# 2015 Vermont Youth Risk Behavior Survey Report Report for SAU 70

#### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for SAU 70 All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: http://healthvermont.gov/research/yrbs.aspx Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

We would especially like to thank the following schools from SAU 70 who participated in the 2015 YRBS:

High School- Grades 9-12
Hanover High School
Middle School- Grades 6-8
Francis C. Richmond Middle School

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#### How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- Start the Conversation: Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- Increase Awareness: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- Plan and Evaluate Programs: The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: "Getting to 'Y'", a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: http://www.upforlearning.com/index.php/yatst .

#### How to Read this YRBS Report

Format: The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

Weighting: The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. Beginning 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

Statistical Comparisons: We note significant differences in the far right column on each table labeled "Notes." For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases, there is a dot (.) and the "Notes" column will read "Too few students." We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

#### A Word of Caution

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- Data Quality: We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- Who's Not Included: Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- Comparing Supervisory Unions/School Districts to Each Other and to the State: Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- What, not Why: The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

#### **Personal Safety**

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment, 7,8 poor academic achievement, 8 and violent behavior. 9
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes. 12 Despite this, less than one quarter of bicyclists wear helmets. 12
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont. Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide. 4

#### Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults, <sup>15</sup> and about one-third of all motor vehicle crash fatalities. <sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, and other illegal drugs. <sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States, <sup>19</sup> contributing to more than one in five deaths. <sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix. <sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

#### **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection, <sup>25</sup> and negative effects on social and psychological development. <sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity. <sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>

#### **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

• There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

#### **Nutrition and Physical Activity**

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children. 44-45
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure. The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day. The U.S. Department of the human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity. 47-50
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

#### **Measures of Youth Assets**

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse. <sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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# 2015 Vermont Youth Risk Behavior Survey Report

**High School Report for SAU 70** 

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

#### SAU 70 Number of High School Students in SAU 70

# **SAU 70 Total** 620

Sex	Total	%
Not indicated / Missing	8	1%
Female	320	51%
Male	292	47%

Grade	Total	%
Not indicated / Ungraded	8	1%
9th grade	158	25%
10th grade	171	27%
11th grade	138	22%
12th grade	145	23%

Race / Ethnicity	Total	%
Not indicated /Missing	14	2%
Ethnic or racial minority	102	16%
White non-Hispanic	504	81%

Mother's Level of Education	Total	%
Not indicated / Missing	5	0%
High school or less	24	3%
Some college	13	2%
College graduate	193	31%
Graduate or professional degree after college	372	60%
Not sure	13	2%

NOTE: The above numbers are unweighted. They represent the students who took the survey in SAU 70.

### Vermont Number of High School Students in Vermont

## Vermont Total 21013

Sex	Total	%
Not indicated / Missing	294	1%
Female	10243	48%
Male	10476	49%

Grade	Total	%
Not indicated / Ungraded	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

Race / Ethnicity	Total	%
Not indicated /Missing	611	2%
Ethnic or racial minority	3197	15%
White non-Hispanic	17205	81%

Mother's Level of Education	Total	%
Not indicated / Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

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#### 1.01 Percent of students who were in a physical fight, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	15%	22%	SU/SD statistically lower
	10th	17%	20%	SU/SD statistically lower
	11th	11%	17%	SU/SD statistically lower
	12th	8%	14%	SU/SD statistically lower
Sex	Female	6%	12%	SU/SD statistically lower
	Male	19%	24%	SU/SD statistically lower
Total		13%	18%	SU/SD statistically lower

### 1.02 Percent of students who were in a physical fight on school property, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	5%	10%	SU/SD statistically lower
	10th	5%	8%	SU/SD statistically lower
	11th		6%	Too few students
	12th		5%	Too few students
Sex	Female		4%	Too few students
	Male	6%	10%	SU/SD statistically lower
Total		4%	7%	SU/SD statistically lower

#### 1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months

		SAU 70	Vermont	Notes
Grade	9th		6%	Too few students
	10th		6%	Too few students
	11th		4%	Too few students
	12th		4%	Too few students
Sex	Female	2%	4%	SU/SD statistically lower
	Male		6%	Too few students
Total	-	2%	5%	SU/SD statistically lower

#### 1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	•	6%	Too few students
	10th	5%	7%	SU/SD statistically lower
	11th		9%	Too few students
	12th	3%	8%	SU/SD statistically lower
Sex	Female	2%	4%	SU/SD statistically lower
	Male	5%	11%	SU/SD statistically lower
Total		3%	8%	SU/SD statistically lower

#### 1.05 Percent of students who did not go to school because they felt unsafe, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	4%	7%	SU/SD statistically lower
	10th		6%	Too few students
	11th		5%	Too few students
	12th	•	5%	Too few students
Sex	Female	3%	7%	SU/SD statistically lower
	Male	•	4%	Too few students
Total		2%	6%	SU/SD statistically lower

#### 1.06 Percent of students who reported being bullied, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	16%	23%	SU/SD statistically lower
	10th	13%	18%	SU/SD statistically lower
	11th	7%	16%	SU/SD statistically lower
	12th	5%	14%	SU/SD statistically lower
Sex	Female	12%	23%	SU/SD statistically lower
	Male	9%	12%	SU/SD statistically lower
Total		11%	18%	SU/SD statistically lower

#### 1.07 Percent of students who reported being electronically bullied, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	12%	20%	SU/SD statistically lower
	10th	13%	17%	SU/SD statistically lower
	11th	7%	16%	SU/SD statistically lower
	12th	5%	13%	SU/SD statistically lower
Sex	Female	10%	23%	SU/SD statistically lower
	Male	8%	10%	
Total	-	9%	16%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

#### 1.08 Percent of students who bullied someone else, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	6%	13%	SU/SD statistically lower
	10th	8%	11%	SU/SD statistically lower
	11th	5%	11%	SU/SD statistically lower
	12th	3%	10%	SU/SD statistically lower
Sex	Female	4%	11%	SU/SD statistically lower
	Male	7%	12%	SU/SD statistically lower
Total		6%	11%	SU/SD statistically lower

### 1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	15%	20%	SU/SD statistically lower
	10th	12%	19%	SU/SD statistically lower
	11th	9%	17%	SU/SD statistically lower
	12th	10%	14%	SU/SD statistically lower
Sex	Female	16%	26%	SU/SD statistically lower
	Male	7%	9%	SU/SD statistically lower
Total		12%	17%	SU/SD statistically lower

#### 1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	14%	24%	SU/SD statistically lower
	10th	23%	26%	
	11th	16%	24%	SU/SD statistically lower
	12th	18%	24%	SU/SD statistically lower
Sex	Female	22%	34%	SU/SD statistically lower
	Male	14%	15%	
Total	-	18%	24%	SU/SD statistically lower

#### 1.11 Percent of students who made a suicide plan, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	13%	13%	
	10th	11%	13%	
	11th	7%	12%	SU/SD statistically lower
	12th	5%	10%	SU/SD statistically lower
Sex	Female	11%	16%	SU/SD statistically lower
	Male	7%	8%	
Total		9%	12%	SU/SD statistically lower

#### 1.12 Percent of students who attempted suicide, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	5%	7%	
	10th	4%	6%	SU/SD statistically lower
	11th		5%	Too few students
	12th		5%	Too few students
Sex	Female	3%	8%	SU/SD statistically lower
	Male	2%	4%	SU/SD statistically lower
Total	,	3%	6%	SU/SD statistically lower

#### 1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months

		SAU 70	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		2%	Too few students
	12th		2%	Too few students
Sex	Female		3%	Too few students
	Male	•	1%	Too few students
Total	-	1%	2%	SU/SD statistically lower

#### 1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with

		SAU 70	Vermont	Notes
Grade	9th	9%	8%	
	10th		9%	Too few students
	11th		9%	Too few students
	12th	•	9%	Too few students
Sex	Female	6%	11%	SU/SD statistically lower
	Male	3%	7%	SU/SD statistically lower
Total	-	5%	9%	SU/SD statistically lower

#### 1.15 Percent of students who have ever been physically forced to have sexual intercourse

		SAU 70	Vermont	Notes
Grade	9th	3%	5%	
	10th		6%	Too few students
	11th	4%	7%	SU/SD statistically lower
	12th	3%	8%	SU/SD statistically lower
Sex	Female	5%	10%	SU/SD statistically lower
	Male	•	3%	Too few students
Total	-	3%	7%	SU/SD statistically lower

# 1.16 Percent of students who rode with a drinking driver, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	12%	19%	SU/SD statistically lower
	10th	23%	20%	SU/SD statistically higher
	11th	25%	20%	SU/SD statistically higher
	12th	28%	19%	SU/SD statistically higher
Sex	Female	20%	20%	
	Male	25%	19%	SU/SD statistically higher
Total	-	22%	20%	SU/SD statistically higher

#### 1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	3%	13%	SU/SD statistically lower
	10th	16%	20%	SU/SD statistically lower
	11th	19%	26%	SU/SD statistically lower
	12th	35%	29%	SU/SD statistically higher
Sex	Female	18%	22%	SU/SD statistically lower
	Male	19%	22%	SU/SD statistically lower
Total	-	19%	22%	SU/SD statistically lower

#### 1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	•	5%	Too few students
	10th		4%	Too few students
	11th	13%	8%	SU/SD statistically higher
	12th	18%	9%	SU/SD statistically higher
Sex	Female	9%	5%	SU/SD statistically higher
	Male	16%	9%	SU/SD statistically higher
Total		13%	7%	SU/SD statistically higher

#### 1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days

		SAU 70	Vermont	Notes
Grade	9th		8%	Too few students
	10th	12%	10%	
	11th	10%	18%	SU/SD statistically lower
	12th	24%	20%	SU/SD statistically higher
Sex	Female	13%	12%	
	Male	19%	18%	
Total		16%	15%	

#### 1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days

		SAU 70	Vermont	Notes
Grade	9th		10%	Too few students
	10th	11%	15%	
	11th	51%	40%	SU/SD statistically higher
	12th	58%	50%	SU/SD statistically higher
Sex	Female	40%	33%	SU/SD statistically higher
	Male	43%	33%	SU/SD statistically higher
Total		42%	33%	SU/SD statistically higher

# 1 Personal Safety\_\_\_\_\_

#### 1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	14%	48%	SU/SD statistically lower
	10th	19%	54%	SU/SD statistically lower
	11th	28%	55%	SU/SD statistically lower
	12th	24%	56%	SU/SD statistically lower
Sex	Female	25%	49%	SU/SD statistically lower
	Male	17%	56%	SU/SD statistically lower
Total	-	21%	53%	SU/SD statistically lower

#### 1.22 The percent of students who have had a sunburn in the past 12 months

		SAU 70	Vermont	Notes
Grade	9th	73%	63%	SU/SD statistically higher
	10th	70%	65%	SU/SD statistically higher
	11th	70%	65%	
	12th	71%	67%	
Sex	Female	75%	72%	SU/SD statistically higher
	Male	66%	59%	SU/SD statistically higher
Total		71%	65%	SU/SD statistically higher

#### 1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months

		SAU 70	Vermont	Notes
Grade	9th		2%	Too few students
	10th		3%	Too few students
	11th	•	4%	Too few students
	12th		6%	Too few students
Sex	Female	2%	5%	SU/SD statistically lower
	Male		3%	Too few students
Total	-	1%	4%	SU/SD statistically lower

#### 2.01 Percent of students who ever drank alcohol other than a few sips

		SAU 70	Vermont	Notes
Grade	9th	23%	37%	SU/SD statistically lower
	10th	43%	51%	SU/SD statistically lower
	11th	59%	63%	SU/SD statistically lower
	12th	70%	71%	
Sex	Female	49%	57%	SU/SD statistically lower
	Male	49%	54%	SU/SD statistically lower
Total		48%	56%	SU/SD statistically lower

#### 2.02 Percent of students who drank alcohol, other than a few sips, before age 13

		SAU 70	Vermont	Notes
Grade	9th	3%	14%	SU/SD statistically lower
	10th	11%	13%	
	11th	6%	12%	SU/SD statistically lower
	12th	•	10%	Too few students
Sex	Female	3%	10%	SU/SD statistically lower
	Male	8%	14%	SU/SD statistically lower
Total		6%	12%	SU/SD statistically lower

#### 2.03 Percent of students who drank alcohol, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	4%	17%	SU/SD statistically lower
	10th	20%	26%	SU/SD statistically lower
	11th	35%	34%	
	12th	52%	42%	SU/SD statistically higher
Sex	Female	27%	30%	SU/SD statistically lower
	Male	29%	29%	
Total	-	28%	30%	SU/SD statistically lower

#### 2.04 Percent of students who had five or more drinks in a row (binged), past 30 days

		SAU 70	Vermont	Notes
Grade	9th		8%	Too few students
	10th	10%	13%	SU/SD statistically lower
	11th	23%	19%	SU/SD statistically higher
	12th	37%	24%	SU/SD statistically higher
Sex	Female	17%	15%	SU/SD statistically higher
	Male	18%	17%	
Total	-	18%	16%	

#### 2.05 Among students who drank alcohol, the number of days students drank in the last 30 days

			SAU 70	Vermont	Notes
Grade	9th	1 to 2 days		55%	Too few students
		3 to 9 days		33%	Too few students
		10+ days	•	11%	Too few students
	10th	1 to 2 days	·	57%	Too few students
		3 to 9 days		34%	Too few students
		10+ days	•	9%	Too few students
	11th	1 to 2 days	·	49%	Too few students
		3 to 9 days		40%	Too few students
		10+ days	•	11%	Too few students
	12th	1 to 2 days	31%	47%	SU/SD statistically lower
		3 to 9 days	58%	40%	SU/SD statistically higher
		10+ days	11%	13%	
Sex	Female	1 to 2 days	45%	55%	SU/SD statistically lower
		3 to 9 days	46%	36%	SU/SD statistically higher
		10+ days	9%	9%	
	Male	1 to 2 days	37%	47%	SU/SD statistically lower
		3 to 9 days	51%	38%	SU/SD statistically higher
		10+ days	12%	15%	
Total	-	1 to 2 days	41%	51%	SU/SD statistically lower
		3 to 9 days	48%	37%	SU/SD statistically higher
		10+ days	11%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting

			SAU 70	Vermont	Notes
Grade	9th	1 to 2 drinks	•	49%	Too few students
		3 to 4 drinks		19%	Too few students
		5 or more drinks	•	32%	Too few students
	10th	1 to 2 drinks	·	41%	Too few students
		3 to 4 drinks		20%	Too few students
		5 or more drinks	•	39%	Too few students
	11th	1 to 2 drinks	·	33%	Too few students
		3 to 4 drinks		18%	Too few students
		5 or more drinks	•	49%	Too few students
	12th	1 to 2 drinks	21%	32%	SU/SD statistically lower
		3 to 4 drinks	11%	19%	SU/SD statistically lower
		5 or more drinks	69%	49%	SU/SD statistically higher
Sex	Female	1 to 2 drinks	27%	40%	SU/SD statistically lower
		3 to 4 drinks	15%	23%	SU/SD statistically lower
		5 or more drinks	59%	38%	SU/SD statistically higher
	Male	1 to 2 drinks	26%	33%	SU/SD statistically lower
		3 to 4 drinks	12%	16%	
		5 or more drinks	61%	52%	SU/SD statistically higher
Total		1 to 2 drinks	26%	36%	SU/SD statistically lower
		3 to 4 drinks	13%	19%	SU/SD statistically lower
		5 or more drinks	60%	45%	SU/SD statistically higher

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

### 2.07 Among students who drank in the past 30 days, usual source of alcohol

			SAU 70	Vermont	Notes
Grade	9th	Bought it		3%	Too few students
		Gave someone money		12%	Too few students
		Someone gave it to me		36%	Too few students
		Took it / some other way		49%	Too few students
	10th	Bought it		3%	Too few students
		Gave someone money		18%	Too few students
		Someone gave it to me		41%	Too few students
		Took it / some other way		37%	Too few students
	11th	Bought it		4%	Too few students
		Gave someone money		28%	Too few students
		Someone gave it to me		41%	Too few students
		Took it / some other way		27%	Too few students
	12th	Bought it	7%	7%	
		Gave someone money	28%	29%	
		Someone gave it to me	51%	43%	SU/SD statistically higher
		Took it / some other way	14%	22%	SU/SD statistically lower
Sex	Female	Bought it		2%	Too few students
		Gave someone money	18%	24%	SU/SD statistically lower
		Someone gave it to me	60%	46%	SU/SD statistically higher
		Took it / some other way	18%	28%	SU/SD statistically lower
	Male	Bought it	·	7%	Too few students
		Gave someone money	27%	24%	
		Someone gave it to me	41%	35%	SU/SD statistically higher
		Took it / some other way	26%	34%	SU/SD statistically lower
Total		Bought it	5%	5%	
		Gave someone money	23%	24%	
		Someone gave it to me	50%	40%	SU/SD statistically higher
		Took it / some other way	23%	31%	SU/SD statistically lower

### 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			SAU 70	Vermont	Notes
Grade	9th	At my home		46%	Too few students
		At another person's home		43%	Too few students
		At a public place or event	•	12%	Too few students
	10th	At my home	·	37%	Too few students
		At another person's home		53%	Too few students
		At a public place or event	•	10%	Too few students
	11th	At my home	·	32%	Too few students
		At another person's home		58%	Too few students
		At a public place or event	•	9%	Too few students
	12th	At my home	22%	30%	SU/SD statistically lower
		At another person's home	68%	60%	SU/SD statistically higher
		At a public place or event	10%	10%	
Sex	Female	At my home	18%	34%	SU/SD statistically lower
		At another person's home	67%	58%	SU/SD statistically higher
		At a public place or event	15%	8%	SU/SD statistically higher
	Male	At my home	20%	34%	SU/SD statistically lower
		At another person's home	56%	53%	
		At a public place or event	24%	13%	SU/SD statistically higher
Total	-	At my home	19%	34%	SU/SD statistically lower
		At another person's home	61%	55%	SU/SD statistically higher
		At a public place or event	20%	10%	SU/SD statistically higher

### 2.09 Percent of students who have ever smoked a whole cigarette

		SAU 70	Vermont	Notes
Grade	9th	5%	14%	SU/SD statistically lower
	10th	11%	18%	SU/SD statistically lower
	11th	18%	24%	SU/SD statistically lower
	12th	22%	28%	SU/SD statistically lower
Sex	Female	12%	19%	SU/SD statistically lower
	Male	16%	23%	SU/SD statistically lower
Total	-	14%	21%	SU/SD statistically lower

### 2.10 Percent of students who smoked a whole cigarette before age 13

		SAU 70	Vermont	Notes
Grade	9th	4%	6%	SU/SD statistically lower
	10th		6%	Too few students
	11th		6%	Too few students
	12th		6%	Too few students
Sex	Female	1%	5%	SU/SD statistically lower
	Male	2%	7%	SU/SD statistically lower
Total		2%	6%	SU/SD statistically lower

#### 2.11 Percent of students who smoked cigarettes, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	3%	7%	SU/SD statistically lower
	10th	6%	9%	SU/SD statistically lower
	11th	9%	12%	SU/SD statistically lower
	12th	15%	14%	
Sex	Female	8%	10%	SU/SD statistically lower
	Male	9%	12%	SU/SD statistically lower
Total	-	8%	11%	SU/SD statistically lower

#### 2.12 Among students who smoked cigarettes in the past month, number of days students smoked

			SAU 70	Vermont	Notes
Grade	9th	1 to 2 days		35%	Too few students
		3 to 9 days		26%	Too few students
		10+ days		39%	Too few students
	10th	1 to 2 days	·	31%	Too few students
		3 to 9 days		25%	Too few students
		10+ days		44%	Too few students
	11th	1 to 2 days	·	29%	Too few students
		3 to 9 days		23%	Too few students
		10+ days		48%	Too few students
	12th	1 to 2 days		26%	Too few students
		3 to 9 days		19%	Too few students
		10+ days		55%	Too few students
Sex	Female	1 to 2 days		32%	Too few students
		3 to 9 days		23%	Too few students
		10+ days		44%	Too few students
	Male	1 to 2 days		26%	Too few students
		3 to 9 days		22%	Too few students
		10+ days		52%	Too few students
Total		1 to 2 days	45%	29%	SU/SD statistically higher
		3 to 9 days	29%	22%	SU/SD statistically higher
		10+ days	26%	49%	SU/SD statistically lower

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

#### 2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			SAU 70	Vermont	Notes
Grade	9th	1 cigarette or less		51%	Too few students
		2 to 10 cigarettes		39%	Too few students
		11 or more cigarettes		10%	Too few students
	10th	1 cigarette or less	·	45%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes	•	10%	Too few students
	11th	1 cigarette or less		43%	Too few students
		2 to 10 cigarettes		48%	Too few students
		11 or more cigarettes	•	9%	Too few students
	12th	1 cigarette or less	·	42%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes	•	13%	Too few students
Sex	Female	1 cigarette or less		47%	Too few students
		2 to 10 cigarettes		44%	Too few students
		11 or more cigarettes		9%	Too few students
	Male	1 cigarette or less	·	42%	Too few students
		2 to 10 cigarettes		45%	Too few students
		11 or more cigarettes	•	13%	Too few students
Total		1 cigarette or less	66%	44%	SU/SD statistically higher
		2 to 10 cigarettes	30%	44%	SU/SD statistically lower
		11 or more cigarettes		12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

# 2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes

			SAU 70	Vermont	Notes
Grade	9th	Bought them		5%	Too few students
		Someone else bought them		27%	Too few students
		Borrowed/bummed them		37%	Too few students
		Took them / some other way		31%	Too few students
	10th	Bought them	·	7%	Too few students
		Someone else bought them	•	26%	Too few students
		Borrowed/bummed them	•	41%	Too few students
		Took them / some other way		26%	Too few students
	11th	Bought them	·	12%	Too few students
		Someone else bought them		31%	Too few students
		Borrowed/bummed them		39%	Too few students
		Took them / some other way		17%	Too few students
	12th	Bought them	·	14%	Too few students
		Someone else bought them		32%	Too few students
		Borrowed/bummed them		41%	Too few students
		Took them / some other way		14%	Too few students
Sex	Female	Bought them		6%	Too few students
		Someone else bought them		30%	Too few students
		Borrowed/bummed them		45%	Too few students
		Took them / some other way		19%	Too few students
	Male	Bought them	·	14%	Too few students
		Someone else bought them		28%	Too few students
		Borrowed/bummed them		34%	Too few students
		Took them / some other way		24%	Too few students
 Total		Bought them		10%	Too few students
		Someone else bought them		29%	Too few students
		Borrowed/bummed them	•	39%	Too few students
		Took them / some other way	•	22%	Too few students

### 2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months

		SAU 70	Vermont	Notes
Grade	9th		45%	Too few students
	10th		46%	Too few students
	11th		44%	Too few students
	12th	•	39%	Too few students
Sex	Female		43%	Too few students
	Male		41%	Too few students
Total		·	42%	Too few students

# 2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.

		SAU 70	Vermont	Notes
Grade	9th	8%	18%	SU/SD statistically lower
	10th	14%	28%	SU/SD statistically lower
	11th	20%	35%	SU/SD statistically lower
	12th	32%	39%	SU/SD statistically lower
Sex	Female	18%	27%	SU/SD statistically lower
	Male	20%	33%	SU/SD statistically lower
Total		19%	30%	SU/SD statistically lower

#### 2.17 Percent of students who have used electronic vapor products, past 30 days

		SAU 70	Vermont	Notes
Grade	9th		10%	Too few students
	10th	6%	14%	SU/SD statistically lower
	11th	6%	17%	SU/SD statistically lower
	12th	10%	19%	SU/SD statistically lower
Sex	Female	6%	13%	SU/SD statistically lower
	Male	6%	18%	SU/SD statistically lower
Total	-	6%	15%	SU/SD statistically lower

#### 2.18 Percent of students who have ever tried a flavored tobacco product

		SAU 70	Vermont	Notes
Grade	9th	4%	15%	SU/SD statistically lower
	10th	11%	21%	SU/SD statistically lower
	11th	15%	29%	SU/SD statistically lower
	12th	18%	32%	SU/SD statistically lower
Sex	Female	12%	20%	SU/SD statistically lower
	Male	11%	28%	SU/SD statistically lower
Total	_	12%	24%	SU/SD statistically lower

#### 2.19 Percent of students who tried a flavored tobacco product before age 13

		SAU 70	Vermont	Notes
Grade	9th		6%	Too few students
	10th		5%	Too few students
	11th		6%	Too few students
	12th		5%	Too few students
Sex	Female	·	4%	Too few students
	Male	2%	7%	SU/SD statistically lower
Total		2%	6%	SU/SD statistically lower

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

# 2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days

		SAU 70	Vermont	Notes
Grade	9th		5%	Too few students
	10th		6%	Too few students
	11th		8%	Too few students
	12th		8%	Too few students
Sex	Female	•	3%	Too few students
	Male	2%	11%	SU/SD statistically lower
Total	-	2%	7%	SU/SD statistically lower

# 2.21 Percent of students who smoked cigars or little cigars, past 30 days

		SAU 70	Vermont	Notes
Grade	9th		5%	Too few students
	10th	5%	8%	SU/SD statistically lower
	11th	5%	12%	SU/SD statistically lower
	12th	13%	16%	
Sex	Female	4%	6%	SU/SD statistically lower
	Male	9%	14%	SU/SD statistically lower
Total		6%	10%	SU/SD statistically lower

# 2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days

		SAU 70	Vermont	Notes
Grade	9th	4%	11%	SU/SD statistically lower
	10th	10%	15%	SU/SD statistically lower
	11th	12%	21%	SU/SD statistically lower
	12th	20%	25%	SU/SD statistically lower
Sex	Female	10%	13%	SU/SD statistically lower
	Male	14%	23%	SU/SD statistically lower
Total		12%	18%	SU/SD statistically lower

#### 2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days

		SAU 70	Vermont	Notes
Grade	9th	5%	16%	SU/SD statistically lower
	10th	12%	22%	SU/SD statistically lower
	11th	13%	28%	SU/SD statistically lower
	12th	25%	32%	SU/SD statistically lower
Sex	Female	12%	20%	SU/SD statistically lower
	Male	17%	29%	SU/SD statistically lower
Total	-	14%	25%	SU/SD statistically lower

# 2.24 Percent of students who have ever tried marijuana

		SAU 70	Vermont	Notes
Grade	9th	7%	22%	SU/SD statistically lower
	10th	20%	32%	SU/SD statistically lower
	11th	32%	44%	SU/SD statistically lower
	12th	49%	49%	
Sex	Female	27%	36%	SU/SD statistically lower
	Male	27%	38%	SU/SD statistically lower
Total		27%	37%	SU/SD statistically lower

# 2.25 Percent of students who used marijuana before age 13

		SAU 70	Vermont	Notes
Grade	9th		6%	Too few students
	10th	3%	6%	SU/SD statistically lower
	11th		7%	Too few students
	12th		6%	Too few students
Sex	Female		5%	Too few students
	Male	2%	8%	SU/SD statistically lower
Total	_	2%	6%	SU/SD statistically lower

# 2.26 Percent of students who used marijuana, past 30 days

		SAU 70	Vermont	Notes
Grade	9th	5%	13%	SU/SD statistically lower
	10th	14%	20%	SU/SD statistically lower
	11th	19%	27%	SU/SD statistically lower
	12th	32%	29%	
Sex	Female	16%	21%	SU/SD statistically lower
	Male	19%	24%	SU/SD statistically lower
Total	-	18%	22%	SU/SD statistically lower

# 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			SAU 70	Vermont	Notes
Grade	9th	1 to 2 times	•	36%	Too few students
		3 to 9 times		24%	Too few students
		10+ times		40%	Too few students
	10th	1 to 2 times	·	32%	Too few students
		3 to 9 times		26%	Too few students
		10+ times		42%	Too few students
	11th	1 to 2 times	·	30%	Too few students
		3 to 9 times		24%	Too few students
		10+ times		46%	Too few students
	12th	1 to 2 times	·	29%	Too few students
		3 to 9 times	•	23%	Too few students
		10+ times		48%	Too few students
Sex	Female	1 to 2 times	51%	37%	SU/SD statistically higher
		3 to 9 times	30%	26%	
		10+ times	19%	37%	SU/SD statistically lower
	Male	1 to 2 times	27%	26%	
		3 to 9 times	20%	23%	
		10+ times	53%	52%	
Total		1 to 2 times	38%	31%	SU/SD statistically higher
		3 to 9 times	25%	24%	-
		10+ times	37%	45%	SU/SD statistically lower

# 2.28 Percent of students who ever misused a stimulant or prescription pain reliever

		SAU 70	Vermont	Notes
Grade	9th	4%	8%	SU/SD statistically lower
	10th	8%	10%	SU/SD statistically lower
	11th	13%	13%	
	12th	22%	14%	SU/SD statistically higher
Sex	Female	10%	11%	
	Male	13%	12%	
Total	_	12%	11%	

# 2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days

		SAU 70	Vermont	Notes
Grade	9th		4%	Too few students
	10th		4%	Too few students
	11th		5%	Too few students
	12th	7%	6%	
Sex	Female	2%	4%	SU/SD statistically lower
	Male	3%	5%	SU/SD statistically lower
Total	-	3%	5%	SU/SD statistically lower

# 2.30 Percent of students who ever used cocaine

		SAU 70	Vermont	Notes
Grade	9th		3%	Too few students
	10th	3%	4%	
	11th		5%	Too few students
	12th	5%	7%	
Sex	Female	2%	4%	SU/SD statistically lower
	Male	5%	6%	
Total	_	3%	5%	SU/SD statistically lower

#### 2.31 Percent of students who ever used inhalants

		SAU 70	Vermont	Notes
Grade	9th	6%	7%	
	10th		6%	Too few students
	11th	6%	7%	
	12th	·	5%	Too few students
Sex	Female	3%	6%	SU/SD statistically lower
	Male	5%	7%	SU/SD statistically lower
Total		4%	7%	SU/SD statistically lower

# 2.32 Percent of students who ever used methamphetamines

		SAU 70	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		3%	Too few students
	12th	·	3%	Too few students
Sex	Female		2%	Too few students
	Male	2%	3%	SU/SD statistically lower
Total		2%	3%	SU/SD statistically lower

#### 2.33 Percent of students who ever used heroin

		SAU 70	Vermont	Notes
Grade	9th		2%	Too few students
	10th		2%	Too few students
	11th		2%	Too few students
	12th		3%	Too few students
Sex	Female		1%	Too few students
	Male	2%	3%	SU/SD statistically lower
Total	-	1%	2%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

# 3.01 Percent of students who were in the same room as someone smoking, past 7 days

		SAU 70	Vermont	Notes
Grade	9th	17%	34%	SU/SD statistically lower
	10th	18%	36%	SU/SD statistically lower
	11th	17%	39%	SU/SD statistically lower
	12th	23%	38%	SU/SD statistically lower
Sex	Female	18%	37%	SU/SD statistically lower
	Male	20%	37%	SU/SD statistically lower
Total		19%	37%	SU/SD statistically lower

# 3.02 Percent of students who were in the same car as someone smoking, past 7 days

		SAU 70	Vermont	Notes
Grade	9th	7%	25%	SU/SD statistically lower
	10th	8%	27%	SU/SD statistically lower
	11th		28%	Too few students
	12th	12%	28%	SU/SD statistically lower
Sex	Female	7%	28%	SU/SD statistically lower
	Male	8%	27%	SU/SD statistically lower
Total		8%	27%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

## 3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.

			SAU 70	Vermont	Notes
Grade	9th	Never or rarely	25%	19%	SU/SD statistically higher
		Sometimes	35%	27%	SU/SD statistically higher
		At least most of the time	40%	54%	SU/SD statistically lower
	10th	Never or rarely	17%	19%	
		Sometimes	29%	27%	
		At least most of the time	54%	53%	
	11th	Never or rarely	28%	21%	SU/SD statistically higher
		Sometimes	39%	28%	SU/SD statistically higher
		At least most of the time	33%	52%	SU/SD statistically lower
	12th	Never or rarely	30%	22%	SU/SD statistically higher
		Sometimes	42%	28%	SU/SD statistically higher
		At least most of the time	28%	50%	SU/SD statistically lower
Sex	Female	Never or rarely	23%	19%	SU/SD statistically higher
		Sometimes	39%	28%	SU/SD statistically higher
		At least most of the time	38%	53%	SU/SD statistically lower
	Male	Never or rarely	27%	22%	SU/SD statistically higher
		Sometimes	33%	26%	SU/SD statistically higher
		At least most of the time	40%	51%	SU/SD statistically lower
Total	_	Never or rarely	25%	21%	SU/SD statistically higher
		Sometimes	36%	27%	SU/SD statistically higher
		At least most of the time	39%	52%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.

#### 3.04 Out of 100 high school students, the number thought to smoke cigarettes

	SAU 70	Vermont	Notes
15 or less students	36%	19%	SU/SD statistically higher
16 to 25 students	35%	29%	SU/SD statistically higher
26 to 45 students	19%	24%	SU/SD statistically lower
46 to 55 students	6%	14%	SU/SD statistically lower
56 to 75 students	2%	8%	SU/SD statistically lower
76 or more students	1%	7%	SU/SD statistically lower

### 3.05 Out of 100 high school students, the number thought to use marijuana

	SAU 70	Vermont	Notes
15 or less students	11%	8%	SU/SD statistically higher
16 to 25 students	26%	13%	SU/SD statistically higher
26 to 45 students	28%	21%	SU/SD statistically higher
46 to 55 students	19%	21%	SU/SD statistically lower
56 to 75 students	11%	20%	SU/SD statistically lower
76 or more students	5%	16%	SU/SD statistically lower

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

#### 3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes

		SAU 70	Vermont	Notes
Grade	9th	95%	94%	
	10th	97%	93%	SU/SD statistically higher
	11th	99%	92%	SU/SD statistically higher
	12th	94%	87%	SU/SD statistically higher
Sex	Female	97%	93%	SU/SD statistically higher
	Male	95%	90%	SU/SD statistically higher
Total	-	96%	91%	SU/SD statistically higher

#### 3.07 Percent of students who think their parents think it is wrong for them to drink alcohol

		SAU 70	Vermont	Notes
Grade	9th	87%	84%	
	10th	78%	78%	
	11th	73%	70%	
	12th	53%	57%	
Sex	Female	74%	74%	
	Male	72%	70%	
Total	_	73%	72%	

#### 3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana

		SAU 70	Vermont	Notes
Grade	9th	94%	87%	SU/SD statistically higher
	10th	87%	82%	SU/SD statistically higher
	11th	89%	78%	SU/SD statistically higher
	12th	71%	74%	
Sex	Female	84%	82%	- 10-
	Male	86%	79%	SU/SD statistically higher
Total		85%	80%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

# 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		SAU 70	Vermont	Notes
Grade	9th	94%	87%	SU/SD statistically higher
	10th	90%	84%	SU/SD statistically higher
	11th	86%	77%	SU/SD statistically higher
	12th	75%	67%	SU/SD statistically higher
Sex	Female	88%	80%	SU/SD statistically higher
	Male	85%	77%	SU/SD statistically higher
Total	_	86%	78%	SU/SD statistically higher

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		SAU 70	Vermont	Notes
Grade	9th	79%	70%	SU/SD statistically higher
	10th	60%	58%	
	11th	41%	47%	SU/SD statistically lower
	12th	31%	38%	SU/SD statistically lower
Sex	Female	53%	54%	
	Male	53%	53%	
Total		53%	53%	

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		SAU 70	Vermont	Notes
Grade	9th	88%	70%	SU/SD statistically higher
	10th	68%	59%	SU/SD statistically higher
	11th	54%	51%	
	12th	37%	44%	SU/SD statistically lower
Sex	Female	65%	57%	SU/SD statistically higher
	Male	58%	55%	SU/SD statistically higher
Total		62%	56%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

#### 3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		SAU 70	Vermont	Notes
Grade	9th	83%	62%	SU/SD statistically higher
	10th	85%	66%	SU/SD statistically higher
	11th	81%	66%	SU/SD statistically higher
	12th	82%	66%	SU/SD statistically higher
Sex	Female	85%	67%	SU/SD statistically higher
	Male	81%	63%	SU/SD statistically higher
Total		83%	65%	SU/SD statistically higher

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		SAU 70	Vermont	Notes
Grade	9th	60%	42%	SU/SD statistically higher
	10th	51%	40%	SU/SD statistically higher
	11th	40%	36%	
	12th	37%	35%	
Sex	Female	57%	43%	SU/SD statistically higher
	Male	38%	33%	SU/SD statistically higher
Total		47%	38%	SU/SD statistically higher

#### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		SAU 70	Vermont	Notes
Grade	9th	56%	35%	SU/SD statistically higher
	10th	41%	29%	SU/SD statistically higher
	11th	30%	22%	SU/SD statistically higher
	12th	21%	21%	
Sex	Female	46%	30%	SU/SD statistically higher
	Male	27%	24%	SU/SD statistically higher
Total		37%	27%	SU/SD statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_\_

# 3.15 Percent of students who think it would be easy to get cigarettes

		SAU 70	Vermont	Notes
Grade	9th	27%	44%	SU/SD statistically lower
	10th	49%	55%	SU/SD statistically lower
	11th	58%	64%	SU/SD statistically lower
	12th	82%	80%	
Sex	Female	52%	57%	SU/SD statistically lower
	Male	57%	64%	SU/SD statistically lower
Total	-	54%	61%	SU/SD statistically lower

# 3.16 Percent of students who think it would be easy to get alcohol

		SAU 70	Vermont	Notes
Grade	9th	53%	60%	SU/SD statistically lower
	10th	74%	68%	SU/SD statistically higher
	11th	83%	74%	SU/SD statistically higher
	12th	84%	75%	SU/SD statistically higher
Sex	Female	74%	71%	SU/SD statistically higher
	Male	73%	68%	SU/SD statistically higher
Total	-	74%	69%	SU/SD statistically higher

# 3.17 Percent of students who think it would be easy to get marijuana

		SAU 70	Vermont	Notes
Grade	9th	33%	46%	SU/SD statistically lower
	10th	57%	60%	
	11th	72%	69%	
	12th	79%	74%	SU/SD statistically higher
Sex	Female	59%	60%	
	Male	61%	65%	SU/SD statistically lower
Total	-	60%	62%	

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use\_\_\_\_\_

#### 3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	48%	44%	
	10th	51%	50%	
	11th	63%	57%	SU/SD statistically higher
	12th	72%	60%	SU/SD statistically higher
Sex	Female	52%	56%	SU/SD statistically lower
	Male	65%	50%	SU/SD statistically higher
Total		58%	53%	SU/SD statistically higher

#### 3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police

		SAU 70	Vermont	Notes
Grade	9th	43%	36%	SU/SD statistically higher
	10th	49%	30%	SU/SD statistically higher
	11th	38%	27%	SU/SD statistically higher
	12th	41%	24%	SU/SD statistically higher
Sex	Female	45%	29%	SU/SD statistically higher
	Male	41%	29%	SU/SD statistically higher
Total		43%	29%	SU/SD statistically higher

#### 3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months

		SAU 70	Vermont	Notes
Grade	9th	13%	15%	
	10th	21%	19%	
	11th	23%	20%	
	12th	33%	18%	SU/SD statistically higher
Sex	Female	18%	15%	SU/SD statistically higher
	Male	27%	21%	SU/SD statistically higher
Total	-	22%	18%	SU/SD statistically higher

# 4.01 Sexual orientation

			<b>SAU 70</b>	Vermont	Notes
Grade	9th	Heterosexual (straight)	89%	88%	
		Gay or lesbian		2%	Too few students
		Bisexual	4%	6%	SU/SD statistically lower
		Not sure	5%	5%	
	10th	Heterosexual (straight)	86%	89%	
		Gay or lesbian	3%	2%	SU/SD statistically higher
		Bisexual	8%	6%	
		Not sure	3%	4%	
	11th	Heterosexual (straight)	90%	88%	
		Gay or lesbian		2%	Too few students
		Bisexual		6%	Too few students
		Not sure	5%	4%	
	12th	Heterosexual (straight)	91%	88%	SU/SD statistically higher
		Gay or lesbian		2%	Too few students
		Bisexual	5%	6%	
		Not sure	•	4%	Too few students
Sex	Female	Heterosexual (straight)	86%	84%	No.
		Gay or lesbian		2%	Too few students
		Bisexual	8%	10%	SU/SD statistically lower
		Not sure	5%	5%	
	Male	Heterosexual (straight)	92%	92%	
		Gay or lesbian	3%	2%	SU/SD statistically higher
		Bisexual	3%	3%	
		Not sure	2%	4%	SU/SD statistically lower
Total		Heterosexual (straight)	89%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	5%	6%	SU/SD statistically lower
		Not sure	4%	4%	,

#### 4.02 Percent of students who have ever had sexual intercourse

		SAU 70	Vermont	Notes
Grade	9th	5%	18%	SU/SD statistically lower
	10th	17%	33%	SU/SD statistically lower
	11th	20%	49%	SU/SD statistically lower
	12th	48%	62%	SU/SD statistically lower
Sex	Female	21%	40%	SU/SD statistically lower
	Male	26%	41%	SU/SD statistically lower
Total	-	23%	41%	SU/SD statistically lower

#### 4.03 Percent of students who have ever had oral sex

		SAU 70	Vermont	Notes
Grade	9th	12%	21%	SU/SD statistically lower
	10th	27%	37%	SU/SD statistically lower
	11th	27%	50%	SU/SD statistically lower
	12th	55%	60%	
Sex	Female	27%	41%	SU/SD statistically lower
	Male	34%	42%	SU/SD statistically lower
Total	-	31%	42%	SU/SD statistically lower

#### 4.04 Percent of students who had sexual intercourse before age 13

		SAU 70	Vermont	Notes
Grade	9th		3%	Too few students
	10th		3%	Too few students
	11th		3%	Too few students
	12th		4%	Too few students
Sex	Female		2%	Too few students
	Male		4%	Too few students
Total	_	1%	3%	SU/SD statistically lower

# 4.05 Percent of students who have had sexual intercourse with four or more people

		SAU 70	Vermont	Notes
Grade	9th		3%	Too few students
	10th	3%	6%	SU/SD statistically lower
	11th	6%	11%	SU/SD statistically lower
	12th	7%	19%	SU/SD statistically lower
Sex	Female	4%	9%	SU/SD statistically lower
	Male	4%	10%	SU/SD statistically lower
Total	-	4%	10%	SU/SD statistically lower

#### 4.06 Percent of students who have ever been tested for HIV

		SAU 70	Vermont	Notes
Grade	9th	6%	7%	
	10th	5%	8%	SU/SD statistically lower
	11th		12%	Too few students
	12th	6%	14%	SU/SD statistically lower
Sex	Female	6%	11%	SU/SD statistically lower
	Male	4%	9%	SU/SD statistically lower
Total	-	5%	10%	SU/SD statistically lower

# 4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)

		SAU 70	Vermont	Notes
Grade	9th	•	12%	Too few students
	10th	15%	24%	SU/SD statistically lower
	11th	12%	38%	SU/SD statistically lower
	12th	36%	49%	SU/SD statistically lower
Sex	Female	15%	33%	SU/SD statistically lower
	Male	18%	30%	SU/SD statistically lower
Total	-	17%	31%	SU/SD statistically lower

#### 4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex

		SAU 70	Vermont	Notes
Grade	9th		18%	Too few students
	10th		19%	Too few students
	11th	•	18%	Too few students
	12th	32%	18%	SU/SD statistically higher
Sex	Female		15%	Too few students
	Male	34%	22%	SU/SD statistically higher
Total	-	30%	19%	SU/SD statistically higher

#### 4.09 Of sexually active students, percent who used condoms the last time they had sex

		SAU 70	Vermont	Notes
Grade	9th		65%	Too few students
	10th		65%	Too few students
	11th		58%	Too few students
	12th	70%	54%	SU/SD statistically higher
Sex	Female		55%	Too few students
	Male		62%	Too few students
Total	-	73%	58%	SU/SD statistically higher

# 4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		SAU 70	Vermont	Notes
Grade	9th		28%	Too few students
	10th		39%	Too few students
	11th		49%	Too few students
	12th	51%	54%	
Sex	Female		55%	Too few students
	Male		38%	Too few students
Total	-	51%	47%	

#### 4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex

		SAU 70	Vermont	Notes
Grade	9th		80%	Too few students
	10th		87%	Too few students
	11th		88%	Too few students
	12th	96%	87%	SU/SD statistically higher
Sex	Female		88%	Too few students
	Male		86%	Too few students
Total	-	95%	87%	SU/SD statistically higher

# 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			SAU 70	Vermont	Notes
Grade	9th	No method was used		12%	Too few students
		Birth control pills		19%	Too few students
		Condoms		50%	Too few students
		IUD or implant		4%	Too few students
		Shot/patch/birth control ring	·	5%	Too few students
		Withdrawal/other method		8%	Too few students
		Not sure		3%	Too few students
	10th	No method was used		7%	Too few students
		Birth control pills		28%	Too few students
		Condoms		46%	Too few students
		IUD or implant		5%	Too few students
		Shot/patch/birth control ring	·	6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure	•	2%	Too few students
	11th	No method was used		6%	Too few students
		Birth control pills		37%	Too few students
		Condoms		37%	Too few students
		IUD or implant		7%	Too few students
		Shot/patch/birth control ring	·	6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		1%	Too few students
	12th	No method was used	•	7%	Too few students
		Birth control pills	44%	40%	
		Condoms	45%	32%	SU/SD statistically higher
		IUD or implant		7%	Too few students
		Shot/patch/birth control ring	·	7%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		2%	Too few students

			SAU 70	Vermont	Notes
Sex	Female	No method was used		7%	Too few students
		Birth control pills		39%	Too few students
		Condoms		31%	Too few students
		IUD or implant		8%	Too few students
		Shot/patch/birth control ring		8%	Too few students
		Withdrawal/other method		5%	Too few students
		Not sure		1%	Too few students
	Male	No method was used	·	7%	Too few students
		Birth control pills		30%	Too few students
		Condoms		45%	Too few students
		IUD or implant		4%	Too few students
		Shot/patch/birth control ring		4%	Too few students
		Withdrawal/other method		7%	Too few students
		Not sure		3%	Too few students
Total		No method was used		7%	Too few students
		Birth control pills	42%	35%	SU/SD statistically higher
		Condoms	44%	38%	SU/SD statistically higher
		IUD or implant		6%	Too few students
		Shot/patch/birth control ring		6%	Too few students
		Withdrawal/other method		6%	Too few students
		Not sure		2%	Too few students

Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex

# 4.13 Sexual identity of sexual contacts

			SAU 70	Vermont	Notes
Sex	Female	Have not had sex	54%	45%	SU/SD statistically higher
		Same sex	2%	1%	
		Opposite sex	36%	46%	SU/SD statistically lower
		Both sexes	8%	7%	
	Male	Have not had sex	51%	43%	SU/SD statistically higher
		Same sex		1%	Too few students
		Opposite sex	46%	53%	SU/SD statistically lower
		Both sexes	2%	2%	
Total		Have not had sex	53%	44%	SU/SD statistically higher
		Same sex	2%	1%	
		Opposite sex	41%	50%	SU/SD statistically lower
		Both sexes	5%	5%	

#### 5.01 The percent of students who are overweight (85th to <95th BMI percentile)

		SAU 70	Vermont	Notes
Grade	9th	14%	15%	
	10th	13%	14%	
	11th	10%	14%	SU/SD statistically lower
	12th	7%	13%	SU/SD statistically lower
Sex	Female	9%	14%	SU/SD statistically lower
	Male	13%	14%	
Total	-	11%	14%	SU/SD statistically lower

#### **5.02** The percent of students who are obese (=>95th BMI percentile)

		SAU 70	Vermont	Notes
Grade	9th		12%	Too few students
	10th	4%	13%	SU/SD statistically lower
	11th		12%	Too few students
	12th	5%	12%	SU/SD statistically lower
Sex	Female		9%	Too few students
	Male	7%	16%	SU/SD statistically lower
Total	-	4%	12%	SU/SD statistically lower

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

# **5.03** Perceptions of weight

			SAU 70	Vermont	Notes
Grade	9th	Underweight	14%	15%	
		About the right weight	64%	56%	SU/SD statistically higher
		Overweight	22%	29%	SU/SD statistically lower
	10th	Underweight	17%	13%	SU/SD statistically higher
		About the right weight	61%	55%	SU/SD statistically higher
		Overweight	22%	32%	SU/SD statistically lower
	11th	Underweight	11%	13%	
		About the right weight	71%	55%	SU/SD statistically higher
		Overweight	17%	31%	SU/SD statistically lower
	12th	Underweight	15%	13%	
		About the right weight	66%	55%	SU/SD statistically higher
		Overweight	19%	32%	SU/SD statistically lower
Sex	Female	Underweight	7%	10%	SU/SD statistically lower
		About the right weight	70%	54%	SU/SD statistically higher
		Overweight	23%	36%	SU/SD statistically lower
	Male	Underweight	22%	17%	SU/SD statistically higher
		About the right weight	61%	57%	SU/SD statistically higher
		Overweight	17%	26%	SU/SD statistically lower
Total	-	Underweight	14%	14%	
		About the right weight	65%	55%	SU/SD statistically higher
		Overweight	20%	31%	SU/SD statistically lower

# 5.04 Students who are trying to do something about their weight

			SAU 70	Vermont	Notes
Grade	9th	Lose weight	28%	41%	SU/SD statistically lower
		Gain weight	12%	12%	
		Stay the same weight /do nothing	60%	47%	SU/SD statistically higher
	10th	Lose weight	38%	43%	SU/SD statistically lower
		Gain weight	14%	13%	
		Stay the same weight /do nothing	48%	44%	
	11th	Lose weight	34%	42%	SU/SD statistically lower
		Gain weight	17%	14%	
		Stay the same weight /do nothing	49%	44%	SU/SD statistically higher
	12th	Lose weight	36%	42%	SU/SD statistically lower
		Gain weight	17%	15%	
		Stay the same weight /do nothing	47%	42%	
Sex	Female	Lose weight	49%	56%	SU/SD statistically lower
		Gain weight	3%	4%	
		Stay the same weight /do nothing	48%	40%	SU/SD statistically higher
	Male	Lose weight	19%	28%	SU/SD statistically lower
		Gain weight	27%	23%	SU/SD statistically higher
		Stay the same weight /do nothing	54%	49%	SU/SD statistically higher
Total	_	Lose weight	34%	42%	SU/SD statistically lower
		Gain weight	15%	14%	
		Stay the same weight /do nothing	51%	44%	SU/SD statistically higher

# 6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			SAU 70	Vermont	Notes
Grade	9th	Less than 1 hour	17%	14%	
		1 to 2 hours	49%	36%	SU/SD statistically higher
		3 to 4 hours	29%	33%	
		5+ hours	5%	18%	SU/SD statistically lower
	10th	Less than 1 hour	11%	14%	
		1 to 2 hours	54%	36%	SU/SD statistically higher
		3 to 4 hours	29%	32%	
		5+ hours	5%	18%	SU/SD statistically lower
	11th	Less than 1 hour	14%	15%	
		1 to 2 hours	48%	38%	SU/SD statistically higher
		3 to 4 hours	31%	32%	
		5+ hours	8%	16%	SU/SD statistically lower
	12th	Less than 1 hour	12%	16%	SU/SD statistically lower
		1 to 2 hours	39%	36%	
		3 to 4 hours	40%	32%	SU/SD statistically higher
		5+ hours	9%	17%	SU/SD statistically lower
Sex	Female	Less than 1 hour	13%	15%	
		1 to 2 hours	49%	37%	SU/SD statistically higher
		3 to 4 hours	33%	32%	
		5+ hours	4%	16%	SU/SD statistically lower
	Male	Less than 1 hour	14%	14%	
		1 to 2 hours	45%	36%	SU/SD statistically higher
		3 to 4 hours	32%	32%	
		5+ hours	9%	18%	SU/SD statistically lower
Total		Less than 1 hour	13%	15%	
		1 to 2 hours	47%	36%	SU/SD statistically higher
		3 to 4 hours	33%	32%	
		5+ hours	7%	17%	SU/SD statistically lower

# 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			SAU 70	Vermont	Notes
Grade	9th	0 days	6%	11%	SU/SD statistically lower
		1 to 2 days	8%	16%	SU/SD statistically lower
		3 to 6 days	59%	47%	SU/SD statistically higher
		Everyday	27%	25%	
	10th	0 days	11%	13%	
		1 to 2 days	16%	15%	
		3 to 6 days	49%	47%	
		Everyday	24%	24%	
	11th	0 days	9%	15%	SU/SD statistically lower
		1 to 2 days	19%	17%	
		3 to 6 days	52%	45%	SU/SD statistically higher
		Everyday	20%	22%	
	12th	0 days	9%	17%	SU/SD statistically lower
		1 to 2 days	16%	18%	
		3 to 6 days	56%	44%	SU/SD statistically higher
		Everyday	19%	21%	
Sex	Female	0 days	12%	17%	SU/SD statistically lower
		1 to 2 days	15%	20%	SU/SD statistically lower
		3 to 6 days	58%	48%	SU/SD statistically higher
		Everyday	16%	16%	
	Male	0 days	6%	12%	SU/SD statistically lower
		1 to 2 days	15%	14%	
		3 to 6 days	50%	44%	SU/SD statistically higher
		Everyday	29%	30%	
Total		0 days	9%	14%	SU/SD statistically lower
		1 to 2 days	15%	17%	SU/SD statistically lower
		3 to 6 days	54%	46%	SU/SD statistically higher
		Everyday	23%	23%	

#### 6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days

		SAU 70	Vermont	Notes
Grade	9th	32%	23%	SU/SD statistically higher
	10th	31%	23%	SU/SD statistically higher
	11th	34%	23%	SU/SD statistically higher
	12th	34%	24%	SU/SD statistically higher
Sex	Female	39%	22%	SU/SD statistically higher
	Male	26%	25%	
Total	-	33%	24%	SU/SD statistically higher

# 6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days

		SAU 70	Vermont	Notes
Grade	9th	51%	34%	SU/SD statistically higher
	10th	53%	34%	SU/SD statistically higher
	11th	47%	34%	SU/SD statistically higher
	12th	52%	35%	SU/SD statistically higher
Sex	Female	58%	33%	SU/SD statistically higher
	Male	44%	35%	SU/SD statistically higher
Total	-	51%	34%	SU/SD statistically higher

#### 6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days

		SAU 70	Vermont	Notes
Grade	9th	27%	17%	SU/SD statistically higher
	10th	21%	17%	SU/SD statistically higher
	11th	23%	18%	SU/SD statistically higher
	12th	29%	19%	SU/SD statistically higher
Sex	Female	27%	17%	SU/SD statistically higher
	Male	22%	19%	SU/SD statistically higher
Total	-	25%	18%	SU/SD statistically higher

# 6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days

		SAU 70	Vermont	Notes
Grade	9th	5%	5%	
	10th		4%	Too few students
	11th		4%	Too few students
	12th		4%	Too few students
Sex	Female	2%	3%	SU/SD statistically lower
	Male	3%	5%	SU/SD statistically lower
Total	_	2%	4%	SU/SD statistically lower

# 6.07 The percent of students who did not any eat vegetables, past 7 days

		SAU 70	Vermont	Notes
Grade	9th		5%	Too few students
	10th		4%	Too few students
	11th		4%	Too few students
	12th	•	4%	Too few students
Sex	Female		3%	Too few students
	Male	2%	6%	SU/SD statistically lower
Total		1%	4%	SU/SD statistically lower

# 6.08 The number of days students ate breakfast during the past 7 days

			SAU 70	Vermont	Notes
Grade	9th	Never	5%	11%	SU/SD statistically lower
		1 to 3 days	12%	25%	SU/SD statistically lower
		4 to 6 days	22%	22%	
		Everyday	62%	42%	SU/SD statistically higher
	10th	Never	4%	11%	SU/SD statistically lower
		1 to 3 days	15%	24%	SU/SD statistically lower
		4 to 6 days	25%	24%	
		Everyday	56%	41%	SU/SD statistically higher
	11th	Never	6%	10%	SU/SD statistically lower
		1 to 3 days	22%	25%	
		4 to 6 days	19%	24%	SU/SD statistically lower
		Everyday	52%	40%	SU/SD statistically higher
	12th	Never	8%	11%	SU/SD statistically lower
		1 to 3 days	13%	25%	SU/SD statistically lower
		4 to 6 days	23%	25%	
		Everyday	56%	39%	SU/SD statistically higher
Sex	Female	Never	6%	11%	SU/SD statistically lower
		1 to 3 days	18%	27%	SU/SD statistically lower
		4 to 6 days	21%	24%	SU/SD statistically lower
		Everyday	55%	38%	SU/SD statistically higher
	Male	Never	5%	11%	SU/SD statistically lower
		1 to 3 days	13%	23%	SU/SD statistically lower
		4 to 6 days	24%	23%	
		Everyday	59%	43%	SU/SD statistically higher
Total	_	Never	5%	11%	SU/SD statistically lower
		1 to 3 days	15%	25%	SU/SD statistically lower
		4 to 6 days	22%	24%	·
		Everyday	57%	40%	SU/SD statistically higher

# 6.09 The number of glasses of water students drank yesterday

			SAU 70	Vermont	Notes
Grade	9th	None		9%	Too few students
		1 to 3 glasses	64%	60%	SU/SD statistically higher
		4+ glasses	34%	32%	
	10th	None	3%	8%	SU/SD statistically lower
		1 to 3 glasses	59%	58%	
		4+ glasses	39%	34%	SU/SD statistically higher
	11th	None	4%	8%	SU/SD statistically lower
		1 to 3 glasses	51%	60%	SU/SD statistically lower
		4+ glasses	45%	32%	SU/SD statistically higher
	12th	None	·	9%	Too few students
		1 to 3 glasses	56%	57%	
		4+ glasses	41%	34%	SU/SD statistically higher
Sex	Female	None	3%	8%	SU/SD statistically lower
		1 to 3 glasses	60%	62%	
		4+ glasses	37%	31%	SU/SD statistically higher
	Male	None	3%	9%	SU/SD statistically lower
		1 to 3 glasses	55%	56%	
		4+ glasses	42%	35%	SU/SD statistically higher
Total		None	3%	9%	SU/SD statistically lower
		1 to 3 glasses	58%	59%	
		4+ glasses	39%	33%	SU/SD statistically higher

# 6.10 Amount of soda students drank during the past 7 days

			SAU 70	Vermont	Notes
Grade	9th	None	49%	32%	SU/SD statistically higher
		At least once during the past week	49%	54%	SU/SD statistically lower
		At least once per day	•	14%	Too few students
	10th	None	49%	33%	SU/SD statistically higher
		At least once during the past week	46%	53%	SU/SD statistically lower
		At least once per day	5%	14%	SU/SD statistically lower
	11th	None	49%	33%	SU/SD statistically higher
		At least once during the past week	47%	51%	
		At least once per day	4%	15%	SU/SD statistically lower
	12th	None	54%	36%	SU/SD statistically higher
		At least once during the past week	41%	49%	SU/SD statistically lower
		At least once per day	6%	15%	SU/SD statistically lower
Sex	Female	None	63%	42%	SU/SD statistically higher
		At least once during the past week	35%	48%	SU/SD statistically lower
		At least once per day	1%	9%	SU/SD statistically lower
	Male	None	36%	25%	SU/SD statistically higher
		At least once during the past week	56%	55%	
		At least once per day	7%	20%	SU/SD statistically lower
Total		None	50%	33%	SU/SD statistically higher
		At least once during the past week	46%	52%	SU/SD statistically lower
		At least once per day	4%	15%	SU/SD statistically lower

# 6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days

			<b>SAU 70</b>	Vermont	Notes
Grade	9th	None	26%	25%	
		At least once during the past week	65%	61%	
		At least once per day	9%	14%	SU/SD statistically lower
	10th	None	24%	25%	
		At least once during the past week	63%	59%	
		At least once per day	13%	15%	
	11th	None	36%	26%	SU/SD statistically higher
		At least once during the past week	56%	59%	
		At least once per day	8%	16%	SU/SD statistically lower
	12th	None	28%	29%	
		At least once during the past week	62%	57%	SU/SD statistically higher
		At least once per day	10%	15%	SU/SD statistically lower
Sex	Female	None	38%	30%	SU/SD statistically higher
		At least once during the past week	57%	59%	
		At least once per day	4%	11%	SU/SD statistically lower
	Male	None	17%	22%	SU/SD statistically lower
		At least once during the past week	66%	58%	SU/SD statistically higher
		At least once per day	17%	19%	SU/SD statistically lower
Total	-	None	28%	26%	SU/SD statistically higher
		At least once during the past week	61%	59%	SU/SD statistically higher
		At least once per day	10%	15%	SU/SD statistically lower

### 7.01 Typical grades in the past 12 months, as reported by students

			SAU 70	Vermont	Notes
Grade	9th	Mostly As or Bs	97%	76%	SU/SD statistically higher
		Mostly Cs	3%	13%	SU/SD statistically lower
		Mostly Ds or Fs	•	4%	Too few students
		Other / Not sure		7%	Too few students
	10th	Mostly As or Bs	94%	77%	SU/SD statistically higher
		Mostly Cs	3%	14%	SU/SD statistically lower
		Mostly Ds or Fs		4%	Too few students
		Other / Not sure	•	5%	Too few students
	11th	Mostly As or Bs	93%	80%	SU/SD statistically higher
		Mostly Cs	6%	13%	SU/SD statistically lower
		Mostly Ds or Fs		3%	Too few students
		Other / Not sure		4%	Too few students
	12th	Mostly As or Bs	97%	83%	SU/SD statistically higher
		Mostly Cs		11%	Too few students
		Mostly Ds or Fs	•	2%	Too few students
		Other / Not sure		4%	Too few students
Sex	Female	Mostly As or Bs	96%	84%	SU/SD statistically higher
		Mostly Cs	3%	9%	SU/SD statistically lower
		Mostly Ds or Fs		3%	Too few students
		Other / Not sure		4%	Too few students
	Male	Mostly As or Bs	94%	74%	SU/SD statistically higher
		Mostly Cs	4%	16%	SU/SD statistically lower
		Mostly Ds or Fs		4%	Too few students
		Other / Not sure		6%	Too few students
Total	·	Mostly As or Bs	95%	79%	SU/SD statistically higher
		Mostly Cs	4%	13%	SU/SD statistically lower
		Mostly Ds or Fs		3%	Too few students
		Other / Not sure	1%	5%	SU/SD statistically lower

### 7.02 The percent of students participating in extracurricular activities, hours per week

			SAU 70	Vermont	Notes
Grade	9th	0 hours	15%	32%	SU/SD statistically lower
		1 to 4 hours	25%	30%	SU/SD statistically lower
		5 to 9 hours	34%	17%	SU/SD statistically higher
		10 or more hours	26%	21%	SU/SD statistically higher
	10th	0 hours	9%	32%	SU/SD statistically lower
		1 to 4 hours	24%	28%	SU/SD statistically lower
		5 to 9 hours	30%	16%	SU/SD statistically higher
		10 or more hours	37%	24%	SU/SD statistically higher
	11th	0 hours	10%	32%	SU/SD statistically lower
		1 to 4 hours	29%	27%	
		5 to 9 hours	25%	16%	SU/SD statistically higher
		10 or more hours	35%	25%	SU/SD statistically higher
	12th	0 hours	14%	32%	SU/SD statistically lower
		1 to 4 hours	23%	26%	
		5 to 9 hours	21%	16%	SU/SD statistically higher
		10 or more hours	42%	27%	SU/SD statistically higher
Sex	Female	0 hours	12%	31%	SU/SD statistically lower
		1 to 4 hours	23%	29%	SU/SD statistically lower
		5 to 9 hours	29%	16%	SU/SD statistically higher
		10 or more hours	36%	24%	SU/SD statistically higher
	Male	0 hours	12%	33%	SU/SD statistically lower
		1 to 4 hours	27%	27%	
		5 to 9 hours	26%	16%	SU/SD statistically higher
		10 or more hours	35%	24%	SU/SD statistically higher
Total		0 hours	12%	32%	SU/SD statistically lower
		1 to 4 hours	25%	28%	SU/SD statistically lower
		5 to 9 hours	28%	16%	SU/SD statistically higher
		10 or more hours	35%	24%	SU/SD statistically higher

#### 7.03 The percent of students who spoke with their parents at least weekly about school

		SAU 70	Vermont	Notes
Grade	9th	89%	78%	SU/SD statistically higher
	10th	90%	77%	SU/SD statistically higher
	11th	83%	77%	SU/SD statistically higher
	12th	88%	75%	SU/SD statistically higher
Sex	Female	87%	77%	SU/SD statistically higher
	Male	89%	76%	SU/SD statistically higher
Total		88%	76%	SU/SD statistically higher

### 7.04 The percent of students who agree that in their community they feel like they matter to people

		SAU 70	Vermont	Notes
Grade	9th	60%	49%	SU/SD statistically higher
	10th	65%	48%	SU/SD statistically higher
	11th	75%	50%	SU/SD statistically higher
	12th	76%	54%	SU/SD statistically higher
Sex	Female	66%	47%	SU/SD statistically higher
	Male	72%	54%	SU/SD statistically higher
Total		69%	50%	SU/SD statistically higher

#### 7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement

		SAU 70	Vermont	Notes
Grade	9th	81%	59%	SU/SD statistically higher
	10th	67%	57%	SU/SD statistically higher
	11th	74%	64%	SU/SD statistically higher
	12th	82%	69%	SU/SD statistically higher
Sex	Female	73%	60%	SU/SD statistically higher
	Male	79%	64%	SU/SD statistically higher
Total	-	76%	62%	SU/SD statistically higher

### 7.06 The percent of students who agree that students help decide what goes on in school

		SAU 70	Vermont	Notes
Grade	9th	86%	50%	SU/SD statistically higher
	10th	74%	46%	SU/SD statistically higher
	11th	87%	46%	SU/SD statistically higher
	12th	79%	49%	SU/SD statistically higher
Sex	Female	83%	48%	SU/SD statistically higher
	Male	78%	48%	SU/SD statistically higher
Total	-	81%	48%	SU/SD statistically higher

### 7.07 The percent of students who report that they will probably or definitely complete a post high school program

		SAU 70	Vermont	Notes
Grade	9th	85%	75%	SU/SD statistically higher
	10th	92%	80%	SU/SD statistically higher
	11th	98%	83%	SU/SD statistically higher
	12th	95%	84%	SU/SD statistically higher
Sex	Female	90%	83%	SU/SD statistically higher
	Male	95%	78%	SU/SD statistically higher
Total	-	92%	80%	SU/SD statistically higher

2015 Vermont Youth Risk Behavior Survey Report
Middle School Report for SAU 70

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

### **SAU 70** Number of Middle School Students in SAU 70

## **SAU 70 Total** 288

Sex	Total	%
Not indicated / Missing	3	1%
Female	138	47%
Male	147	51%

Grade	Total	%
7th grade	151	52%
8th grade	137	47%

Age	Total	<b>%</b>
11 years or younger	2	0%
12 years	73	25%
13 years	152	52%
14 years or older	61	21%

Race / Ethnicity	Total	%
Not indicated /Missing	10	3%
Ethnic or racial minority	58	20%
White non-Hispanic	220	76%

NOTE: The above numbers are unweighted. They represent the students who took the survey in SAU 70. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

### Vermont **Number of Middle School Students in Vermont**

### **Vermont Total** 13648

Sex	Total	%
Not indicated / Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Not indicated / Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Not indicated / Missing	63	
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Not indicated /Missing	926	6%
Ethnic or racial minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

#### 1.01 Percent of students who have ever been in a physical fight

		SAU 70	Vermont	Notes
Grade	6th		42%	Too few students
	7th	31%	41%	SU/SD statistically lower
	8th	34%	44%	SU/SD statistically lower
Sex	Female	16%	28%	SU/SD statistically lower
	Male	47%	57%	SU/SD statistically lower
Total		32%	43%	SU/SD statistically lower

#### 1.02 Percent of students who were bullied at least once, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		24%	Too few students
	7th	15%	25%	SU/SD statistically lower
	8th	12%	22%	SU/SD statistically lower
Sex	Female	19%	30%	SU/SD statistically lower
	Male	10%	18%	SU/SD statistically lower
Total		14%	24%	SU/SD statistically lower

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

### 1.03 Percent of students who reported they had ever been electronically bullied

		SAU 70	Vermont	Notes
Grade	6th		21%	Too few students
	7th	24%	26%	
	8th	22%	28%	SU/SD statistically lower
Sex	Female	28%	36%	SU/SD statistically lower
	Male	19%	16%	
Total		23%	26%	

#### 1.04 Percent of students who were ever bullied at school

		SAU 70	Vermont	Notes
Grade	6th		46%	Too few students
	7th	37%	48%	SU/SD statistically lower
	8th	33%	45%	SU/SD statistically lower
Sex	Female	43%	53%	SU/SD statistically lower
	Male	29%	40%	SU/SD statistically lower
Total	-	35%	46%	SU/SD statistically lower

### 1.05 Percent of students who bullied someone at least once, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		8%	Too few students
	7th		9%	Too few students
	8th		11%	Too few students
Sex	Female		10%	Too few students
	Male		9%	Too few students
Total	-	2%	10%	SU/SD statistically lower

#### 1.06 Percent of students who did not go to school because they felt unsafe, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		8%	Too few students
	7th		7%	Too few students
	8th		7%	Too few students
Sex	Female		9%	Too few students
	Male	·	6%	Too few students
Total		·	7%	Too few students

### 1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months

		SAU 70	Vermont	Notes
Grade	6th		17%	Too few students
	7th	9%	19%	SU/SD statistically lower
	8th	8%	22%	SU/SD statistically lower
Sex	Female	14%	27%	SU/SD statistically lower
	Male	4%	13%	SU/SD statistically lower
Total		8%	20%	SU/SD statistically lower

### 1.08 Percent of students who ever seriously thought about suicide

		SAU 70	Vermont	Notes
Grade	6th		14%	Too few students
	7th	8%	16%	SU/SD statistically lower
	8th	12%	22%	SU/SD statistically lower
Sex	Female	13%	23%	SU/SD statistically lower
	Male	6%	12%	SU/SD statistically lower
Total	-	10%	18%	SU/SD statistically lower

### 1.09 Percent of students who ever made a suicide plan

		SAU 70	Vermont	Notes
Grade	6th		9%	Too few students
	7th	7%	11%	SU/SD statistically lower
	8th	9%	15%	SU/SD statistically lower
Sex	Female	9%	16%	SU/SD statistically lower
	Male	7%	8%	
Total		8%	12%	SU/SD statistically lower

#### 1.10 Percent of students who ever attempted suicide

		SAU 70	Vermont	Notes
Grade	6th		5%	Too few students
	7th		5%	Too few students
	8th	·	8%	Too few students
Sex	Female	4%	8%	SU/SD statistically lower
	Male		3%	Too few students
Total		3%	6%	SU/SD statistically lower

### 1.11 Percent of students who had at least one sunburn in the past 12 months

		SAU 70	Vermont	Notes
Grade	6th		51%	Too few students
	7th	57%	55%	
	8th	65%	56%	SU/SD statistically higher
Sex	Female	62%	58%	
	Male	61%	51%	SU/SD statistically higher
Total	<u> </u>	61%	54%	SU/SD statistically higher

### 1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months

			SAU 70	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	·	26%	Too few students
		Sometimes wear a helmet		15%	Too few students
		Most of the time / always wear a helmet		59%	Too few students
	7th	Never / rarely wear a helmet	7%	31%	SU/SD statistically lower
		Sometimes wear a helmet	10%	16%	SU/SD statistically lower
		Most of the time / always wear a helmet	83%	52%	SU/SD statistically higher
	8th	Never / rarely wear a helmet	5%	41%	SU/SD statistically lower
		Sometimes wear a helmet	11%	15%	SU/SD statistically lower
		Most of the time / always wear a helmet	84%	43%	SU/SD statistically higher
Sex	Female	Never / rarely wear a helmet	4%	31%	SU/SD statistically lower
		Sometimes wear a helmet	11%	17%	SU/SD statistically lower
		Most of the time / always wear a helmet	85%	52%	SU/SD statistically higher
	Male	Never / rarely wear a helmet	8%	36%	SU/SD statistically lower
		Sometimes wear a helmet	10%	14%	SU/SD statistically lower
		Most of the time / always wear a helmet	82%	49%	SU/SD statistically higher
Total		Never / rarely wear a helmet	6%	34%	SU/SD statistically lower
		Sometimes wear a helmet	10%	16%	SU/SD statistically lower
		Most of the time / always wear a helmet	84%	51%	SU/SD statistically higher

### 1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)

			SAU 70	Vermont	Notes
Grade	6th	Never / rarely wear a helmet		31%	Too few students
		Sometimes wear a helmet		11%	Too few students
		Most of the time / always wear a helmet		58%	Too few students
	7th	Never / rarely wear a helmet	16%	42%	SU/SD statistically lower
		Sometimes wear a helmet	16%	13%	
		Most of the time / always wear a helmet	68%	45%	SU/SD statistically higher
	8th	Never / rarely wear a helmet		52%	Too few students
		Sometimes wear a helmet		12%	Too few students
		Most of the time / always wear a helmet		36%	Too few students
Sex	Female	Never / rarely wear a helmet		45%	Too few students
		Sometimes wear a helmet		13%	Too few students
		Most of the time / always wear a helmet		43%	Too few students
	Male	Never / rarely wear a helmet	·	41%	Too few students
		Sometimes wear a helmet		12%	Too few students
		Most of the time / always wear a helmet	·	47%	Too few students
Total		Never / rarely wear a helmet	18%	43%	SU/SD statistically lower
		Sometimes wear a helmet	13%	12%	
		Most of the time / always wear a helmet	69%	45%	SU/SD statistically higher

### 1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car

		SAU 70	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th		4%	Too few students
Sex	Female		2%	Too few students
	Male		3%	Too few students
Total		·	3%	Too few students

### 1.15 Percent of students who ever rode in a car driven by someone who had been drinking

		SAU 70	Vermont	Notes
Grade	6th		15%	Too few students
	7th	13%	19%	SU/SD statistically lower
	8th	16%	25%	SU/SD statistically lower
Sex	Female	18%	21%	
	Male	11%	19%	SU/SD statistically lower
Total		14%	20%	SU/SD statistically lower

### 2.01 Percent of students who ever drank alcohol other than a few sips

		SAU 70	Vermont	Notes
Grade	6th		10%	Too few students
	7th	4%	15%	SU/SD statistically lower
	8th	16%	24%	SU/SD statistically lower
Sex	Female	4%	16%	SU/SD statistically lower
	Male	15%	18%	
Total		10%	17%	SU/SD statistically lower

#### 2.02 Percent of students who drank alcohol other than a few sips before age 11

		SAU 70	Vermont	Notes
Grade	6th	•	7%	Too few students
	7th		6%	Too few students
	8th		6%	Too few students
Sex	Female		5%	Too few students
	Male	•	8%	Too few students
Total		2%	6%	SU/SD statistically lower

### 2.03 Percent of students who drank any alcohol, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		3%	Too few students
	7th		5%	Too few students
	8th	4%	10%	SU/SD statistically lower
Sex	Female		6%	Too few students
	Male	3%	7%	SU/SD statistically lower
Total	-	3%	6%	SU/SD statistically lower

### 2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th	•	1%	Too few students
	8th		4%	Too few students
Sex	Female		2%	Too few students
	Male	•	2%	Too few students
Total			2%	Too few students

#### 2.05 Percent of students who ever tried cigarette smoking, even one or two puffs

		SAU 70	Vermont	Notes
Grade	6th		4%	Too few students
	7th		7%	Too few students
	8th	·	13%	Too few students
Sex	Female		9%	Too few students
	Male	3%	9%	SU/SD statistically lower
Total		2%	9%	SU/SD statistically lower

#### 2.06 Percent of students who ever smoked a whole cigarette

		SAU 70	Vermont	Notes
Grade	6th		2%	Too few students
	7th		4%	Too few students
	8th		8%	Too few students
Sex	Female		5%	Too few students
	Male		5%	Too few students
Total			5%	Too few students

### 2.07 Percent of students who smoked a whole cigarette by age 11

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th	•	2%	Too few students
Sex	Female		1%	Too few students
	Male	·	2%	Too few students
Total		·	1%	Too few students

### 2.08 Percent of students who smoked cigarettes, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th		2%	Too few students
	8th	•	3%	Too few students
Sex	Female	•	2%	Too few students
	Male	•	2%	Too few students
Total			2%	Too few students

#### 2.09 Percent of students who ever used electronic vapor products such as e-cigarettes

		SAU 70	Vermont	Notes
Grade	6th		3%	Too few students
	7th		6%	Too few students
	8th	·	11%	Too few students
Sex	Female		7%	Too few students
	Male	·	7%	Too few students
Total		·	7%	Too few students

#### 2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th		2%	Too few students
	8th		5%	Too few students
Sex	Female		3%	Too few students
	Male		3%	Too few students
Total		·	3%	Too few students

#### 2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th		3%	Too few students
Sex	Female		1%	Too few students
	Male		3%	Too few students
Total	J		2%	Too few students

#### 2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th		2%	Too few students
Sex	Female		1%	Too few students
	Male		2%	Too few students
Total			2%	Too few students

### 2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days

		SAU 70	Vermont	Notes
Grade	6th	•	2%	Too few students
	7th		3%	Too few students
	8th		6%	Too few students
Sex	Female		3%	Too few students
	Male		4%	Too few students
Total			4%	Too few students

#### 2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days

		SAU 70	Vermont	Notes
Grade	6th		3%	Too few students
	7th		4%	Too few students
	8th		8%	Too few students
Sex	Female		5%	Too few students
	Male		6%	Too few students
Total	-		5%	Too few students

### 2.15 Percent of smokers who attempted to quit smoking, past 12 months

		SAU 70	Vermont	Notes
Grade	6th		•	Too few students
	7th		58%	Too few students
	8th	·	45%	Too few students
Sex	Female		48%	Too few students
	Male	·	47%	Too few students
Total		·	48%	Too few students

#### 2.16 Percent of students who have ever used marijuana

		SAU 70	Vermont	Notes
Grade	6th		2%	Too few students
	7th		5%	Too few students
	8th		11%	Too few students
Sex	Female		6%	Too few students
	Male		7%	Too few students
Total	-		7%	Too few students

### 2.17 Percent of students who used marijuana by age 11

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th		1%	Too few students
	8th	•	2%	Too few students
Sex	Female		1%	Too few students
	Male		2%	Too few students
Total		•	1%	Too few students

### 2.18 Percent of students who used marijuana, past 30 days

		SAU 70	Vermont	Notes
Grade	6th		1%	Too few students
	7th		3%	Too few students
	8th	·	6%	Too few students
Sex	Female		3%	Too few students
	Male	·	4%	Too few students
Total			4%	Too few students

### 2.19 Percent of students who have ever used inhalants

		SAU 70	Vermont	Notes
Grade	6th		5%	Too few students
	7th		4%	Too few students
	8th		6%	Too few students
Sex	Female		5%	Too few students
	Male	3%	5%	
Total	-	2%	5%	SU/SD statistically lower

### 2.20 Percent of students who ever took a prescription drug without a doctor's prescription

		SAU 70	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th		4%	Too few students
Sex	Female		3%	Too few students
	Male		3%	Too few students
Total	J		3%	Too few students

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

### 3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days

		SAU 70	Vermont	Notes
Grade	6th		24%	Too few students
	7th	15%	28%	SU/SD statistically lower
	8th	12%	31%	SU/SD statistically lower
Sex	Female	13%	29%	SU/SD statistically lower
	Male	13%	27%	SU/SD statistically lower
Total		13%	28%	SU/SD statistically lower

#### 3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days

		SAU 70	Vermont	Notes
Grade	6th		17%	Too few students
	7th	6%	20%	SU/SD statistically lower
	8th	•	23%	Too few students
Sex	Female	4%	22%	SU/SD statistically lower
	Male	•	19%	Too few students
Total		3%	21%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

#### 3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations

		SAU 70	Vermont	Notes
Grade	6th		47%	Too few students
	7th	42%	52%	SU/SD statistically lower
	8th	41%	55%	SU/SD statistically lower
Sex	Female	36%	52%	SU/SD statistically lower
	Male	47%	52%	
Total		41%	52%	SU/SD statistically lower

#### 3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional

		SAU 70	Vermont	Notes
Grade	6th		15%	Too few students
	7th	27%	26%	
	8th	33%	35%	
Sex	Female	27%	28%	
	Male	33%	26%	SU/SD statistically higher
Total		30%	27%	

### 3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes

	SAU 70	Vermont	Notes
15 or less students	26%	16%	SU/SD statistically higher
16 to 25 students	32%	25%	SU/SD statistically higher
26 to 45 students	23%	24%	
46 to 55 students	8%	16%	SU/SD statistically lower
56 to 75 students	6%	9%	SU/SD statistically lower
76 or more students	6%	10%	SU/SD statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

#### 3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes

		SAU 70	Vermont	Notes
Grade	6th		96%	Too few students
	7th	96%	96%	
	8th	99%	96%	SU/SD statistically higher
Sex	Female	98%	97%	
	Male	97%	96%	
Total		98%	96%	

#### 3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol

		SAU 70	Vermont	Notes
Grade	6th		92%	Too few students
	7th	95%	92%	
	8th	95%	90%	SU/SD statistically higher
Sex	Female	96%	93%	_
	Male	94%	90%	SU/SD statistically higher
Total		95%	91%	SU/SD statistically higher

### 3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana

		SAU 70	Vermont	Notes
Grade	6th		96%	Too few students
	7th	98%	95%	SU/SD statistically higher
	8th	99%	92%	SU/SD statistically higher
Sex	Female	99%	94%	SU/SD statistically higher
	Male	98%	94%	SU/SD statistically higher
Total		98%	94%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		SAU 70	Vermont	Notes
Grade	6th		97%	Too few students
	7th	99%	95%	SU/SD statistically higher
	8th	95%	92%	SU/SD statistically higher
Sex	Female	99%	95%	SU/SD statistically higher
	Male	95%	94%	
Total		97%	94%	SU/SD statistically higher

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		SAU 70	Vermont	Notes
Grade	6th		94%	Too few students
	7th	96%	90%	SU/SD statistically higher
	8th	90%	83%	SU/SD statistically higher
Sex	Female	97%	90%	SU/SD statistically higher
	Male	90%	87%	
Total	-	93%	88%	SU/SD statistically higher

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		SAU 70	Vermont	Notes
Grade	6th		97%	Too few students
	7th	99%	92%	SU/SD statistically higher
	8th	93%	83%	SU/SD statistically higher
Sex	Female	99%	91%	SU/SD statistically higher
	Male	94%	89%	SU/SD statistically higher
Total	-	96%	90%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

#### 3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day

		SAU 70	Vermont	Notes
Grade	6th		70%	Too few students
	7th	86%	72%	SU/SD statistically higher
	8th	89%	72%	SU/SD statistically higher
Sex	Female	86%	71%	SU/SD statistically higher
	Male	88%	72%	SU/SD statistically higher
Total		87%	71%	SU/SD statistically higher

#### 3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend

		SAU 70	Vermont	Notes
Grade	6th		49%	Too few students
	7th	57%	49%	SU/SD statistically higher
	8th	61%	46%	SU/SD statistically higher
Sex	Female	66%	49%	SU/SD statistically higher
	Male	53%	46%	SU/SD statistically higher
Total		59%	48%	SU/SD statistically higher

### 3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly

		SAU 70	Vermont	Notes
Grade	6th		67%	Too few students
	7th	71%	61%	SU/SD statistically higher
	8th	70%	51%	SU/SD statistically higher
Sex	Female	76%	60%	SU/SD statistically higher
	Male	65%	58%	SU/SD statistically higher
Total	-	70%	59%	SU/SD statistically higher

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use\_\_\_\_\_

### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		SAU 70	Vermont	Notes
Grade	6th		18%	Too few students
	7th	17%	24%	SU/SD statistically lower
	8th	21%	34%	SU/SD statistically lower
Sex	Female	14%	25%	SU/SD statistically lower
	Male	24%	29%	
Total		19%	27%	SU/SD statistically lower

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		SAU 70	Vermont	Notes
Grade	6th	•	24%	Too few students
	7th	31%	33%	
	8th	56%	46%	SU/SD statistically higher
Sex	Female	36%	35%	
	Male	50%	37%	SU/SD statistically higher
Total		43%	36%	SU/SD statistically higher

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		SAU 70	Vermont	Notes
Grade	6th		6%	Too few students
	7th	6%	12%	SU/SD statistically lower
	8th	16%	22%	SU/SD statistically lower
Sex	Female	7%	13%	SU/SD statistically lower
	Male	15%	16%	
Total	-	11%	14%	SU/SD statistically lower

#### 4.01 Percent of students who have ever had sexual intercourse

		SAU 70	Vermont	Notes
Grade	6th		3%	Too few students
	7th		4%	Too few students
	8th	•	8%	Too few students
Sex	Female		4%	Too few students
	Male	3%	7%	SU/SD statistically lower
Total		2%	6%	SU/SD statistically lower

#### 4.02 Percent of students who have ever had oral sex

		SAU 70	Vermont	Notes
Grade	6th		2%	Too few students
	7th		3%	Too few students
	8th	4%	9%	SU/SD statistically lower
Sex	Female		5%	Too few students
	Male	3%	6%	SU/SD statistically lower
Total		2%	5%	SU/SD statistically lower

### 5.01 Number of times during the past 7 days students ate breakfast

			SAU 70	Vermont	Notes
Grade	6th	Never	•	4%	Too few students
		1 to 3 times		13%	Too few students
		4 to 6 times		22%	Too few students
		Everyday		61%	Too few students
	7th	Never	·	7%	Too few students
		1 to 3 times	8%	16%	SU/SD statistically lower
		4 to 6 times	31%	25%	SU/SD statistically higher
		Everyday	60%	51%	SU/SD statistically higher
	8th	Never	·	8%	Too few students
		1 to 3 times	15%	20%	SU/SD statistically lower
		4 to 6 times	26%	25%	
		Everyday	56%	48%	SU/SD statistically higher
Sex	Female	Never	·	8%	Too few students
		1 to 3 times	14%	21%	SU/SD statistically lower
		4 to 6 times	28%	26%	
		Everyday	54%	45%	SU/SD statistically higher
	Male	Never		6%	Too few students
		1 to 3 times	8%	13%	SU/SD statistically lower
		4 to 6 times	29%	23%	SU/SD statistically higher
		Everyday	62%	59%	
Total		Never	2%	7%	SU/SD statistically lower
		1 to 3 times	11%	17%	SU/SD statistically lower
		4 to 6 times	29%	24%	SU/SD statistically higher
		Everyday	58%	52%	SU/SD statistically higher

### 5.02 Percent of students who reported drinking at least four bottles or glasses of water a day

		SAU 70	Vermont	Notes
Grade	6th		45%	Too few students
	7th	49%	41%	SU/SD statistically higher
	8th	42%	39%	
Sex	Female	40%	38%	
	Male	52%	44%	SU/SD statistically higher
Total		46%	41%	SU/SD statistically higher

### 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

		SAU 70	Vermont	Notes
6th	Never		8%	Too few students
	1 to 4 days		32%	Too few students
	5 to 6 days		27%	Too few students
	Everyday		33%	Too few students
7th	Never	·	7%	Too few students
	1 to 4 days	27%	34%	SU/SD statistically lower
	5 to 6 days	41%	28%	SU/SD statistically higher
	Everyday	32%	31%	
8th	Never	·	8%	Too few students
	1 to 4 days	26%	36%	SU/SD statistically lower
	5 to 6 days	41%	27%	SU/SD statistically higher
	Everyday	31%	29%	
Female	Never		8%	Too few students
	1 to 4 days	36%	39%	
	5 to 6 days	44%	30%	SU/SD statistically higher
	Everyday	19%	23%	
Male	Never	·	8%	Too few students
	1 to 4 days	18%	29%	SU/SD statistically lower
	5 to 6 days	38%	25%	SU/SD statistically higher
	Everyday	42%	38%	
	Never		8%	Too few students
	1 to 4 days	26%	34%	SU/SD statistically lower
	5 to 6 days	41%	27%	SU/SD statistically higher
	Everyday	31%	31%	
	7th  8th  Female	1 to 4 days 5 to 6 days Everyday  7th Never 1 to 4 days 5 to 6 days Everyday  8th Never 1 to 4 days 5 to 6 days Everyday  Female Never 1 to 4 days 5 to 6 days Everyday  Male Never 1 to 4 days 5 to 6 days Everyday  Male Never 1 to 4 days 5 to 6 days Everyday  Never 1 to 4 days 5 to 6 days Everyday	6th       Never       .         1 to 4 days       .         5 to 6 days       .         Everyday       .         7th       Never       .         1 to 4 days       27%         5 to 6 days       41%         Everyday       32%         8th       Never       .         1 to 4 days       26%         5 to 6 days       41%         Everyday       19%         Male       Never       .         1 to 4 days       38%         Everyday       42%         Never       .         1 to 4 days       26%         5 to 6 days       41%	6th       Never       .       8%         1 to 4 days       .       32%         5 to 6 days       .       27%         Everyday       .       33%         7th       Never       .       7%         1 to 4 days       27%       34%         5 to 6 days       41%       28%         Everyday       32%       31%         8th       Never       .       8%         1 to 4 days       26%       36%         5 to 6 days       41%       27%         Everyday       31%       29%         Female       Never       .       8%         1 to 4 days       36%       39%         5 to 6 days       44%       30%         Everyday       19%       23%         Male       Never       .       8%         1 to 4 days       18%       29%         5 to 6 days       38%       25%         Everyday       42%       38%         Never       .       8%         1 to 4 days       26%       34%         5 to 6 days       36%       34%         26%       34%       26%

### 5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week

			SAU 70	Vermont	Notes
Grade	6th	0 days		18%	Too few students
		1 to 2 days		15%	Too few students
		3 to 4 days		19%	Too few students
		Everyday		48%	Too few students
	7th	0 days	21%	30%	SU/SD statistically lower
		1 to 2 days	11%	17%	SU/SD statistically lower
		3 to 4 days	8%	17%	SU/SD statistically lower
		Everyday	61%	36%	SU/SD statistically higher
	8th	0 days	11%	33%	SU/SD statistically lower
		1 to 2 days	10%	16%	SU/SD statistically lower
		3 to 4 days	10%	16%	SU/SD statistically lower
		Everyday	69%	35%	SU/SD statistically higher
Sex	Female	0 days	26%	28%	
		1 to 2 days	14%	18%	
		3 to 4 days	11%	17%	SU/SD statistically lower
		Everyday	49%	38%	SU/SD statistically higher
	Male	0 days	8%	28%	SU/SD statistically lower
		1 to 2 days	7%	15%	SU/SD statistically lower
		3 to 4 days	6%	17%	SU/SD statistically lower
		Everyday	79%	40%	SU/SD statistically higher
Total		0 days	16%	28%	SU/SD statistically lower
		1 to 2 days	11%	16%	SU/SD statistically lower
		3 to 4 days	9%	17%	SU/SD statistically lower
		Everyday	65%	39%	SU/SD statistically higher

### 5.05 Number of hours spent watching TV on an average school day

			SAU 70	Vermont	Notes
Grade	6th	1 hour or less per day		60%	Too few students
		2 to 4 hours per day		34%	Too few students
		5 or more hours per day	·	6%	Too few students
	7th	1 hour or less per day	82%	57%	SU/SD statistically higher
		2 to 4 hours per day	16%	37%	SU/SD statistically lower
		5 or more hours per day	•	6%	Too few students
	8th	1 hour or less per day	83%	57%	SU/SD statistically higher
		2 to 4 hours per day	16%	37%	SU/SD statistically lower
		5 or more hours per day		7%	Too few students
Sex	Female	1 hour or less per day	81%	57%	SU/SD statistically higher
		2 to 4 hours per day	18%	37%	SU/SD statistically lower
		5 or more hours per day		6%	Too few students
	Male	1 hour or less per day	84%	58%	SU/SD statistically higher
		2 to 4 hours per day	14%	35%	SU/SD statistically lower
		5 or more hours per day		7%	Too few students
Total		1 hour or less per day	83%	58%	SU/SD statistically higher
		2 to 4 hours per day	16%	36%	SU/SD statistically lower
		5 or more hours per day		6%	Too few students

### 5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day

			SAU 70	Vermont	Notes
Grade	6th	1 hour or less per day		55%	Too few students
		2 to 4 hours per day		33%	Too few students
		5 or more hours per day	•	12%	Too few students
	7th	1 hour or less per day	74%	46%	SU/SD statistically higher
		2 to 4 hours per day	23%	40%	SU/SD statistically lower
		5 or more hours per day	•	14%	Too few students
	8th	1 hour or less per day	58%	40%	SU/SD statistically higher
		2 to 4 hours per day	39%	41%	
		5 or more hours per day	4%	19%	SU/SD statistically lower
Sex	Female	1 hour or less per day	72%	48%	SU/SD statistically higher
		2 to 4 hours per day	26%	37%	SU/SD statistically lower
		5 or more hours per day		15%	Too few students
	Male	1 hour or less per day	60%	44%	SU/SD statistically higher
		2 to 4 hours per day	36%	41%	
		5 or more hours per day	4%	15%	SU/SD statistically lower
Total		1 hour or less per day	66%	46%	SU/SD statistically higher
		2 to 4 hours per day	31%	39%	SU/SD statistically lower
		5 or more hours per day	3%	15%	SU/SD statistically lower

### 5.07 Number of days in the average week students went online for something not school-related

			SAU 70	Vermont	Notes
Grade	6th	Never		22%	Too few students
		1 to 5 days		45%	Too few students
		At least six days		33%	Too few students
	7th	Never	9%	16%	SU/SD statistically lower
		1 to 5 days	48%	41%	SU/SD statistically higher
		At least six days	43%	42%	
	8th	Never	4%	11%	SU/SD statistically lower
		1 to 5 days	25%	34%	SU/SD statistically lower
		At least six days	72%	55%	SU/SD statistically higher
Sex	Female	Never	7%	13%	SU/SD statistically lower
		1 to 5 days	38%	41%	
		At least six days	55%	46%	SU/SD statistically higher
	Male	Never	6%	18%	SU/SD statistically lower
		1 to 5 days	36%	38%	
		At least six days	58%	44%	SU/SD statistically higher
Total		Never	6%	15%	SU/SD statistically lower
		1 to 5 days	37%	39%	
		At least six days	57%	45%	SU/SD statistically higher

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#### 6.01 Percent of students who talk to their parents about school at least weekly

		SAU 70	Vermont	Notes
Grade	6th		81%	Too few students
	7th	87%	80%	SU/SD statistically higher
	8th	91%	78%	SU/SD statistically higher
Sex	Female	89%	80%	SU/SD statistically higher
	Male	88%	79%	SU/SD statistically higher
Total		89%	79%	SU/SD statistically higher

### 6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'

		SAU 70	Vermont	Notes
Grade	6th		60%	Too few students
	7th	58%	56%	
	8th	73%	51%	SU/SD statistically higher
Sex	Female	60%	50%	SU/SD statistically higher
	Male	70%	59%	SU/SD statistically higher
Total		65%	55%	SU/SD statistically higher

# 6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement

		SAU 70	Vermont	Notes
Grade	6th		69%	Too few students
	7th	60%	62%	
	8th	68%	59%	SU/SD statistically higher
Sex	Female	64%	62%	
	Male	64%	64%	
Total		64%	63%	

### 6.04 Percent of students who agree or strongly agree that students help decide what goes on in school

		SAU 70	Vermont	Notes
Grade	6th		45%	Too few students
	7th	46%	44%	
	8th	54%	39%	SU/SD statistically higher
Sex	Female	55%	42%	SU/SD statistically higher
	Male	46%	43%	
Total		50%	43%	SU/SD statistically higher