide, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th		7%	Too few students
	10th		6%	Too few students
	11th		5%	Too few students
	12th		5%	Too few students
Sex	Female	8%		
	Male	6%	4%	SU/SD statistically higher
Total		7%	6%	_

# **1.13** Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		2%	Too few students
	12th		2%	Too few students
Sex	Female		3%	Too few students
	Male		1%	Too few students
Total	-	3%	2%	_

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		Windsor SE	Vermont	Notes
Grade	9th		8%	Too few students
	10th		9%	Too few students
	11th		9%	Too few students
	12th		9%	Too few students
Sex	Female	9%	11%	
	Male		7%	Too few students
Total		6%	9%	

1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with

#### 1.15 Percent of students who have ever been physically forced to have sexual intercourse

		Windsor SE	Vermont	Notes
Grade	9th		5%	Too few students
	10th		6%	Too few students
	11th		7%	Too few students
	12th		8%	Too few students
Sex	Female	11%	10%	
	Male	6%	3%	SU/SD statistically higher
Total	-	8%	7%	

# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		19%	Too few students
	10th	27%	20%	SU/SD statistically higher
	11th		20%	Too few students
	12th		19%	Too few students
Sex	Female	23%	20%	α.
	Male	24%	19%	
Total	-	23%	20%	

#### 1.16 Percent of students who rode with a drinking driver, past 30 days

#### 1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th		13%	Too few students
	10th	30%	20%	SU/SD statistically higher
	11th		26%	Too few students
	12th		29%	Too few students
Sex	Female	28%	22%	SU/SD statistically higher
	Male	35%	22%	SU/SD statistically higher
Total		32%	22%	SU/SD statistically higher

# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		5%	Too few students
	10th		4%	Too few students
	11th		8%	Too few students
	12th		9%	Too few students
Sex	Female	· ·	5%	Too few students
	Male	9%	9%	
Total		8%	7%	

#### 1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days

#### 1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th		8%	Too few students
	10th		10%	Too few students
	11th		18%	Too few students
	12th		20%	Too few students
Sex	Female	20%	12%	SU/SD statistically higher
	Male	20%	18%	
Total		20%	15%	SU/SD statistically higher

#### 1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th		10%	Too few students
	10th		15%	Too few students
	11th		40%	Too few students
	12th		50%	Too few students
Sex	Female	40%	33%	SU/SD statistically higher
	Male	27%	33%	
Total		33%	33%	

# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		48%	Too few students
	10th		54%	Too few students
	11th		55%	Too few students
	12th		56%	Too few students
Sex	Female	•	49%	Too few students
	Male	54%	56%	
Total		53%	53%	-

#### 1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months

#### 1.22 The percent of students who have had a sunburn in the past 12 months

		Windsor SE	Vermont	Notes
Grade	9th		63%	Too few students
	10th	74%	65%	SU/SD statistically higher
	11th		65%	Too few students
	12th		67%	Too few students
Sex	Female	77%	72%	
	Male	65%	59%	SU/SD statistically higher
Total		70%	65%	SU/SD statistically higher

# **1.23** The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		Windsor SE	Vermont	Notes
Grade	9th		2%	Too few students
	10th	11%	3%	SU/SD statistically higher
	11th		4%	Too few students
	12th		6%	Too few students
Sex	Female	10%	5%	SU/SD statistically higher
	Male	5%	3%	
Total	-	7%	4%	SU/SD statistically higher

# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		37%	Too few students
	10th	59%	51%	
	11th		63%	Too few students
	12th		71%	Too few students
Sex	Female	58%	57%	14 14
	Male	62%	54%	SU/SD statistically higher
Total		60%	56%	SU/SD statistically higher

#### 2.01 Percent of students who ever drank alcohol other than a few sips

#### 2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		Windsor SE	Vermont	Notes
Grade	9th	•	14%	Too few students
	10th	13%	13%	
	11th		12%	Too few students
	12th		10%	Too few students
Sex	Female	13%	10%	-
	Male	15%	14%	
Total		14%	12%	

# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		17%	Too few students
	10th	27%	26%	
	11th		34%	Too few students
	12th		42%	Too few students
Sex	Female	31%	30%	
	Male	36%	29%	SU/SD statistically higher
Total		34%	30%	-

#### 2.03 Percent of students who drank alcohol, past 30 days

#### 2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		Windsor SE	Vermont	Notes
Grade	9th	•	8%	Too few students
	10th	14%	13%	
	11th		19%	Too few students
	12th		24%	Too few students
Sex	Female	19%	15%	SU/SD statistically higher
	Male	18%	17%	
Total		19%	16%	

# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	1 to 2 days	•	55%	Too few students
		3 to 9 days		33%	Too few students
		10+ days		11%	Too few students
	10th	1 to 2 days		57%	Too few students
		3 to 9 days		34%	Too few students
		10+ days		9%	Too few students
	11th	1 to 2 days		49%	Too few students
		3 to 9 days		40%	Too few students
		10+ days		11%	Too few students
	12th	1 to 2 days	·	47%	Too few students
		3 to 9 days		40%	Too few students
		10+ days		13%	Too few students
Sex	Female	1 to 2 days	<u>.</u>	55%	Too few students
		3 to 9 days		36%	Too few students
		10+ days		9%	Too few students
	Male	1 to 2 days	·	47%	Too few students
		3 to 9 days		38%	Too few students
		10+ days		15%	Too few students
Total		1 to 2 days	63%	51%	SU/SD statistically highe
		3 to 9 days	22%	37%	SU/SD statistically lower
		10+ days	14%	12%	

#### 2.05 Among students who drank alcohol, the number of days students drank in the last 30 days

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	1 to 2 drinks		49%	Too few students
		3 to 4 drinks		19%	Too few students
		5 or more drinks		32%	Too few students
	10th	1 to 2 drinks		41%	Too few students
		3 to 4 drinks		20%	Too few students
		5 or more drinks		39%	Too few students
	11th	1 to 2 drinks		33%	Too few students
		3 to 4 drinks		18%	Too few students
		5 or more drinks		49%	Too few students
	12th	1 to 2 drinks		32%	Too few students
		3 to 4 drinks		19%	Too few students
		5 or more drinks		49%	Too few students
Sex	Female	1 to 2 drinks	-	40%	Too few students
		3 to 4 drinks		23%	Too few students
		5 or more drinks		38%	Too few students
	Male	1 to 2 drinks		33%	Too few students
		3 to 4 drinks		16%	Too few students
		5 or more drinks		52%	Too few students
Total		1 to 2 drinks	41%	36%	~
		3 to 4 drinks	14%	19%	
		5 or more drinks	45%	45%	

#### 2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

# 2015 Vermont He 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	Bought it		3%	Too few students
		Gave someone money		12%	Too few students
		Someone gave it to me		36%	Too few students
		Took it / some other way		49%	Too few students
	10th	Bought it		3%	Too few students
		Gave someone money		18%	Too few students
		Someone gave it to me		41%	Too few students
		Took it / some other way		37%	Too few students
	11th	Bought it		4%	Too few students
		Gave someone money		28%	Too few students
		Someone gave it to me		41%	Too few students
		Took it / some other way		27%	Too few students
	12th	Bought it		7%	Too few students
		Gave someone money		29%	Too few students
		Someone gave it to me		43%	Too few students
		Took it / some other way		22%	Too few students
Sex	Female	Bought it		2%	Too few students
		Gave someone money		24%	Too few students
		Someone gave it to me		46%	Too few students
		Took it / some other way		28%	Too few students
	Male	Bought it	·	7%	Too few students
		Gave someone money		24%	Too few students
		Someone gave it to me		35%	Too few students
		Took it / some other way		34%	Too few students
Total	-	Bought it	9%	5%	SU/SD statistically high
		Gave someone money	19%	24%	
		Someone gave it to me	36%	40%	
		Took it / some other way	35%	31%	

#### 2.07 Among students who drank in the past 30 days, usual source of alcohol

#### 2015 Vermont High School Youth R 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	At my home		46%	Too few students
		At another person's home		43%	Too few students
		At a public place or event		12%	Too few students
	10th	At my home		37%	Too few students
		At another person's home		53%	Too few students
		At a public place or event		10%	Too few students
	11th	At my home		32%	Too few students
		At another person's home		58%	Too few students
		At a public place or event		9%	Too few students
	12th	At my home		30%	Too few students
		At another person's home		60%	Too few students
		At a public place or event		10%	Too few students
Sex	Female	At my home		34%	Too few students
		At another person's home		58%	Too few students
		At a public place or event		8%	Too few students
	Male	At my home	·	34%	Too few students
		At another person's home		53%	Too few students
		At a public place or event		13%	Too few students
Total	18	At my home	52%	34%	SU/SD statistically high
		At another person's home	34%	55%	SU/SD statistically lowe
		At a public place or event	14%	10%	

#### 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		14%	Too few students
	10th	22%	18%	
	11th		24%	Too few students
	12th		28%	Too few students
Sex	Female	17%	19%	~
	Male	25%	23%	
Total		22%	21%	

#### 2.09 Percent of students who have ever smoked a whole cigarette

#### 2.10 Percent of students who smoked a whole cigarette before age 13

		Windsor SE	Vermont	Notes
Grade	9th		6%	Too few students
	10th	15%	6%	SU/SD statistically higher
	11th		6%	Too few students
	12th		6%	Too few students
Sex	Female	11%	5%	SU/SD statistically higher
	Male	13%	7%	SU/SD statistically higher
Total		12%	6%	SU/SD statistically higher

#### 2.11 Percent of students who smoked cigarettes, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th		7%	Too few students
	10th	10%	9%	
	11th		12%	Too few students
	12th		14%	Too few students
Sex	Female	·	10%	Too few students
	Male	13%	12%	
Total	-	10%	11%	

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# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	1 to 2 days		35%	Too few students
		3 to 9 days		26%	Too few students
		10+ days		39%	Too few students
	10th	1 to 2 days		31%	Too few students
		3 to 9 days		25%	Too few students
		10+ days		44%	Too few students
	11th	1 to 2 days		29%	Too few students
		3 to 9 days		23%	Too few students
		10+ days		48%	Too few students
	12th	1 to 2 days		26%	Too few students
		3 to 9 days		19%	Too few students
		10+ days		55%	Too few students
Sex	Female	1 to 2 days		32%	Too few students
		3 to 9 days		23%	Too few students
		10+ days		44%	Too few students
	Male	1 to 2 days		26%	Too few students
		3 to 9 days		22%	Too few students
		10+ days		52%	Too few students
Total		1 to 2 days		29%	Too few students
		3 to 9 days		22%	Too few students
		10+ days		49%	Too few students

#### 2.12 Among students who smoked cigarettes in the past month, number of days students smoked

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

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# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	1 cigarette or less	•	51%	Too few students
		2 to 10 cigarettes		39%	Too few students
		11 or more cigarettes		10%	Too few students
	10th	1 cigarette or less		45%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes		10%	Too few students
	11th	1 cigarette or less		43%	Too few students
		2 to 10 cigarettes		48%	Too few students
		11 or more cigarettes		9%	Too few students
	12th	1 cigarette or less	·	42%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes		13%	Too few students
Sex	Female	1 cigarette or less	-	47%	Too few students
		2 to 10 cigarettes		44%	Too few students
		11 or more cigarettes		9%	Too few students
	Male	1 cigarette or less		42%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes		13%	Too few students
Total		1 cigarette or less		44%	Too few students
		2 to 10 cigarettes		44%	Too few students
		11 or more cigarettes		12%	Too few students

#### 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			Windsor SE	Vermont	Notes
Grade	9th	Bought them		5%	Too few students
		Someone else bought them		27%	Too few students
		Borrowed/bummed them		37%	Too few students
		Took them / some other way		31%	Too few students
	10th	Bought them	·	7%	Too few students
		Someone else bought them		26%	Too few students
		Borrowed/bummed them		41%	Too few students
		Took them / some other way		26%	Too few students
	11th	Bought them	·	12%	Too few students
		Someone else bought them		31%	Too few students
		Borrowed/bummed them		39%	Too few students
		Took them / some other way		17%	Too few students
	12th	Bought them	·	14%	Too few students
		Someone else bought them		32%	Too few students
		Borrowed/bummed them		41%	Too few students
		Took them / some other way		14%	Too few students
Sex	Female	Bought them		6%	Too few students
		Someone else bought them		30%	Too few students
		Borrowed/bummed them		45%	Too few students
		Took them / some other way		19%	Too few students
	Male	Bought them	·	14%	Too few students
		Someone else bought them		28%	Too few students
		Borrowed/bummed them		34%	Too few students
		Took them / some other way		24%	Too few students
Total		Bought them		10%	Too few students
		Someone else bought them		29%	Too few students
		Borrowed/bummed them		39%	Too few students
		Took them / some other way		22%	Too few students

		Windsor SE	Vermont	Notes
Grade	9th	•	45%	Too few students
	10th		46%	Too few students
	11th		44%	Too few students
	12th		39%	Too few students
Sex	Female		43%	Too few students
	Male		41%	Too few students
Total			42%	Too few students

#### 2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months

### **2.16** Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		Windsor SE	Vermont	Notes
Grade	9th		18%	Too few students
	10th	32%	28%	
	11th		35%	Too few students
	12th		39%	Too few students
Sex	Female	31%	27%	
	Male	40%	33%	SU/SD statistically higher
Total	-	35%	30%	SU/SD statistically higher

#### 2.17 Percent of students who have used electronic vapor products, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th	•	10%	Too few students
	10th	19%	14%	
	11th		17%	Too few students
	12th		19%	Too few students
Sex	Female	17%	13%	SU/SD statistically higher
	Male	19%	18%	
Total		18%	15%	-

		Windsor SE	Vermont	Notes
Grade	9th	•	15%	Too few students
	10th	26%	21%	
	11th		29%	Too few students
	12th		32%	Too few students
Sex	Female	17%	20%	
	Male	38%	28%	SU/SD statistically higher
Total	-	28%	24%	SU/SD statistically higher

#### 2.18 Percent of students who have ever tried a flavored tobacco product

#### 2.19 Percent of students who tried a flavored tobacco product before age 13

		Windsor SE	Vermont	Notes
Grade	9th	•	6%	Too few students
	10th	13%	5%	SU/SD statistically higher
	11th		6%	Too few students
	12th		5%	Too few students
Sex	Female	-	4%	Too few students
	Male	16%	7%	SU/SD statistically higher
Total		11%	6%	SU/SD statistically higher

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

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		Windsor SE	Vermont	Notes
Grade	9th		5%	Too few students
	10th		6%	Too few students
	11th		8%	Too few students
	12th		8%	Too few students
Sex	Female		3%	Too few students
	Male	13%	11%	
Total		9%	7%	-

#### 2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days

#### 2.21 Percent of students who smoked cigars or little cigars, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th	•	5%	Too few students
	10th	14%	8%	SU/SD statistically higher
	11th		12%	Too few students
	12th		16%	Too few students
Sex	Female	11%	6%	SU/SD statistically higher
	Male	21%	14%	SU/SD statistically higher
Total	_	17%	10%	SU/SD statistically higher

		Windsor SE	Vermont	Notes
Grade	9th		11%	Too few students
	10th	18%	15%	
	11th		21%	Too few students
	12th		25%	Too few students
Sex	Female	12%	13%	
	Male	26%	23%	
Total		20%	18%	

2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days

2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		Windsor SE	Vermont	Notes
Grade	9th		16%	Too few students
	10th	29%	22%	SU/SD statistically higher
	11th		28%	Too few students
	12th		32%	Too few students
Sex	Female	25%	20%	
	Male	31%	29%	
Total		29%	25%	SU/SD statistically higher

### 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		22%	Too few students
	10th	43%	32%	SU/SD statistically higher
	11th		44%	Too few students
	12th		49%	Too few students
Sex	Female	40%	36%	
	Male	48%	38%	SU/SD statistically higher
Total	-	44%	37%	SU/SD statistically higher

#### 2.24 Percent of students who have ever tried marijuana

#### 2.25 Percent of students who used marijuana before age 13

		Windsor SE	Vermont	Notes
Grade	9th		6%	Too few students
	10th	9%	6%	
	11th		7%	Too few students
	12th		6%	Too few students
Sex	Female	·	5%	Too few students
	Male	8%	8%	
Total		6%	6%	-

#### 2.26 Percent of students who used marijuana, past 30 days

		Windsor SE	Vermont	Notes
Grade	9th	•	13%	Too few students
	10th	31%	20%	SU/SD statistically higher
	11th		27%	Too few students
	12th		29%	Too few students
Sex	Female	27%	21%	SU/SD statistically higher
	Male	35%	24%	SU/SD statistically higher
Total		31%	22%	SU/SD statistically higher

#### 2015 Vermont High School Youth Risk B 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	1 to 2 times		36%	Too few students
		3 to 9 times		24%	Too few students
		10+ times		40%	Too few students
	10th	1 to 2 times		32%	Too few students
		3 to 9 times		26%	Too few students
		10+ times		42%	Too few students
	11th	1 to 2 times		30%	Too few students
		3 to 9 times		24%	Too few students
		10+ times		46%	Too few students
	12th	1 to 2 times		29%	Too few students
		3 to 9 times		23%	Too few students
		10+ times		48%	Too few students
Sex	Female	1 to 2 times	<u>.</u>	37%	Too few students
		3 to 9 times		26%	Too few students
		10+ times		37%	Too few students
	Male	1 to 2 times		26%	Too few students
		3 to 9 times		23%	Too few students
		10+ times		52%	Too few students
Total		1 to 2 times	14%	31%	SU/SD statistically lower
		3 to 9 times	17%	24%	SU/SD statistically lower
		10+ times	70%	45%	SU/SD statistically highe

#### 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

#### 2015 Vermont High Sch 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		8%	Too few students
	10th	15%	10%	
	11th		13%	Too few students
	12th		14%	Too few students
Sex	Female	14%	11%	~
	Male	14%	12%	
Total		14%	11%	

#### 2.28 Percent of students who ever misused a stimulant or prescription pain reliever

#### 2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		Windsor SE	Vermont	Notes
Grade	9th	•	4%	Too few students
	10th		4%	Too few students
	11th		5%	Too few students
	12th		6%	Too few students
Sex	Female	·	4%	Too few students
	Male		5%	Too few students
Total		3%	5%	ie.

#### 2.30 Percent of students who ever used cocaine

		Windsor SE	Vermont	Notes
Grade	9th		3%	Too few students
	10th		4%	Too few students
	11th		5%	Too few students
	12th		7%	Too few students
Sex	Female	·	4%	Too few students
	Male	7%	6%	
Total	-	5%	5%	

# 2 Alcohol, Tobacco and other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		7%	Too few students
	10th		6%	Too few students
	11th		7%	Too few students
	12th		5%	Too few students
Sex	Female	10%	6%	SU/SD statistically higher
	Male	9%	7%	
Total		9%	7%	SU/SD statistically higher

#### 2.31 Percent of students who ever used inhalants

#### 2.32 Percent of students who ever used methamphetamines

		Windsor SE	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		3%	Too few students
	12th		3%	Too few students
Sex	Female	-	2%	Too few students
	Male	6%	3%	SU/SD statistically higher
Total	-	4%	3%	SU/SD statistically higher

#### 2.33 Percent of students who ever used heroin

		Windsor SE	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		2%	Too few students
	12th		3%	Too few students
Sex	Female	· .	1%	Too few students
	Male	6%	3%	SU/SD statistically higher
Total	-	4%	2%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th	•	34%	Too few students
	10th	51%	36%	SU/SD statistically higher
	11th		39%	Too few students
	12th		38%	Too few students
Sex	Female	50%	37%	SU/SD statistically higher
	Male	41%	37%	
Total		45%	37%	SU/SD statistically higher

#### 3.01 Percent of students who were in the same room as someone smoking, past 7 days

#### 3.02 Percent of students who were in the same car as someone smoking, past 7 days

		Windsor SE	Vermont	Notes
Grade	9th	•	25%	Too few students
	10th	41%	27%	SU/SD statistically higher
	11th		28%	Too few students
	12th		28%	Too few students
Sex	Female	35%	28%	SU/SD statistically higher
	Male	31%	27%	
Total	-	33%	27%	SU/SD statistically higher

2015 Vermont High School Youth Risk Behavior Survey

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or
convenience store.

			Windsor SE	Vermont	Notes
Grade	9th	Never or rarely		19%	Too few students
		Sometimes		27%	Too few students
		At least most of the time		54%	Too few students
	10th	Never or rarely	9%	19%	SU/SD statistically lower
		Sometimes	29%	27%	
		At least most of the time	63%	53%	SU/SD statistically higher
	11th	Never or rarely		21%	Too few students
		Sometimes		28%	Too few students
		At least most of the time		52%	Too few students
	12th	Never or rarely		22%	Too few students
		Sometimes		28%	Too few students
		At least most of the time		50%	Too few students
Sex	Female	Never or rarely	12%	19%	SU/SD statistically lower
		Sometimes	31%	28%	
		At least most of the time	57%	53%	
	Male	Never or rarely	17%	22%	SU/SD statistically lower
		Sometimes	24%	26%	
		At least most of the time	59%	51%	SU/SD statistically higher
Total		Never or rarely	15%	21%	SU/SD statistically lower
		Sometimes	27%	27%	-
		At least most of the time	58%	52%	SU/SD statistically higher

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

	Windsor SE	Vermont	Notes
15 or less students	25%	19%	SU/SD statistically higher
16 to 25 students	26%	29%	
26 to 45 students	24%	24%	
46 to 55 students	13%	14%	
56 to 75 students	7%	8%	
76 or more students	5%	7%	

#### 3.04 Out of 100 high school students, the number thought to smoke cigarettes

#### 3.05 Out of 100 high school students, the number thought to use marijuana

	Windsor SE	Vermont	Notes
15 or less students	3%	8%	SU/SD statistically lower
16 to 25 students	12%	13%	
26 to 45 students	13%	21%	SU/SD statistically lower
46 to 55 students	15%	21%	SU/SD statistically lower
56 to 75 students	32%	20%	SU/SD statistically higher
76 or more students	26%	16%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		94%	Too few students
	10th	93%	93%	
	11th		92%	Too few students
	12th		87%	Too few students
Sex	Female	92%	93%	-
	Male	94%	90%	SU/SD statistically higher
Total		93%	91%	

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		Windsor SE	Vermont	Notes
Grade	9th		84%	Too few students
	10th	70%	78%	SU/SD statistically lower
	11th		70%	Too few students
	12th		57%	Too few students
Sex	Female	70%	74%	_
	Male	67%	70%	
Total		69%	72%	τ.

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		Windsor SE	Vermont	Notes
Grade	9th	•	87%	Too few students
	10th	79%	82%	
	11th		78%	Too few students
	12th		74%	Too few students
Sex	Female	77%	82%	SU/SD statistically lower
	Male	74%	79%	
Total		75%	80%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th	•	87%	Too few students
	10th	88%	84%	
	11th		77%	Too few students
	12th		67%	Too few students
Sex	Female	87%	80%	SU/SD statistically higher
	Male	79%	77%	
Total		83%	78%	SU/SD statistically higher

#### 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Windsor SE	Vermont	Notes
Grade	9th	•	70%	Too few students
	10th	63%	58%	
	11th		47%	Too few students
	12th		38%	Too few students
Sex	Female	62%	54%	SU/SD statistically higher
	Male	52%	53%	
Total		57%	53%	

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Windsor SE	Vermont	Notes
Grade	9th		70%	Too few students
	10th	50%	59%	SU/SD statistically lower
	11th		51%	Too few students
	12th		44%	Too few students
Sex	Female	53%	57%	
	Male	44%	55%	SU/SD statistically lower
Total		48%	56%	SU/SD statistically lower

2015 Vermont High School Youth Risk Behavior Survey 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		62%	Too few students
	10th	74%	66%	
	11th		66%	Too few students
	12th		66%	Too few students
Sex	Female	79%	67%	SU/SD statistically higher
	Male	71%	63%	SU/SD statistically higher
Total		75%	65%	SU/SD statistically higher

**3.12** Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Windsor SE	Vermont	Notes
Grade	9th	•	42%	Too few students
	10th	38%	40%	
	11th		36%	Too few students
	12th		35%	Too few students
Sex	Female	46%	43%	-
	Male	37%	33%	
Total		41%	38%	

#### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Windsor SE	Vermont	Notes
Grade	9th		35%	Too few students
	10th	27%	29%	
	11th		22%	Too few students
	12th		21%	Too few students
Sex	Female	30%	30%	
	Male	26%	24%	
Total		28%	27%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		44%	Too few students
	10th	49%	55%	
	11th		64%	Too few students
	12th		80%	Too few students
Sex	Female	58%	57%	14 14
	Male	59%	64%	
Total		58%	61%	

#### 3.15 Percent of students who think it would be easy to get cigarettes

#### 3.16 Percent of students who think it would be easy to get alcohol

		Windsor SE	Vermont	Notes
Grade	9th	•	60%	Too few students
	10th	67%	68%	
	11th		74%	Too few students
	12th		75%	Too few students
Sex	Female	69%	71%	_
	Male	63%	68%	
Total	-	66%	69%	-

#### 3.17 Percent of students who think it would be easy to get marijuana

		Windsor SE	Vermont	Notes
Grade	9th	•	46%	Too few students
	10th	66%	60%	
	11th		69%	Too few students
	12th		74%	Too few students
Sex	Female	71%	60%	SU/SD statistically higher
	Male	70%	65%	
Total		70%	62%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		44%	Too few students
	10th	75%	50%	SU/SD statistically higher
	11th		57%	Too few students
	12th		60%	Too few students
Sex	Female	73%	56%	SU/SD statistically higher
	Male	67%	50%	SU/SD statistically higher
Total	_	70%	53%	SU/SD statistically higher

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

### **3.19** Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		Windsor SE	Vermont	Notes
Grade	9th	•	36%	Too few students
	10th	23%	30%	
	11th		27%	Too few students
	12th		24%	Too few students
Sex	Female	25%	29%	-
	Male	24%	29%	SU/SD statistically lower
Total		24%	29%	SU/SD statistically lower

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		Windsor SE	Vermont	Notes
Grade	9th	•	15%	Too few students
	10th	20%	19%	
	11th		20%	Too few students
	12th		18%	Too few students
Sex	Female	22%	15%	SU/SD statistically higher
	Male	21%	21%	
Total		21%	18%	

### 4 Sexual Behavior and Orientation\_\_\_\_\_

#### 4.01 Sexual orientation

			Windsor SE	Vermont	Notes
Grade	9th	Heterosexual (straight)	•	88%	Too few students
		Gay or lesbian		2%	Too few students
		Bisexual		6%	Too few students
		Not sure		5%	Too few students
	10th	Heterosexual (straight)	95%	89%	SU/SD statistically higher
		Gay or lesbian		2%	Too few students
		Bisexual		6%	Too few students
		Not sure		4%	Too few students
	11th	Heterosexual (straight)		88%	Too few students
		Gay or lesbian		2%	Too few students
		Bisexual		6%	Too few students
		Not sure		4%	Too few students
	12th	Heterosexual (straight)		88%	Too few students
		Gay or lesbian		2%	Too few students
		Bisexual		6%	Too few students
		Not sure		4%	Too few students
Sex	Female	Heterosexual (straight)	86%	84%	~
		Gay or lesbian		2%	Too few students
		Bisexual	8%	10%	
		Not sure		5%	Too few students
	Male	Heterosexual (straight)	93%	92%	
		Gay or lesbian		2%	Too few students
		Bisexual		3%	Too few students
		Not sure		4%	Too few students
Total	-	Heterosexual (straight)	90%	88%	
		Gay or lesbian		2%	Too few students
		Bisexual	5%	6%	
		Not sure	3%	4%	

# 4 Sexual Behavior and Orientation\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		18%	Too few students
	10th	45%	33%	SU/SD statistically higher
	11th		49%	Too few students
	12th		62%	Too few students
Sex	Female	52%	40%	SU/SD statistically higher
	Male	51%	41%	SU/SD statistically higher
Total		52%	41%	SU/SD statistically higher

#### 4.02 Percent of students who have ever had sexual intercourse

#### 4.03 Percent of students who have ever had oral sex

		Windsor SE	Vermont	Notes
Grade	9th		21%	Too few students
	10th	45%	37%	SU/SD statistically higher
	11th		50%	Too few students
	12th		60%	Too few students
Sex	Female	51%	41%	SU/SD statistically higher
	Male	57%	42%	SU/SD statistically higher
Total		55%	42%	SU/SD statistically higher

#### 4.04 Percent of students who had sexual intercourse before age 13

		Windsor SE	Vermont	Notes
Grade	9th	•	3%	Too few students
	10th		3%	Too few students
	11th		3%	Too few students
	12th		4%	Too few students
Sex	Female	·	2%	Too few students
	Male	8%	4%	SU/SD statistically higher
Total	-	6%	3%	SU/SD statistically higher

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# 4 Sexual Behavior and Orientation\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		3%	Too few students
	10th		6%	Too few students
	11th		11%	Too few students
	12th		19%	Too few students
Sex	Female	12%	9%	w
	Male	7%	10%	
Total		9%	10%	

#### 4.05 Percent of students who have had sexual intercourse with four or more people

#### 4.06 Percent of students who have ever been tested for HIV

		Windsor SE	Vermont	Notes
Grade	9th	•	7%	Too few students
	10th	17%	8%	SU/SD statistically higher
	11th		12%	Too few students
	12th		14%	Too few students
Sex	Female	10%	11%	
	Male	19%	9%	SU/SD statistically higher
Total		15%	10%	SU/SD statistically higher

## 4 Sexual Behavior and Orientation\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		12%	Too few students
	10th	31%	24%	
	11th		38%	Too few students
	12th		49%	Too few students
Sex	Female	40%	33%	SU/SD statistically higher
	Male	39%	30%	SU/SD statistically higher
Total	_	39%	31%	SU/SD statistically higher

#### 4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)

#### 4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		Windsor SE	Vermont	Notes
Grade	9th	•	18%	Too few students
	10th		19%	Too few students
	11th		18%	Too few students
	12th		18%	Too few students
Sex	Female	·	15%	Too few students
	Male		22%	Too few students
Total		16%	19%	

#### 4.09 Of sexually active students, percent who used condoms the last time they had sex

		Windsor SE	Vermont	Notes
Grade	9th	•	65%	Too few students
	10th		65%	Too few students
	11th		58%	Too few students
	12th		54%	Too few students
Sex	Female	·	55%	Too few students
	Male		62%	Too few students
Total	-	67%	58%	SU/SD statistically higher

4 Sexual Behavior and Orientation\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th	•	28%	Too few students
	10th		39%	Too few students
	11th		49%	Too few students
	12th		54%	Too few students
Sex	Female		55%	Too few students
	Male		38%	Too few students
Total	-	44%	47%	2

**4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.** Birth control included using prescription birth control pills, shot, patch, ring, or IUD

4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		Windsor SE	Vermont	Notes
Grade	9th	•	80%	Too few students
	10th		87%	Too few students
	11th		88%	Too few students
	12th		87%	Too few students
Sex	Female		88%	Too few students
	Male		86%	Too few students
Total		92%	87%	SU/SD statistically higher

# 4 Sexual Behavior and Orientation\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	No method was used		12%	Too few students
		Birth control pills		19%	Too few students
		Condoms		50%	Too few students
		IUD or implant		4%	Too few students
		Shot/patch/birth control ring		5%	Too few students
		Withdrawal/other method		8%	Too few students
		Not sure		3%	Too few students
	10th	No method was used		7%	Too few students
		Birth control pills		28%	Too few students
		Condoms		46%	Too few students
		IUD or implant		5%	Too few students
		Shot/patch/birth control ring		6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		2%	Too few students
	 11th	No method was used		6%	Too few students
		Birth control pills		37%	Too few students
		Condoms		37%	Too few students
		IUD or implant		7%	Too few students
		Shot/patch/birth control ring		6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		1%	Too few students
	12th	No method was used		7%	Too few students
		Birth control pills		40%	Too few students
		Condoms		32%	Too few students
		IUD or implant		7%	Too few students
		Shot/patch/birth control ring		7%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		2%	Too few students

#### 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Windsor SE	Vermont	Notes
Sex	Female	No method was used		7%	Too few students
		Birth control pills		39%	Too few students
		Condoms		31%	Too few students
		IUD or implant		8%	Too few students
		Shot/patch/birth control ring		8%	Too few students
		Withdrawal/other method		5%	Too few students
		Not sure		1%	Too few students
	Male	No method was used		7%	Too few students
		Birth control pills		30%	Too few students
		Condoms		45%	Too few students
		IUD or implant		4%	Too few students
		Shot/patch/birth control ring		4%	Too few students
		Withdrawal/other method		7%	Too few students
		Not sure		3%	Too few students
Fotal		No method was used		7%	Too few students
		Birth control pills	34%	35%	
		Condoms	43%	38%	
		IUD or implant	7%	6%	
		Shot/patch/birth control ring		6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		2%	Too few students

4 Sexual Behavior and Orientation\_\_\_\_\_

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

#### 4 Sexual Behavior and Orientation\_\_\_\_\_

#### 4.13 Sexual identity of sexual contacts

			Windsor SE	Vermont	Notes
Sex	Female	Have not had sex	35%	45%	SU/SD statistically lower
		Same sex		1%	Too few students
		Opposite sex	53%	46%	
		Both sexes	9%	7%	
	Male	Have not had sex	36%	43%	SU/SD statistically lower
		Same sex		1%	Too few students
		Opposite sex	58%	53%	
		Both sexes	6%	2%	SU/SD statistically higher
Total		Have not had sex	35%	44%	SU/SD statistically lower
		Same sex		1%	Too few students
		Opposite sex	55%	50%	SU/SD statistically higher
		Both sexes	7%	5%	SU/SD statistically higher

### 5 Body Image\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th	•	15%	Too few students
	10th	23%	14%	SU/SD statistically higher
	11th		14%	Too few students
	12th		13%	Too few students
Sex	Female	23%	14%	SU/SD statistically higher
	Male	18%	14%	
Total		20%	14%	SU/SD statistically higher

#### 5.01 The percent of students who are overweight (85th to <95th BMI percentile)

#### 5.02 The percent of students who are obese (=>95th BMI percentile)

		Windsor SE	Vermont	Notes
Grade	9th	•	12%	Too few students
	10th		13%	Too few students
	11th		12%	Too few students
	12th		12%	Too few students
Sex	Female	7%	- 9%	-
	Male	18%	16%	
Total	-	13%	12%	

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

### 5 Body Image\_\_\_\_\_

#### 5.03 Perceptions of weight

			Windsor SE	Vermont	Notes
Grade	9th	Underweight	•	15%	Too few students
		About the right weight		56%	Too few students
		Overweight		29%	Too few students
	10th	Underweight	13%	13%	
		About the right weight	47%	55%	SU/SD statistically lower
		Overweight	40%	32%	SU/SD statistically higher
	11th	Underweight	· ·	13%	Too few students
		About the right weight		55%	Too few students
		Overweight		31%	Too few students
	12th	Underweight	·	13%	Too few students
		About the right weight		55%	Too few students
		Overweight		32%	Too few students
Sex	Female	Underweight	9%	10%	
		About the right weight	48%	54%	
		Overweight	44%	36%	SU/SD statistically higher
	Male	Underweight	17%	17%	
		About the right weight	47%	57%	SU/SD statistically lower
		Overweight	37%	26%	SU/SD statistically higher
Total		Underweight	13%	14%	~~~
		About the right weight	47%	55%	SU/SD statistically lower
		Overweight	40%	31%	SU/SD statistically higher

### 5 Body Image\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	Lose weight	•	41%	Too few students
		Gain weight		12%	Too few students
		Stay the same weight /do nothing		47%	Too few students
	10th	Lose weight	49%	43%	
		Gain weight	13%	13%	
		Stay the same weight /do nothing	39%	44%	
	11th	Lose weight		42%	Too few students
		Gain weight		14%	Too few students
		Stay the same weight /do nothing		44%	Too few students
	12th	Lose weight		42%	Too few students
		Gain weight		15%	Too few students
		Stay the same weight /do nothing		42%	Too few students
Sex	Female	Lose weight	65%	56%	SU/SD statistically highe
		Gain weight		4%	Too few students
		Stay the same weight /do nothing	33%	40%	SU/SD statistically lower
	Male	Lose weight	29%	28%	
		Gain weight	15%	23%	SU/SD statistically lower
		Stay the same weight /do nothing	55%	49%	SU/SD statistically highe
Total	_	Lose weight	46%	42%	
		Gain weight	9%	14%	SU/SD statistically lower
		Stay the same weight /do nothing	45%	44%	

#### 5.04 Students who are trying to do something about their weight

### 6 Nutrition and Physical Activity\_\_\_\_\_

# **6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.** In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

		Windsor SE	Vermont	Notes
Grade 9th	Less than 1 hour	•	14%	Too few students
	1 to 2 hours		36%	Too few students
	3 to 4 hours		33%	Too few students
	5+ hours		18%	Too few students
10th	Less than 1 hour	·	14%	Too few students
	1 to 2 hours	38%	36%	
	3 to 4 hours	32%	32%	
	5+ hours	24%	18%	
11th	Less than 1 hour		15%	Too few students
	1 to 2 hours		38%	Too few students
	3 to 4 hours		32%	Too few students
	5+ hours		16%	Too few students
12th	Less than 1 hour	·	16%	Too few students
	1 to 2 hours		36%	Too few students
	3 to 4 hours		32%	Too few students
	5+ hours		17%	Too few students
Sex Femal	e Less than 1 hour	13%	15%	
	1 to 2 hours	33%	37%	
	3 to 4 hours	31%	32%	
	5+ hours	23%	16%	SU/SD statistically highe
Male	Less than 1 hour	6%	14%	SU/SD statistically lower
	1 to 2 hours	27%	36%	SU/SD statistically lower
	3 to 4 hours	45%	32%	SU/SD statistically highe
	5+ hours	21%	18%	
Total	Less than 1 hour	9%	15%	SU/SD statistically lower
	1 to 2 hours	30%	36%	SU/SD statistically lower
	3 to 4 hours	39%	32%	SU/SD statistically highe
	5+ hours	22%	17%	SU/SD statistically highe
	5+ hours	22%	17%	SU/SD statistically

			Windsor SE	Vermont	Notes
Grade	9th	0 days	•	11%	Too few students
		1 to 2 days		16%	Too few students
		3 to 6 days		47%	Too few students
		Everyday		25%	Too few students
	10th	0 days	12%	13%	
		1 to 2 days	11%	15%	
		3 to 6 days	54%	47%	
		Everyday	23%	24%	
	11th	0 days		15%	Too few students
		1 to 2 days		17%	Too few students
		3 to 6 days		45%	Too few students
		Everyday		22%	Too few students
	12th	0 days		17%	Too few students
		1 to 2 days		18%	Too few students
		3 to 6 days		44%	Too few students
		Everyday		21%	Too few students
Sex	Female	0 days	23%	17%	SU/SD statistically highe
		1 to 2 days	10%	20%	SU/SD statistically lower
		3 to 6 days	45%	48%	
		Everyday	21%	16%	SU/SD statistically highe
	Male	0 days	7%	12%	SU/SD statistically lower
		1 to 2 days	11%	14%	
		3 to 6 days	47%	44%	
		Everyday	35%	30%	
Total		0 days	14%	14%	
		1 to 2 days	11%	17%	SU/SD statistically lower
		3 to 6 days	46%	46%	
		Everyday	29%	23%	SU/SD statistically highe

#### 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

		Windsor SE	Vermont	Notes
Grade	9th		23%	Too few students
	10th	19%	23%	
	11th		23%	Too few students
	12th		24%	Too few students
Sex	Female	19%	22%	
	Male	27%	25%	
Total	-	23%	24%	

#### 6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

#### 6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		Windsor SE	Vermont	Notes
Grade	9th	•	34%	Too few students
	10th	24%	34%	SU/SD statistically lower
	11th		34%	Too few students
	12th		35%	Too few students
Sex	Female	30%	33%	
	Male	40%	35%	
Total	-	35%	34%	_

#### 6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		Windsor SE	Vermont	Notes
Grade	9th	•	17%	Too few students
	10th	13%	17%	
	11th		18%	Too few students
	12th		19%	Too few students
Sex	Female	16%	17%	
	Male	19%	19%	
Total		18%	18%	

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6 Nutrition and Physical Activity\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		5%	Too few students
	10th		4%	Too few students
	11th		4%	Too few students
	12th		4%	Too few students
Sex	Female	· .	3%	Too few students
	Male	7%	5%	
Total		6%	4%	

#### 6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days

#### 6.07 The percent of students who did not any eat vegetables, past 7 days

		Windsor SE	Vermont	Notes
Grade	9th		5%	Too few students
	10th		4%	Too few students
	11th		4%	Too few students
	12th		4%	Too few students
Sex	Female		3%	Too few students
	Male		6%	Too few students
Total	-	4%	4%	_

# 6 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	Never	•	11%	Too few students
		1 to 3 days		25%	Too few students
		4 to 6 days		22%	Too few students
		Everyday		42%	Too few students
	10th	Never	10%	11%	
		1 to 3 days	19%	24%	
		4 to 6 days	24%	24%	
		Everyday	47%	41%	
	11th	Never		10%	Too few students
		1 to 3 days		25%	Too few students
		4 to 6 days		24%	Too few students
		Everyday		40%	Too few students
	12th	Never		11%	Too few students
		1 to 3 days		25%	Too few students
		4 to 6 days		25%	Too few students
		Everyday		39%	Too few students
Sex	Female	Never	15%	11%	SU/SD statistically highe
		1 to 3 days	30%	27%	
		4 to 6 days	13%	24%	SU/SD statistically lowe
		Everyday	43%	38%	
	Male	Never	11%	11%	
		1 to 3 days	23%	23%	
		4 to 6 days	26%	23%	
		Everyday	40%	43%	
Total	-	Never	13%	11%	
		1 to 3 days	26%	25%	
		4 to 6 days	20%	24%	SU/SD statistically lowe
		Everyday	41%	40%	-

#### 6.08 The number of days students ate breakfast during the past 7 days

### 6 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	None		9%	Too few students
		1 to 3 glasses		60%	Too few students
		4+ glasses		32%	Too few students
	10th	None	9%	8%	
		1 to 3 glasses	67%	58%	SU/SD statistically higher
		4+ glasses	24%	34%	SU/SD statistically lower
	11th	None		8%	Too few students
		1 to 3 glasses		60%	Too few students
		4+ glasses		32%	Too few students
	12th	None		9%	Too few students
		1 to 3 glasses		57%	Too few students
		4+ glasses		34%	Too few students
Sex	Female	None	11%	8%	
		1 to 3 glasses	61%	62%	
		4+ glasses	28%	31%	
	Male	None	7%	9%	
		1 to 3 glasses	61%	56%	
		4+ glasses	32%	35%	
Total		None	9%	9%	
		1 to 3 glasses	61%	59%	
		4+ glasses	30%	33%	

#### 6.09 The number of glasses of water students drank yesterday

### 6 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	None	•	32%	Too few students
		At least once during the past week		54%	Too few students
		At least once per day		14%	Too few students
	10th	None	23%	33%	SU/SD statistically lower
		At least once during the past week	56%	53%	
		At least once per day	21%	14%	SU/SD statistically highe
	11th	None	·	33%	Too few students
		At least once during the past week		51%	Too few students
		At least once per day		15%	Too few students
	12th	None		36%	Too few students
		At least once during the past week		49%	Too few students
		At least once per day		15%	Too few students
Sex	Female	None	26%	42%	SU/SD statistically lower
		At least once during the past week	57%	48%	SU/SD statistically highe
		At least once per day	18%	9%	SU/SD statistically highe
	Male	None	19%	25%	SU/SD statistically lower
		At least once during the past week	57%	55%	
		At least once per day	24%	20%	
Total		None	22%	33%	SU/SD statistically lower
		At least once during the past week	57%	52%	SU/SD statistically highe
		At least once per day	21%	15%	SU/SD statistically highe

#### 6.10 Amount of soda students drank during the past 7 days

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# 6 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	None	•	25%	Too few students
		At least once during the past week		61%	Too few students
		At least once per day		14%	Too few students
	10th	None	20%	25%	
		At least once during the past week	64%	59%	
		At least once per day	16%	15%	
	11th	None		26%	Too few students
		At least once during the past week		59%	Too few students
		At least once per day		16%	Too few students
	12th	None		29%	Too few students
		At least once during the past week		57%	Too few students
		At least once per day		15%	Too few students
Sex	Female	None	21%	30%	SU/SD statistically lower
		At least once during the past week	61%	59%	
		At least once per day	19%	11%	SU/SD statistically higher
	Male	None	23%	22%	
		At least once during the past week	62%	58%	
		At least once per day	15%	19%	
Total	-	None	22%	26%	SU/SD statistically lower
		At least once during the past week	61%	59%	
		At least once per day	17%	15%	

#### 6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

## 7 Youth Assets\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	Mostly As or Bs	•	76%	Too few students
		Mostly Cs		13%	Too few students
		Mostly Ds or Fs		4%	Too few students
		Other / Not sure		7%	Too few students
	10th	Mostly As or Bs	55%	77%	SU/SD statistically lower
		Mostly Cs	38%	14%	SU/SD statistically higher
		Mostly Ds or Fs		4%	Too few students
		Other / Not sure		5%	Too few students
	11th	Mostly As or Bs		80%	Too few students
		Mostly Cs		13%	Too few students
		Mostly Ds or Fs		3%	Too few students
		Other / Not sure		4%	Too few students
	12th	Mostly As or Bs		83%	Too few students
		Mostly Cs		11%	Too few students
		Mostly Ds or Fs		2%	Too few students
		Other / Not sure		4%	Too few students
Sex	Female	Mostly As or Bs	62%	84%	SU/SD statistically lower
		Mostly Cs	30%	9%	SU/SD statistically highe
		Mostly Ds or Fs	7%	3%	SU/SD statistically highe
		Other / Not sure		4%	Too few students
	Male	Mostly As or Bs	57%	74%	SU/SD statistically lower
		Mostly Cs	27%	16%	SU/SD statistically highe
		Mostly Ds or Fs	9%	4%	SU/SD statistically highe
		Other / Not sure	7%	6%	
Total		Mostly As or Bs	60%	79%	SU/SD statistically lower
		Mostly Cs	29%	13%	SU/SD statistically highe
		Mostly Ds or Fs	8%	3%	SU/SD statistically highe
		Other / Not sure	4%	5%	-

## 7.01 Typical grades in the past 12 months, as reported by students

## 7 Youth Assets\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	9th	0 hours		32%	Too few students
		1 to 4 hours		30%	Too few students
		5 to 9 hours		17%	Too few students
		10 or more hours		21%	Too few students
	10th	0 hours	37%	32%	
		1 to 4 hours	27%	28%	
		5 to 9 hours	22%	16%	
		10 or more hours	15%	24%	SU/SD statistically lowe
	11th	0 hours		32%	Too few students
		1 to 4 hours		27%	Too few students
		5 to 9 hours		16%	Too few students
		10 or more hours		25%	Too few students
	12th	0 hours	·	32%	Too few students
		1 to 4 hours		26%	Too few students
		5 to 9 hours		16%	Too few students
		10 or more hours		27%	Too few students
Sex	Female	0 hours	33%	31%	
		1 to 4 hours	26%	29%	
		5 to 9 hours	17%	16%	
		10 or more hours	23%	24%	
	Male	0 hours	34%	33%	
		1 to 4 hours	22%	27%	
		5 to 9 hours	20%	16%	
		10 or more hours	24%	24%	
Total		0 hours	33%	32%	
		1 to 4 hours	24%	28%	
		5 to 9 hours	19%	16%	
		10 or more hours	24%	24%	

## 7.02 The percent of students participating in extracurricular activities, hours per week

## 7 Youth Assets\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th		78%	Too few students
	10th	74%	77%	
	11th		77%	Too few students
	12th		75%	Too few students
Sex	Female	74%	77%	
	Male	76%	76%	
Total		75%	76%	

## 7.03 The percent of students who spoke with their parents at least weekly about school

### 7.04 The percent of students who agree that in their community they feel like they matter to people

		Windsor SE	Vermont	Notes
Grade	9th	•	49%	Too few students
	10th	42%	48%	
	11th		50%	Too few students
	12th		54%	Too few students
Sex	Female	40%	47%	SU/SD statistically lower
	Male	54%	54%	
Total		48%	50%	-

### 7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		Windsor SE	Vermont	Notes
Grade	9th		59%	Too few students
	10th	55%	57%	
	11th		64%	Too few students
	12th		69%	Too few students
Sex	Female	46%	60%	SU/SD statistically lower
	Male	60%	64%	
Total		54%	62%	SU/SD statistically lower

## 7 Youth Assets\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	9th	•	50%	Too few students
	10th	53%	46%	
	11th		46%	Too few students
	12th		49%	Too few students
Sex	Female	50%	48%	w
	Male	50%	48%	
Total		50%	48%	-

## 7.06 The percent of students who agree that students help decide what goes on in school

## 7.07 The percent of students who report that they will probably or definitely complete a post high school program

		Windsor SE	Vermont	Notes
Grade	9th		75%	Too few students
	10th	87%	80%	SU/SD statistically higher
	11th		83%	Too few students
	12th		84%	Too few students
Sex	Female	82%	83%	-
	Male	80%	78%	
Total		81%	80%	

## 2015 Vermont Youth Risk Behavior Survey Report

## Middle School Report for Windsor Southeast SU

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

Number of Middle School St		
Windsor Sou	theast SU Total	
	224	_
		_
a		0/
Sex	Total	%
Female	118	52%
Male	106	47%
Grade	Total	%
6th grade	54	24%
7th grade	87	38%
8th grade	83	37%
Age	Total	%
Not indicated / Missing	1	0%
11 years or younger	31	13%
12 years	50	22%
13 years	89	39%
14 years or older	53	23%
Race / Ethnicity	Total	%
Not indicated /Missing	10	4%
Ethnic or racial minority	35	15%
White non-Hispanic	179	79%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Windsor Southeast SU. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

Verm	ont Total	-
1	3648	ı
Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%
Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%
Age	Total	%
Not indicated / Missing	63	•
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%
Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

### 1 Personal Safety\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th	35%	42%	SU/SD statistically lower
	7th	27%	41%	SU/SD statistically lower
	8th	42%	44%	
Sex	Female	23%	28%	SU/SD statistically lower
	Male	46%	57%	SU/SD statistically lower
Total		35%	43%	SU/SD statistically lower

## 1.01 Percent of students who have ever been in a physical fight

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### 1.02 Percent of students who were bullied at least once, past 30 days

		Windsor SE	Vermont	Notes
Grade	6th	29%	24%	
	7th	27%	25%	
	8th	32%	22%	SU/SD statistically higher
Sex	Female	36%	30%	SU/SD statistically higher
	Male	23%	18%	SU/SD statistically higher
Total		29%	24%	SU/SD statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

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# 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	бth	28%	21%	SU/SD statistically higher
	7th	24%	26%	
	8th	41%	28%	SU/SD statistically higher
Sex	Female	46%	36%	SU/SD statistically higher
	Male	16%	16%	
Total		31%	26%	SU/SD statistically higher

## 1.03 Percent of students who reported they had ever been electronically bullied

## 1.04 Percent of students who were ever bullied at school

		Windsor SE	Vermont	Notes
Grade	6th	54%	46%	SU/SD statistically higher
	7th	53%	48%	
	8th	63%	45%	SU/SD statistically higher
Sex	Female	68%	53%	SU/SD statistically higher
	Male	47%	40%	SU/SD statistically higher
Total		57%	46%	SU/SD statistically higher

## 1.05 Percent of students who bullied someone at least once, past 30 days

		Windsor SE	Vermont	Notes
Grade	6th	15%	8%	SU/SD statistically higher
	7th	13%	9%	SU/SD statistically higher
	8th	14%	11%	SU/SD statistically higher
Sex	Female	18%	10%	SU/SD statistically higher
	Male	9%	9%	
Total		14%	10%	SU/SD statistically higher

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## 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th	9%	8%	
	7th	6%	7%	
	8th	11%	7%	SU/SD statistically higher
Sex	Female	9%	- 9%	-
	Male	8%	6%	SU/SD statistically higher
Total		9%	7%	

## 1.06 Percent of students who did not go to school because they felt unsafe, past 30 days

**1.07** Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		Windsor SE	Vermont	Notes
Grade	бth	25%	17%	SU/SD statistically higher
	7th	15%	19%	
	8th	26%	22%	
Sex	Female	28%	27%	
	Male	15%	13%	
Total		21%	20%	

## 1.08 Percent of students who ever seriously thought about suicide

		Windsor SE	Vermont	Notes
Grade	6th	10%	14%	
	7th	9%	16%	SU/SD statistically lower
	8th	27%	22%	SU/SD statistically higher
Sex	Female	20%	23%	
	Male	12%	12%	
Total		16%	18%	

## 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th		9%	Too few students
	7th	9%	11%	
	8th	17%	15%	
Sex	Female	13%	16%	-
	Male	9%	8%	
Total		11%	12%	

## 1.09 Percent of students who ever made a suicide plan

### 1.10 Percent of students who ever attempted suicide

		Windsor SE	Vermont	Notes
Grade	6th		5%	Too few students
	7th		5%	Too few students
	8th	10%	8%	
Sex	Female	7%	8%	
	Male		3%	Too few students
Total	-	4%	6%	SU/SD statistically lower

## 1.11 Percent of students who had at least one sunburn in the past 12 months

		Windsor SE	Vermont	Notes
Grade	бth	54%	51%	
	7th	58%	55%	
	8th	60%	56%	
Sex	Female	57%	58%	
	Male	59%	51%	SU/SD statistically higher
Total		58%	54%	SU/SD statistically higher

# 1 Personal Safety\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	6th	Never / rarely wear a helmet		26%	Too few students
		Sometimes wear a helmet		15%	Too few students
		Most of the time / always wear a helmet		59%	Too few students
	7th	Never / rarely wear a helmet	22%	31%	SU/SD statistically lower
		Sometimes wear a helmet	19%	16%	
		Most of the time / always wear a helmet	59%	52%	SU/SD statistically highe
	8th	Never / rarely wear a helmet	41%	41%	
		Sometimes wear a helmet	18%	15%	
		Most of the time / always wear a helmet	42%	43%	
Sex	Female	Never / rarely wear a helmet	31%	31%	-
		Sometimes wear a helmet	20%	17%	
		Most of the time / always wear a helmet	50%	52%	
	Male	Never / rarely wear a helmet	31%	36%	SU/SD statistically lower
		Sometimes wear a helmet	17%	14%	
		Most of the time / always wear a helmet	52%	49%	
Total		Never / rarely wear a helmet	31%	34%	-
		Sometimes wear a helmet	18%	16%	SU/SD statistically highe
		Most of the time / always wear a helmet	51%	51%	

## 1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months

## 1 Personal Safety\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	6th	Never / rarely wear a helmet		31%	Too few students
		Sometimes wear a helmet		11%	Too few students
		Most of the time / always wear a helmet		58%	Too few students
	7th	Never / rarely wear a helmet		42%	Too few students
		Sometimes wear a helmet		13%	Too few students
		Most of the time / always wear a helmet		45%	Too few students
	8th	Never / rarely wear a helmet		52%	Too few students
		Sometimes wear a helmet		12%	Too few students
		Most of the time / always wear a helmet		36%	Too few students
Sex	Female	Never / rarely wear a helmet		45%	Too few students
		Sometimes wear a helmet		13%	Too few students
		Most of the time / always wear a helmet		43%	Too few students
	Male	Never / rarely wear a helmet		41%	Too few students
		Sometimes wear a helmet		12%	Too few students
		Most of the time / always wear a helmet		47%	Too few students
Total		Never / rarely wear a helmet	56%	43%	SU/SD statistically highe
		Sometimes wear a helmet	9%	12%	SU/SD statistically lower
		Most of the time / always wear a helmet	35%	45%	SU/SD statistically lower

## 1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)

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## 1 Personal Safety\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th	•	2%	Too few students
	7th		3%	Too few students
	8th		4%	Too few students
Sex	Female		2%	Too few students
	Male		3%	Too few students
Total			3%	Too few students

## 1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car

## 1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		Windsor SE	Vermont	Notes
Grade	бth	11%	15%	
	7th	7%	19%	SU/SD statistically lower
	8th	36%	25%	SU/SD statistically higher
Sex	Female	27%	21%	SU/SD statistically higher
	Male	11%	19%	SU/SD statistically lower
Total		19%	20%	

## 2015 Vermont Middle School Yout 2 Alcohol, Tobacco, and Other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th		10%	Too few students
	7th		15%	Too few students
	8th	32%	24%	SU/SD statistically higher
Sex	Female	16%	16%	_
	Male	13%	18%	SU/SD statistically lower
Total		14%	17%	SU/SD statistically lower

## 2.01 Percent of students who ever drank alcohol other than a few sips

## 2.02 Percent of students who drank alcohol other than a few sips before age 11

		Windsor SE	Vermont	Notes
Grade	6th	•	7%	Too few students
	7th		6%	Too few students
	8th		6%	Too few students
Sex	Female		5%	Too few students
	Male		8%	Too few students
Total		3%	6%	SU/SD statistically lower

## 2.03 Percent of students who drank any alcohol, past 30 days

		Windsor SE	Vermont	Notes
Grade	6th		3%	Too few students
	7th		5%	Too few students
	8th	18%	10%	SU/SD statistically higher
Sex	Female	9%	6%	SU/SD statistically higher
	Male	5%	7%	
Total		7%	6%	

2015 Vermont Middle School Youth F 2 Alcohol, Tobacco, and Other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	бth		1%	Too few students
	7th		1%	Too few students
	8th	8%	4%	SU/SD statistically higher
Sex	Female	4%	2%	SU/SD statistically higher
	Male		2%	Too few students
Total		3%	2%	SU/SD statistically higher

## 2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days

## 2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		Windsor SE	Vermont	Notes
Grade	6th	10%	4%	SU/SD statistically higher
	7th		7%	Too few students
	8th	17%	13%	SU/SD statistically higher
Sex	Female	10%	9%	
	Male	8%	9%	
Total	-	9%	9%	

### 2.06 Percent of students who ever smoked a whole cigarette

		Windsor SE	Vermont	Notes
Grade	6th		2%	Too few students
	7th		4%	Too few students
	8th	8%	8%	
Sex	Female		5%	Too few students
	Male	5%	5%	
Total	-	4%	5%	SU/SD statistically lower

## 2015 Vermont Middle School Yout 2 Alcohol, Tobacco, and Other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th		2%	Too few students
Sex	Female		1%	Too few students
	Male		2%	Too few students
Total			1%	Too few students

## 2.07 Percent of students who smoked a whole cigarette by age 11

## 2.08 Percent of students who smoked cigarettes, past 30 days

		Windsor SE	Vermont	Notes
Grade	6th		1%	Too few students
	7th		2%	Too few students
	8th		3%	Too few students
Sex	Female	-	2%	Too few students
	Male		2%	Too few students
Total			2%	Too few students

2015 Vermont Middle School Your 2 Alcohol, Tobacco, and Other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th		3%	Too few students
	7th		6%	Too few students
	8th	11%	11%	
Sex	Female	5%	7%	-
	Male	6%	7%	
Total		6%	7%	SU/SD statistically lower

## 2.09 Percent of students who ever used electronic vapor products such as e-cigarettes

## 2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		Windsor SE	Vermont	Notes
Grade	бth		1%	Too few students
	7th		2%	Too few students
	8th	6%	5%	
Sex	Female		3%	Too few students
	Male		3%	Too few students
Total		3%	3%	-

### 2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		Windsor SE	Vermont	Notes
Grade	бth		1%	Too few students
	7th		1%	Too few students
	8th		3%	Too few students
Sex	Female		1%	Too few students
	Male		3%	Too few students
Total	-		2%	Too few students

2015 Vermont Middle School Yo 2 Alcohol, Tobacco, and Other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th		2%	Too few students
Sex	Female	·	1%	Too few students
	Male		2%	Too few students
Total			2%	Too few students

## 2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		Windsor SE	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th	7%	6%	
Sex	Female	•	3%	Too few students
	Male		4%	Too few students
Total		4%	4%	

### 2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		Windsor SE	Vermont	Notes
Grade	6th		3%	Too few students
	7th		4%	Too few students
	8th	10%	8%	
Sex	Female	4%	5%	
	Male	6%	6%	
Total		5%	5%	

		Windsor SE	Vermont	Notes
Grade	6th			Too few students
	7th		58%	Too few students
	8th		45%	Too few students
Sex	Female	- -	48%	Too few students
	Male		47%	Too few students
Total			48%	Too few students

## 2.15 Percent of smokers who attempted to quit smoking, past 12 months

## 2.16 Percent of students who have ever used marijuana

		Windsor SE	Vermont	Notes
Grade	6th		2%	Too few students
	7th		5%	Too few students
	8th	20%	11%	SU/SD statistically higher
Sex	Female	10%	6%	SU/SD statistically higher
	Male	7%	7%	
Total	-	8%	7%	SU/SD statistically higher

## 2.17 Percent of students who used marijuana by age 11

		Windsor SE	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th		2%	Too few students
Sex	Female		1%	Too few students
	Male		2%	Too few students
Total		2%	1%	SU/SD statistically higher

# 2 Alcohol, Tobacco, and Other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th		1%	Too few students
	7th		3%	Too few students
	8th	15%	6%	SU/SD statistically higher
Sex	Female	- 9%	3%	SU/SD statistically higher
	Male		4%	Too few students
Total		6%	4%	SU/SD statistically higher

### 2.18 Percent of students who used marijuana, past 30 days

## 2.19 Percent of students who have ever used inhalants

		Windsor SE	Vermont	Notes
Grade	6th		5%	Too few students
	7th		4%	Too few students
	8th	7%	6%	
Sex	Female	5%	5%	
	Male		5%	Too few students
Total		3%	5%	SU/SD statistically lower

## 2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		Windsor SE	Vermont	Notes
Grade	бth		2%	Too few students
	7th		3%	Too few students
	8th	6%	4%	
Sex	Female	6%	3%	SU/SD statistically higher
	Male		3%	Too few students
Total		4%	3%	

		Windsor SE	Vermont	Notes
Grade	6th	33%	24%	SU/SD statistically higher
	7th	19%	28%	SU/SD statistically lower
	8th	43%	31%	SU/SD statistically higher
Sex	Female	33%	29%	_
	Male	30%	27%	
Total		32%	28%	SU/SD statistically higher

## 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		Windsor SE	Vermont	Notes
Grade	6th	33%	17%	SU/SD statistically higher
	7th	16%	20%	SU/SD statistically lower
	8th	29%	23%	SU/SD statistically higher
Sex	Female	24%	22%	-
	Male	26%	19%	SU/SD statistically higher
Total		25%	21%	SU/SD statistically higher

**3.03** Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		Windsor SE	Vermont	Notes
Grade	бth	52%	47%	
	7th	63%	52%	SU/SD statistically higher
	8th	58%	55%	
Sex	Female	60%	52%	SU/SD statistically higher
	Male	57%	52%	SU/SD statistically higher
Total		59%	52%	SU/SD statistically higher

## 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		Windsor SE	Vermont	Notes
Grade	6th		15%	Too few students
	7th	42%	26%	SU/SD statistically higher
	8th	58%	35%	SU/SD statistically higher
Sex	Female	54%	28%	SU/SD statistically higher
	Male	41%	26%	SU/SD statistically higher
Total		48%	27%	SU/SD statistically higher

### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	Windsor SE	Vermont	Notes
15 or less students	18%	16%	
16 to 25 students	23%	25%	
26 to 45 students	22%	24%	
46 to 55 students	17%	16%	
56 to 75 students	8%	9%	
76 or more students	11%	10%	

		Windsor SE	Vermont	Notes
Grade	6th	94%	96%	
	7th	97%	96%	
	8th	97%	96%	
Sex	Female	97%	97%	
	Male	96%	96%	
Total		96%	96%	

**3.06** Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

## 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		Windsor SE	Vermont	Notes
Grade	бth	88%	92%	SU/SD statistically lower
	7th	95%	92%	SU/SD statistically higher
	8th	91%	90%	
Sex	Female	92%	93%	-
	Male	91%	90%	
Total		92%	91%	

## **3.08** Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		Windsor SE	Vermont	Notes
Grade	6th	94%	96%	
	7th	97%	95%	SU/SD statistically higher
	8th	83%	92%	SU/SD statistically lower
Sex	Female	90%	94%	SU/SD statistically lower
	Male	93%	94%	
Total		91%	94%	SU/SD statistically lower

2015 Vermont Middle School Youth Risk Behavior Survey 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	бth	96%	97%	
	7th	99%	95%	SU/SD statistically higher
	8th	86%	92%	SU/SD statistically lower
Sex	Female	91%	95%	SU/SD statistically lower
	Male	95%	94%	
Total		93%	94%	

## 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

## 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Windsor SE	Vermont	Notes
Grade	6th	93%	94%	
	7th	97%	90%	SU/SD statistically higher
	8th	80%	83%	
Sex	Female	87%	90%	SU/SD statistically lower
	Male	92%	87%	SU/SD statistically higher
Total		89%	88%	

### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Windsor SE	Vermont	Notes
Grade	6th	96%	97%	
	7th	95%	92%	SU/SD statistically higher
	8th	75%	83%	SU/SD statistically lower
Sex	Female	86%	91%	SU/SD statistically lower
	Male	90%	89%	
Total	_	88%	90%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

**3.12** Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		Windsor SE	Vermont	Notes
Grade	6th	68%	70%	
	7th	78%	72%	SU/SD statistically higher
	8th	65%	72%	SU/SD statistically lower
Sex	Female	73%	71%	-
	Male	68%	72%	
Total		71%	71%	

**3.13** Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		Windsor SE	Vermont	Notes
Grade	бth	40%	49%	SU/SD statistically lower
	7th	53%	49%	
	8th	42%	46%	
Sex	Female	46%	49%	-
	Male	45%	46%	
Total		46%	48%	

**3.14** Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		Windsor SE	Vermont	Notes
Grade	бth	59%	67%	SU/SD statistically lower
	7th	56%	61%	SU/SD statistically lower
	8th	49%	51%	
Sex	Female	53%	60%	SU/SD statistically lower
	Male	56%	58%	
Total		54%	59%	SU/SD statistically lower

		Windsor SE	Vermont	Notes
Grade	6th	15%	18%	
	7th	21%	24%	
	8th	44%	34%	SU/SD statistically higher
Sex	Female	33%	25%	SU/SD statistically higher
	Male	23%	29%	SU/SD statistically lower
Total		28%	27%	

## 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

## 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Windsor SE	Vermont	Notes
Grade	бth	12%	24%	SU/SD statistically lower
	7th	18%	33%	SU/SD statistically lower
	8th	44%	46%	
Sex	Female	29%	35%	SU/SD statistically lower
	Male	24%	37%	SU/SD statistically lower
Total		26%	36%	SU/SD statistically lower

### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Windsor SE	Vermont	Notes
Grade	6th	•	6%	Too few students
	7th	6%	12%	SU/SD statistically lower
	8th	29%	22%	SU/SD statistically higher
Sex	Female	17%	13%	SU/SD statistically higher
	Male	14%	16%	
Total		15%	14%	

# 4 Sexual Behavior\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th		3%	Too few students
	7th		4%	Too few students
	8th	14%	8%	SU/SD statistically higher
Sex	Female	5%	4%	_
	Male	7%	7%	
Total		6%	6%	

## 4.01 Percent of students who have ever had sexual intercourse

### 4.02 Percent of students who have ever had oral sex

		Windsor SE	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th	18%	9%	SU/SD statistically higher
Sex	Female	9%	5%	SU/SD statistically higher
	Male	6%	6%	
Total		8%	5%	SU/SD statistically higher

# 5 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	6th	Never	•	4%	Too few students
		1 to 3 times	9%	13%	
		4 to 6 times	22%	22%	
		Everyday	63%	61%	
	7th	Never	6%	7%	
		1 to 3 times	16%	16%	
		4 to 6 times	22%	25%	
		Everyday	57%	51%	SU/SD statistically higher
	8th	Never	13%	8%	SU/SD statistically higher
		1 to 3 times	21%	20%	
		4 to 6 times	27%	25%	
		Everyday	38%	48%	SU/SD statistically lower
Sex	Female	Never	13%	8%	SU/SD statistically higher
		1 to 3 times	23%	21%	
		4 to 6 times	27%	26%	
		Everyday	38%	45%	SU/SD statistically lower
	Male	Never		6%	Too few students
		1 to 3 times	10%	13%	SU/SD statistically lower
		4 to 6 times	21%	23%	
		Everyday	66%	59%	SU/SD statistically higher
Total		Never	8%	7%	SU/SD statistically higher
		1 to 3 times	16%	17%	
		4 to 6 times	24%	24%	
		Everyday	52%	52%	

## 5.01 Number of times during the past 7 days students ate breakfast

# 5 Nutrition and Physical Activity\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	6th	35%	45%	SU/SD statistically lower
	7th	41%	41%	
	8th	43%	39%	
Sex	Female	33%	38%	SU/SD statistically lower
	Male	48%	44%	
Total		40%	41%	

## 5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

# 5 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	6th	Never	11%	8%	
		1 to 4 days	32%	32%	
		5 to 6 days	20%	27%	SU/SD statistically lower
		Everyday	37%	33%	
	7th	Never		7%	Too few students
		1 to 4 days	28%	34%	SU/SD statistically lower
		5 to 6 days	27%	28%	
		Everyday	42%	31%	SU/SD statistically highe
	8th	Never		8%	Too few students
		1 to 4 days	30%	36%	SU/SD statistically lower
		5 to 6 days	24%	27%	
		Everyday	42%	29%	SU/SD statistically highe
Sex	Female	Never	4%	8%	SU/SD statistically lower
		1 to 4 days	35%	39%	SU/SD statistically lower
		5 to 6 days	25%	30%	SU/SD statistically lower
		Everyday	36%	23%	SU/SD statistically highe
	Male	Never	6%	8%	
		1 to 4 days	25%	29%	SU/SD statistically lower
		5 to 6 days	24%	25%	
		Everyday	46%	38%	SU/SD statistically highe
Total		Never	5%	8%	SU/SD statistically lower
		1 to 4 days	30%	34%	SU/SD statistically lower
		-			
		5 to 6 days	24%	27%	SU/SD statistically lower

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

## 5 Nutrition and Physical Activity\_\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	6th	0 days	10%	18%	SU/SD statistically lower
		1 to 2 days		15%	Too few students
		3 to 4 days	17%	19%	
		Everyday	69%	48%	SU/SD statistically highe
	7th	0 days	22%	30%	SU/SD statistically lower
		1 to 2 days	6%	17%	SU/SD statistically lower
		3 to 4 days	20%	17%	
		Everyday	52%	36%	SU/SD statistically highe
	8th	0 days	20%	33%	SU/SD statistically lower
		1 to 2 days	13%	16%	
		3 to 4 days	13%	16%	
		Everyday	53%	35%	SU/SD statistically highe
Sex	Female	0 days	18%	28%	SU/SD statistically lowe
		1 to 2 days	11%	18%	SU/SD statistically lowe
		3 to 4 days	21%	17%	SU/SD statistically highe
		Everyday	50%	38%	SU/SD statistically high
	Male	0 days	19%	28%	SU/SD statistically lowe
		1 to 2 days	6%	15%	SU/SD statistically lowe
		3 to 4 days	12%	17%	SU/SD statistically lowe
		Everyday	64%	40%	SU/SD statistically high
Total		0 days	18%	28%	SU/SD statistically lowe
		1 to 2 days	8%	16%	SU/SD statistically lowe
		3 to 4 days	17%	17%	
		Everyday	57%	39%	SU/SD statistically high

5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

# 5 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	6th	1 hour or less per day	58%	60%	
		2 to 4 hours per day	38%	34%	
		5 or more hours per day		6%	Too few students
	7th	1 hour or less per day	54%	57%	
		2 to 4 hours per day	43%	37%	SU/SD statistically higher
		5 or more hours per day	•	6%	Too few students
	8th	1 hour or less per day	50%	57%	SU/SD statistically lower
		2 to 4 hours per day	39%	37%	
		5 or more hours per day	11%	7%	SU/SD statistically highe
Sex	Female	1 hour or less per day	53%	57%	
		2 to 4 hours per day	40%	37%	
		5 or more hours per day	6%	6%	
	Male	1 hour or less per day	54%	58%	
		2 to 4 hours per day	40%	35%	SU/SD statistically highe
		5 or more hours per day	6%	7%	
Total		1 hour or less per day	54%	58%	SU/SD statistically lower
		2 to 4 hours per day	40%	36%	SU/SD statistically highe
		5 or more hours per day	6%	6%	

## 5.05 Number of hours spent watching TV on an average school day

# 5 Nutrition and Physical Activity\_\_\_\_\_\_

5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			Windsor SE	Vermont	Notes
Grade	6th	1 hour or less per day	32%	55%	SU/SD statistically lower
		2 to 4 hours per day	50%	33%	SU/SD statistically higher
		5 or more hours per day	18%	12%	SU/SD statistically higher
	7th	1 hour or less per day	46%	46%	
		2 to 4 hours per day	40%	40%	
		5 or more hours per day	14%	14%	
	8th	1 hour or less per day	29%	40%	SU/SD statistically lower
		2 to 4 hours per day	45%	41%	
		5 or more hours per day	26%	19%	SU/SD statistically higher
Sex	Female	1 hour or less per day	39%	48%	SU/SD statistically lower
		2 to 4 hours per day	43%	37%	SU/SD statistically higher
		5 or more hours per day	19%	15%	SU/SD statistically higher
	Male	1 hour or less per day	34%	44%	SU/SD statistically lower
		2 to 4 hours per day	46%	41%	SU/SD statistically higher
		5 or more hours per day	21%	15%	SU/SD statistically higher
Total		1 hour or less per day	36%	46%	SU/SD statistically lower
		2 to 4 hours per day	44%	39%	SU/SD statistically higher
		5 or more hours per day	20%	15%	SU/SD statistically higher

# 2 5 Nutrition and Physical Activity\_\_\_\_\_

			Windsor SE	Vermont	Notes
Grade	6th	Never	11%	22%	SU/SD statistically lower
		1 to 5 days	36%	45%	SU/SD statistically lower
		At least six days	53%	33%	SU/SD statistically higher
	7th	Never	15%	16%	
		1 to 5 days	43%	41%	
		At least six days	42%	42%	
	8th	Never		11%	Too few students
		1 to 5 days	39%	34%	SU/SD statistically higher
		At least six days	58%	55%	
Sex	Female	Never	11%	13%	
		1 to 5 days	36%	41%	SU/SD statistically lower
		At least six days	53%	46%	SU/SD statistically higher
	Male	Never	7%	18%	SU/SD statistically lower
		1 to 5 days	44%	38%	SU/SD statistically higher
		At least six days	49%	44%	SU/SD statistically higher
Total		Never	9%	15%	SU/SD statistically lower
		1 to 5 days	40%	39%	
		At least six days	51%	45%	SU/SD statistically higher

## 5.07 Number of days in the average week students went online for something not school-related

## 6 Youth Assets\_\_\_\_\_

		Windsor SE	Vermont	Notes
Grade	бth	83%	81%	
	7th	91%	80%	SU/SD statistically higher
	8th	79%	78%	
Sex	Female	79%	80%	
	Male	89%	79%	SU/SD statistically higher
Total		84%	79%	SU/SD statistically higher

## 6.01 Percent of students who talk to their parents about school at least weekly

## 6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		Windsor SE	Vermont	Notes
Grade	бth	73%	60%	SU/SD statistically higher
	7th	55%	56%	
	8th	48%	51%	
Sex	Female	53%	50%	
	Male	60%	59%	
Total		56%	55%	

		Windsor SE	Vermont	Notes
Grade	бth	65%	69%	
	7th	68%	62%	SU/SD statistically higher
	8th	54%	59%	SU/SD statistically lower
Sex	Female	59%	62%	
	Male	65%	64%	
Total		62%	63%	

6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement

## 6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		Windsor SE	Vermont	Notes
Grade	6th	52%	45%	SU/SD statistically higher
	7th	50%	44%	SU/SD statistically higher
	8th	39%	39%	
Sex	Female	47%	42%	SU/SD statistically higher
	Male	46%	43%	
Total		46%	43%	SU/SD statistically higher