# 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

### **REPORT FOR WHITE RIVER VALLEY SU (SU030)**

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



#### About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

#### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



#### Using the YRBS Results

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness</u>: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

<u>Remember to Look at the Positive Side:</u> In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

<u>Participate in Getting to 'Y':</u> Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



# HIGH SCHOOL RESULTS WHITE RIVER VALLEY SU (SU030) REPORT

http://healthvermont.gov/yrbs



#### SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	290	27349			

		SU/SD	VT
Sex	Male	53%	51%
	Female	47%	49%
Grade	9th Grade	22%	25%
	10th Grade	27%	25%
	11th Grade	24%	25%
	12th Grade	26%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	96%	83%
	Students of Color (REM)	4%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	92%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	8%	11%



	W	ERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	_
Overall		19%	17%	Overall Differences: State vs SU
Sex	Male	24%	22%	VT and SU are Similar
	Female	13%	11%	Within SU Differences
Grade	Grade 9		21%	Males > Females
	Grade 10	24%	18%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		13%	

W	WERE IN A PHYSICAL FIGHT ON SCHOOL PROPERTY, PAST YEAR					
		SU/SD	VT			
Overall	•	5%	7%	Overall Differences: State vs SU		
Sex	Male	7%	9%	VT and SU are Similar		
	Female		3%	Within SU Differences		
Grade	Grade 9		9%	Too few students by sex		
	Grade 10	10%	7%	Too few students in at least one grade		
	Grade 11		6%			
	Grade 12		4%			



	CARRIED A	WEAPON	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male	8%	10%	VT and SU are Similar
	Female	4%	3%	Within SU Differences
Grade	Grade 9	8%	5%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		8%	
	Grade 12		8%	

WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY,
PAST YEAR

		SU/SD	VT	
Overall		6%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	6%	3%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		4%	
	Grade 12		4%	



	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	_
Overall		19%	16%	Overall Differences: State vs SU
Sex	Male	7%	10%	VT and SU are Similar
	Female	32%	22%	Within SU Differences
Grade	Grade 9	20%	19%	Females > Males
	Grade 10	21%	16%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		13%	

		WERI	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall		20%	16%	Overall Differences: State vs SU
Sex	Male	14%	11%	SU > VT
	Female	26%	20%	Within SU Differences
Grade	Grade 9	20%	21%	Females > Males
	Grade 10	23%	16%	Too few students in at least one grade
	Grade 11		14%	
	Grade 12		12%	



	В	ULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	10%	10%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10	6%	9%	
	Grade 11		9%	
	Grade 12		8%	

DID	NOT GO TO	SCHOOL	BECAUS	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall	-	6%	5%	Overall Differences: State vs SU
Sex	Male	5%	4%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		5%	
	Grade 11		5%	
	Grade 12		4%	



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

WEH	RE EVER PH	YSICALL	Y FORCE	D TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	_
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	3%	3%	VT and SU are Similar
	Female	13%	9%	Within SU Differences
Grade	Grade 9	8%	5%	Females > Males
	Grade 10		5%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	

	EXPERIE	NCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		9%	10%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	15%	15%	Within SU Differences
Grade	Grade 9		10%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	_
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11		7%	
	Grade 12		7%	



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DROV	E A CAR OR	OTHER V		AFTER DRINKING ALCOHOL, PAST 30 AYS
		SU/SD	VT	
Overall	-	9%	7%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female	12%	5%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		4%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		10%	

DROV	VE A CAR O	R OTHER		E AFTER USING MARIJUANA, PAST 30 AYS
		SU/SD	VT	_
Overall		13%	14%	Overall Differences: State vs SU
Sex	Male	12%	16%	VT and SU are Similar
	Female	14%	12%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		15%	
	Grade 12		21%	



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE V	VITH A DRI	VER WHO	HAD BEI	EN DRINKING ALCOHOL, PAST 30 DAYS
		SU/SD	VT	
Overall		18%	18%	Overall Differences: State vs SU
Sex	Male	15%	17%	VT and SU are Similar
	Female	21%	19%	Within SU Differences
Grade	Grade 9		17%	Too few students in at least one grade
	Grade 10	14%	18%	
	Grade 11		18%	
	Grade 12		18%	

#### RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS

		SU/SD	VT	
Overall	-	17%	20%	Overall Differences: State vs SU
Sex	Male	17%	20%	VT and SU are Similar
	Female	17%	20%	Within SU Differences
Grade	Grade 9	13%	13%	Too few students in at least one grade
	Grade 10	13%	18%	
	Grade 11		22%	
	Grade 12		28%	



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

TEXTED	TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS				
		SU/SD	VT		
Overall	_	30%	34%	Overall Differences: State vs SU	
Sex	Male	29%	34%	VT and SU are Similar	
	Female	30%	34%	Within SU Differences	
Grade	Grade 9	•	9%	Too few students in at least one grade	
	Grade 10		16%		
	Grade 11		42%		
	Grade 12		53%		



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

#### HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR SU/SD VT SU > VTNever wore a helmet 23% 11% Rarely wore a helmet 3% Too few students . Sometimes wore a helmet 3% Too few students . Most of the time wore a helmet 9% 11% Always wore a helmet 61% 74% VT > SU

RAREL	Y OR NEVE	R WEAR A		Γ WHILE SKIING OR SNOWBOARDING, ' YEAR
		SU/SD	VT	
Overall	-	24%	14%	Overall Differences: State vs SU
Sex	Male		17%	SU > VT
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HAD	A CONCUSS			NG A SPORT OR BEING PHYSICALLY PAST YEAR
		SU/SD	VT	
Overall		18%	18%	Overall Differences: State vs SU
Sex	Male	17%	20%	VT and SU are Similar
	Female	18%	16%	Within SU Differences
Grade	Grade 9	•	20%	Too few students in at least one grade
	Grade 10	24%	18%	
	Grade 11		17%	
	Grade 12		16%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	ASKED BY A	A DOCTO		ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	-	51%	54%	Overall Differences: State vs SU
Sex	Male	49%	51%	VT and SU are Similar
	Female	53%	58%	Within SU Differences
Grade	Grade 9	•	47%	Too few students in at least one grade
	Grade 10	46%	53%	
	Grade 11		58%	
	Grade 12		61%	

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER
TOBACCO PRODUCTS

		SU/SD	VT	_
Overall		60%	55%	Overall Differences: State vs SU
Sex	Male	56%	53%	SU > VT
	Female	64%	56%	Within SU Differences
Grade	Grade 9		57%	Too few students in at least one grade
	Grade 10	67%	56%	
	Grade 11		54%	
	Grade 12		52%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE	IN THE SAM	IE CAR AS		NE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall	-	29%	23%	Overall Differences: State vs SU
Sex	Male	28%	23%	SU > VT
	Female	28%	23%	Within SU Differences
Grade	Grade 9	33%	22%	Too few students in at least one grade
	Grade 10	16%	23%	
	Grade 11		23%	
	Grade 12		24%	

WERE I	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		40%	33%	Overall Differences: State vs SU
Sex	Male	41%	33%	SU > VT
	Female	38%	33%	Within SU Differences
Grade	Grade 9	42%	32%	Too few students in at least one grade
	Grade 10	32%	33%	
	Grade 11		33%	
	Grade 12		36%	



#### SECTION 3: MENTAL HEALTH

#### FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		SU/SD	VT	
Overall		31%	25%	Overall Differences: State vs SU
Sex	Male	28%	16%	SU > VT
	Female	34%	35%	Within SU Differences
Grade	Grade 9	27%	23%	Too few students in at least one grade
	Grade 10	41%	26%	
	Grade 11		26%	
	Grade 12		26%	

#### DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		SU/SD	VT	
Overall	-	21%	16%	Overall Differences: State vs SU
Sex	Male	15%	9%	SU > VT
	Female	27%	25%	Within SU Differences
Grade	Grade 9	18%	18%	Females > Males
	Grade 10	24%	18%	Too few students in at least one grade
	Grade 11		16%	
	Grade 12		14%	



#### SECTION 3: MENTAL HEALTH

MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR					
		SU/SD	VT		
Overall		12%	11%	Overall Differences: State vs SU	
Sex	Male	10%	7%	VT and SU are Similar	
	Female	14%	15%	Within SU Differences	
Grade	Grade 9	17%	11%	Too few students in at least one grade	
	Grade 10	15%	12%		
	Grade 11		11%		
	Grade 12		10%		

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	5%	4%	SU > VT
	Female	12%	7%	Within SU Differences
Grade	Grade 9	10%	6%	Too few students in at least one grade
	Grade 10	9%	6%	
	Grade 11		5%	
	Grade 12		4%	



		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		27%	24%	Overall Differences: State vs SU
Sex	Male	31%	26%	VT and SU are Similar
	Female	22%	22%	Within SU Differences
Grade	Grade 9	22%	17%	Too few students in at least one grade
	Grade 10	19%	21%	
	Grade 11		28%	
	Grade 12		31%	

	SMO	KED A CI	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	5%	9%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 9	11%	8%	Too few students in at least one grade
	Grade 10		8%	
	Grade 11		8%	
	Grade 12		7%	



	EVE	R USED AI	N ELECTI	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall		30%	34%	Overall Differences: State vs SU
Sex	Male	33%	37%	VT and SU are Similar
	Female	26%	31%	Within SU Differences
Grade	Grade 9	24%	23%	Too few students in at least one grade
	Grade 10	26%	31%	
	Grade 11		38%	
	Grade 12		44%	

	EVE	R TRIED H	FLAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		23%	21%	Overall Differences: State vs SU
Sex	Male	26%	24%	VT and SU are Similar
	Female	20%	17%	Within SU Differences
Grade	Grade 9	•	12%	Too few students in at least one grade
	Grade 10	16%	17%	
	Grade 11		24%	
	Grade 12		30%	



		EV	'ER DRAN	NK ALCOHOL
		SU/SD	VT	_
Overall		54%	58%	Overall Differences: State vs SU
Sex	Male	61%	57%	VT and SU are Similar
	Female	47%	58%	Within SU Differences
Grade	Grade 9	40%	41%	Males > Females
	Grade 10	52%	54%	Too few students in at least one grade
	Grade 11		65%	
	Grade 12		71%	

	D	RANK AL(	COHOL B	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall		16%	14%	Overall Differences: State vs SU
Sex	Male	18%	16%	VT and SU are Similar
	Female	13%	11%	Within SU Differences
Grade	Grade 9	17%	17%	Too few students in at least one grade
	Grade 10	18%	13%	
	Grade 11		13%	
	Grade 12		11%	



		EV	'ER USED	MARIJUANA
		SU/SD	VT	_
Overall		40%	37%	Overall Differences: State vs SU
Sex	Male	46%	37%	VT and SU are Similar
	Female	34%	37%	Within SU Differences
Grade	Grade 9	30%	23%	Males > Females
	Grade 10	35%	34%	Too few students in at least one grade
	Grade 11		42%	
	Grade 12		50%	

	TR	RIED MAR	IJUANA I	BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 9	8%	6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		5%	



	EVE	R MISUSEI	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		8%	8%	Overall Differences: State vs SU
Sex	Male	7%	8%	VT and SU are Similar
	Female	10%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10	9%	7%	
	Grade 11		8%	
	Grade 12		9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall	_	5%	6%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10	9%	6%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		9%	



		Е	VER USE	D COCAINE
		SU/SD	VT	_
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		2%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		6%	

		EV	YER USED	) INHALANTS
		SU/SD	VT	
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9	9%	6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12		6%	



		I	EVER US	ED HEROIN
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall			2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10	•	2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED ANY	TOBACC	O PRODU	JCTS DURING THE PAST YEAR
		SU/SD	VT	_
Overall		24%	24%	Overall Differences: State vs SU
Sex	Male	28%	28%	VT and SU are Similar
	Female	19%	18%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10	23%	20%	
	Grade 11	•	26%	
	Grade 12		33%	

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		19%	19%	Overall Differences: State vs SU
Sex	Male	22%	23%	VT and SU are Similar
	Female	16%	14%	Within SU Differences
Grade	Grade 9		11%	Too few students in at least one grade
	Grade 10	19%	16%	
	Grade 11		22%	
	Grade 12		28%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	16%	15%	Overall Differences: State vs SU
Sex	Male	19%	19%	VT and SU are Similar
	Female	13%	11%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10	15%	12%	
	Grade 11		17%	
	Grade 12		22%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	_	9%	9%	Overall Differences: State vs SU
Sex	Male	8%	10%	VT and SU are Similar
	Female	10%	8%	Within SU Differences
Grade	Grade 9	8%	5%	Too few students in at least one grade
	Grade 10		7%	
	Grade 11		11%	
	Grade 12		13%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES						
	SU/SD	VT				
1 or 2 days	•	29%	Too few students			
3 to 5 days		15%	Too few students			
6 to 9 days		10%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		9%	Too few students			
All 30 days		25%	Too few students			

A	MONG CUR	RENT SM	OKERS: S	MOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall	-		25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		21%	Too few students in at least one grade
	Grade 11		23%	
	Grade 12		26%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

# AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED

	SU/SD	VT	
Less than 1 cigarette		30%	Too few students
1 cigarette		19%	Too few students
2 to 5 cigarettes		30%	Too few students
6 to 10 cigarettes		9%	Too few students
11 to 20 cigarettes		4%	Too few students
More than 20 cigarettes		8%	Too few students

#### AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED

		SU/SD	VT	
Overall			12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		8%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		12%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	_
Overall		7%	12%	Overall Differences: State vs SU
Sex	Male	7%	14%	VT > SU
	Female	8%	9%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10	10%	10%	
	Grade 11		13%	
	Grade 12		17%	

#### AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
Friend/family used them	44%	35%	SU > VT
To try to quit other tobacco	•	5%	Too few students
Cost less than other tobacco	•	1%	Too few students
Easier to get than other tobacco	•	1%	Too few students
Less harmful than other tobacco	6%	8%	
Available in flavors	15%	17%	
Used for some other reason	26%	33%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD VT					
1 or 2 days		37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days		11%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		7%	Too few students			
All 30 days		15%	Too few students			

#### AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS

		SU/SD	VT	
Overall			33%	Overall Differences: State vs SU
Sex	Male		37%	Too few students
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

#### AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER **AGE 18** SU/SD VT Bought them in a store 8% Too few students 10% I got them on the Internet Too few students Someone else bought them 14% Too few students Borrowed them 38% Too few students Too few students A person 18 or older gave me 11% . Took them from a store 2% Too few students

18%

•

Too few students

Some other way

	US	ED SMOKI	ELESS TO	OBACCO, PAST 30 DAYS
		SU/SD	VT	
Overall	-	8%	5%	Overall Differences: State vs SU
Sex	Male	9%	8%	SU > VT
	Female	7%	2%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10	8%	5%	
	Grade 11		6%	
	Grade 12		7%	



### SECTION 4: SUBSTANCE USE CURRENT USE

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DA					
		SU/SD	VT		
Overall		10%	9%	Overall Differences: State vs SU	
Sex	Male	10%	13%	VT and SU are Similar	
	Female	10%	6%	Within SU Differences	
Grade	Grade 9		4%	Too few students in at least one grade	
	Grade 10	9%	7%		
	Grade 11		10%		
	Grade 12		15%		

# TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR

		SU/SD	VT	
Overall	-		33%	Overall Differences: State vs SU
Sex	Male		30%	Too few students
	Female		37%	Within SU Differences
Grade	Grade 9		33%	Too few students by sex
	Grade 10		35%	Too few students in at least one grade
	Grade 11		32%	
	Grade 12		32%	



		DRANK	K ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	_
Overall		26%	33%	Overall Differences: State vs SU
Sex	Male	24%	32%	VT > SU
	Female	28%	34%	Within SU Differences
Grade	Grade 9		20%	Too few students in at least one grade
	Grade 10	27%	30%	
	Grade 11		36%	
	Grade 12		46%	

		BING	E DRANH	K, PAST 30 DAYS
		SU/SD	VT	
Overall		13%	17%	Overall Differences: State vs SU
Sex	Male	11%	17%	VT and SU are Similar
	Female	15%	17%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10	11%	14%	
	Grade 11		19%	
	Grade 12		27%	



AMO	AMONG CURRENT USERS: FREQUENCY OF DRINKING					
	SU/SD	VT				
1 or 2 days		49%	Too few students			
3 to 5 days		26%	Too few students			
6 to 9 days		13%	Too few students			
10 to 19 days		7%	Too few students			
20 to 29 days		2%	Too few students			
All 30 days		3%	Too few students			

	AMC	ONG CURR	ENT USE	RS: DRANK ON 10+ DAYS
		SU/SD	VT	
Overall	-		12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		11%	Too few students in at least one grade
	Grade 11		12%	
	Grade 12		13%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks		35%	Too few students		
3 drinks		6%	Too few students		
4 drinks		8%	Too few students		
5 drinks		13%	Too few students		
6 or 7 drinks		15%	Too few students		
8 or 9 drinks		8%	Too few students		
10 or more drinks		14%	Too few students		

	AMONG CU	RRENT US	NGE DRANK (4+ females; 5+ males)	
		SU/SD	VT	
Overall	-		57%	Overall Differences: State vs SU
Sex	Male		59%	Too few students
	Female		55%	Within SU Differences
Grade	Grade 9		46%	Too few students by sex
	Grade 10		53%	Too few students in at least one grade
	Grade 11		57%	
	Grade 12		63%	



AMONG CURRENT USERS: ALCOHOL SOURCE						
	SU/SD	VT				
Bought in store		3%	Too few students			
Bought in restaurant		2%	Too few students			
Bought at public event		0%	Too few students			
I gave someone money to buy		23%	Too few students			
Someone gave it to me		40%	Too few students			
Took from store/family		12%	Too few students			
Some other way		20%	Too few students			

		USED N	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		23%	24%	Overall Differences: State vs SU
Sex	Male	24%	24%	VT and SU are Similar
	Female	22%	23%	Within SU Differences
Grade	Grade 9	21%	15%	Too few students in at least one grade
	Grade 10	23%	22%	
	Grade 11		25%	
	Grade 12		32%	



AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE						
	SU/SD	VT				
1 or 2 times		34%	Too few students			
3 to 9 times		25%	Too few students			
10 to 19 times		12%	Too few students			
20 to 39 times		10%	Too few students			
40 or more times		20%	Too few students			

	AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES				
		SU/SD	VT		
Overall			41%	Overall Differences: State vs SU	
Sex	Male		47%	Too few students	
	Female		35%	Within SU Differences	
Grade	Grade 9		37%	Too few students by sex	
	Grade 10		40%	Too few students in at least one grade	
	Grade 11		41%		
	Grade 12		43%		



AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED					
	SU/SD	VT			
Smoked it	•	91%	Too few students		
Ate in food		4%	Too few students		
Drank in tea or other drink		1%	Too few students		
Vaporized		2%	Too few students		
Some other way		2%	Too few students		

	MISUSED A PRESCRIPTION DRUG, PAST 30 DAYS					
		SU/SD	VT			
Overall		4%	5%	Overall Differences: State vs SU		
Sex	Male	3%	6%	VT and SU are Similar		
	Female		5%	Within SU Differences		
Grade	Grade 9		4%	Too few students by sex		
	Grade 10		5%	Too few students in at least one grade		
	Grade 11		5%			
	Grade 12		7%			



#### SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		SU/SD	VT	
Overall	-	8%	15%	Overall Differences: State vs SU
Sex	Male	8%	17%	VT > SU
	Female	8%	13%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10	8%	16%	
	Grade 11		16%	
	Grade 12		14%	

ATTE	ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR				
		SU/SD	VT		
Overall		14%	13%	Overall Differences: State vs SU	
Sex	Male	14%	14%	VT and SU are Similar	
	Female	14%	12%	Within SU Differences	
Grade	Grade 9		9%	Too few students in at least one grade	
	Grade 10	13%	12%		
	Grade 11		14%		
	Grade 12		18%		



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

#### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		SU/SD	VT	
Overall		27%	25%	Overall Differences: State vs SU
Sex	Male	33%	25%	VT and SU are Similar
	Female	20%	24%	Within SU Differences
Grade	Grade 9		32%	Males > Females
	Grade 10	22%	26%	Too few students in at least one grade
	Grade 11		21%	
	Grade 12		20%	

THIN	NK IT IS WR			ONG FOR SOMEONE THEIR AGE TO IGARETTES
		SU/SD	VT	_
Overall		81%	84%	Overall Differences: State vs SU
Sex	Male	81%	82%	VT and SU are Similar
	Female	81%	86%	Within SU Differences
Grade	Grade 9	•	90%	Too few students in at least one grade
	Grade 10	84%	88%	

Grade 10	84%	88%		
Grade 11		83%		
Grade 12		75%		



THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall	_	63%	54%	Overall Differences: State vs SU	
Sex	Male	60%	55%	SU > VT	
	Female	68%	54%	Within SU Differences	
Grade	Grade 9	•	71%	Too few students in at least one grade	
	Grade 10	60%	59%		
	Grade 11		48%		
	Grade 12		39%		

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall		60%	55%	Overall Differences: State vs SU
Sex	Male	61%	56%	VT and SU are Similar
	Female	60%	55%	Within SU Differences
Grade	Grade 9		69%	Too few students in at least one grade
	Grade 10	60%	60%	
	Grade 11		51%	
	Grade 12		42%	



THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall		91%	91%	Overall Differences: State vs SU	
Sex	Male	95%	90%	VT and SU are Similar	
	Female	87%	93%	Within SU Differences	
Grade	Grade 9	•	94%	Males > Females	
	Grade 10	88%	94%	Too few students in at least one grade	
	Grade 11		91%		
	Grade 12		87%		

THIN	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT			
Overall		70%	66%	Overall Differences: State vs SU		
Sex	Male	65%	64%	VT and SU are Similar		
	Female	76%	67%	Within SU Differences		
Grade	Grade 9		78%	Too few students in at least one grade		
	Grade 10	75%	71%			
	Grade 11		63%			
	Grade 12		50%			



THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA							
		SU/SD	VT					
Overall		74%	76%	Overall Differences: State vs SU				
Sex	Male	70%	75%	VT and SU are Similar				
	Female	77%	77%	Within SU Differences				
Grade	Grade 9		83%	Too few students in at least one grade				
	Grade 10	76%	79%					
	Grade 11		75%					
	Grade 12		69%					

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	3%	5%	
Slight risk	11%	9%	
Moderate risk	20%	18%	
Great risk	66%	68%	



THINK	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY							
		SU/SD	VT					
Overall		66%	68%	Overall Differences: State vs SU				
Sex	Male	67%	66%	VT and SU are Similar				
	Female	64%	70%	Within SU Differences				
Grade	Grade 9	60%	64%	Too few students in at least one grade				
	Grade 10	69%	68%					
	Grade 11		68%					
	Grade 12		72%					

PERCEIVE	ED RISK O	F HARM	FROM BINGE DRINKING EACH WI
	SU/SD	VT	
No risk	4%	6%	
Slight risk	20%	19%	
Moderate risk	37%	39%	
Great risk	39%	36%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND

		SU/SD	VT	
Overall		39%	36%	Overall Differences: State vs SU
Sex	Male	36%	32%	VT and SU are Similar
	Female	44%	41%	Within SU Differences
Grade	Grade 9		38%	Too few students in at least one grade
	Grade 10	38%	39%	
	Grade 11		35%	
	Grade 12		32%	

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA US						
	SU/SD	VT				
No risk	20%	21%				
Slight risk	29%	29%				
Moderate risk	28%	26%				
Great risk	23%	24%				



THIN	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY							
		SU/SD	VT					
Overall		23%	24%	Overall Differences: State vs SU				
Sex	Male	19%	21%	VT and SU are Similar				
	Female	28%	28%	Within SU Differences				
Grade	Grade 9	31%	32%	Too few students in at least one grade				
	Grade 10	29%	26%					
	Grade 11		22%					
	Grade 12		18%					

PERCEIVED ACCESS TO CIGARETTES						
	SU/SD	VT				
Very hard	32%	24%	SU > VT			
Sort of hard	21%	21%				
Sort of easy	16%	22%	VT > SU			
Very easy	30%	32%				



SAY IF	SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET								
		SU/SD	VT						
Overall		47%	55%	Overall Differences: State vs SU					
Sex	Male	48%	57%	VT > SU					
	Female	44%	52%	Within SU Differences					
Grade	Grade 9		38%	Too few students in at least one grade					
	Grade 10	35%	48%						
	Grade 11		57%						
	Grade 12		75%						

	PERCEIVED				
	SU/SD	VT			
Very hard	19%	15%			
Sort of hard	19%	18%			
Sort of easy	31%	31%			
Very easy	31%	37%			



SAY II	SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET								
		SU/SD	VT						
Overall		62%	68%	Overall Differences: State vs SU					
Sex	Male	68%	67%	VT > SU					
	Female	55%	69%	Within SU Differences					
Grade	Grade 9	54%	58%	Males > Females					
	Grade 10	51%	67%	Too few students in at least one grade					
	Grade 11		72%						
	Grade 12		74%						

PERCEIVED ACCESS TO MARIJUANA					
	SU/SD	VT			
Very hard	32%	27%	SU > VT		
Sort of hard	12%	15%			
Sort of easy	23%	22%			
Very easy	33%	37%			



SAY IF	THEY WAN	T WOULD BE SORT OF EASY OR VERY THEM TO GET		
		SU/SD	VT	
Overall		56%	58%	Overall Differences: State vs SU
Sex	Male	58%	59%	VT and SU are Similar
	Female	54%	57%	Within SU Differences
Grade	Grade 9	•	43%	Too few students in at least one grade
	Grade 10	39%	56%	
	Grade 11		65%	
	Grade 12		69%	



# SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES					
	SU/SD	VT			
Never had sexual contact	37%	42%			
Females	62%	54%	SU > VT		
Males		2%	Too few students		
Females and males		2%	Too few students		

LIFETIME SEXUAL CONTACTS: FEMALES					
	SU/SD	VT			
Never had sexual contact	45%	43%			
Females		2%	Too few students		
Males	50%	48%			
Females and males		7%	Too few students		

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		44%	40%	Overall Differences: State vs SU
Sex	Male	50%	40%	VT and SU are Similar
	Female	39%	40%	Within SU Differences
Grade	Grade 9		19%	Too few students in at least one grade
	Grade 10	26%	33%	
	Grade 11		48%	
	Grade 12	•	61%	



#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		10%	9%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	14%	8%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		10%	
	Grade 12		16%	

		E	EVER HAI	O ORAL SEX
		SU/SD	VT	
Overall		44%	42%	Overall Differences: State vs SU
Sex	Male	46%	42%	VT and SU are Similar
	Female	43%	42%	Within SU Differences
Grade	Grade 9		23%	Too few students in at least one grade
	Grade 10	28%	37%	
	Grade 11		49%	
	Grade 12		60%	



#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

WEI	RE EVER TE	STED FOR	R HUMAN	IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall		9%	10%	Overall Differences: State vs SU
Sex	Male	8%	9%	VT and SU are Similar
	Female	9%	12%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		12%	
	Grade 12		14%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SEXU	AL INTER	RCOURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	_
Overall		31%	31%	Overall Differences: State vs SU
Sex	Male	29%	29%	VT and SU are Similar
	Female	34%	32%	Within SU Differences
Grade	Grade 9		13%	Too few students in at least one grade
	Grade 10	20%	24%	
	Grade 11		37%	
	Grade 12		48%	

# USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	
Overall		13%	20%	Overall Differences: State vs SU
Sex	Male		22%	VT and SU are Similar
	Female		17%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		22%	Too few students in at least one grade
	Grade 11		18%	
	Grade 12		19%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

#### PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
No method was used	7%	7%	
Birth control pills	34%	32%	
Condoms	32%	35%	
IUD or implant	13%	13%	
Shot/patch/birth control ring		5%	Too few students
Withdrawal/other method		5%	Too few students
Not sure		2%	Too few students

#### USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall	-	54%	50%	Overall Differences: State vs SU
Sex	Male		40%	VT and SU are Similar
	Female		60%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		44%	Too few students in at least one grade
	Grade 11		51%	
	Grade 12		59%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (	CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	_
Overall		55%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

# USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall		22%	19%	Overall Differences: State vs SU
Sex	Male		15%	VT and SU are Similar
	Female		22%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		19%	Too few students in at least one grade
	Grade 11		20%	
	Grade 12		20%	



### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS							
		SU/SD	VT				
Overall		7%	7%	Overall Differences: State vs SU			
Sex	Male		8%	VT and SU are Similar			
	Female		7%	Within SU Differences			
Grade	Grade 9		12%	Too few students by sex			
	Grade 10		9%	Too few students in at least one grade			
	Grade 11		6%				
	Grade 12		6%				



# SECTION 6: BMI AND WEIGHT PERCEPTIONS

<b>OVERWEIGHT (BMI BETWEEN THE 85th AND &lt;95th PERCENTILES FOR AGE</b>
AND SEX)

		SU/SD	VT	
Overall		15%	14%	Overall Differences: State vs SU
Sex	Male	13%	14%	VT and SU are Similar
	Female	17%	15%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10	14%	15%	
	Grade 11		14%	
	Grade 12		13%	

	OBESH	E ( <b>BMI &gt;95</b>	th PERCE	ENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall		9%	13%	Overall Differences: State vs SU
Sex	Male	13%	15%	VT and SU are Similar
	Female	6%	10%	Within SU Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10	10%	12%	
	Grade 11		14%	
	Grade 12		13%	



# SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT						
	SU/SD	VT				
Very underweight	2%	2%				
Slightly underweight	13%	12%				
About the right weight	47%	56%	VT > SU			
Slightly overweight	34%	25%	SU > VT			
Very overweight	3%	5%	VT > SU			

DESCRIBED THEMSELVES AS SLIGHTLY OR VERY OVERWEI						
		SU/SD	VT			
Overall		37%	30%	Overall Differences: State vs SU		
Sex	Male	27%	25%	SU > VT		
	Female	47%	36%	Within SU Differences		
Grade	Grade 9		29%	Females > Males		
	Grade 10	26%	30%	Too few students in at least one grade		
	Grade 11		30%			
	Grade 12		33%			

WHAT ONE IS TRYING TO DO ABOUT WEIGHT						
	SU/SD	VT				
Lose weight	42%	42%				
Gain weight	19%	15%	SU > VT			
Stay the same weight	16%	18%				
Not trying to do anything	24%	25%				



		WERE '	TRYING	TO LOSE WEIGHT
		SU/SD	VT	_
Overall		42%	42%	Overall Differences: State vs SU
Sex	Male	26%	28%	VT and SU are Similar
	Female	58%	57%	Within SU Differences
Grade	Grade 9		41%	Females > Males
	Grade 10	38%	42%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		44%	

# SECTION 6: BMI AND WEIGHT PERCEPTIONS



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

	DAYS PH	YSICALI	LY ACTIVE (60 MIN), PAST WEEK
	SU/SD	VT	
0 days	12%	13%	
1 day	6%	7%	
2 days	7%	9%	
3 days	9%	12%	
4 days	8%	11%	
5 days	16%	14%	
6 days	9%	10%	
7 days	33%	25%	SU > VT

WERE P	WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS							
		SU/SD	VT					
Overall		33%	25%	Overall Differences: State vs SU				
Sex	Male	44%	33%	SU > VT				
	Female	20%	17%	Within SU Differences				
Grade	Grade 9		27%	Males > Females				
	Grade 10	26%	27%	Too few students in at least one grade				
	Grade 11		24%					
	Grade 12		23%					



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK							
		SU/SD	VT				
Overall	-	58%	49%	Overall Differences: State vs SU			
Sex	Male	68%	56%	SU > VT			
	Female	46%	42%	Within SU Differences			
Grade	Grade 9	•	53%	Males > Females			
	Grade 10	50%	50%	Too few students in at least one grade			
	Grade 11	•	47%				
	Grade 12		47%				

# DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK

		SU/SD	VT	_
Overall		12%	13%	Overall Differences: State vs SU
Sex	Male	8%	11%	VT and SU are Similar
	Female	17%	14%	Within SU Differences
Grade	Grade 9		10%	Females > Males
	Grade 10	16%	12%	Too few students in at least one grade
	Grade 11		14%	
	Grade 12		15%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK						
	SU/SD	VT				
Do not watch TV	6%	3%	SU > VT			
Less than 1 hour per day	10%	8%				
1 hour per day	12%	12%				
2 hours per day	22%	23%				
3 hours per day	17%	21%				
4 hours per day	17%	13%	SU > VT			
5 or more hours per day	16%	19%				

# WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK

		SU/SD	VT	
Overall		50%	53%	Overall Differences: State vs SU
Sex	Male	54%	53%	VT and SU are Similar
	Female	46%	52%	Within SU Differences
Grade	Grade 9		53%	Too few students in at least one grade
	Grade 10	37%	53%	
	Grade 11		51%	
	Grade 12		53%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK						
		SU/SD	VT			
Overall		32%	33%	Overall Differences: State vs SU		
Sex	Male	32%	32%	VT and SU are Similar		
	Female	32%	33%	Within SU Differences		
Grade	Grade 9	•	33%	Too few students in at least one grade		
	Grade 10	36%	33%			
	Grade 11	•	32%			
	Grade 12		32%			

A	FE VEGETAI	BLES THR	EE OR M	ORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		18%	18%	Overall Differences: State vs SU
Sex	Male	18%	18%	VT and SU are Similar
	Female	18%	18%	Within SU Differences
Grade	Grade 9		17%	Too few students in at least one grade
	Grade 10	24%	18%	
	Grade 11		17%	
	Grade 12		19%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SODA CONSUMPTION, PAST WEEK						
Did not drink soda or pop	31%	37%	VT > SU			
1 to 3 times	40%	40%				
4 to 6 times	16%	12%	SU > VT			
1 time per day	5%	4%				
2 times per day		3%	Too few students			
3 times per day		1%	Too few students			
4 or more times per day	4%	3%				

# DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		13%	11%	Overall Differences: State vs SU
Sex	Male	17%	16%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 9		11%	Too few students in at least one grade
	Grade 10	9%	11%	
	Grade 11		11%	
	Grade 12		12%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK							
	SU/SD	VT					
Did not drink sugar-sweetened	33%	28%					
1 to 3 times	40%	44%					
4 to 6 times	12%	15%					
1 time per day	6%	6%					
2 times per day	4%	3%					
3 times per day	4%	1%	SU > VT				
4 or more times per day		2%	Too few students				

# DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		15%	12%	Overall Differences: State vs SU
Sex	Male	19%	15%	VT and SU are Similar
	Female	11%	9%	Within SU Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10	9%	12%	
	Grade 11		13%	
	Grade 12		13%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	WATER CONSUMP				
	SU/SD	VT			
Did not drink water	4%	4%			
1 to 3 times	10%	9%			
4 to 6 times	13%	11%			
1 time per day	12%	9%			
2 times per day	13%	16%			
3 times per day	20%	19%			
4 or more times per day	28%	33%			

DRA	DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK							
		SU/SD	VT					
Overall		48%	52%	Overall Differences: State vs SU				
Sex	Male	49%	51%	VT and SU are Similar				
	Female	48%	53%	Within SU Differences				
Grade	Grade 9		50%	Too few students in at least one grade				
	Grade 10	54%	53%					
	Grade 11		51%					
	Grade 12		55%					



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

<b>BREAKFAST CONSUMPTION, PAST WEEK</b>					
	SU/SD	VT			
0 days	15%	11%	SU > VT		
1 day	6%	6%			
2 days	7%	9%			
3 days	9%	10%			
4 days	7%	8%			
5 days	9%	9%			
6 days	10%	7%	SU > VT		
7 days	37%	40%			

	]	DID NOT H	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall	-	15%	11%	Overall Differences: State vs SU
Sex	Male	12%	11%	SU > VT
	Female	18%	10%	Within SU Differences
Grade	Grade 9		10%	Too few students in at least one grade
	Grade 10	17%	11%	
	Grade 11		10%	
	Grade 12		11%	



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

# WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	73%	75%	
Rarely	15%	15%	
Sometimes	10%	7%	SU > VT
Most of the time	2%	2%	
Always		1%	Too few students

N	MOST OF TH	E TIME O	R ALWAY	IS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall	-	2%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	





#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING							
		SU/SD	VT				
Overall	-	2%	4%	Overall Differences: State vs SU			
Sex	Male		4%	VT and SU are Similar			
	Female		3%	Within SU Differences			
Grade	Grade 9		3%	Too few students by sex			
	Grade 10		3%	Too few students in at least one grade			
	Grade 11		4%				
	Grade 12		5%				



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

АТ	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	9%	9%					
1 day	5%	4%					
2 days	4%	4%					
3 days	5%	6%					
4 days	4%	8%	VT > SU				
5 days	6%	13%	VT > SU				
6 days	11%	12%					
7 days	56%	44%	SU > VT				

#### ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK

		SU/SD	VT	
Overall		77%	77%	Overall Differences: State vs SU
Sex	Male	85%	80%	VT and SU are Similar
	Female	69%	75%	Within SU Differences
Grade	Grade 9		83%	Males > Females
	Grade 10	79%	81%	Too few students in at least one grade
	Grade 11	•	76%	
	Grade 12		71%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	46%	46%				
Mostly B's	37%	39%				
Mostly C's	13%	12%				
Mostly D's		2%	Too few students			
Mostly F's	2%	1%	SU > VT			

#### **REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR** SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM

		SU/SD	VT	
Overall		83%	80%	Overall Differences: State vs SU
Sex	Male	85%	80%	VT and SU are Similar
	Female	80%	81%	Within SU Differences
Grade	Grade 9		78%	Too few students in at least one grade
	Grade 10	81%	79%	
	Grade 11		82%	
	Grade 12		83%	





#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	18%	21%					
Agree	51%	44%	SU > VT				
Not sure	17%	19%					
Disagree	11%	11%					
Strongly disagree	3%	5%	VT > SU				

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall		69%	65%	Overall Differences: State vs SU
Sex	Male	77%	69%	VT and SU are Similar
	Female	60%	61%	Within SU Differences
Grade	Grade 9		67%	Males > Females
	Grade 10	71%	65%	Too few students in at least one grade
	Grade 11		64%	
	Grade 12		63%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM					
	SU/SD	VT			
Definitely will not	3%	5%	VT > SU		
Probably will not	6%	5%			
Probably will	28%	22%	SU > VT		
Definitely will	50%	57%	VT > SU		
Not sure	14%	11%			

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM					
		SU/SD	VT			
Overall		78%	79%	Overall Differences: State vs SU		
Sex	Male	77%	75%	VT and SU are Similar		
	Female	79%	83%	Within SU Differences		
Grade	Grade 9		74%	Too few students in at least one grade		
	Grade 10	73%	77%			
	Grade 11		81%			
	Grade 12		83%			



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	34%	33%				
1 to 4 hours	24%	27%				
5 to 9 hours	11%	17%	VT > SU			
10 to 19 hours	23%	17%	SU > VT			
20 or more hours	8%	6%				

#### SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK

		SU/SD	VT	
Overall		30%	24%	Overall Differences: State vs SU
Sex	Male	35%	24%	SU > VT
	Female	25%	24%	Within SU Differences
Grade	Grade 9	•	21%	Too few students in at least one grade
	Grade 10	21%	23%	
	Grade 11		24%	
	Grade 12		26%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

- -	MATTER T	O PEOP
	SU/SD	VT
Strongly agree	16%	19%
Agree	42%	41%
Not sure	24%	25%
Disagree	11%	9%
Strongly disagree	6%	5%

#### STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE

		SU/SD	VT	
Overall		58%	61%	Overall Differences: State vs SU
Sex	Male	67%	65%	VT and SU are Similar
	Female	48%	57%	Within SU Differences
Grade	Grade 9		61%	Males > Females
	Grade 10	54%	60%	Too few students in at least one grade
	Grade 11		60%	
	Grade 12		62%	



MIDDLE SCHOOL RESULTS

# MIDDLE SCHOOL RESULTS WHITE RIVER VALLEY SU (SU030) REPORT

http://healthvermont.gov/yrbs.aspx



#### SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS					
	SU/SD	VT			
Total	273	16701			

		SU/SD	VT
Sex	Male	52%	52%
	Female	48%	48%
Grade	6th Grade	26%	24%
	7th Grade	40%	39%
	8th Grade	34%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	89%	81%
	Students of Color (REM)	11%	19%
Sexual Orientation	Heterosexual (Het)	92%	93%
	Lesbian, Gay, or Bisexual (LGB)	8%	7%



### SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE E	VER IN A	PHYSICAL FIGHT
		SU/SD	VT	
Overall		43%	42%	Overall Differences: State vs SU
Sex	Male	57%	56%	VT and SU are Similar
	Female	27%	27%	Within SU Differences
Grade	Grade 6	40%	40%	Males > Females
	Grade 7	48%	43%	7 > 8
	Grade 8	38%	43%	

	WERE EVER BULLIED ON SCHOOL PROPERTY					
		SU/SD	VT	_		
Overall		48%	44%	Overall Differences: State vs SU		
Sex	Male	46%	39%	SU > VT		
	Female	51%	50%	Within SU Differences		
Grade	Grade 6	48%	44%	7 > 6		
	Grade 7	57%	45%	6 > 8		
	Grade 8	38%	44%	7 > 8		



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WERE EVER ELECTRONICALLY BULLIED					
		SU/SD	VT			
Overall		22%	24%	Overall Differences: State vs SU		
Sex	Male	9%	16%	VT and SU are Similar		
	Female	35%	33%	Within SU Differences		
Grade	Grade 6	16%	18%	Females > Males		
	Grade 7	23%	24%	7 > 6		
	Grade 8	23%	28%			

	WERE BULLIED, PAST 30 DAYS					
		SU/SD	VT	_		
Overall		17%	22%	Overall Differences: State vs SU		
Sex	Male	10%	17%	VT > SU		
	Female	26%	26%	Within SU Differences		
Grade	Grade 6	15%	22%	Females > Males		
	Grade 7	23%	22%	7 > 6		
	Grade 8	12%	21%	7 > 8		





#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	<b>BULLIED SOMEONE ELSE, PAST 30 DAYS</b>					
		SU/SD	VT			
Overall		9%	8%	Overall Differences: State vs SU		
Sex	Male	9%	8%	VT and SU are Similar		
	Female	9%	8%	Within SU Differences		
Grade	Grade 6		7%	Too few students in at least one grade		
	Grade 7	13%	8%			
	Grade 8	8%	9%			

#### DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS

		SU/SD	VT	
Overall		7%	8%	Overall Differences: State vs SU
Sex	Male	5%	7%	VT and SU are Similar
	Female	9%	10%	Within SU Differences
Grade	Grade 6	9%	8%	Females > Males
	Grade 7	7%	8%	Too few students in at least one grade
	Grade 8	•	9%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

		SEA	ATBELT USE
	SU/SD	VT	
Never		1%	Too few students
Rarely		1%	Too few students
Sometimes	3%	3%	
Most of the time	15%	18%	
Always	81%	76%	SU > VT

	I	RARELY O	R NEVER	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	-		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

EV	EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL						
		SU/SD	VT	_			
Overall		22%	22%	Overall Differences: State vs SU			
Sex	Male	18%	20%	VT and SU are Similar			
	Female	26%	24%	Within SU Differences			
Grade	Grade 6	11%	15%	Females > Males			
	Grade 7	23%	21%	7 > 6			
	Grade 8	29%	27%	8 > 6			

EV	ER RODE V	VITH A DF	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	
Overall		4%	9%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female	5%	10%	Within SU Differences
Grade	Grade 6		5%	Too few students by sex
	Grade 7	6%	8%	Too few students in at least one grade
	Grade 8		12%	



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE						
	SU/SD	VT				
Never wear a helmet	14%	16%	VT > SU			
Rarely wear a helmet	13%	15%				
Sometimes wear a helmet	18%	15%	SU > VT			
Most of the time wear a helmet	31%	25%	SU > VT			
Always wear a helmet	24%	28%	VT > SU			

	RARELY OR NEVER WEAR A BICYCLE HELMET					
		SU/SD	VT			
Overall		27%	31%	Overall Differences: State vs SU		
Sex	Male	31%	33%	VT > SU		
	Female	21%	29%	Within SU Differences		
Grade	Grade 6	25%	24%	Males > Females		
	Grade 7	24%	30%	8 > 7		
	Grade 8	32%	37%			

HELMET USE WHEN SKIING OR SNOWBOARDING						
	SU/SD	VT				
Never wear a helmet	6%	5%				
Rarely wear a helmet		2%	Too few students			
Sometimes wear a helmet	4%	2%	SU > VT			
Most of the time wear a helmet	10%	7%	SU > VT			
Always wear a helmet	81%	83%				



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

RAREI	RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING					
		SU/SD	VT	_		
Overall			7%	Overall Differences: State vs SU		
Sex	Male		8%	Too few students		
	Female		6%	Within SU Differences		
Grade	Grade 6		7%			
	Grade 7		8%			
	Grade 8		7%			

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE					
		SU/SD	VT		
Overall	-	19%	17%	Overall Differences: State vs SU	
Sex	Male	19%	19%	VT and SU are Similar	
	Female	19%	16%	Within SU Differences	
Grade	Grade 6	20%	17%	7 > 8	
	Grade 7	23%	17%		
	Grade 8	14%	18%		



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS						
		SU/SD	VT			
Overall		25%	26%	Overall Differences: State vs SU		
Sex	Male	24%	25%	VT and SU are Similar		
	Female	26%	27%	Within SU Differences		
Grade	Grade 6	21%	21%	7 > 6		
	Grade 7	34%	27%	7 > 8		
	Grade 8	16%	29%			

	WERE IN TH		I SOMEONE WHO WAS SMOKING 5, PAST 7 DAYS	
		SU/SD	VT	
Overall		20%	19%	Overall Differences: State vs SU
Sex	Male	21%	17%	VT and SU are Similar
	Female	19%	20%	Within SU Differences
Grade	Grade 6	16%	15%	7 > 6
	Grade 7	26%	19%	7 > 8
	Grade 8	14%	20%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TO	SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE					
	SU/SD	VT				
Never	10%	9%				
Rarely	10%	14%	VT > SU			
Sometimes	27%	27%				
Most of the time	31%	29%				
Always	22%	21%				

#### MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

		SU/SD	VT	
Overall	_	53%	50%	Overall Differences: State vs SU
Sex	Male	53%	51%	VT and SU are Similar
	Female	52%	49%	Within SU Differences
Grade	Grade 6	49%	42%	
	Grade 7	54%	50%	
	Grade 8	54%	56%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE A	WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT			
Overall	-	28%	30%	Overall Differences: State vs SU		
Sex	Male	28%	30%	VT and SU are Similar		
	Female	27%	31%	Within SU Differences		
Grade	Grade 6	15%	18%	7 > 6		
	Grade 7	26%	29%	8 > 6		
	Grade 8	40%	40%	8 > 7		



#### SECTION 3: MENTAL HEALTH

		FELT SA	D OR HOI	PELESS, PAST YEAR
		SU/SD	VT	
Overall		15%	19%	Overall Differences: State vs SU
Sex	Male	9%	12%	VT > SU
	Female	22%	26%	Within SU Differences
Grade	Grade 6	16%	16%	Females > Males
	Grade 7	14%	18%	
	Grade 8	16%	22%	

	EVER SERI	OUSLY TH	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	_
Overall	-	17%	18%	Overall Differences: State vs SU
Sex	Male	13%	12%	VT and SU are Similar
	Female	20%	23%	Within SU Differences
Grade	Grade 6	7%	13%	Females > Males
	Grade 7	24%	17%	7 > 6
	Grade 8	14%	22%	8 > 6
				7 > 8



#### SECTION 3: MENTAL HEALTH

EVE	EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES					
		SU/SD	VT	_		
Overall		13%	12%	Overall Differences: State vs SU		
Sex	Male	9%	8%	VT and SU are Similar		
	Female	16%	16%	Within SU Differences		
Grade	Grade 6	8%	7%	Females > Males		
	Grade 7	17%	11%	7 > 6		
	Grade 8	11%	16%	7 > 8		

		EVE	R ATTEN	IPTED SUICIDE
		SU/SD	VT	_
Overall		4%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT > SU
	Female	4%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7	6%	5%	Too few students in at least one grade
	Grade 8		8%	



#### SECTION 4: SUBSTANCE USE LIFETIME USE

		EVER SM	OKED A	WHOLE CIGARETTE
		SU/SD	VT	
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 6		4%	Too few students in at least one grade
	Grade 7	12%	7%	
	Grade 8		10%	

	EVE	R USED AI	N ELECT	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall	_	7%	9%	Overall Differences: State vs SU
Sex	Male	7%	9%	VT and SU are Similar
	Female	6%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students in at least one grade
	Grade 7	6%	8%	
	Grade 8	10%	14%	



#### SECTION 4: SUBSTANCE USE LIFETIME USE

	EVE	CR USED A	FLAVOR	ED TOBACCO PRODUCT
		SU/SD	VT	_
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	6%	5%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7	6%	5%	Too few students in at least one grade
	Grade 8	•	6%	

EVER DRANK ALCOHOL				
		SU/SD	VT	_
Overall		20%	19%	Overall Differences: State vs SU
Sex	Male	23%	20%	VT and SU are Similar
	Female	16%	17%	Within SU Differences
Grade	Grade 6	11%	10%	Males > Females
	Grade 7	19%	17%	7 > 6
	Grade 8	25%	26%	8 > 6



#### SECTION 4: SUBSTANCE USE LIFETIME USE

EVER USED MARIJUANA				MARIJUANA
		SU/SD	VT	_
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	8%	7%	VT and SU are Similar
	Female	5%	7%	Within SU Differences
Grade	Grade 6		2%	7 > 6
	Grade 7	8%	6%	8 > 6
	Grade 8	8%	11%	

	EVER USED INHALANTS						
		SU/SD	VT	_			
Overall		7%	4%	Overall Differences: State vs SU			
Sex	Male		4%	SU > VT			
	Female	10%	4%	Within SU Differences			
Grade	Grade 6		3%	Too few students by sex			
	Grade 7	6%	4%	Too few students in at least one grade			
	Grade 8	8%	5%				



## SECTION 4: SUBSTANCE USE

#### EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	
Overall	-	4%	2%	Overall Differences: State vs SU
Sex	Male		2%	SU > VT
	Female		3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	

#### EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	_
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male		2%	VT and SU are Similar
	Female	4%	2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	<b>USED TOBACCO PRODUCTS, PAST YEAR</b>						
		SU/SD	VT	_			
Overall		7%	5%	Overall Differences: State vs SU			
Sex	Male	6%	6%	VT and SU are Similar			
	Female	7%	5%	Within SU Differences			
Grade	Grade 6		3%	Too few students in at least one grade			
	Grade 7	9%	5%				
	Grade 8		7%				

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male		5%	VT and SU are Similar
	Female	4%	4%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8		7%	



SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS							
		SU/SD	VT				
Overall	-	3%	3%	Overall Differences: State vs SU			
Sex	Male		3%	VT and SU are Similar			
	Female		2%	Within SU Differences			
Grade	Grade 6		1%	Too few students by sex			
	Grade 7		2%	Too few students in at least one grade			
	Grade 8		4%				

	SMOKED CIGARETTES, PAST 30 DAYS						
		SU/SD	VT				
Overall		3%	2%	Overall Differences: State vs SU			
Sex	Male		2%	VT and SU are Similar			
	Female		2%	Within SU Differences			
Grade	Grade 6	•	1%	Too few students by sex			
	Grade 7		2%	Too few students in at least one grade			
	Grade 8		3%				



AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED							
	SU/SD	VT					
Less than 1 cigarette	•	33%	Too few students				
1 cigarette	•	23%	Too few students				
2 to 5 cigarettes	•	23%	Too few students				
6 to 10 cigarettes		6%	Too few students				
11 to 20 cigarettes	•		Too few students				
More than 20 cigarettes		14%	Too few students				

	USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS						
		SU/SD	VT				
Overall		3%	4%	Overall Differences: State vs SU			
Sex	Male		4%	VT and SU are Similar			
	Female		3%	Within SU Differences			
Grade	Grade 6		1%	Too few students by sex			
	Grade 7		3%	Too few students in at least one grade			
	Grade 8		6%				



AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products		3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE							
	SU/SD	VT					
Bought them in a store		3%	Too few students				
I got them on the Internet		9%	Too few students				
Someone else bought them		10%	Too few students				
Borrowed them		44%	Too few students				
A person 18 or older gave me		9%	Too few students				
Took them from a store		4%	Too few students				
Some other way		21%	Too few students				



AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE						
	SU/SD	VT				
1 or 2 days	•	49%	Too few students			
3 to 5 days		16%	Too few students			
6 to 9 days		10%	Too few students			
10 to 19 days		6%	Too few students			
20 to 29 days		5%	Too few students			
All 30 days		15%	Too few students			

	SMOKED CIGARS, PAST 30 DAYS				
		SU/SD	VT	_	
Overall	-		1%	Overall Differences: State vs SU	
Sex	Male		1%	Too few students	
	Female		1%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		1%	Too few students in at least one grade	
	Grade 8		2%		



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED SMOKELESS TOBACCO, PAST 30 DAYS						
		SU/SD	VT	_			
Overall		3%	1%	Overall Differences: State vs SU			
Sex	Male		2%	SU > VT			
	Female	•	1%	Within SU Differences			
Grade	Grade 6		1%	Too few students by sex			
	Grade 7		1%	Too few students in at least one grade			
	Grade 8		2%				

#### TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR

		SU/SD	VT	
Overall		•	36%	Overall Differences: State vs SU
Sex	Male		36%	Too few students
	Female		38%	Within SU Differences
Grade	Grade 6		30%	Too few students by sex
	Grade 7		35%	Too few students in at least one grade
	Grade 8		40%	



		DRANK	OL, PAST 30 DAYS	
		SU/SD	VT	
Overall		8%	7%	Overall Differences: State vs SU
Sex	Male	9%	6%	VT and SU are Similar
	Female	7%	6%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	7%	5%	
	Grade 8	13%	10%	

	BINGE DRANK, PAST 30 DAYS					
		SU/SD	VT	_		
Overall		2%	2%	Overall Differences: State vs SU		
Sex	Male		2%	VT and SU are Similar		
	Female		1%	Within SU Differences		
Grade	Grade 6		0%	Too few students by sex		
	Grade 7		1%	Too few students in at least one grade		
	Grade 8		3%			



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED						
	SU/SD	VT				
1 or 2 drinks		63%	Too few students			
3 drinks		10%	Too few students			
4 drinks		7%	Too few students			
5 drinks		6%	Too few students			
6 or 7 drinks		4%	Too few students			
8 or 9 drinks		2%	Too few students			
10 or more drinks		9%	Too few students			

	USED MARIJUANA, PAST 30 DAYS					
		SU/SD	VT			
Overall		4%	4%	Overall Differences: State vs SU		
Sex	Male		4%	VT and SU are Similar		
	Female		4%	Within SU Differences		
Grade	Grade 6		1%	Too few students by sex		
	Grade 7	6%	3%	Too few students in at least one grade		
	Grade 8		7%			



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES						
		SU/SD	VT			
Overall	_	95%	95%	Overall Differences: State vs SU		
Sex	Male	94%	95%	VT and SU are Similar		
	Female	96%	95%	Within SU Differences		
Grade	Grade 6	99%	98%	6 > 7		
	Grade 7	92%	95%	8 > 7		
	Grade 8	97%	93%			

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT		
Overall		89%	89%	Overall Differences: State vs SU	
Sex	Male	88%	89%	VT and SU are Similar	
	Female	91%	90%	Within SU Differences	
Grade	Grade 6	93%	95%	6 > 7	
	Grade 7	87%	91%		
	Grade 8	90%	84%		



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT		
Overall	_	93%	90%	Overall Differences: State vs SU	
Sex	Male	92%	90%	SU > VT	
	Female	95%	90%	Within SU Differences	
Grade	Grade 6	97%	97%	6 > 7	
	Grade 7	91%	91%	6 > 8	
	Grade 8	93%	84%		

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		95%	95%	Overall Differences: State vs SU
Sex	Male	94%	95%	VT and SU are Similar
	Female	97%	95%	Within SU Differences
Grade	Grade 6	97%	96%	Females > Males
	Grade 7	96%	95%	
	Grade 8	94%	95%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINF	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT			
Overall		81%	85%	Overall Differences: State vs SU		
Sex	Male	77%	84%	VT > SU		
	Female	84%	87%	Within SU Differences		
Grade	Grade 6	80%	87%	Females > Males		
	Grade 7	78%	86%	8 > 7		
	Grade 8	85%	83%			

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		SU/SD	VT	
Overall	-	93%	92%	Overall Differences: State vs SU
Sex	Male	91%	92%	VT and SU are Similar
	Female	94%	92%	Within SU Differences
Grade	Grade 6	94%	95%	
	Grade 7	93%	92%	
	Grade 8	93%	89%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		23%	22%	Overall Differences: State vs SU		
Sex	Male	20%	22%	VT and SU are Similar		
	Female	26%	21%	Within SU Differences		
Grade	Grade 6	14%	13%	Females > Males		
	Grade 7	24%	20%	7 > 6		
	Grade 8	25%	28%	8 > 6		

THI	THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		36%	37%	Overall Differences: State vs SU		
Sex	Male	39%	37%	VT and SU are Similar		
	Female	33%	37%	Within SU Differences		
Grade	Grade 6	25%	24%	7 > 6		
	Grade 7	36%	35%	8 > 6		
	Grade 8	45%	48%	8 > 7		



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET					
		SU/SD	VT			
Overall		13%	15%	Overall Differences: State vs SU		
Sex	Male	12%	15%	VT > SU		
	Female	14%	15%	Within SU Differences		
Grade	Grade 6	7%	6%	7 > 6		
	Grade 7	13%	13%	8 > 6		
	Grade 8	15%	23%			

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		SU/SD	VT	
Overall	-	73%	72%	Overall Differences: State vs SU
Sex	Male	71%	71%	VT and SU are Similar
	Female	76%	74%	Within SU Differences
Grade	Grade 6	72%	76%	
	Grade 7	70%	72%	
	Grade 8	77%	70%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINF	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND				
		SU/SD	VT		
Overall	-	46%	48%	Overall Differences: State vs SU	
Sex	Male	39%	45%	VT and SU are Similar	
	Female	55%	51%	Within SU Differences	
Grade	Grade 6	49%	50%	Females > Males	
	Grade 7	42%	48%		
	Grade 8	48%	46%		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY	<b>USE</b>
MARIJUANA REGULARLY	

		SU/SD	VT	
Overall	-	61%	59%	Overall Differences: State vs SU
Sex	Male	55%	56%	VT and SU are Similar
	Female	69%	62%	Within SU Differences
Grade	Grade 6	76%	73%	Females > Males
	Grade 7	61%	60%	6 > 7
	Grade 8	51%	48%	6 > 8
				7 > 8



#### SECTION 5: SEXUAL ACTIVITY SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	_
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	5%	6%	VT and SU are Similar
	Female	4%	4%	Within SU Differences
Grade	Grade 6		2%	Too few students in at least one grade
	Grade 7	7%	4%	
	Grade 8		8%	

	D ORAL SEX			
		SU/SD	VT	_
Overall		6%	6%	Overall Differences: State vs SU
Sex	Male	6%	6%	VT and SU are Similar
	Female	5%	5%	Within SU Differences
Grade	Grade 6		1%	Too few students in at least one grade
	Grade 7	8%	4%	
	Grade 8		9%	



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

DAYS	DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK				
	SU/SD	VT			
0 days	4%	7%	VT > SU		
1 day	4%	4%			
2 days	4%	7%	VT > SU		
3 days	12%	10%			
4 days	10%	11%			
5 days	16%	15%			
6 days	11%	11%			
7 days	39%	34%	SU > VT		

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	-	39%	34%	Overall Differences: State vs SU
Sex	Male	47%	42%	SU > VT
	Female	31%	26%	Within SU Differences
Grade	Grade 6	40%	38%	Males > Females
	Grade 7	42%	35%	
	Grade 8	34%	30%	



#### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS						
		SU/SD	VT			
Overall	-	66%	60%	Overall Differences: State vs SU		
Sex	Male	71%	66%	SU > VT		
	Female	61%	54%	Within SU Differences		
Grade	Grade 6	71%	63%	Males > Females		
	Grade 7	68%	60%	6 > 8		
	Grade 8	58%	57%	7 > 8		

	WERE NOT PHYSICALLY ACTIVE PAST WEEK					
		SU/SD	VT			
Overall	-	4%	7%	Overall Differences: State vs SU		
Sex	Male		7%	VT > SU		
	Female	6%	7%	Within SU Differences		
Grade	Grade 6	•	7%	Too few students by sex		
	Grade 7		7%	Too few students in at least one grade		
	Grade 8		8%			



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT			
0 days	30%	25%	SU > VT		
1 day	8%	7%			
2 days	9%	8%			
3 days	8%	8%			
4 days	13%	5%	SU > VT		
5 days	33%	46%	VT > SU		

GET	GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL						
		SU/SD	VT				
Overall	-	30%	25%	Overall Differences: State vs SU			
Sex	Male	31%	24%	SU > VT			
	Female	29%	25%	Within SU Differences			
Grade	Grade 6	34%	16%				
	Grade 7	27%	26%				
	Grade 8	32%	29%				



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

#### **RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS** SU/SD VT SU > VT0 days 81% 77% 1 day 4% 3% 3% 3% 2 days 4% 3 days 4% 4 days 2% Too few students . 10% VT > SU5 days 6%

	WALK	OR RIDE 1	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall			10%	Overall Differences: State vs SU
Sex	Male		12%	Too few students
	Female	•	9%	Within SU Differences
Grade	Grade 6		11%	
	Grade 7		10%	
	Grade 8		10%	



#### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WATCH TELEVISION, TYPICAL SCHOOL DAY					
	SU/SD	VT			
No TV on average school day	18%	18%			
Less than 1 hour per day	22%	23%			
1 hour per day	20%	18%			
2 hours per day	16%	20%	VT > SU		
3 hours per day	12%	10%			
4 hours per day	6%	4%	SU > VT		
5 or more hours per day	6%	6%			

		WATCH	IED TV 3-	+ HOURS PER DAY
		SU/SD	VT	
Overall		24%	20%	Overall Differences: State vs SU
Sex	Male	25%	20%	SU > VT
	Female	23%	20%	Within SU Differences
Grade	Grade 6	15%	18%	7 > 6
	Grade 7	26%	20%	8 > 6
	Grade 8	26%	21%	



#### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY						
	SU/SD	VT				
No playing video/computer game	13%	12%				
Less than 1 hour per day	18%	17%				
1 hour per day	13%	15%	VT > SU			
2 hours per day	21%	18%	SU > VT			
3 hours per day	15%	14%				
4 hours per day	8%	8%				
5 or more hours per day	12%	16%	VT > SU			

#### PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS PER DAY

		SU/SD	VT	
Overall	_	35%	38%	Overall Differences: State vs SU
Sex	Male	36%	39%	VT > SU
	Female	33%	37%	Within SU Differences
Grade	Grade 6	21%	29%	7 > 6
	Grade 7	41%	38%	8 > 6
	Grade 8	39%	45%	



## SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK					
	SU/SD	VT				
0 days	5%	7%	VT > SU			
1 day	4%	4%				
2 days	5%	7%				
3 days	6%	7%				
4 days	7%	6%				
5 days	7%	8%				
6 days	12%	9%	SU > VT			
7 days	54%	52%				

		DID NOT F	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male	4%	6%	VT > SU
	Female	5%	7%	Within SU Differences
Grade	Grade 6	8%	5%	Too few students in at least one grade
	Grade 7		7%	
	Grade 8		7%	



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK				
	SU/SD	VT		
Did not drink water	3%	3%		
1 to 3 times	6%	9%	VT > SU	
4 to 6 times	9%	10%		
1 time per day	6%	6%		
2 times per day	20%	16%	SU > VT	
3 times per day	23%	19%	SU > VT	
4 or more times per day	35%	37%		

	DRANK T	THREE OR	R MORE G	LASSES PER DAY OF WATER
		SU/SD	VT	
Overall	-	57%	56%	Overall Differences: State vs SU
Sex	Male	58%	57%	VT and SU are Similar
	Female	57%	54%	Within SU Differences
Grade	Grade 6	55%	58%	
	Grade 7	61%	54%	
	Grade 8	54%	56%	



#### SECTION 7: SOCIAL DETERMINANTS

#### WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	80%	77%	SU > VT
Rarely	13%	14%	
Sometimes	4%	7%	VT > SU
Most of the time		1%	Too few students
Always	2%	1%	SU > VT

#### MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME

		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male		2%	SU > VT
	Female	5%	2%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		2%	



	SIDE THE U.S.			
		SU/SD	VT	
Overall		4%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female	4%	6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8		6%	

#### SECTION 7: SOCIAL DETERMINANTS



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

АТ	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT					
0 days	5%	5%					
1 day		2%	Too few students				
2 days	3%	2%					
3 days	4%	3%					
4 days	5%	4%					
5 days	5%	7%	VT > SU				
6 days	12%	10%					
7 days	66%	66%					

ATE I	ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK						
		SU/SD	VT				
Overall	-	87%	88%	Overall Differences: State vs SU			
Sex	Male	87%	89%	VT and SU are Similar			
	Female	88%	87%	Within SU Differences			
Grade	Grade 6	92%	90%	6 > 7			
	Grade 7	86%	89%	6 > 8			
	Grade 8	86%	86%				



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE SCH	BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS						
	SU/SD	VT					
Strongly agree	24%	28%	VT > SU				
Agree	42%	43%					
Not sure	19%	17%					
Disagree	10%	8%	SU > VT				
Strongly disagree	5%	5%					

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall		66%	71%	Overall Differences: State vs SU
Sex	Male	66%	72%	VT > SU
	Female	67%	69%	Within SU Differences
Grade	Grade 6	81%	77%	6 > 7
	Grade 7	63%	72%	6 > 8
	Grade 8	58%	66%	



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT		
Overall	-	77%	76%	Overall Differences: State vs SU	
Sex	Male	82%	76%	VT and SU are Similar	
	Female	72%	76%	Within SU Differences	
Grade	Grade 6	79%	79%	Males > Females	
	Grade 7	77%	75%		
	Grade 8	74%	75%		

GRADES EARNED IN SCHOOL					
	SU/SD	VT			
Mostly A's	52%	46%	SU > VT		
Mostly B's	31%	38%	VT > SU		
Mostly C's	12%	12%			
Mostly D's		3%	Too few students		
Mostly F's		1%	Too few students		

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY						
	SU/SD	VT				
Strongly agree	26%	27%				
Agree	35%	36%				
Not sure	26%	24%				
Disagree	7%	7%				
Strongly disagree	5%	5%				



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE								
		SU/SD	VT					
Overall	-	62%	64%	Overall Differences: State vs SU				
Sex	Male	64%	68%	VT and SU are Similar				
	Female	61%	60%	Within SU Differences				
Grade	Grade 6	70%	67%	6 > 7				
	Grade 7	55%	65%	8 > 7				
	Grade 8	65%	60%					

