2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

REPORT FOR WASHINGTON NORTHEAST SU (SU041)

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at http://healthvermont.gov/yrbs

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: www.healthvermont.gov/yrbs



About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



Using the YRBS Results

Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness:</u> The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

Remember to Look at the Positive Side: In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Participate in Getting to 'Y': Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



HIGH SCHOOL RESULTS

WASHINGTON NORTHEAST SU (SU041) REPORT

http://healthvermont.gov/yrbs.aspx



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 1: DEMOGRAPHICS

HIGH SCHOOL D	EMOGRA	PHICS
	SU/SD	VT
Total	184	27349

		SU/SD	VT
Sex	Male	56%	51%
	Female	44%	49%
Grade	9th Grade	24%	25%
	10th Grade	23%	25%
	11th Grade	25%	25%
	12th Grade	27%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	93%	83%
	Students of Color (REM)	7%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	86%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	14%	11%



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WERE IN	NA PHYSI	ICAL FIGHT, PAST YEAR
		SU/SD	VT	
Overall		10%	17%	Overall Differences: State vs SU
Sex	Male	14%	22%	VT > SU
	Female	7%	11%	Within SU Differences
Grade	9th / 10th	14%	19%	Too few students by grade
	11th / 12th		14%	

	WERE IN A	PHYSICAL	L FIGHT	ON SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	-	·	7%	Overall Differences: State vs SU
Sex	Male		9%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		5%	Too few students by grade

	CARRIE	D A WEAP	ON ON S	CHOOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall	-	6%	7%	Overall Differences: State vs SU
Sex	Male		10%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th	10%	8%	Too few students by grade



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

WERE	THREATENE	D OR INJU	RED WI	TH A WEAPON ON SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall	-	·	5%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female	•	3%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		4%	Too few students by grade

	W	ERE ELEC	TRONIC	ALLY BULLIED, PAST YEAR
		SU/SD	VT	
Overall	_	13%	16%	Overall Differences: State vs SU
Sex	Male		10%	VT and SU are Similar
	Female	21%	22%	Within SU Differences
Grade	9th / 10th	12%	18%	Too few students by sex
	11th / 12th	12%	14%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

		WE	RE BULL	JED, PAST 30 DAYS
		SU/SD	VT	
Overall		11%	16%	Overall Differences: State vs SU
Sex	Male		11%	VT > SU
	Female	18%	20%	Within SU Differences
Grade	9th / 10th	12%	18%	Too few students by sex
	11th / 12th	11%	13%	

		BULLIE	D SOMEC	ONE ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall	_	9%	9%	Overall Differences: State vs SU
Sex	Male	8%	10%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	9th / 10th	7%	9%	
	11th / 12th	11%	8%	

D	OID NOT GO	то ѕснос	L BECA	USE THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall	-	3%	5%	Overall Differences: State vs SU
Sex	Male		4%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th		4%	Too few students by grade



SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

	WERE EVER	PHYSICAL	LLY FOR
		SU/SD	VT
Overall		5%	6%
Sex	Male		3%
	Female		9%
Grade	9th / 10th		5%
	11th / 12th		7%

EXPERIENCED SEXUAL DATING VIOLENCE, PAST YEAR					
		SU/SD	VT		
Overall	_	9%	10%	Overall Differences: State vs SU	
Sex	Male		5%	VT and SU are Similar	
	Female		15%	Within SU Differences	
Grade	9th / 10th		10%	Too few students by sex	
	11th / 12th		9%	Too few students by grade	

	EXPER	IENCED PI	HYSICAL	DATING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall	-	6%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		8%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		7%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall			7%	Overall Differences: State vs SU	
Sex	Male		9%	Too few students	
	Female		5%	Within SU Differences	
Grade	9th / 10th		5%	Too few students by sex	
	11th / 12th		9%	Too few students by grade	

DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS					
		SU/SD	VT		
Overall	_	13%	14%	Overall Differences: State vs SU	
Sex	Male		16%	VT and SU are Similar	
	Female		12%	Within SU Differences	
Grade	9th / 10th		9%	Too few students by sex	
	11th / 12th		18%	Too few students by grade	

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 3				
		SU/SD	VT	
Overall	-	21%	18%	Overall Differences: State vs SU
Sex	Male	23%	17%	VT and SU are Similar
	Female	20%	19%	Within SU Differences
Grade	9th / 10th	17%	18%	
	11th / 12th	25%	18%	



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS					
		SU/SD	VT		
Overall		23%	20%	Overall Differences: State vs SU	
Sex	Male	24%	20%	VT and SU are Similar	
	Female	19%	20%	Within SU Differences	
Grade	9th / 10th	19%	16%		
	11th / 12th	24%	25%		

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	19%	34%	Overall Differences: State vs SU	
Sex	Male		34%	VT > SU	
	Female		34%	Within SU Differences	
Grade	9th / 10th		14%	Too few students by sex	
	11th / 12th		48%	Too few students by grade	



SECTION 2: PERSONAL SAFETY

INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR				
	SU/SD	VT		
Never wore a helmet		11%	Too few students	
Rarely wore a helmet	•	3%	Too few students	
Sometimes wore a helmet		3%	Too few students	
Most of the time wore a helmet		9%	Too few students	
Always wore a helmet	•	74%	Too few students	

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR					
		SU/SD	VT		
Overall	-	·	14%	Overall Differences: State vs SU	
Sex	Male		17%	Too few students	
	Female		9%	Within SU Differences	
Grade	9th / 10th		12%	Too few students by sex	
	11th / 12th		15%	Too few students by grade	

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR					
		SU/SD	VT		
Overall	-	13%	18%	Overall Differences: State vs SU	
Sex	Male	17%	20%	VT > SU	
	Female	7%	16%	Within SU Differences	
Grade	9th / 10th	14%	19%	Males > Females	
	11th / 12th	13%	17%		



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT		
Overall		37%	54%	Overall Differences: State vs SU	
Sex	Male	38%	51%	VT > SU	
	Female	34%	58%	Within SU Differences	
Grade	9th / 10th	32%	50%	Too few students by grade	
	11th / 12th		59%		

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS					
		SU/SD	VT		
Overall		44%	55%	Overall Differences: State vs SU	
Sex	Male	37%	53%	VT > SU	
	Female	50%	56%	Within SU Differences	
Grade	9th / 10th	39%	56%		
	11th / 12th	46%	53%		



HIGH SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

TOBACCO EXPOSURE AND PREVENTION

WERE	IN THE SAM	E CAR AS	SOMEON	E WHO WAS SMOKING CIGARETTES, PAST 7 DAYS
		SU/SD	VT	
Overall	-	29%	23%	Overall Differences: State vs SU
Sex	Male	33%	23%	SU > VT
	Female	25%	23%	Within SU Differences
Grade	9th / 10th	27%	23%	
	11th / 12th	31%	24%	

WERE I	N THE SAME	ROOM AS	S SOMEO	NE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS
		SU/SD	VT	
Overall	-	38%	33%	Overall Differences: State vs SU
Sex	Male	43%	33%	VT and SU are Similar
	Female	34%	33%	Within SU Differences
Grade	9th / 10th	39%	32%	
	11th / 12th	38%	34%	



SECTION 3: MENTAL HEALTH

				EVERY DAY FOR TWO WEEKS OR MORE IN G SOME USUAL ACTIVITIES, PAST YEAR
		SU/SD	VT	
Overall	-	25%	25%	Overall Differences: State vs SU
Sex	Male	19%	16%	VT and SU are Similar
	Female	30%	35%	Within SU Differences
Grade	9th / 10th	16%	25%	11-12 > 9-10
	11th / 12th	30%	26%	

DID SO	METHING TO) PURPOS		T THEMSELVES WITHOUT WANTING TO DIE, AST YEAR
		SU/SD	VT	
Overall	-	13%	16%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female	22%	25%	Within SU Differences
Grade	9th / 10th	12%	18%	Too few students by sex
	11th / 12th	15%	15%	



HIGH SCHOOL RESULTS

SECTION 3: MENTAL HEALTH

MA	ADE A PLAN	ABOUT HO)W THEY	WOULD ATTEMPT SUICIDE, PAST YEAR
		SU/SD	VT	
Overall		14%	11%	Overall Differences: State vs SU
Sex	Male	11%	7%	VT and SU are Similar
	Female	15%	15%	Within SU Differences
Grade	9th / 10th		12%	Too few students by grade
	11th / 12th	18%	10%	

		ATTE	EMPTED	SUICIDE, PAST YEAR
		SU/SD	VT	
Overall	_		5%	Overall Differences: State vs SU
Sex	Male		4%	Too few students
	Female		7%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		5%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		EVER S	SMOKED	A WHOLE CIGARETTE
		SU/SD	VT	
Overall		23%	24%	Overall Differences: State vs SU
Sex	Male	25%	26%	VT and SU are Similar
	Female	19%	22%	Within SU Differences
Grade	9th / 10th	17%	19%	
	11th / 12th	27%	29%	

	SI	MOKED A	CIGARET	ITE BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female	9%	6%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th		7%	Too few students by grade

	E	VER USED	AN ELEC	CTRONIC VAPOR PRODUCT
		SU/SD	VT	
Overall	-	31%	34%	Overall Differences: State vs SU
Sex	Male	32%	37%	VT and SU are Similar
	Female	26%	31%	Within SU Differences
Grade	9th / 10th	20%	27%	11-12 > 9-10
	11th / 12th	40%	41%	



SECTION 4: SUBSTANCE USE

	E	VER TRIE	D FLAVO	RED TOBACCO PRODUCTS
		SU/SD	VT	
Overall	_	22%	21%	Overall Differences: State vs SU
Sex	Male	25%	24%	VT and SU are Similar
	Female	19%	17%	Within SU Differences
Grade	9th / 10th	12%	14%	11-12 > 9-10
	11th / 12th	31%	27%	

			EVER DR	ANK ALCOHOL
		SU/SD	VT	
Overall	-	57%	58%	Overall Differences: State vs SU
Sex	Male	54%	57%	VT and SU are Similar
	Female	59%	58%	Within SU Differences
Grade	9th / 10th	51%	48%	
	11th / 12th	62%	68%	

		DRANK A	ALCOHOI	L BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		10%	14%	Overall Differences: State vs SU
Sex	Male	12%	16%	VT > SU
	Female		11%	Within SU Differences
Grade	9th / 10th	9%	15%	Too few students by sex
	11th / 12th		12%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

			EVER US	ED MARIJUANA
		SU/SD	VT	
Overall	-	42%	37%	Overall Differences: State vs SU
Sex	Male	37%	37%	VT and SU are Similar
	Female	48%	37%	Within SU Differences
Grade	9th / 10th	37%	29%	
	11th / 12th	47%	46%	

		TRIED MA	ARIJUAN	A BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall	_	·	6%	Overall Differences: State vs SU
Sex	Male		7%	Too few students
	Female		5%	Within SU Differences
Grade	9th / 10th	·	6%	Too few students by sex
	11th / 12th		6%	Too few students by grade

	E	VER MISUS	SED PRES	SCRIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		10%	8%	Overall Differences: State vs SU
Sex	Male	13%	8%	VT and SU are Similar
	Female		7%	Within SU Differences
Grade	9th / 10th		7%	Too few students by sex
	11th / 12th	18%	9%	Too few students by grade



SECTION 4: SUBSTANCE USE

	I	EVER MIS	USED PR	ESCRIPTION STIMULANTS
		SU/SD	VT	
Overall	-	9%	6%	Overall Differences: State vs SU
Sex	Male	12%	7%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th	17%	8%	Too few students by grade

			EVER U	SED COCAINE
		SU/SD	VT	
Overall	_		4%	Overall Differences: State vs SU
Sex	Male		5%	Too few students
	Female		3%	Within SU Differences
Grade	9th / 10th		3%	Too few students by sex
	11th / 12th	٠	5%	Too few students by grade

			EVER US	ED INHALANTS
		SU/SD	VT	
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	9th / 10th		6%	Too few students by sex
	11th / 12th		6%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

			EVER U	USED HEROIN
		SU/SD	VT	
Overall	_		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	9th / 10th		1%	Too few students by sex
	11th / 12th		2%	Too few students by grade

		EVER	USED M	ETHAMPHETAMINES
		SU/SD	VT	
Overall	-		2%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		1%	Within SU Differences
Grade	9th / 10th		2%	Too few students by sex
	11th / 12th		3%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	USED A	NY TOBA	CCO PRO	DUCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		24%	24%	Overall Differences: State vs SU
Sex	Male	26%	28%	VT and SU are Similar
	Female	20%	18%	Within SU Differences
Grade	9th / 10th	16%	17%	11-12 > 9-10
	11th / 12th	30%	30%	

S				RS OR USED SMOKELESS TOBACCO OR R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		17%	19%	Overall Differences: State vs SU
Sex	Male	24%	23%	VT and SU are Similar
	Female	9%	14%	Within SU Differences
Grade	9th / 10th	11%	13%	Males > Females
	11th / 12th	22%	25%	

SMOKE	ED CIGARET	TES OR CI	GARS OR	USED SMOKELESS TOBACCO, PAST 30 DAY
		SU/SD	VT	
Overall	-	17%	15%	Overall Differences: State vs SU
Sex	Male	22%	19%	VT and SU are Similar
	Female	9%	11%	Within SU Differences
Grade	9th / 10th	11%	10%	Males > Females
	11th / 12th	21%	20%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		SMOK	ED CIGAI	RETTES, PAST 30 DAYS
		SU/SD	VT	
Overall	-	12%	9%	Overall Differences: State vs SU
Sex	Male	14%	10%	VT and SU are Similar
	Female	9%	8%	Within SU Differences
Grade	9th / 10th	9%	6%	
	11th / 12th	14%	12%	

AM	AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES							
	SU/SD	VT						
1 or 2 days	·	29%	Too few students					
3 to 5 days		15%	Too few students					
6 to 9 days	•	10%	Too few students					
10 to 19 days		12%	Too few students					
20 to 29 days		9%	Too few students					
All 30 days	·	25%	Too few students					



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	AMONG C	URRENT S	MOKERS	S: SMOKE CIGARETTES EVERY DAY
		SU/SD	VT	
Overall			25%	Overall Differences: State vs SU
Sex	Male		27%	Too few students
	Female		20%	Within SU Differences
Grade	9th / 10th		22%	Too few students by sex
	11th / 12th		25%	Too few students by grade

AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED						
	SU/SD	VT				
Less than 1 cigarette	•	30%	Too few students			
1 cigarette		19%	Too few students			
2 to 5 cigarettes		30%	Too few students			
6 to 10 cigarettes		9%	Too few students			
11 to 20 cigarettes		4%	Too few students			
More than 20 cigarettes		8%	Too few students			



SECTION 4: SUBSTANCE USE

AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED						
		SU/SD	VT			
Overall	_	·	12%	Overall Differences: State vs SU		
Sex	Male		15%	Too few students		
	Female		6%	Within SU Differences		
Grade	9th / 10th		10%			
	11th / 12th		11%			

USED ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS						
		SU/SD	VT			
Overall		10%	12%	Overall Differences: State vs SU		
Sex	Male	10%	14%	VT and SU are Similar		
	Female		9%	Within SU Differences		
Grade	9th / 10th		9%	Too few students by sex		
	11th / 12th	13%	15%	Too few students by grade		



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
Friend/family used them		35%	Too few students		
To try to quit other tobacco	·	5%	Too few students		
Cost less than other tobacco	·	1%	Too few students		
Easier to get than other tobacco		1%	Too few students		
Less harmful than other tobacco	·	8%	Too few students		
Available in flavors		17%	Too few students		
Used for some other reason		33%	Too few students		

AMON	AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
	SU/SD	VT					
1 or 2 days		37%	Too few students				
3 to 5 days		19%	Too few students				
6 to 9 days		11%	Too few students				
10 to 19 days		12%	Too few students				
20 to 29 days		7%	Too few students				
All 30 days		15%	Too few students				



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS						
		SU/SD	VT			
Overall			33%	Overall Differences: State vs SU		
Sex	Male		37%	Too few students		
	Female		26%	Within SU Differences		
Grade	9th / 10th		33%	Too few students by sex		
	11th / 12th		33%	Too few students by grade		

AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER AGE 18					
	SU/SD	VT			
Bought them in a store	•	8%	Too few students		
I got them on the Internet		10%	Too few students		
Someone else bought them		14%	Too few students		
Borrowed them	•	38%	Too few students		
A person 18 or older gave me	•	11%	Too few students		
Took them from a store		2%	Too few students		
Some other way	•	18%	Too few students		



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

		USED SMC	KELESS	TOBACCO, PAST 30 DAYS
		SU/SD	VT	_
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male		8%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	9th / 10th		4%	Too few students by sex
	11th / 12th		6%	Too few students by grade

SMOKED CIGARS, CIGARILLOS, OR LITTLE CIGARS, PAST 30 DAYS						
		SU/SD	VT			
Overall	-	10%	9%	Overall Differences: State vs SU		
Sex	Male	17%	13%	VT and SU are Similar		
	Female		6%	Within SU Differences		
Grade	9th / 10th		6%	Too few students by sex		
	11th / 12th	11%	13%	Too few students by grade		

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR							
		SU/SD	VT					
Overall	_		33%	Overall Differences: State vs SU				
Sex	Male		30%	Too few students				
	Female		37%	Within SU Differences				
Grade	9th / 10th		34%	Too few students by sex				
	11th / 12th		32%	Too few students by grade				



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	OHOL, PAST 30 DAYS			
		SU/SD	VT	
Overall	-	34%	33%	Overall Differences: State vs SU
Sex	Male	39%	32%	VT and SU are Similar
	Female	30%	34%	Within SU Differences
Grade	9th / 10th	29%	25%	
	11th / 12th	40%	41%	

		BI	NGE DRA	NK, PAST 30 DAYS
		SU/SD	VT	
Overall	-	13%	17%	Overall Differences: State vs SU
Sex	Male	14%	17%	VT and SU are Similar
	Female	11%	17%	Within SU Differences
Grade	9th / 10th		11%	Too few students by grade
	11th / 12th	18%	23%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	AMONG CURRENT USERS: FREQUENCY OF DRINKING							
	SU/SD	VT						
1 or 2 days	•	49%	Too few students					
3 to 5 days	•	26%	Too few students					
6 to 9 days	•	13%	Too few students					
10 to 19 days		7%	Too few students					
20 to 29 days	•	2%	Too few students					
All 30 days	٠	3%	Too few students					

	AMONG CURRENT USERS: DRANK ON 10+ DAYS						
		SU/SD	VT				
Overall	-		12%	Overall Differences: State vs SU			
Sex	Male		15%	Too few students			
	Female		9%	Within SU Differences			
Grade	9th / 10th		11%	Too few students by sex			
	11th / 12th		13%	Too few students by grade			



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED							
	SU/SD	VT					
1 or 2 drinks	•	35%	Too few students				
3 drinks	•	6%	Too few students				
4 drinks		8%	Too few students				
5 drinks		13%	Too few students				
6 or 7 drinks	•	15%	Too few students				
8 or 9 drinks	•	8%	Too few students				
10 or more drinks		14%	Too few students				

	AMONG	BINGE DRANK (4+ females; 5+ males)		
		SU/SD	VT	
Overall	-		57%	Overall Differences: State vs SU
Sex	Male		59%	Too few students
	Female		55%	Within SU Differences
Grade	9th / 10th		51%	Too few students by sex
	11th / 12th		61%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: ALCOHOL SOURCE						
	SU/SD	VT				
Bought in store		3%	Too few students			
Bought in restaurant		2%	Too few students			
Bought at public event		0%	Too few students			
I gave someone money to buy	•	23%	Too few students			
Someone gave it to me		40%	Too few students			
Took from store/family		12%	Too few students			
Some other way		20%	Too few students			

		USE	D MARIJI	UANA, PAST 30 DAYS
		SU/SD	VT	
Overall	-	26%	24%	Overall Differences: State vs SU
Sex	Male	30%	24%	VT and SU are Similar
	Female	21%	23%	Within SU Differences
Grade	9th / 10th	28%	18%	
	11th / 12th	24%	28%	



SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE							
	SU/SD	VT					
1 or 2 times	•	34%	Too few students				
3 to 9 times	•	25%	Too few students				
10 to 19 times		12%	Too few students				
20 to 39 times		10%	Too few students				
40 or more times		20%	Too few students				

AMONG CURRENT USERS: USED MARIJUANA 10+ TIMES						
		SU/SD	VT			
Overall	_		41%	Overall Differences: State vs SU		
Sex	Male		47%	Too few students		
	Female		35%	Within SU Differences		
Grade	9th / 10th		39%	Too few students by sex		
	11th / 12th		42%	Too few students by grade		

AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED							
SU/SD VT							
Smoked it	•	91%	Too few students				
Ate in food		4%	Too few students				
Drank in tea or other drink		1%	Too few students				
Vaporized		2%	Too few students				
Some other way		2%	Too few students				



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

CURRENT USE

	M	ISUSED A	PRESCRI	PTION DRUG, PAST 30 DAYS
		SU/SD	VT	_
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	12%	6%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	9th / 10th		5%	Too few students by sex
	11th / 12th	14%	6%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SUBSTANCE USE ON SCHOOL PROPERTY

WER	E OFFERED,	SOLD, OR	GIVEN A	N ILLEGAL DRUG AT SCHOOL, PAST YEAR
		SU/SD	VT	
Overall		16%	15%	Overall Differences: State vs SU
Sex	Male	18%	17%	VT and SU are Similar
	Female	14%	13%	Within SU Differences
Grade	9th / 10th	21%	15%	
	11th / 12th	12%	15%	

ATTEN	DED SCHOOL	L UNDER T	THE INFL	UENCE OF DRUGS OR ALCOHOL, PAST YEAR
		SU/SD	VT	
Overall	_	19%	13%	Overall Differences: State vs SU
Sex	Male	26%	14%	SU > VT
	Female	11%	12%	Within SU Differences
Grade	9th / 10th	14%	11%	Males > Females
	11th / 12th	23%	16%	



SECTION 4: SUBSTANCE USE

PERCEPTIONS OF USE

THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL VT SU/SD Overall Overall Differences: State vs SU 17% 25% VT > SUSex Male 23% 25% Female 8% 24% Within SU Differences Grade 9th / 10th 20% 29% Males > Females $11th \, / \, 12th$ 13% 20%

THI	NK IT IS WRO	NG OR VE		ONG FOR SOMEONE THEIR AGE TO SMOKE GARETTES
		SU/SD	VT	
Overall		85%	84%	Overall Differences: State vs SU
Sex	Male	85%	82%	VT and SU are Similar
	Female	85%	86%	Within SU Differences
Grade	9th / 10th	88%	89%	
	11th / 12th	82%	79%	



SECTION 4: SUBSTANCE USE

THI	NK IT IS WRO	ONG OR V		ONG FOR SOMEONE THEIR AGE TO DRINK LCOHOL
		SU/SD	VT	
Overall	-	62%	54%	Overall Differences: State vs SU
Sex	Male	71%	55%	SU > VT
	Female	52%	54%	Within SU Differences
Grade	9th / 10th	71%	65%	Males > Females
	11th / 12th	55%	44%	9-10 > 11-12

TH	INK IT IS WE	RONG OR		RONG FOR SOMEONE THEIR AGE TO USE ARIJUANA
		SU/SD	VT	
Overall	_	56%	55%	Overall Differences: State vs SU
Sex	Male	64%	56%	VT and SU are Similar
	Female	46%	55%	Within SU Differences
Grade	9th / 10th	67%	64%	Males > Females
	11th / 12th	46%	46%	9-10 > 11-12



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

THIN				ANS FEEL IT WOULD BE WRONG OR VE I TO SMOKE CIGARETTES
		SU/SD	VT	
Overall	-	93%	91%	Overall Differences: State vs SU
Sex	Male	91%	90%	VT and SU are Similar
	Female	96%	93%	Within SU Differences
Grade	9th / 10th	95%	94%	
	11th / 12th	91%	89%	

THIN	K THEIR PA			IANS FEEL IT WOULD BE WRONG OR VERY EM TO DRINK ALCOHOL
		SU/SD	VT	
Overall	-	64%	66%	Overall Differences: State vs SU
Sex	Male	70%	64%	VT and SU are Similar
	Female	59%	67%	Within SU Differences
Grade	9th / 10th	72%	75%	9-10 > 11-12
	11th / 12th	58%	57%	



SECTION 4: SUBSTANCE USE

THIN	K THEIR PA		GUARDI FOR TH
		SU/SD	VT
Overall	_	69%	76%
Sex	Male	71%	75%
	Female	70%	77%
Grade	9th / 10th	75%	81%
	11th / 12th	65%	72%

PERCEIV	ED RISK (OF HARN	I FROM SMOKING A PACK OF CIGARETTES DAILY
	SU/SD	VT	
No risk	7%	5%	
Slight risk	8%	9%	
Moderate risk	21%	18%	
Great risk	64%	68%	

THINK	PEOPLE GR			MING THEMSELVES IF THEY SMOKE ONE OR CIGARETTES PER DAY
		SU/SD	VT	
Overall		64%	68%	Overall Differences: State vs SU
Sex	Male	62%	66%	VT and SU are Similar
	Female	64%	70%	Within SU Differences
Grade	9th / 10th	57%	66%	
	11th / 12th	69%	70%	



HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

PERCE	EIVED RIS	K OF HAI
	SU/SD	VT
No risk	8%	6%
Slight risk	19%	19%
Moderate risk	44%	39%
Great risk	29%	36%

THINI				MING THEMSELVES IF THEY HAVE FIVE OR LONCE OR TWICE EACH WEEKEND
		SU/SD	VT	
Overall		29%	36%	Overall Differences: State vs SU
Sex	Male	26%	32%	VT > SU
	Female	35%	41%	Within SU Differences
Grade	9th / 10th	26%	38%	
	11th / 12th	34%	34%	

PERCEIV	VED RISK	OF HAR	M FROM REGULAR MARIJUANA USE
	SU/SD	VT	
No risk	25%	21%	
Slight risk	31%	29%	
Moderate risk	28%	26%	
Great risk	15%	24%	VT > SU



SECTION 4: SUBSTANCE USE

THINK	PEOPLE GRI	EATLY RIS		IING THEMSELVES IF THEY USE MARIJUANA GULARLY
		SU/SD	VT	
Overall	-	15%	24%	Overall Differences: State vs SU
Sex	Male	16%	21%	VT > SU
	Female	13%	28%	Within SU Differences
Grade	9th / 10th	19%	29%	
	11th / 12th	12%	20%	

	P	ERCEIVI	ED ACCESS TO CIGARETTES
	SU/SD	VT	
Very hard	20%	24%	
Sort of hard	26%	21%	SU > VT
Sort of easy	24%	22%	
Very easy	30%	32%	

SAY IF	THEY WAN	FED CIGA		T WOULD BE SORT OF EASY OR VERY EASY HEM TO GET
		SU/SD	VT	
Overall	·	54%	55%	Overall Differences: State vs SU
Sex	Male	54%	57%	VT and SU are Similar
	Female	54%	52%	Within SU Differences
Grade	9th / 10th	45%	43%	11-12 > 9-10
	11th / 12th	63%	66%	



SECTION 4: SUBSTANCE USE

		P]
	SU/SD	VT
Very hard	13%	15%
Sort of hard	18%	18%
Sort of easy	35%	31%
Very easy	34%	37%

SAY IF	THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET					
		SU/SD	VT			
Overall		69%	68%	Overall Differences: State vs SU		
Sex	Male	62%	67%	VT and SU are Similar		
	Female	77%	69%	Within SU Differences		
Grade	9th / 10th	65%	62%	Females > Males		
	11th / 12th	72%	73%			

	PERCEIVED ACCESS TO MARIJUANA				
	SU/SD	VT			
Very hard	22%	27%			
Sort of hard	19%	15%			
Sort of easy	20%	22%			
Very easy	39%	37%			



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HIGH SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

SAY II	F THEY WAN	TED MAR		T WOULD BE SORT OF EASY OR VERY EASY HEM TO GET
		SU/SD	VT	
Overall	-	59%	58%	Overall Differences: State vs SU
Sex	Male	51%	59%	VT and SU are Similar
	Female	68%	57%	Within SU Differences
Grade	9th / 10th	50%	49%	Females > Males
	11th / 12th	67%	67%	11-12 > 9-10



SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

	LIFETI	ME SEXU	JAL CONTACTS: MALES
	SU/SD	VT	
Never had sexual contact	44%	42%	
Females	50%	54%	
Males		2%	Too few students
Females and males		2%	Too few students

	AL CONTACTS: FEMALES		
	SU/SD	VT	
Never had sexual contact	31%	43%	VT > SU
Females		2%	Too few students
Males	49%	48%	
Females and males	15%	7%	SU > VT

		EVER	R HAD SE	XUAL INTERCOURSE
		SU/SD	VT	
Overall	-	47%	40%	Overall Differences: State vs SU
Sex	Male	47%	40%	SU > VT
	Female	48%	40%	Within SU Differences
Grade	9th / 10th	22%	26%	11-12 > 9-10
	11th / 12th	69%	54%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE	HAD 4+	LIFETIME PARTNERS
		SU/SD	VT	_
Overall		11%	9%	Overall Differences: State vs SU
Sex	Male	11%	9%	VT and SU are Similar
	Female	10%	8%	Within SU Differences
Grade	9th / 10th		5%	Too few students by grade
	11th / 12th	19%	13%	

			EVER H	IAD ORAL SEX
		SU/SD	VT	
Overall	_	46%	42%	Overall Differences: State vs SU
Sex	Male	44%	42%	VT and SU are Similar
	Female	47%	42%	Within SU Differences
Grade	9th / 10th	32%	30%	11-12 > 9-10
	11th / 12th	58%	55%	

,	WERE EVER	TESTED F	OR HUM	AN IMMUNODEFICIENCY VIRUS (HIV)
		SU/SD	VT	
Overall	-	8%	10%	Overall Differences: State vs SU
Sex	Male		9%	VT and SU are Similar
	Female		12%	Within SU Differences
Grade	9th / 10th		8%	Too few students by sex
	11th / 12th	10%	13%	Too few students by grade



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT

HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	HAD SE	XUAL INT	ERCOUR	SE DURING THE PAST 3 MONTHS
		SU/SD	VT	
Overall		37%	31%	Overall Differences: State vs SU
Sex	Male	33%	29%	SU > VT
	Female	42%	32%	Within SU Differences
Grade	9th / 10th	18%	19%	11-12 > 9-10
	11th / 12th	54%	43%	

USED	ALCOHOL O			LAST INTERCOURSE, AMONG CURRENTLY ACTIVE STUDENTS
		SU/SD	VT	
Overall			20%	Overall Differences: State vs SU
Sex	Male		22%	Too few students
	Female		17%	Within SU Differences
Grade	9th / 10th		23%	Too few students by sex
	11th / 12th		18%	Too few students by grade



HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE **STUDENTS** SU/SD VT No method was used 7% Too few students Birth control pills 32% Too few students Too few students Condoms 35% IUD or implant Too few students 13% Shot/patch/birth control ring 5% Too few students Withdrawal/other method 5% Too few students Not sure 2% Too few students

USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE **STUDENTS** SU/SD VT Overall 50% Overall Differences: State vs SU Sex Male 40% Too few students Female 60% Within SU Differences

Too few students by sex

Too few students by grade

39%

56%

Grade

9th / 10th

11th / 12th



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT

HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

	CONDOM U	SE, AMON	G CURRE	NTLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	
Overall			56%	Overall Differences: State vs SU
Sex	Male		61%	Too few students
	Female		52%	Within SU Differences
Grade	9th / 10th		62%	Too few students by sex
	11th / 12th		54%	Too few students by grade

			AL INTE	CRIPTION BIRTH CONTROL TO PREVENT RCOURSE, AMONG CURRENTLY SEXUALLY E STUDENTS
		SU/SD	VT	
Overall	_		19%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		22%	Within SU Differences
Grade	9th / 10th		16%	Too few students by sex
	11th / 12th		20%	Too few students by grade



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 5: SEXUAL HEALTH

CURRENT SEXUAL ACTIVITY

DID	NOT USE AN			EVENT PREGNANCY, AMONG CURRENTLY ACTIVE STUDENTS
		SU/SD	VT	
Overall	•	·	7%	Overall Differences: State vs SU
Sex	Male		8%	Too few students
	Female		7%	Within SU Differences
Grade	9th / 10th		10%	Too few students by sex
	11th / 12th		6%	Too few students by grade



SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERW	EIGHT (BMI	BETWEEN	THE 85tl	n AND <95th PERCENTILES FOR AGE AND SEX)
		SU/SD	VT	
Overall		6%	14%	Overall Differences: State vs SU
Sex	Male		14%	VT > SU
	Female	11%	15%	Within SU Differences
Grade	9th / 10th		15%	Too few students by sex
	11th / 12th		13%	Too few students by grade

	OBI	ESE (BMI >	95th PER	CENTILE FOR AGE AND SEX)
		SU/SD	VT	
Overall	_	11%	13%	Overall Differences: State vs SU
Sex	Male	12%	15%	VT and SU are Similar
	Female	9%	10%	Within SU Differences
Grade	9th / 10th	9%	12%	Too few students by grade
	11th / 12th		13%	

	PE	RCEPTIO	ONS OF OWN WEIGHT
	SU/SD	VT	
Very underweight		2%	Too few students
Slightly underweight	14%	12%	
About the right weight	59%	56%	
Slightly overweight	21%	25%	
Very overweight	٠	5%	Too few students



SECTION 6: BMI AND WEIGHT PERCEPTIONS

	DESCRIBE	D THEMSI	ELVES AS	SLIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall		23%	30%	Overall Differences: State vs SU
Sex	Male	19%	25%	VT > SU
	Female	26%	36%	Within SU Differences
Grade	9th / 10th	20%	29%	
	11th / 12th	25%	31%	

v	VHAT ONE	E IS TRY	ING TO DO ABOUT WEIGHT
	SU/SD	VT	
Lose weight	32%	42%	VT > SU
Gain weight	16%	15%	
Stay the same weight	13%	18%	VT > SU
Not trying to do anything	39%	25%	SU > VT

		WER	RE TRYIN	G TO LOSE WEIGHT
		SU/SD	VT	
Overall	_	32%	42%	Overall Differences: State vs SU
Sex	Male	17%	28%	VT > SU
	Female	47%	57%	Within SU Differences
Grade	9th / 10th	27%	42%	Females > Males
	11th / 12th	33%	42%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

	DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK					
	SU/SD	VT				
days	16%	13%				
day	11%	7%	SU > VT			
days	15%	9%	SU > VT			
days	11%	12%				
days	14%	11%				
days	14%	14%				
days	8%	10%				
days	12%	25%	VT > SU			

WEI	RE PHYSICAI	LLY ACTIV	VE AT LE	AST 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	-	12%	25%	Overall Differences: State vs SU
Sex	Male	18%	33%	VT > SU
	Female		17%	Within SU Differences
Grade	9th / 10th	15%	27%	Too few students by sex
	11th / 12th	10%	24%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

WERE 1	PHYSICALLY	ACTIVE A		T 60 MINUTES PER DAY ON 5 OR MORE DAYS, ST WEEK
		SU/SD	VT	
Overall	_	34%	49%	Overall Differences: State vs SU
Sex	Male	42%	56%	VT > SU
	Female	23%	42%	Within SU Differences
Grade	9th / 10th	37%	51%	Males > Females
	11th / 12th	31%	47%	

DID NO	OT PARTICIF			60 MINUTES OF PHYSICAL ACTIVITY ON AT DAY, PAST WEEK
		SU/SD	VT	
Overall		16%	13%	Overall Differences: State vs SU
Sex	Male	13%	11%	VT and SU are Similar
	Female	20%	14%	Within SU Differences
Grade	9th / 10th	21%	11%	
	11th / 12th	11%	14%	



SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

TV, VIDEO (OR COMPU	JTER GA
	SU/SD	VT
Do not watch TV	5%	3%
Less than 1 hour per day	6%	8%
1 hour per day	9%	12%
2 hours per day	23%	23%
3 hours per day	19%	21%
4 hours per day	16%	13%
5 or more hours per day	21%	19%

WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK VTSU/SD Overall 57% 53% Overall Differences: State vs SU Sex Male 58% 53% VT and SU are Similar 55% 52% Female Within SU Differences Grade 9th / 10th 57% 53% 52% 11th / 12th 55%



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

ATE F	RUIT OR DRA	ANK 100%	FRUIT JU	JICES TWO OR MORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall	-	23%	33%	Overall Differences: State vs SU
Sex	Male	17%	32%	VT > SU
	Female	30%	33%	Within SU Differences
Grade	9th / 10th	25%	33%	Females > Males
	11th / 12th	22%	32%	

	ATE VEGE	TABLES TI	HREE OR	MORE TIMES PER DAY, PAST WEEK
		SU/SD	VT	
Overall		16%	18%	Overall Differences: State vs SU
Sex	Male	13%	18%	VT and SU are Similar
	Female	19%	18%	Within SU Differences
Grade	9th / 10th	19%	18%	
	11th / 12th	14%	18%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT

HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	SODA	CONSU	MPTION, PAST WEEK
	SU/SD	VT	
Did not drink soda or pop	30%	37%	VT > SU
1 to 3 times	46%	40%	
4 to 6 times	15%	12%	
1 time per day		4%	Too few students
2 times per day	5%	3%	
3 times per day		1%	Too few students
4 or more times per day		3%	Too few students

DRANK .	A CAN, BOTT	TLE, OR G		SODA OR POP ONE OR MORE TIMES PER DAY, ST WEEK
		SU/SD	VT	
Overall	-	9%	11%	Overall Differences: State vs SU
Sex	Male	13%	16%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	9th / 10th	9%	11%	Too few students by sex
	11th / 12th	10%	12%	



HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

SUGAR-SW	SUGAR-SWEETENED BEVERA					
	SU/SD	VT				
Did not drink sugar-sweetened	31%	28%				
1 to 3 times	40%	44%				
4 to 6 times	18%	15%				
1 time per day	4%	6%				
2 times per day	5%	3%				
3 times per day		1%	Too few students			
4 or more times per day		2%	Too few students			

DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall		11%	12%	Overall Differences: State vs SU	
Sex	Male	13%	15%	VT and SU are Similar	
	Female		9%	Within SU Differences	
Grade	9th / 10th	14%	12%	Too few students by sex	
	11th / 12th	9%	13%		



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT

HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	WATE	ER CONS	SUMPTION, PAST WEEK
	SU/SD	VT	
Did not drink water	6%	4%	SU > VT
1 to 3 times	6%	9%	
4 to 6 times	17%	11%	SU > VT
1 time per day	11%	9%	
2 times per day	11%	16%	VT > SU
3 times per day	15%	19%	
4 or more times per day	34%	33%	

]	DRANK THR	EE OR MO	RE GLAS	SSES PER DAY OF WATER, PAST WEEK
		SU/SD	VT	
Overall	-	50%	52%	Overall Differences: State vs SU
Sex	Male	52%	51%	VT and SU are Similar
	Female	44%	53%	Within SU Differences
Grade	9th / 10th	51%	51%	
	11th / 12th	48%	53%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT

HIGH SCHOOL RESULTS

SECTION 7: PHYSICAL ACTIVITY AND NUTRITION

	В	REAKFA	ST CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	7%	11%	
1 day	3%	6%	VT > SU
2 days	13%	9%	
3 days	10%	10%	
4 days	11%	8%	
5 days	11%	9%	
6 days	9%	7%	
7 days	35%	40%	

		DID NO	T EAT BR	REAKFAST, PAST WEEK
		SU/SD	VT	
Overall		7%	11%	Overall Differences: State vs SU
Sex	Male	8%	11%	VT and SU are Similar
	Female		10%	Within SU Differences
Grade	9th / 10th		10%	Too few students by sex
	11th / 12th	9%	10%	Too few students by grade



SECTION 8: SOCIAL DETERMINANTS OF HEALTH

WENT HUNG	WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS							
	SU/SD	VT						
Never	68%	75%	VT > SU					
Rarely	26%	15%	SU > VT					
Sometimes	•	7%	Too few students					
Most of the time	•	2%	Too few students					
Always		1%	Too few students					

	MOST OF	THE TIME	OR ALW	AYS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall	-		3%	Overall Differences: State vs SU
Sex	Male		3%	Too few students
	Female		2%	Within SU Differences
Grade	9th / 10th		3%	Too few students by sex
	11th / 12th		3%	Too few students by grade



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

SECTION 8: SOCIAL DETERMINANTS OF HEALTH

USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING VT SU/SD Overall Overall Differences: State vs SU 4% Sex Male Too few students 4% Female 3% Within SU Differences Grade 9th / 10th Too few students by sex 3% $11th \, / \, 12th$ 5% Too few students by grade



	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK				
	SU/SD	VT			
0 days	8%	9%			
1 day	•	4%	Too few students		
2 days	•	4%	Too few students		
3 days	8%	6%			
4 days	10%	8%			
5 days	10%	13%			
6 days	17%	12%	SU > VT		
7 days	42%	44%			

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK					
		SU/SD	VT		
Overall	_	78%	77%	Overall Differences: State vs SU	
Sex	Male	75%	80%	VT and SU are Similar	
	Female	80%	75%	Within SU Differences	
Grade	9th / 10th	89%	82%	9-10 > 11-12	
	11th / 12th	67%	73%		



HIGH SCHOOL RESULTS

	GRADES EARNED IN SCHOOL						
	SU/SD	VT					
Mostly A's	33%	46%	VT > SU				
Mostly B's	48%	39%	SU > VT				
Mostly C's	12%	12%					
Mostly D's	6%	2%	SU > VT				
Mostly F's	•	1%	Too few students				

REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM						
		SU/SD	VT			
Overall	-	85%	80%	Overall Differences: State vs SU		
Sex	Male	85%	80%	VT and SU are Similar		
	Female	85%	81%	Within SU Differences		
Grade	9th / 10th	83%	78%			
	11th / 12th	86%	82%			

BELIEVE SCH	OOL HAS	CLEAR I	RULES AND CONSEQUENCES FOR BEHAVIORS
	SU/SD	VT	
Strongly agree	15%	21%	VT > SU
Agree	36%	44%	VT > SU
Not sure	23%	19%	
Disagree	20%	11%	SU > VT
Strongly disagree	6%	5%	



STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR							
		SU/SD	VT				
Overall		50%	65%	Overall Differences: State vs SU			
Sex	Male	54%	69%	VT > SU			
	Female	45%	61%	Within SU Differences			
Grade	9th / 10th	59%	66%	9-10 > 11-12			
	11th / 12th	42%	64%				

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM						
	SU/SD	VT				
Definitely will not	6%	5%				
Probably will not	8%	5%	SU > VT			
Probably will	36%	22%	SU > VT			
Definitely will	39%	57%	VT > SU			
Not sure	11%	11%				

PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM						
		SU/SD	VT			
Overall	-	75%	79%	Overall Differences: State vs SU		
Sex	Male	74%	75%	VT and SU are Similar		
	Female	78%	83%	Within SU Differences		
Grade	9th / 10th	70%	76%			
	11th / 12th	80%	82%			



HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK					
	SU/SD	VT			
0 hours	40%	33%	SU > VT		
1 to 4 hours	30%	27%			
5 to 9 hours	16%	17%			
10 to 19 hours	12%	17%	VT > SU		
20 or more hours		6%	Too few students		

SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK							
		SU/SD	VT				
Overall	-	14%	24%	Overall Differences: State vs SU			
Sex	Male	10%	24%	VT > SU			
	Female	18%	24%	Within SU Differences			
Grade	9th / 10th	16%	22%				
	11th / 12th	12%	25%				

	MATTE	ER TO PE	OPLE IN THEIR COMMUNITY
	SU/SD	VT	
Strongly agree	27%	19%	SU > VT
Agree	42%	41%	
Not sure	20%	25%	VT > SU
Disagree	8%	9%	
Strongly disagree		5%	Too few students



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT HIGH SCHOOL RESULTS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE						
		SU/SD	VT			
Overall	-	69%	61%	Overall Differences: State vs SU		
Sex	Male	75%	65%	SU > VT		
	Female	61%	57%	Within SU Differences		
Grade	9th / 10th	72%	60%	Males > Females		
	11th / 12th	66%	61%			



MIDDLE SCHOOL RESULTS

WASHINGTON NORTHEAST SU (SU041) REPORT

http://healthvermont.gov/yrbs.aspx



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT MIDDLE SCHOOL RESULTS

SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS						
	SU/SD	VT				
Total	117	16701				

		SU/SD	VT
Sex	Male	52%	52%
	Female	48%	48%
Grade	6th Grade	33%	24%
	7th Grade	35%	39%
	8th Grade	32%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	83%	81%
	Students of Color (REM)	17%	19%
Sexual Orientation	Heterosexual (Het)	88%	93%
	Lesbian, Gay, or Bisexual (LGB)	12%	7%



SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

WERE EVER IN A PHYSICAL FIGHT						
	SU/SD	VT				
Overall	54%	42%	SU > VT			

WERE EVER BULLIED ON SCHOOL PROPERTY						
	SU/SD	VT				
Overall	57%	44%	SU > VT			

WERE EVER ELECTRONICALLY BULLIED					
	SU/SD	VT			
Overall	23%	24%	VT and SU are Similar		

WERE BULLIED, PAST 30 DAYS					
	SU/SD	VT			
Overall	25%	22%	VT and SU are Similar		

BULLIED SOMEONE ELSE, PAST 30 DAYS					
	SU/SD	VT			
Overall	16%	8%	SU > VT		



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

VIOLENCE AND BULLYING

DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS SU/SD VT Overall 15% 8% SU > VT



SECTION 2: PERSONAL SAFETY

CAR SAFETY

SEATBELT USE					
	SU/SD	VT			
Never	•	1%	Too few students		
Rarely	•	1%	Too few students		
Sometimes	9%	3%	SU > VT		
Most of the time	21%	18%			
Always	69%	76%	VT > SU		

RARELY OR NEVER WEAR A SEAT BELT				
	SU/SD	VT		
Overall		2%	Too few students	

EVER RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL				
	SU/SD	VT		
Overall	25%	22%	VT and SU are Similar	

EVER RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA					
	SU/SD	VT			
Overall	15%	9%	SU > VT		



SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

	HELMET U	J SE WH	EN RIDING A BICYC
	SU/SD	VT	
Never wear a helmet	22%	16%	SU > VT
Rarely wear a helmet	19%	15%	
Sometimes wear a helmet	15%	15%	
Most of the time wear a helmet	26%	25%	
Always wear a helmet	18%	28%	VT > SU

RARELY OR NEVER WEAR A BICYCLE HELMET				
	SU/SD	VT		
Overall	41%	31%	SU > VT	

HELMET USE WHEN SKIING OR SNOWBOARDING				
	SU/SD	VT		
Never wear a helmet	9%	5%	SU > VT	
Rarely wear a helmet	•	2%	Too few students	
Sometimes wear a helmet		2%	Too few students	
Most of the time wear a helmet		7%	Too few students	
Always wear a helmet	81%	83%		

RARELY OR NEVER WEAR A HELMET WHEN SKIING OR SNOWBOARDING				
	SU/SD	VT		
Overall	15%	7%	SU > VT	



MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY

INJURY PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE				
	SU/SD	VT		
Overall	21%	17%	VT and SU are Similar	



MIDDLE SCHOO

SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE IN THE SAME ROOM WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
	SU/SD	VT		
Overall	28%	26%	VT and SU are Similar	

WERE IN THE SAME CAR WITH SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
	SU/SD	VT		
Overall	17%	19%	VT and SU are Similar	

SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE				
	SU/SD	VT		
Never	6%	9%		
Rarely	12%	14%		
Sometimes	35%	27%	SU > VT	
Most of the time	30%	29%		
Always	17%	21%		

MOST C	MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS			
	SU/SD	VT		
Overall	47%	50%	VT and SU are Similar	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT MIDDLE SCHOOL RESULTS

SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
SU/SD	VT				

VT and SU are Similar

30%

32%

Overall



SECTION 3: MENTAL HEALTH

	FELT SAD OR HOPELESS, PAST YEAR			
	SU/SD	VT		
Overall	29%	19%	SU > VT	

EVER SERIOUSLY THOUGHT ABOUT KILLING THEMSELVES				
	SU/SD	VT		
Overall	26%	18%	SU > VT	

EVER MADE A PLAN ABOUT HOW THEY WOULD KILL THEMSELVES				
	SU/SD	VT		
Overall	19%	12%	SU > VT	

EVER ATTEMPTED SUICIDE			
	SU/SD	VT	
Overall	8%	6%	VT and SU are Similar



LIFETIME USE

EVER SMOKED A WHOLE CIGARETTE			
	SU/SD	VT	
Overall	14%	7%	SU > VT

EVER USED AN ELECTRONIC VAPOR PRODUCT			
	SU/SD	VT	
Overall	12%	9%	SU > VT

EVER USED A FLAVORED TOBACCO PRODUCT			
	SU/SD	VT	
Overall	·	5%	Too few students

	EVER DRANK ALCOHOL				
	SU/SD	VT			
Overall	30%	19%	SU > VT		

EVER USED MARIJUANA				
	SU/SD	VT		
Overall	11%	7%	SU > VT	

EVER USED INHALANTS			
	SU/SD	VT	
Overall		4%	Too few students



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

LIFETIME USE

EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT					
	SU/SD	VT			
Overall		2%	Too few students		

EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT					
	SU/SD	VT			
Overall		2%	Too few students		



USED TOBACCO PRODUCTS, PAST YEAR					
	SU/SD	VT			
Overall	6%	5%	VT and SU are Similar		

SMOKE			CIGARS OR USED SMOKELESS TOBACCO OR VAPOR PRODUCTS, PAST 30 DAYS
	SU/SD	VT	
Overall	6%	5%	VT and SU are Similar

SMOK	ED CIGARI	ETTES O	OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS
	SU/SD	VT	
Overall		3%	Too few students

SMOKED CIGARETTES, PAST 30 DAYS					
	SU/SD	VT			
Overall		2%	Too few students		



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette	•	33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes	•	14%	Too few students		

USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS					
	SU/SD	VT			
Overall	5%	4%	VT and SU are Similar		

AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products		3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE					
	SU/SD	VT			
Bought them in a store	•	3%	Too few students		
I got them on the Internet	•	9%	Too few students		
Someone else bought them	•	10%	Too few students		
Borrowed them		44%	Too few students		
A person 18 or older gave me	•	9%	Too few students		
Took them from a store	•	4%	Too few students		
Some other way	•	21%	Too few students		

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
1 or 2 days		49%	Too few students		
3 to 5 days		16%	Too few students		
6 to 9 days		10%	Too few students		
10 to 19 days		6%	Too few students		
20 to 29 days		5%	Too few students		
All 30 days		15%	Too few students		

SMOKED CIGARS, PAST 30 DAYS					
	SU/SD	VT			
Overall	·	1%	Too few students		



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

	USED SMOKELESS TOBACCO, PAST 30 DAYS		
	SU/SD	VT	
Overall		1%	Too few students

TRIED	TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR		
	SU/SD	VT	
Overall	·	36%	Too few students

	DRANK ALCOHOL, PAST 30 DAYS			
	SU/SD	VT		
Overall	13%	7%	SU > VT	

		BINGE DRANK, PAST 30 DAYS	
	SU/SD	VT	
Overall		2%	Too few students



MIDDLE SCHOOL RESULTS

SECTION 4: SUBSTANCE USE

AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks	•	63%	Too few students		
3 drinks	•	10%	Too few students		
4 drinks		7%	Too few students		
5 drinks		6%	Too few students		
6 or 7 drinks	•	4%	Too few students		
8 or 9 drinks	•	2%	Too few students		
10 or more drinks		9%	Too few students		

	USED MARIJUANA, PAST 30 DAYS		
	SU/SD	VT	
Overall	9%	4%	SU > VT



PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES SU/SD VT Overall 94% 95% VT and SU are Similar

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL
SU/SD VT

Overall 86% 89% VT and SU are Similar

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA SU/SD VT

Overall 81% 90% VT > SU

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

 SU/SD
 VT

 Overall
 91%
 95%
 VT > SU

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL

 SU/SD
 VT

 Overall
 75%
 85%
 VT > SU



PERCEPTIONS ABOUT USE

THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

SU/SD VT

Overall 83% 92% VT > SU

THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET

SU/SD VT

Overall 25% 22% VT and SU are Similar

THINK ALCOHOL WOULD BE SORT OF EASY OR VERY EASY TO GET

SU/SD VT

Overall 38% 37% VT and SU are Similar

THINK MARIJUANA WOULD BE SORT OF EASY OR VERY EASY TO GET

SU/SD VT

Overall 19% 15% VT and SU are Similar

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

SU/SD VT

Overall 74% 72% VT and SU are Similar



PERCEPTIONS ABOUT USE

THINK I	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND		
	SU/SD	VT	
Overall	40%	48%	VT > SU

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE MARIJUANA REGULARLY			
	SU/SD	VT	
Overall	45%	59%	VT > SU



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY WASHINGTON NORTHEAST SU (SU041) REPORT MIDDLE SCHOOL RESULTS

SECTION 5: SEXUAL ACTIVITY

	EVER HAD SEXUAL INTERCOURSE		
	SU/SD	VT	
Overall	6%	5%	VT and SU are Similar

EVER HAD ORAL SEX			
	SU/SD	VT	
Overall		6%	Too few students



DAYS ENGAGED IN AT LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK				
	SU/SD	VT		
0 days	11%	7%	SU > VT	
1 day	•	4%	Too few students	
2 days	12%	7%	SU > VT	
3 days	•	10%	Too few students	
4 days	19%	11%	SU > VT	
5 days	12%	15%		
6 days	6%	11%	VT > SU	
7 days	33%	34%		

WERE 1	PHYSICALI	LY ACTI	VE AT LEAST 60 MINUTES PER DAY ON ALL 7 DAYS
	SU/SD	VT	
Overall	33%	34%	VT and SU are Similar

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS					
	SU/SD	VT			
Overall	51%	60%	VT > SU		

WERE NOT PHYSICALLY ACTIVE PAST WEEK					
	SU/SD	VT			
Overall	11%	7%	SU > VT		



I	PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK					
	SU/SD	VT				
0 days	7%	25%	VT > SU			
1 day	•	7%	Too few students			
2 days	7%	8%				
3 days	6%	8%				
4 days	6%	5%				
5 days	70%	46%	SU > VT			

GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL					
	SU/SD	VT			
Overall		25%	Too few students		

RII	RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS					
	SU/SD	VT				
0 days	86%	77%	SU > VT			
1 day	•	3%	Too few students			
2 days	4%	3%				
3 days	6%	4%				
4 days		2%	Too few students			
5 days		10%	Too few students			



	WALK OR RIDE THEIR BIKE TO SCHOOL EVERYDAY					
	SU/SD	VT				
Overall		10%	Too few students			

W	WATCH TELEVISION			
	SU/SD	VT		
No TV on average school day	17%	18%		
Less than 1 hour per day	19%	23%		
1 hour per day	23%	18%		
2 hours per day	22%	20%		
3 hours per day	10%	10%		
4 hours per day		4%	Г	
5 or more hours per day	4%	6%		

	WATCHED TV 3+ HOURS PER DAY					
	SU/SD	VT				
Overall	19%	20%	VT and SU are Similar			



COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY				
	SU/SD	VT		
No playing video/computer game	10%	12%		
Less than 1 hour per day	26%	17%	SU > VT	
1 hour per day	10%	15%	VT > SU	
2 hours per day	15%	18%		
3 hours per day	12%	14%		
4 hours per day	10%	8%		
5 or more hours per day	18%	16%		

PLAYED	VIDEO OR	COMPU	TER GAMES OR USED A COMPUTER 3+ HOURS PER DAY
	SU/SD	VT	
Overall	40%	38%	VT and SU are Similar

	BREAKFAST CONSUMPTION, PAST WEEK					
	SU/SD	VT				
0 days	9%	7%				
1 day	•	4%	Too few students			
2 days	8%	7%				
3 days	7%	7%				
4 days	11%	6%	SU > VT			
5 days	8%	8%				
6 days	12%	9%				
7 days	44%	52%	VT > SU			



DID NOT EAT BREAKFAST, PAST WEEK			
	SU/SD	VT	
Overall	9%	7%	VT and SU are Similar

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK				
	SU/SD	VT		
Did not drink water	•	3%	Too few students	
1 to 3 times	9%	9%		
4 to 6 times	12%	10%		
1 time per day	•	6%	Too few students	
2 times per day	17%	16%		
3 times per day	21%	19%		
4 or more times per day	35%	37%		

	DRANK THREE OR MORE GLASSES PER DAY OF WATER				
	SU/SD	VT			
Overall	57%	56%	VT and SU are Similar		



SECTION 7: SOCIAL DETERMINANTS OF HEALTH

WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS					
	SU/SD	VT			
Never	77%	77%			
Rarely	15%	14%			
Sometimes	8%	7%			
Most of the time	•	1%	Too few students		
Always	•	1%	Too few students		

MOST O	MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME				
	SU/SD	VT			
Overall		2%	Too few students		

BORN OUTSIDE THE U.S.				
	SU/SD	VT		
Overall		6%	Too few students	



SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK				
	SU/SD	VT			
0 days	•	5%	Too few students		
1 day	•	2%	Too few students		
2 days	•	2%	Too few students		
3 days	•	3%	Too few students		
4 days		4%	Too few students		
5 days	6%	7%			
6 days	10%	10%			
7 days	72%	66%			

ATE DI	ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK			
	SU/SD	VT		
Overall	92%	88%	VT and SU are Similar	

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS					
	SU/SD	VT			
Strongly agree	25%	28%			
Agree	37%	43%			
Not sure	22%	17%	SU > VT		
Disagree	13%	8%	SU > VT		
Strongly disagree		5%	Too few students		



SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

STRONG	STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR				
	SU/SD	VT			
Overall	62%	71%	VT > SU		

BELIEVI	BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM				
	SU/SD	VT			
Overall	78%	76%	VT and SU are Similar		

	GRADES EARNED IN SCHOOL			
	SU/SD	VT		
Mostly A's	33%	46%	VT > SU	
Mostly B's	51%	38%	SU > VT	
Mostly C's	13%	12%		
Mostly D's		3%	Too few students	
Mostly F's		1%	Too few students	

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY					
	SU/SD	VT			
Strongly agree	17%	27%	VT > SU		
Agree	38%	36%			
Not sure	28%	24%			
Disagree	8%	7%			
Strongly disagree	10%	5%	SU > VT		



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SECTION 8: YOUTH ASSETS AND OTHER PROCTECTIVE FACTORS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE					
	SU/SD	VT			
Overall	55%	64%	VT > SU		

