2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR BATTENKILL VALLEY SU (SU060)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness</u>: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

<u>Remember to Look at the Positive Side:</u> In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

<u>Participate in Getting to 'Y':</u> Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS BATTENKILL VALLEY SU (SU060) REPORT

http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

HIGH SCHOOL D	EMOGRA	PHICS
	SU/SD	VT
Total	133	27349

		SU/SD	VT
Sex	Male	57%	51%
	Female	43%	49%
Grade	9th Grade	29%	25%
	10th Grade	30%	25%
	11th Grade	21%	25%
	12th Grade	20%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	83%
	Students of Color (REM)	4%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	92%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	8%	11%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE IN	A PHYSI
		SU/SD	VT
Overall		11%	17%
Sex	Male		22%
	Female		11%
Grade	9th / 10th		19%
	11th / 12th		14%

	WERE IN A	PHYSICA	L FIGHT	ON SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	-		7%	Overall Differences: State vs SU
Sex	Male		9%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		5%	Too few students by grade

	CARRIE	D A WEAP	ON ON S	CHOOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall			7%	Overall Differences: State vs SU
Sex	Male		10%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		8%	Too few students by grade



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR

		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th	•	5%	Too few students by sex
	11th / 12th		4%	Too few students by grade

	W	ERE ELEC	TRONIC	ALLY BULLIED, PAST YEAR
		SU/SD	VT	
Overall		13%	16%	Overall Differences: State vs SU
Sex	Male		10%	VT and SU are Similar
	Female		22%	Within SU Differences
Grade	9th / 10th		18%	Too few students by sex
	11th / 12th		14%	Too few students by grade



SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

		WF	ERE BULL	IED, PAST 30 DAYS
		SU/SD	VT	
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male		11%	VT and SU are Similar
	Female		20%	Within SU Differences
Grade	9th / 10th	19%	18%	Too few students by sex
	11th / 12th		13%	Too few students by grade

		BULLIE	D SOMEO	ONE ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall	_	9%	9%	Overall Differences: State vs SU
Sex	Male		10%	VT and SU are Similar
	Female		8%	Within SU Differences
Grade	- 9th / 10th	9%	9%	Too few students by sex
	11th / 12th		8%	Too few students by grade

Ľ	DID NOT GO	го ѕсноо	DL BECAU	JSE THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall	_		5%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		6%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		4%	Too few students by grade



SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

	WERE EVER	PHYSICAI	LLY FOR
		SU/SD	VT
Overall		5%	6%
Sex	Male		3%
	Female		9%
Grade	9th / 10th		5%
	11th / 12th		7%

	EXPE	RIENCED S	SEXUAL I	DATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall	-	10%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female		15%	Within SU Differences
Grade	9th / 10th		10%	Too few students by sex
	11th / 12th		9%	Too few students by grade

	EXPER	IENCED PI	HYSICAL	DATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall	_		7%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		8%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		7%	Too few students by grade



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DROV	DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS						
		SU/SD	VT				
Overall			7%	Overall Differences: State vs SU			
Sex	Male		9%	Too few students			
	Female		5%	Within SU Differences			
Grade	9th / 10th	•	5%	Too few students by sex			
	11th / 12th		9%	Too few students by grade			

DROV	TE A CAR O	R OTHER V	VEHICLE
		SU/SD	VT
Overall	-	12%	14%
Sex	Male		16%
	Female		12%
Grade	9th / 10th		9%
	11th / 12th		18%

ROD	RODE WITH A DRIVER WHO HAD I					
		SU/SD	VT			
Overall	-	12%	18%			
Sex	Male		17%			
	Female		19%			
Grade	9th / 10th	8%	18%			
	11th / 12th		18%			



SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RC	DDE WITH A I	DRIVER W	'HO HAD
		SU/SD	VT
Overall		16%	20%
Sex	Male		20%
	Female		20%
Grade	9th / 10th		16%
	11th / 12th		25%

TEXTE	TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS						
		SU/SD	VT				
Overall		24%	34%	Overall Differences: State vs SU			
Sex	Male		34%	VT > SU			
	Female	•	34%	Within SU Differences			
Grade	9th / 10th		14%	Too few students by sex			
	11th / 12th		48%	Too few students by grade			



SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR

	SU/SD	VT	
Never wore a helmet		11%	Too few students
Rarely wore a helmet		3%	Too few students
Sometimes wore a helmet		3%	Too few students
Most of the time wore a helmet		9%	Too few students
Always wore a helmet		74%	Too few students

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR

		SU/SD	VT	
Overall		•	14%	Overall Differences: State vs SU
Sex	Male		17%	Too few students
	Female		9%	Within SU Differences
Grade	9th / 10th		12%	Too few students by sex
_	11th / 12th		15%	Too few students by grade

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR

		SU/SD	VT	
Overall	_	15%	18%	Overall Differences: State vs SU
Sex	Male		20%	VT and SU are Similar
	Female		16%	Within SU Differences
Grade	9th / 10th	18%	19%	Too few students by sex
	11th / 12th		17%	Too few students by grade



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	E ASKED BY A	DOCTOR	, DENTIS
		SU/SD	VT
Overall		55%	54%
Sex	Male		51%
	Female		58%
Grade	9th / 10th		50%
	11th / 12th		59%

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

		SU/SD	VT	
Overall		70%	55%	Overall Differences: State vs SU
Sex	Male		53%	SU > VT
	Female		56%	Within SU Differences
Grade	9th / 10th	68%	56%	Too few students by sex
	11th / 12th		53%	Too few students by grade



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	IN THE SAM	E CAR AS	SOMEON	E WHO WAS SMOKING CIGARETTES, PAST 7 DAYS
		SU/SD	VT	
Overall		24%	23%	Overall Differences: State vs SU
Sex	Male		23%	VT and SU are Similar
	Female		23%	Within SU Differences
Grade	9th / 10th	25%	23%	Too few students by sex
	11th / 12th		24%	Too few students by grade

WERE IN THE SAME ROOM AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS

		SU/SD	VT	
Overall		39%	33%	Overall Differences: State vs SU
Sex	Male		33%	VT and SU are Similar
	Female		33%	Within SU Differences
Grade	9th / 10th	36%	32%	Too few students by sex
	11th / 12th		34%	Too few students by grade



SECTION 3: MENTAL HEALTH

FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		SU/SD	VT	
Overall		22%	25%	Overall Differences: State vs SU
Sex	Male		16%	VT and SU are Similar
	Female		35%	Within SU Differences
Grade	9th / 10th	13%	25%	Too few students by sex
	11th / 12th		26%	Too few students by grade

DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		SU/SD	VT	
Overall		13%	16%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female		25%	Within SU Differences
Grade	9th / 10th	12%	18%	Too few students by sex
	11th / 12th		15%	Too few students by grade



SECTION 3: MENTAL HEALTH

MA	ADE A PLAN A	ABOUT HO	WOULD ATTEMPT SUICIDE, PAST	
		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female		15%	Within SU Differences
Grade	9th / 10th	8%	12%	Too few students by sex
	11th / 12th		10%	Too few students by grade

		ATTE	CMPTED S	SUICIDE, PAST YEAR
		SU/SD	VT	
Overall	-		5%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		7%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		5%	Too few students by grade



SECTION 4: SUBSTANCE USE

LIFETIME USE

		EVER S	SMOKED	A WHOLE CIGARETTE
		SU/SD	VT	
Overall		24%	24%	Overall Differences: State vs SU
Sex	Male		26%	VT and SU are Similar
	Female		22%	Within SU Differences
Grade	9th / 10th	13%	19%	Too few students by sex
	11th / 12th		29%	Too few students by grade

	SI	MOKED A	CIGARE	TTE BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall			8%	Overall Differences: State vs SU
Sex	Male		9%	Too few students
	Female		6%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		7%	Too few students by grade

	E	VER USED	AN ELEC	CTRONIC VAPOR PRODUCT
		SU/SD	VT	
Overall		36%	34%	Overall Differences: State vs SU
Sex	Male		37%	VT and SU are Similar
	Female		31%	Within SU Differences
Grade	9th / 10th	21%	27%	Too few students by sex
	11th / 12th		41%	Too few students by grade



	E	VER TRIE	D FLAVO	RED TOBACCO PRODUCTS
		SU/SD	VT	
Overall	_	28%	21%	Overall Differences: State vs SU
Sex	Male		24%	SU > VT
	Female		17%	Within SU Differences
Grade	9th / 10th	15%	14%	Too few students by sex
	11th / 12th		27%	Too few students by grade

			EVER DR	ANK ALCOHOL
		SU/SD	VT	
Overall	_	56%	58%	Overall Differences: State vs SU
Sex	Male		57%	VT and SU are Similar
	Female		58%	Within SU Differences
Grade	9th / 10th	36%	48%	Too few students by sex
	11th / 12th		68%	Too few students by grade

		DRANK A	LCOHOI	L BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		7%	14%	Overall Differences: State vs SU
Sex	Male		16%	VT > SU
	Female		11%	Within SU Differences
Grade	- 9th / 10th		15%	Too few students by sex
	11th / 12th		12%	Too few students by grade



			EVER US	ED MARIJUANA
		SU/SD	VT	
Overall		42%	37%	Overall Differences: State vs SU
Sex	Male		37%	VT and SU are Similar
	Female		37%	Within SU Differences
Grade	9th / 10th	26%	29%	Too few students by sex
	11th / 12th	•	46%	Too few students by grade

		TRIED MA	ARIJUAN	A BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	-		6%	Overall Differences: State vs SU
Sex	Male		7%	Too few students
	Female		5%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		6%	Too few students by grade

EVER MISUSED PRESCRIPTION PAIN MEDICINE					
		SU/SD	VT		
Overall			8%	Overall Differences: State vs SU	
Sex	Male		8%	Too few students	
	Female		7%	Within SU Differences	
Grade	- 9th / 10th		7%	Too few students by sex	
	11th / 12th		9%	Too few students by grade	



	1	EVER MISU	USED PRI	ESCRIPTION STIMULANTS
		SU/SD	VT	
Overall	-		6%	Overall Differences: State vs SU
Sex	Male		7%	Too few students
	Female		6%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		8%	Too few students by grade

			EVER U	SED COCAINE
		SU/SD	VT	
Overall	_	•	4%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female		3%	Within SU Differences
Grade	- 9th / 10th		3%	Too few students by sex
	11th / 12th		5%	Too few students by grade

			EVER US	ED INHALANTS
		SU/SD	VT	
Overall			6%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
_	Female		6%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		6%	Too few students by grade



			EVER	USED HEROIN
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	9th / 10th		1%	Too few students by sex
	11th / 12th		2%	Too few students by grade

		EVER	USED M	ETHAMPHETAMINES
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	- 9th / 10th		2%	Too few students by sex
	11th / 12th		3%	Too few students by grade



SECTION 4: SUBSTANCE USE CURRENT USE

	USED ANY TOBACCO PRO				
		SU/SD	VT		
Overall		32%	24%		
Sex	Male		28%		
	Female		18%		
Grade	9th / 10th	19%	17%		
	11th / 12th		30%		

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		22%	19%	Overall Differences: State vs SU
Sex	Male		23%	VT and SU are Similar
	Female		14%	Within SU Differences
Grade	9th / 10th		13%	Too few students by sex
	11th / 12th		25%	Too few students by grade

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PA						
		SU/SD	VT			
Overall	_	17%	15%	Overall Differences: State vs SU		
Sex	Male		19%	VT and SU are Similar		
	Female		11%	Within SU Differences		
Grade	9th / 10th		10%	Too few students by sex		
	11th / 12th		20%	Too few students by grade		



		SMOK	ED CIGAI	RETTES, PAST 30 DAYS
		SU/SD	VT	
Overall			9%	Overall Differences: State vs SU
Sex	Male		10%	Too few students
	Female		8%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		12%	Too few students by grade

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES							
	SU/SD	VT					
1 or 2 days	•	29%	Too few students				
3 to 5 days		15%	Too few students				
6 to 9 days		10%	Too few students				
10 to 19 days		12%	Too few students				
20 to 29 days		9%	Too few students				
All 30 days		25%	Too few students				



	AMONG C	URRENT S	MOKERS	SE SMOKE CIGARETTES EVERY DA
		SU/SD	VT	
Overall			25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	9th / 10th		22%	
	11th / 12th		25%	

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS
SMOKED

	SU/SD	VT	
Less than 1 cigarette	·	30%	Too few students
1 cigarette	•	19%	Too few students
2 to 5 cigarettes		30%	Too few students
6 to 10 cigarettes		9%	Too few students
11 to 20 cigarettes	•	4%	Too few students
More than 20 cigarettes		8%	Too few students



AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED							
		SU/SD	VT				
Overall	-		12%	Overall Differences: State vs SU			
Sex	Male		15%	Too few students			
	Female		6%	Within SU Differences			
Grade	9th / 10th		10%				
	11th / 12th		11%				

	USED) ELECTR(ONIC VAI	POR PRODUCTS, PAST 30 DAYS
		SU/SD	VT	_
Overall		14%	12%	Overall Differences: State vs SU
Sex	Male		14%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	9th / 10th		9%	Too few students by sex
	11th / 12th		15%	Too few students by grade



AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT				
Friend/family used them		35%	Too few students			
To try to quit other tobacco		5%	Too few students			
Cost less than other tobacco		1%	Too few students			
Easier to get than other tobacco		1%	Too few students			
Less harmful than other tobacco		8%	Too few students			
Available in flavors		17%	Too few students			
Used for some other reason		33%	Too few students			

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE							
	SU/SD	VT					
1 or 2 days		37%	Too few students				
3 to 5 days		19%	Too few students				
6 to 9 days		11%	Too few students				
10 to 19 days		12%	Too few students				
20 to 29 days		7%	Too few students				
All 30 days		15%	Too few students				



SECTION 4: SUBSTANCE USE CURRENT USE

AMO	AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS							
		SU/SD	VT	_				
Overall			33%	Overall Differences: State vs SU				
Sex	Male		37%	Too few students				
_	Female		26%	Within SU Differences				
Grade	9th / 10th	•	33%	Too few students by sex				
	11th / 12th		33%	Too few students by grade				

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18

	SU/SD	VT	
Bought them in a store	•	8%	Too few students
I got them on the Internet		10%	Too few students
Someone else bought them		14%	Too few students
Borrowed them		38%	Too few students
A person 18 or older gave me		11%	Too few students
Took them from a store		2%	Too few students
Some other way		18%	Too few students



SECTION 4: SUBSTANCE USE CURRENT USE

		USED SMC	OKELESS	TOBACCO, PAST 30 DAYS
		SU/SD	VT	_
Overall			5%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		2%	Within SU Differences
Grade	9th / 10th		4%	Too few students by sex
	11th / 12th		6%	Too few students by grade

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS						
		SU/SD	VT			
Overall	-	13%	9%	Overall Differences: State vs SU		
Sex	Male		13%	VT and SU are Similar		
	Female		6%	Within SU Differences		
Grade	9th / 10th		6%	Too few students by sex		
	11th / 12th		13%	Too few students by grade		

TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR

		SU/SD	VT	
Overall			33%	Overall Differences: State vs SU
Sex	Male		30%	Too few students
	Female		37%	Within SU Differences
Grade	9th / 10th		34%	Too few students by sex
	11th / 12th		32%	Too few students by grade



		DRA	NK ALCO	OHOL, PAST 30 DAYS
		SU/SD	VT	
Overall	_	24%	33%	Overall Differences: State vs SU
Sex	Male		32%	VT > SU
	Female		34%	Within SU Differences
Grade	9th / 10th		25%	Too few students by sex
	11th / 12th		41%	Too few students by grade

BINGE DRANK, PAST 30 DAYS						
		SU/SD	VT			
Overall		11%	17%	Overall Differences: State vs SU		
Sex	Male		17%	VT > SU		
	Female		17%	Within SU Differences		
Grade	9th / 10th		11%	Too few students by sex		
	11th / 12th		23%	Too few students by grade		



1	AMONG CURRENT USERS: FREQUENCY OF DRINKING					
	SU/SD	VT				
1 or 2 days		49%	Too few students			
3 to 5 days		26%	Too few students			
6 to 9 days		13%	Too few students			
10 to 19 days		7%	Too few students			
20 to 29 days		2%	Too few students			
All 30 days		3%	Too few students			

	A	MONG CU	RRENT U	SERS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall	-		12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		9%	Within SU Differences
Grade	9th / 10th		11%	Too few students by sex
	11th / 12th		13%	Too few students by grade



AMONG CU	AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT					
1 or 2 drinks		35%	Too few students				
3 drinks		6%	Too few students				
4 drinks		8%	Too few students				
5 drinks		13%	Too few students				
6 or 7 drinks		15%	Too few students				
8 or 9 drinks		8%	Too few students				
10 or more drinks		14%	Too few students				

	AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)						
		SU/SD	VT				
Overall	_		57%	Overall Differences: State vs SU			
Sex	Male		59%	Too few students			
	Female		55%	Within SU Differences			
Grade	9th / 10th		51%	Too few students by sex			
	11th / 12th		61%	Too few students by grade			



AMONG CURRENT USERS: ALCOHOL SOURCE						
	SU/SD	VT				
Bought in store		3%	Too few students			
Bought in restaurant		2%	Too few students			
Bought at public event		0%	Too few students			
I gave someone money to buy		23%	Too few students			
Someone gave it to me		40%	Too few students			
Took from store/family		12%	Too few students			
Some other way		20%	Too few students			

		USE	UANA, PAST 30 DAYS	
		SU/SD	VT	
Overall		23%	24%	Overall Differences: State vs SU
Sex	Male		24%	VT and SU are Similar
	Female		23%	Within SU Differences
Grade	9th / 10th	12%	18%	Too few students by sex
	11th / 12th		28%	Too few students by grade



AMO	AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE							
	SU/SD	VT						
1 or 2 times	•	34%	Too few students					
3 to 9 times		25%	Too few students					
10 to 19 times		12%	Too few students					
20 to 39 times		10%	Too few students					
40 or more times		20%	Too few students					

	AMON	IG CURRE	NT USER	S: USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall			41%	Overall Differences: State vs SU
Sex	Male		47%	Too few students
	Female		35%	Within SU Differences
Grade	9th / 10th		39%	Too few students by sex
	11th / 12th		42%	Too few students by grade

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED						
	SU/SD	VT				
Smoked it	•	91%	Too few students			
Ate in food		4%	Too few students			
Drank in tea or other drink		1%	Too few students			
Vaporized		2%	Too few students			
Some other way		2%	Too few students			



SECTION 4: SUBSTANCE USE CURRENT USE

	M	ISUSED A I	PTION DRUG, PAST 30 DAYS	
		SU/SD	VT	
Overall			5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		6%	Too few students by grade



SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR						
		SU/SD	VT			
Overall		5%	15%	Overall Differences: State vs SU		
Sex	Male		17%	VT > SU		
	Female		13%	Within SU Differences		
Grade	9th / 10th		15%	Too few students by sex		
	11th / 12th		15%	Too few students by grade		

ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR						
		SU/SD	VT			
Overall	-	9%	13%	Overall Differences: State vs SU		
Sex	Male		14%	VT > SU		
	Female		12%	Within SU Differences		
Grade	9th / 10th	•	11%	Too few students by sex		
	11th / 12th		16%	Too few students by grade		





SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		SU/SD	VT	
Overall		28%	25%	Overall Differences: State vs SU
Sex	Male		25%	VT and SU are Similar
	Female		24%	Within SU Differences
Grade	9th / 10th	26%	29%	Too few students by sex
	11th / 12th		20%	Too few students by grade

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		89%	84%	Overall Differences: State vs SU
Sex	Male		82%	SU > VT
	Female		86%	Within SU Differences
Grade	9th / 10th	96%	89%	Too few students by sex
	11th / 12th		79%	Too few students by grade



Too few students by sex

Too few students by grade

SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL SU/SD VT Overall 71% 54% Overall Differences: State vs SU Sex Male SU > VT55% . Within SU Differences Female 54% .

Grade

9th / 10th

11th / 12th

81%

•

65%

44%

ТН	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA						
		SU/SD	VT				
Overall	-	61%	55%	Overall Differences: State vs SU			
Sex	Male		56%	VT and SU are Similar			
	Female		55%	Within SU Differences			
Grade	9th / 10th	69%	64%	Too few students by sex			
	11th / 12th		46%	Too few students by grade			



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		89%	91%	Overall Differences: State vs SU
Sex	Male		90%	VT and SU are Similar
	Female		93%	Within SU Differences
Grade	9th / 10th	94%	94%	Too few students by sex
	11th / 12th		89%	Too few students by grade

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

		SU/SD	VT	
Overall		83%	66%	Overall Differences: State vs SU
Sex	Male		64%	SU > VT
	Female		67%	Within SU Differences
Grade	9th / 10th	85%	75%	Too few students by sex
	11th / 12th		57%	Too few students by grade



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA						
		SU/SD	VT			
Overall		81%	76%	Overall Differences: State vs SU		
Sex	Male		75%	VT and SU are Similar		
	Female		77%	Within SU Differences		
Grade	9th / 10th	86%	81%	Too few students by sex		
	11th / 12th		72%	Too few students by grade		

PERCEIVED RISK OF HARM FROM SMOKING A PACK OF CIGARETTES
DAILY

	SU/SD	VT	
No risk		5%	Too few students
Slight risk	8%	9%	
Moderate risk	24%	18%	SU > VT
Great risk	66%	68%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		SU/SD	VT	
Overall		66%	68%	Overall Differences: State vs SU
Sex	Male		66%	VT and SU are Similar
	Female		70%	Within SU Differences
Grade	9th / 10th	63%	66%	Too few students by sex
	11th / 12th		70%	Too few students by grade



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

PERCE	EIVED RIS	K OF HA	RM FROM BINGE DRINKING EACH WEEK
	SU/SD	VT	
No risk	•	6%	Too few students
Slight risk	23%	19%	
Moderate risk	35%	39%	
Great risk	39%	36%	

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND

		SU/SD	VT	
Overall		39%	36%	Overall Differences: State vs SU
Sex	Male		32%	VT and SU are Similar
	Female		41%	Within SU Differences
Grade	9th / 10th	37%	38%	Too few students by sex
_	11th / 12th		34%	Too few students by grade

PERCEIV	ED RISK	OF HAR	M FROM REGULAR MARIJUANA USE
	SU/SD	VT	
No risk	30%	21%	SU > VT
Slight risk	27%	29%	
Moderate risk	19%	26%	VT > SU
Great risk	24%	24%	



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY SU/SD VT Overall 24% Overall Differences: State vs SU 24% VT and SU are Similar Sex Male 21% Female 28% Within SU Differences . Grade 9th / 10th 27% 29% Too few students by sex 11 th / 12 th20% Too few students by grade .

	PERCEIVE				
	SU/SD	VT			
Very hard	24%	24%			
Sort of hard	19%	21%			
Sort of easy	27%	22%			
Very easy	30%	32%			

SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET

		SU/SD	VT	
Overall	-	57%	55%	Overall Differences: State vs SU
ex	Male		57%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	9th / 10th	49%	43%	Too few students by sex
	11th / 12th		66%	Too few students by grade



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

		PERCEIV	ED ACCESS TO ALCOHOL
	SU/SD	VT	
Very hard	21%	15%	SU > VT
Sort of hard	17%	18%	
Sort of easy	33%	31%	
Very easy	30%	37%	VT > SU

SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET

		SU/SD	VT	
Overall		63%	68%	Overall Differences: State vs SU
Sex	Male		67%	VT and SU are Similar
	Female		69%	Within SU Differences
Grade	9th / 10th	58%	62%	Too few students by sex
	11th / 12th		73%	Too few students by grade

	Р	PERCEIV
	SU/SD	VT
Very hard	27%	27%
Sort of hard	17%	15%
Sort of easy	18%	22%
Very easy	39%	37%



SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET SU/SD VT Overall 57% 58% Overall Differences: State vs SU Sex Male VT and SU are Similar 59% . Female 57% Within SU Differences . Grade 9th / 10th 51% 49% Too few students by sex 11th/12th67% Too few students by grade .



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

	LIFETI	ME SEXU	JAL CONTACTS: MALES
	SU/SD	VT	
Never had sexual contact	•	42%	Too few students
Females		54%	Too few students
Males		2%	Too few students
Females and males		2%	Too few students

	LIFETIM	E SEXUA	AL CONTACTS: FEMALES
	SU/SD	VT	
Never had sexual contact	•	43%	Too few students
Females		2%	Too few students
Males		48%	Too few students
Females and males		7%	Too few students

		EVE	R HAD SE	XUAL INTERCOURSE
		SU/SD	VT	
Overall		41%	40%	Overall Differences: State vs SU
Sex	Male		40%	VT and SU are Similar
	Female		40%	Within SU Differences
Grade	9th / 10th	20%	26%	Too few students by sex
	11th / 12th		54%	Too few students by grade



SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE	LIFETIME PARTNERS	
		SU/SD	VT	
Overall		9%	9%	Overall Differences: S
Sex	Male		9%	VT and SU are Simil
	Female		8%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		13%	Too few students by grade

			EVER H	AD ORAL SEX
		SU/SD	VT	
Overall		47%	42%	Overall Differences: State vs SU
Sex	Male		42%	VT and SU are Similar
	Female		42%	Within SU Differences
Grade	9th / 10th	31%	30%	Too few students by sex
	11th / 12th		55%	Too few students by grade

	WERE EVER	AN IMMUNODEFICIENCY VIRUS (HIV)		
		SU/SD	VT	
Overall		9%	10%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female		12%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		13%	Too few students by grade



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SE	XUAL INT	ERCOUR	SE DURING THE PAST 3 MONTHS
		SU/SD	VT	_
Overall		33%	31%	Overall Differences: State vs SU
Sex	Male		29%	VT and SU are Similar
	Female		32%	Within SU Differences
Grade	9th / 10th	10%	19%	Too few students by sex
	11th / 12th		43%	Too few students by grade

USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	
Overall			20%	Overall Differences: State vs SU
Sex	Male		22%	Too few students
	Female		17%	Within SU Differences
Grade	9th / 10th		23%	Too few students by sex
	11th / 12th	•	18%	Too few students by grade



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
No method was used		7%	Too few students
Birth control pills		32%	Too few students
Condoms		35%	Too few students
IUD or implant		13%	Too few students
Shot/patch/birth control ring		5%	Too few students
Withdrawal/other method		5%	Too few students
Not sure		2%	Too few students

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	
Overall	-		50%	Overall Differences: State vs SU
Sex	Male		40%	Too few students
	Female		60%	Within SU Differences
Grade	9th / 10th		39%	Too few students by sex
	11th / 12th		56%	Too few students by grade



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	CONDOM U	SE, AMON	G CURRE	CNTLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	_
Overall			56%	Overall Differences: State vs SU
Sex	Male		61%	Too few students
	Female		52%	Within SU Differences
Grade	9th / 10th		62%	Too few students by sex
	11th / 12th		54%	Too few students by grade

USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	
Overall		•	19%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
_	Female	•	22%	Within SU Differences
Grade	9th / 10th		16%	Too few students by sex
	11th / 12th		20%	Too few students by grade



SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS SU/SD VT Overall 7% Overall Differences: State vs SU • Male Sex 8% Too few students . 7% Female Within SU Differences . Grade 9th / 10th 10% Too few students by sex 11th/12th6% Too few students by grade .



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERW	EIGHT (BMI	BETWEEN	THE 85tl	h AND <95th PERCENTILES FOR AGE AND SEX)
		SU/SD	VT	
Overall		19%	14%	Overall Differences: State vs SU
Sex	Male		14%	SU > VT
	Female		15%	Within SU Differences
Grade	9th / 10th	•	15%	Too few students by sex
	11th / 12th		13%	Too few students by grade

	OBI	ESE (BMI >	95th PER	CENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall	-	19%	13%	Overall Differences: State vs SU
Sex	Male		15%	SU > VT
	Female		10%	Within SU Differences
Grade	9th / 10th		12%	Too few students by sex
	11th / 12th		13%	Too few students by grade

PERCEPTIONS OF OWN WEIGHT			ONS OF OWN WEIGHT
	SU/SD	VT	
Very underweight		2%	Too few students
Slightly underweight	7%	12%	VT > SU
About the right weight	51%	56%	
Slightly overweight	35%	25%	SU > VT
Very overweight	5%	5%	



SECTION 6: BMI AND WEIGHT PERCEPTIONS

	DESCRIBE	D THEMSI	ELVES AS	SLIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	_
Overall		40%	30%	Overall Differences: State vs SU
Sex	Male		25%	SU > VT
	Female		36%	Within SU Differences
Grade	9th / 10th	30%	29%	Too few students by sex
	11th / 12th		31%	Too few students by grade

WHAT ONE IS TRYING TO DO ABOUT WEIGHT						
	SU/SD VT					
Lose weight	49%	42%	SU > VT			
Gain weight	17%	15%				
Stay the same weight	12%	18%	VT > SU			
Not trying to do anything	23%	25%				

WERE TRYING TO LOSE WEIGHT					
		SU/SD	VT		
Overall	_	49%	42%	Overall Differences: State vs SU	
Sex	Male		28%	SU > VT	
	Female		57%	Within SU Differences	
Grade	9th / 10th	40%	42%	Too few students by sex	
	11th / 12th		42%	Too few students by grade	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

	DAYS	PHYSIC	ALLY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	17%	13%	
1 day	7%	7%	
2 days	10%	9%	
3 days	6%	12%	VT > SU
4 days	9%	11%	
5 days	23%	14%	SU > VT
6 days		10%	Too few students
7 days	25%	25%	

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS						
		SU/SD	VT			
Overall		25%	25%	Overall Differences: State vs SU		
Sex	Male		33%	VT and SU are Similar		
	Female		17%	Within SU Differences		
Grade	9th / 10th	25%	27%	Too few students by sex		
	11th / 12th		24%	Too few students by grade		



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK						
		SU/SD	VT			
Overall	_	51%	49%	Overall Differences: State vs SU		
Sex	Male		56%	VT and SU are Similar		
	Female		42%	Within SU Differences		
Grade	9th / 10th	46%	51%	Too few students by sex		
	11th / 12th		47%	Too few students by grade		

DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK

		SU/SD	VT	
Overall		17%	13%	Overall Differences: State vs SU
Sex	Male		11%	VT and SU are Similar
_	Female		14%	Within SU Differences
Grade	9th / 10th	22%	11%	Too few students by sex
	11th / 12th		14%	Too few students by grade





SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK						
	SU/SD	VT				
Do not watch TV	•	3%	Too few students			
Less than 1 hour per day		8%	Too few students			
1 hour per day	6%	12%	VT > SU			
2 hours per day	30%	23%	SU > VT			
3 hours per day	23%	21%				
4 hours per day	15%	13%				
5 or more hours per day	19%	19%				

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK

		SU/SD	VT	
Overall		56%	53%	Overall Differences: State vs SU
Sex	Male		53%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	9th / 10th	56%	53%	Too few students by sex
	11th / 12th		52%	Too few students by grade



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

ATE FI	RUIT OR DRA	ANK 100%	FRUIT JU	JICES TWO OR MORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall	-	23%	33%	Overall Differences: State vs SU
Sex	Male		32%	VT > SU
	Female		33%	Within SU Differences
Grade	9th / 10th	23%	33%	Too few students by sex
	11th / 12th		32%	Too few students by grade

ATE VEGETABLES THREE OR MORE TIMES PER DAY,						
		SU/SD	VT			
Overall		12%	18%			
Sex	Male		18%			
	Female		18%			
Grade	9th / 10th	9%	18%			
	11th / 12th		18%			



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SODA CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink soda or pop	40%	37%			
1 to 3 times	37%	40%			
4 to 6 times	14%	12%			
1 time per day	4%	4%			
2 times per day		3%	Too few students		
3 times per day		1%	Too few students		
4 or more times per day		3%	Too few students		

DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY,
PAST WEEK

		SU/SD	VT	
Overall		10%	11%	Overall Differences: State vs SU
Sex	Male		16%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	9th / 10th	7%	11%	Too few students by sex
	11th / 12th		12%	Too few students by grade



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK						
	SU/SD	VT				
Did not drink sugar-sweetened	32%	28%				
1 to 3 times	40%	44%				
4 to 6 times	16%	15%				
1 time per day		6%	Too few students			
2 times per day		3%	Too few students			
3 times per day		1%	Too few students			
4 or more times per day		2%	Too few students			

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		12%	12%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	9th / 10th	•	12%	Too few students by sex
	11th / 12th		13%	Too few students by grade



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

WATER CONSUMPTION, PAST WEEK						
	SU/SD	VT				
Did not drink water	7%	4%	SU > VT			
1 to 3 times	9%	9%				
4 to 6 times	10%	11%				
1 time per day	6%	9%				
2 times per day	15%	16%				
3 times per day	24%	19%	SU > VT			
4 or more times per day	29%	33%				

	DRANK THR	EE OR MO	ORE GLAS
		SU/SD	VT
Overall	-	53%	52%
Sex	Male		51%
	Female		53%
Grade	9th / 10th	46%	51%
	11th / 12th		53%



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	В	REAKFA	ST CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	18%	11%	SU > VT
1 day	12%	6%	SU > VT
2 days	11%	9%	
3 days	8%	10%	
4 days	9%	8%	
5 days	7%	9%	
6 days	6%	7%	
7 days	29%	40%	VT > SU

		DID NO	T EAT BF	REAKFAST, PAST WEEK
		SU/SD	VT	
Overall		18%	11%	Overall Differences: State vs SU
Sex	Male		11%	SU > VT
	Female		10%	Within SU Differences
Grade	9th / 10th	17%	10%	Too few students by sex
	11th / 12th		10%	Too few students by grade



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	73%	75%	
Rarely	16%	15%	
Sometimes	9%	7%	
Most of the time		2%	Too few students
Always		1%	Too few students

	MOST OF	THE TIME	OR ALW	YAYS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall			3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	9th / 10th		3%	Too few students by sex
	11th / 12th		3%	Too few students by grade



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING

		SU/SD	VT	
Overall			4%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th		3%	
	11th / 12th		5%	



SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	8%	9%				
1 day		4%	Too few students			
2 days	6%	4%				
3 days	8%	6%				
4 days	9%	8%				
5 days	11%	13%				
6 days	12%	12%				
7 days	44%	44%				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK

		SU/SD	VT	
Overall	-	77%	77%	Overall Differences: State vs SU
Sex	Male		80%	VT and SU are Similar
	Female		75%	Within SU Differences
Grade	9th / 10th	78%	82%	Too few students by sex
	11th / 12th		73%	Too few students by grade



SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

	GRADES EARNED IN SCHOOL					
	SU/SD	VT				
Mostly A's	37%	46%	VT > SU			
Mostly B's	44%	39%				
Mostly C's	15%	12%				
Mostly D's		2%	Too few students			
Mostly F's		1%	Too few students			

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM

		SU/SD	VT	
Overall		79%	80%	Overall Differences: State vs SU
Sex	Male		80%	VT and SU are Similar
	Female		81%	Within SU Differences
Grade	9th / 10th	71%	78%	Too few students by sex
	11th / 12th		82%	Too few students by grade

	SU/SD	VT	
Strongly agree	27%	21%	SU > VT
Agree	42%	44%	
Not sure	14%	19%	
Disagree	10%	11%	
Strongly disagree	6%	5%	



SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STR	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR						
		SU/SD	VT				
Overall		70%	65%	Overall Differences: State vs SU			
Sex	Male		69%	VT and SU are Similar			
	Female		61%	Within SU Differences			
Grade	9th / 10th	69%	66%	Too few students by sex			
	11th / 12th		64%	Too few students by grade			

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM						
	SU/SD	VT				
Definitely will not	5%	5%				
Probably will not		5%	Too few students			
Probably will	25%	22%				
Definitely will	52%	57%				
Not sure	16%	11%	SU > VT			

		SU/SD	VT	
Overall		77%	79%	Overall Differences: State vs SU
Sex	Male		75%	VT and SU are Similar
	Female		83%	Within SU Differences
Grade	9th / 10th	72%	76%	Too few students by sex
	11th / 12th		82%	Too few students by grade



SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK							
	SU/SD	VT					
0 hours	43%	33%	SU > VT				
1 to 4 hours	29%	27%					
5 to 9 hours	10%	17%	VT > SU				
10 to 19 hours	14%	17%					
20 or more hours		6%	Too few students				

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK

		SU/SD	VT	
Overall	-	18%	24%	Overall Differences: State vs SU
Sex	Male		24%	VT > SU
	Female		24%	Within SU Differences
Grade	9th / 10th	14%	22%	Too few students by sex
	11th / 12th		25%	Too few students by grade

	MATTE	R TO PE
	SU/SD	VT
Strongly agree	23%	19%
Agree	37%	41%
Not sure	27%	25%
Disagree	10%	9%
Strongly disagree		5%



SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE					
		SU/SD	VT		
Overall	_	60%	61%	Overall Differences: State vs SU	
Sex	Male		65%	VT and SU are Similar	
	Female		57%	Within SU Differences	
Grade	9th / 10th	61%	60%	Too few students by sex	
	11th / 12th		61%	Too few students by grade	



MIDDLE SCHOOL RESULTS

MIDDLE SCHOOL RESULTS BATTENKILL VALLEY SU (SU060) REPORT

http://healthvermont.gov/yrbs.aspx



SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS				
	SU/SD	VT		
Total	81	16701		

		SU/SD	VT
Sex	Male	63%	
	Female	37%	52%
Grade	6th Grade	25%	
	7th Grade	43%	24%
	8th Grade	32%	39%
Race / Ethnicity	White, non-Hispanic (WnH)	81%	81%
	Students of Color (REM)	19%	19%
Sexual Orientation	Heterosexual (Het)	89%	93%
	Lesbian, Gay, or Bisexual (LGB)	11%	7%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT			
	SU/SD	VT	
Overall	53%	42%	SU > VT

WERE EVER BULLIED ON SCHOOL PROPERTY			
	SU/SD	VT	
Overall	54%	44%	SU > VT

WERE EVER ELECTRONICALLY BULLIED			
	SU/SD	VT	
Overall	22%	24%	VT and SU are Similar

WERE BULLIED, PAST 30 DAYS			
	SU/SD	VT	
Overall	27%	22%	VT and SU are Similar

BULLIED SOMEONE ELSE, PAST 30 DAYS			
	SU/SD	VT	
Overall	13%	8%	SU > VT



SECTION 2: PERSONAL SAFETY CAR SAFETY

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS					
	SU/SD	VT			
Overall	16%	8%	SU > VT		
SEATBELT USE					
	SU/SD	VT			
Never		1%	Too few students		
Rarely		1%	Too few students		
Sometimes		3%	Too few students		
Most of the time	17%	18%			
Always	76%	76%			

RARELY OR NEVER WEAR A SEAT BELT					
	SU/SD	VT			
Overall	•	2%	Too few students		

EVER	RODE WIT	H A DR	IVER WHO HAD BEEN DRINKING ALCOHOL
	SU/SD	VT	
Overall		22%	Too few students

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA					
	SU/SD	VT			
Overall		9%	Too few students		



SECTION 2: PERSONAL SAFETY INJURY PREVENTION

	HELMET U	EN RIDING A BICYCLE	
	SU/SD	VT	
Never wear a helmet	18%	16%	
Rarely wear a helmet	17%	15%	
Sometimes wear a helmet	22%	15%	SU > VT
Most of the time wear a helmet	16%	25%	VT > SU
Always wear a helmet	27%	28%	

RARELY OR NEVER WEAR A BICYCLE HELMET				
	SU/SD	VT		
Overall	36%	31%	VT and SU are Similar	

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet		5%	Too few students			
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet		2%	Too few students			
Most of the time wear a helmet		7%	Too few students			
Always wear a helmet		83%	Too few students			

	RARELY O	R NEVE	R WEAR A HELMET WHEN SKIING OR SNOWBOARDING
	SU/SD	VT	
Overall		7%	Too few students



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE					
	SU/SD	VT			
Overall	14%	17%	VT and SU are Similar		
WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS SU/SD VT					
			n		
Overall	29%	26%	VT and SU are Similar		
WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS					

	SU/SD	VT	
Overall	21%	19%	VT and SU are Similar

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE

	SU/SD	VT	
Never	10%	9%	
Rarely	11%	14%	
Sometimes	21%	27%	VT > SU
Most of the time	28%	29%	
Always	31%	21%	SU > VT



SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

MOST C	OF THE TIM		WAYS SEE ADS FOR CIGARETTES OR OTHER OBACCO PRODUCTS
	SU/SD	VT	
Overall	58%	50%	SU > VT

WERE	ASKED BY	A DOC	FOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR
	SU/SD	VT	
Overall	24%	30%	VT and SU are Similar



SECTION 3: MENTAL HEALTH

FELT SAD OR HOPELESS, PAST YEAR				
	SU/SD	VT		
Overall	19%	19%	VT and SU are Similar	

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES				
	SU/SD	VT		
Overall	26%	18%	SU > VT	

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
	SU/SD	VT		
Overall	20%	12%	SU > VT	

EVER ATTEMPTED SUICIDE			
	SU/SD	VT	
Overall		6%	Too few students



SECTION 4: SUBSTANCE USE

LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE			
	SU/SD	VT	
Overall		7%	Too few students

EVER USED AN ELECTRONIC VAPOR PRODUCT			
	SU/SD	VT	
Overall	10%	9%	VT and SU are Similar

EVER USED A FLAVORED TOBACCO PRODUCT			
	SU/SD	VT	
Overall		5%	Too few students

EVER DRANK ALCOHOL			
	SU/SD	VT	
Overall	15%	19%	VT and SU are Similar

EVER USED MARIJUANA				
	SU/SD	VT		
Overall	· ·	7%	Too few students	

EVER USED INHALANTS				
	SU/SD	VT		
Overall	•	4%	Too few students	



SECTION 4: SUBSTANCE USE LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
	SU/SD	VT		
Overall		2%	Too few students	
EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT				
Overall	SU/SD	VT 2%	Too few students	



SECTION 4: SUBSTANCE USE

CURRENT USE

USED TOBACCO PRODUCTS, PAST YEAR				
	SU/SD	VT		
Overall	•	5%	Too few students	

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS					
	SU/SD	VT			
Overall		5%	Too few students		

SMOK	ED CIGARI	ETTES O	R CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS
	SU/SD	VT	
Overall		3%	Too few students

SMOKED CIGARETTES, PAST 30 DAYS				
	SU/SD	VT		
Overall		2%	Too few students	



SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette		33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes		14%	Too few students		

	USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS				
	SU/SD	VT			
Overall	· ·	4%	Too few students		

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT

	SU/SD	VT	
Friend/family used them	•	38%	Too few students
To try to quit other tobacco products		3%	Too few students
Cost less		1%	Too few students
Easier to get		1%	Too few students
Less harmful		7%	Too few students
Available in flavors		13%	Too few students
Used for some other reason		36%	Too few students



SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store		3%	Too few students		
I got them on the Internet		9%	Too few students		
Someone else bought them		10%	Too few students		
Borrowed them		44%	Too few students		
A person 18 or older gave me		9%	Too few students		
Took them from a store		4%	Too few students		
Some other way		21%	Too few students		

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
1 or 2 days		49%	Too few students
3 to 5 days		16%	Too few students
6 to 9 days		10%	Too few students
10 to 19 days		6%	Too few students
20 to 29 days		5%	Too few students
All 30 days		15%	Too few students

SMOKED CIGARS, PAST 30 DAYS				
	SU/SD	VT		
Overall	·	1%	Too few students	



SECTION 4: SUBSTANCE USE CURRENT USE

USED SMOKELESS TOBACCO, PAST 30 DAYS				
	SU/SD	VT		
Overall		1%	Too few students	

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR				
	SU/SD	VT			
Overall		36%	Too few students		

DRANK ALCOHOL, PAST 30 DAYS				
	SU/SD	VT		
Overall		7%	Too few students	

BINGE DRANK, PAST 30 DAYS			
	SU/SD	VT	
Overall		2%	Too few students



SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks		63%	Too few students			
3 drinks		10%	Too few students			
4 drinks		7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks		4%	Too few students			
8 or 9 drinks		2%	Too few students			
10 or more drinks		9%	Too few students			

USED MARIJUANA, PAST 30 DAYS				
	SU/SD	VT		
Overall	· ·	4%	Too few students	



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK	IT IS WRO		VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES
	SU/SD	VT	
Overall	90%	95%	VT > SU

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL				
	SU/SD	VT			
Overall	94%	89%	SU > VT		

THINK	IT IS WRO	NG OR '	VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA
	SU/SD	VT	
Overall	84%	90%	VT > SU

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES				
	SU/SD	VT		
Overall	95%	95%	VT and SU are Similar	

THINK			R GUARDIANS FEEL IT WOULD BE WRONG OR FOR THEM TO DRINK ALCOHOL
	SU/SD	VT	
Overall	84%	85%	VT and SU are Similar



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK 1			R GUARDIANS FEEL IT WOULD BE WRONG OR G FOR THEM TO USE MARIJUANA
	SU/SD	VT	
Overall	92%	92%	VT and SU are Similar

THINK	CIGARETT	ES WOUI	LD BE SORT OF EASY OR VERY EASY TO GET
	SU/SD	VT	
Overall	24%	22%	VT and SU are Similar

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET				
	SU/SD	VT		
Overall	35%	37%	VT and SU are Similar	

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET				
	SU/SD	VT		
Overall	21%	15%	SU > VT	

THINK F	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY				
	SU/SD	VT			
Overall	81%	72%	SU > VT		



SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
	SU/SD	VT		
Overall	51%	48%	VT and SU are Similar	

THINK	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY				
	SU/SD	VT			
Overall	59%	59%	VT and SU are Similar		



SECTION 5: SEXUAL ACTIVITY

		EVER H	AD SEXUAL INTERCOURSE
	SU/SD	VT	
Overall	10%	5%	SU > VT

	EVER HAD ORAL SEX				
	SU/SD	VT			
Overall	10%	6%	SU > VT		



DAYS	DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK				
	SU/SD	VT			
0 days	8%	7%			
1 day	8%	4%	SU > VT		
2 days	8%	7%			
3 days	8%	10%			
4 days	8%	11%			
5 days	12%	15%			
6 days		11%	Too few students		
7 days	41%	34%	SU > VT		

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS				
	SU/SD	VT		
Overall	41%	34%	SU > VT	

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS				
	SU/SD	VT		
Overall	60%	60%	VT and SU are Similar	

WERE NOT PHYSICALLY ACTIVE PAST WEEK			
	SU/SD	VT	
Overall	8%	7%	VT and SU are Similar



F	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK				
	SU/SD	VT			
0 days	53%	25%	SU > VT		
1 day		7%	Too few students		
2 days		8%	Too few students		
3 days		8%	Too few students		
4 days		5%	Too few students		
5 days	32%	46%	VT > SU		

GET N	O PHYSICA	L ACTIV	ITY BREAKS WHILE THEY ARE AT SCHOOL
	SU/SD	VT	
Overall	53%	25%	SU > VT

RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS					
	SU/SD	VT			
0 days	82%	77%			
1 day		3%	Too few students		
2 days		3%	Too few students		
3 days		4%	Too few students		
4 days		2%	Too few students		
5 days	13%	10%			



	WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY					
	SU/SD	VT				
Overall	13%	10%	VT and SU are Similar			

W	ATCH TEL	LEVISION	N, TYPICA
	SU/SD	VT	
No TV on average school day	16%	18%	
Less than 1 hour per day	29%	23%	SU > VT
1 hour per day	13%	18%	VT > SU
2 hours per day	19%	20%	
3 hours per day	10%	10%	
4 hours per day	8%	4%	SU > VT
5 or more hours per day		6%	Too few students

WATCHED TV 3+ HOURS PER DAY				
	SU/SD	VT		
Overall	23%	20%	VT and SU are Similar	



COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY					
	SU/SD	VT			
No playing video/computer game	10%	12%			
Less than 1 hour per day	8%	17%	VT > SU		
1 hour per day	25%	15%	SU > VT		
2 hours per day	17%	18%			
3 hours per day	18%	14%			
4 hours per day		8%	Too few students		
5 or more hours per day	19%	16%			

PLAYED	VIDEO OR	COMPU	TER GAMES OR USED A COMPUTER 3+ HOURS PER DAY
	SU/SD	VT	
Overall	41%	38%	VT and SU are Similar

	BREAKFAST CONSUMPTION, PAST WEEK					
	SU/SD	VT				
0 days		7%	Too few students			
1 day		4%	Too few students			
2 days		7%	Too few students			
3 days	9%	7%				
4 days	10%	6%				
5 days		8%	Too few students			
6 days		9%	Too few students			
7 days	52%	52%				



DID NOT EAT BREAKFAST, PAST WEEK					
	SU/SD	VT			
Overall		7%	Too few students		

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK				
	SU/SD	VT		
Did not drink water		3%	Too few students	
1 to 3 times	12%	9%		
4 to 6 times	19%	10%	SU > VT	
1 time per day		6%	Too few students	
2 times per day	18%	16%		
3 times per day	11%	19%	VT > SU	
4 or more times per day	29%	37%	VT > SU	

	DRANK THREE OR MORE GLASSES PER DAY OF WATER					
	SU/SD	VT				
Overall	40%	56%	VT > SU			



SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	76%	77%	
Rarely	19%	14%	
Sometimes		7%	Too few students
Most of the time		1%	Too few students
Always		1%	Too few students

MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS
NOT ENOUGH FOOD IN THEIR HOME

	SU/SD	VT	
Overall	•	2%	Too few students

BORN OUTSIDE THE U.S.				
	SU/SD	VT		
Overall	·	6%	Too few students	



SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	8%	5%	SU > VT			
1 day		2%	Too few students			
2 days		2%	Too few students			
3 days		3%	Too few students			
4 days		4%	Too few students			
5 days	11%	7%	SU > VT			
6 days	8%	10%				
7 days	56%	66%	VT > SU			

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK				
	SU/SD	VT		
Overall	78%	88%	VT > SU	

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS					
	SU/SD	VT			
Strongly agree	42%	28%	SU > VT		
Agree	40%	43%			
Not sure	8%	17%	VT > SU		
Disagree		8%	Too few students		
Strongly disagree		5%	Too few students		



SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

STRONG	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR				
	SU/SD	VT			
Overall	82%	71%	SU > VT		

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY
CAN TALK TO IF THEY HAVE A PROBLEM

	SU/SD	VT	
Overall	75%	76%	VT and SU are Similar

		GRAI	DES EARNED IN SCHOOL
	SU/SD	VT	
Mostly A's	41%	46%	
Mostly B's	36%	38%	
Mostly C's	16%	12%	
Mostly D's		3%	Too few students
Mostly F's		1%	Too few students

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY				
	SU/SD	VT		
Strongly agree	26%	27%		
Agree	36%	36%		
Not sure	26%	24%		
Disagree	10%	7%		
Strongly disagree		5%	Too few students	



SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

STRON	STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE				
	SU/SD	VT			
Overall	62%	64%	VT and SU are Similar		

