## 2017 VERMONT YOUTH RISK BEHAVIOR SURVEY REPORT

### **REPORT FOR ADDISON NORTHWEST SD (SU002)**

Copies of the questionnaires, state-wide reports, data briefs, and additional sub-state reports are available online. Visit the Vermont Department of Health YRBS website at <a href="http://healthvermont.gov/yrbs">http://healthvermont.gov/yrbs</a>

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The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who participate in the Youth Risk Behavior Survey each year.

Visit the Vermont Department of Health YRBS website at: http://www.healthvermont.gov/yrbs



#### About the YRBS

The Youth Risk Behavior Survey (YRBS) is a national school-based survey that monitors the health-risk behaviors that contribute to the leading causes of death and disability among youth and young adults. These include:

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- Sexual health behaviors related to unintended pregnancy and STDs

The YRBS also measures other high priority health-related behaviors and protective factors. These include:

- Prevalence of obesity
- Attitudes and perceptions related to substance use
- Food and housing insecurity
- Youth assets
- Academic achievement
- Sexual Orientation and sex of sexual contacts

In Vermont, the YRBS has been conducted during the spring semester of odd years since 1993.

#### Methodology

The YRBS is conducted every two years during the spring semester. In Vermont, the Department of Health works with the Agency of Education and the CDC to conduct two separate surveys: a high school survey of students in grades 9 through 12, and a middle school survey of middle school students in grades 6 through 8. These surveys are conducted as a census at all public schools and select independent schools across the state.

The middle school and high school surveys differ slightly. The shorter middle school survey focuses more on lifetime behaviors and includes questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, sexual activity, nutrition, physical activity, youth assets, and other factors related to health equity. The high school survey includes questions on these topics as well as more in-depth questions on current behaviors as well as self-reported height and weight, driving behaviors, and other drugs used.

Student participation in the YRBS is anonymous and voluntary. During the spring semester schools were asked to set aside a class period, such during all math classes or during a specific period, to administer the survey. Students were read a set of directions and completed a self-administered paper and pencil questionnaire.

In addition, numerous precautions are taken to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. These internal reliability checks help identify the small percentage of students who falsify their answers. The CDC also weights data, a mathematical procedure that makes data representative of the population from which it was drawn. Only states with an overall response rate of at least 60% are weighted based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.

Additional information about the methodology of the national, state, and large urban school district YRBS has been described elsewhere and can be found online from the CDCs Healthy Youth-DASH website at: https://www.cdc.gov/healthyyouth/data/yrbs/methods



#### Using the YRBS Results

#### Using the YRBS to engage students, schools, and communities

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, school and community organizations can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

<u>Start the Conversation:</u> Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?

<u>Increase Awareness</u>: The YRBS provides an opportunity to break through "denial" and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the "average teenager." The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.

<u>Plan and Evaluate Programs:</u> The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities and can inform strategies to address those weaknesses.

<u>Remember to Look at the Positive Side:</u> In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

<u>Participate in Getting to 'Y':</u> Getting to Y provides an opportunity for students to take a lead in bringing meaning to their own Youth Risk Behavior Survey data and taking steps to strengthen their school and community based on their findings. Schools and districts across the state form teams to analyze local level data, identify areas of strength and concern, and create a preliminary action plan. Through the Getting to 'Y' program, students attend a training day where they learn tools and strategies to examine data, explore root causes, and create next action steps. In addition, teams plan and host a community dialogue event to share their executive summary with the school and community.

For more information on upcoming Getting to Y trainings, newsletters, and resources visit Getting to Y at http://www.upforlearning.org/initiatives/getting-to-y

#### Populations in Focus

The Vermont Department of Health acknowledges that these inequities can have a greater impact than individual choices. To identify disparities and help tell the complex story of youth across Vermont, when possible, health-related factors and behaviors experienced by the following populations are noted:

- Sex (biological)
- Grade
- Race, Ethnicity
- Sexual Orientation

Populations presented vary depending on the size of the SU/SD or district. Smaller area may have limitations based on sample size that prevent all populations to be included.

To maintain anonymity and confidence in results, data is suppressed when the numerator is < 5 or the denominator is < 50 students. Suppression is indicated by a dot (.) and 'Too few students'.



#### Understanding and Interpreting the Results

The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of middle school students in grades six through eight (middle school survey) and high school students grades nine through twelve (high school survey). Weighting permits us to draw inferences about the school-based student population in Vermont.

Throughout this report, statistically significant differences are noted for the overall estimates by comparing the local and statewide results. Comparisons are also made for students within a local area, such as between male and female students in a particular SU/SD.

Statistical significance is calculated by comparing the 95% confidence intervals of two or more values. If the confidence intervals overlap, the percentages are not different. In other words, the two groups are not statistically different from one another. If the confidence intervals do not overlap, there is a statistical difference between the two groups, indicating that the difference is caused by something other than random chance.

Smaller groups (e.g. a SU/SD, female students, etc.) tend to have wider confidence intervals, thus when compared with another group the two may not be statistically different. In other words, when comparing the responses of two or more groups, the overall percent's may look very different, but the two numbers are not statistically different.

While this report notes statistical differences, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).



# HIGH SCHOOL RESULTS ADDISON NORTHWEST SD (SU002) REPORT

http://healthvermont.gov/yrbs



#### SECTION 1: DEMOGRAPHICS

HIGH SCHOOL DEMOGRAPHICS						
	SU/SD	VT				
Total	301	27349				

		SU/SD	VT
Sex	Male	51%	51%
	Female	49%	49%
Grade	9th Grade	21%	25%
	10th Grade	27%	25%
	11th Grade	23%	25%
	12th Grade	29%	25%
Race / Ethnicity	White, non-Hispanic (WnH)	95%	83%
	Students of Color (REM)	5%	17%
Sexual Orientation	Heterosexual / Cisgender (Het/Cis)	92%	89%
	Lesbian, Gay, Bisexual, or Transgender(LGBT)	8%	11%



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	W	ERE IN A	PHYSICA	AL FIGHT, PAST YEAR
		SU/SD	VT	_
Overall		17%	17%	Overall Differences: State vs SU
Sex	Male	18%	22%	VT and SU are Similar
	Female	14%	11%	Within SU Differences
Grade	Grade 9	16%	21%	12 > 10
	Grade 10	11%	18%	
	Grade 11	18%	15%	
	Grade 12	21%	13%	

W	ERE IN A PH	IYSICAL F	FIGHT ON	N SCHOOL PROPERTY, PAST YEAR
		SU/SD	VT	
Overall		3%	7%	Overall Differences: State vs SU
Sex	Male		9%	VT > SU
	Female		3%	Within SU Differences
Grade	Grade 9		9%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		6%	
	Grade 12		4%	



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	CARRIED A	WEAPO	N ON SCH	OOL PROPERTY, PAST 30 DAYS
		SU/SD	VT	
Overall		10%	7%	Overall Differences: State vs SU
Sex	Male	14%	10%	SU > VT
	Female	6%	3%	Within SU Differences
Grade	Grade 9	•	5%	Males > Females
	Grade 10	7%	6%	Too few students in at least one grade
	Grade 11	15%	8%	
	Grade 12	17%	8%	

## WERE THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY, PAST YEAR

		SU/SD	VT	
Overall		2%	5%	Overall Differences: State vs SU
Sex	Male		6%	VT > SU
	Female		3%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		4%	
	Grade 12		4%	



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	WER	E ELECTI	RONICAL	LY BULLIED, PAST YEAR
		SU/SD	VT	_
Overall		8%	16%	Overall Differences: State vs SU
Sex	Male		10%	VT > SU
	Female	12%	22%	Within SU Differences
Grade	Grade 9	14%	19%	Too few students by sex
	Grade 10		16%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12	10%	13%	

		WERF	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	
Overall	-	12%	16%	Overall Differences: State vs SU
Sex	Male	8%	11%	VT > SU
	Female	16%	20%	Within SU Differences
Grade	Grade 9	10%	21%	Females > Males
	Grade 10	16%	16%	Too few students in at least one grade
	Grade 11		14%	
	Grade 12	14%	12%	



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	В	SULLIED S	OMEONI	E ELSE, PAST 30 DAYS
		SU/SD	VT	_
Overall		4%	9%	Overall Differences: State vs SU
Sex	Male	4%	10%	VT > SU
	Female	4%	8%	Within SU Differences
Grade	Grade 9		9%	Too few students in at least one grade
	Grade 10		9%	
	Grade 11		9%	
	Grade 12		8%	

DID	NOT GO TO	SCHOOL	BECAUS	E THEY FELT UNSAFE, PAST 30 DAYS
		SU/SD	VT	
Overall	-	2%	5%	Overall Differences: State vs SU
Sex	Male	•	4%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 9	•	5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

WEI	RE EVER PH	YSICALLY	Y FORCE	D TO HAVE SEXUAL INTERCOURSE
		SU/SD	VT	
Overall		3%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT > SU
	Female	4%	9%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	

	EXPERIE	NCED SEX	XUAL DA	TING VIOLENCE, PAST YEAR
		SU/SD	VT	
Overall		9%	10%	Overall Differences: State vs SU
Sex	Male	6%	5%	VT and SU are Similar
	Female	12%	15%	Within SU Differences
Grade	Grade 9		10%	Females > Males
	Grade 10	11%	11%	Too few students in at least one grade
	Grade 11		10%	
	Grade 12		9%	



#### SECTION 2: PERSONAL SAFETY SEXUAL AND DATING VIOLENCE

	EXPERIEN	NCED PHY	SICAL D	ATING VIOLENCE, PAST YEAR
		SU/SD	VT	_
Overall		5%	7%	Overall Differences: State vs SU
Sex	Male		6%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11		7%	
	Grade 12		7%	



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

DROVE A CAR OR OTHER VEHICLE AFTER DRINKING ALCOHOL, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	9%	7%	Overall Differences: State vs SU
Sex	Male	10%	9%	VT and SU are Similar
	Female	8%	5%	Within SU Differences
Grade	Grade 9		5%	Too few students in at least one grade
	Grade 10		4%	
	Grade 11		7%	
	Grade 12		10%	

DROV	DROVE A CAR OR OTHER VEHICLE AFTER USING MARIJUANA, PAST 30 DAYS				
		SU/SD	VT	_	
Overall		16%	14%	Overall Differences: State vs SU	
Sex	Male	13%	16%	VT and SU are Similar	
	Female	18%	12%	Within SU Differences	
Grade	Grade 9		8%	Too few students in at least one grade	
	Grade 10		9%		
	Grade 11		15%		
	Grade 12		21%		



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL, PAST 30 DAYS					
		SU/SD	VT		
Overall		16%	18%	Overall Differences: State vs SU	
Sex	Male	16%	17%	VT and SU are Similar	
	Female	15%	19%	Within SU Differences	
Grade	Grade 9	14%	17%		
	Grade 10	17%	18%		
	Grade 11	13%	18%		
	Grade 12	18%	18%		

#### RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA, PAST 30 DAYS

		SU/SD	VT	
Overall		21%	20%	Overall Differences: State vs SU
Sex	Male	16%	20%	VT and SU are Similar
	Female	26%	20%	Within SU Differences
Grade	Grade 9	•	13%	Females > Males
	Grade 10	14%	18%	Too few students in at least one grade
	Grade 11	17%	22%	
	Grade 12	42%	28%	



#### SECTION 2: PERSONAL SAFETY IMPAIRED DRIVING AND RIDING

TEXTED OR E-MAILED WHILE DRIVING A CAR OR OTHER VEHICLE, PAST 30 DAYS					
		SU/SD	VT		
Overall	-	35%	34%	Overall Differences: State vs SU	
Sex	Male	26%	34%	VT and SU are Similar	
	Female	44%	34%	Within SU Differences	
Grade	Grade 9		9%	Females > Males	
	Grade 10	12%	16%	Too few students in at least one grade	
	Grade 11		42%		
	Grade 12		53%		



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HELMET USE AMONG THOSE WHO SKI OR SNOWBOARD, PAST YEAR						
	SU/SD	VT				
Never wore a helmet	15%	11%				
Rarely wore a helmet	•	3%	Too few students			
Sometimes wore a helmet	6%	3%	SU > VT			
Most of the time wore a helmet	9%	9%				
Always wore a helmet	67%	74%	VT > SU			

RARELY OR NEVER WEAR A HELMET WHILE SKIING OR SNOWBOARDING, PAST YEAR				
		SU/SD	VT	
Overall	-	18%	14%	Overall Differences: State vs SU
Sex	Male		17%	VT and SU are Similar
	Female		9%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10		13%	Too few students in at least one grade
	Grade 11		15%	
	Grade 12		15%	



#### SECTION 2: PERSONAL SAFETY INJURY AND PREVENTION

HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE, PAST YEAR				
		SU/SD	VT	
Overall		16%	18%	Overall Differences: State vs SU
Sex	Male	16%	20%	VT and SU are Similar
	Female	15%	16%	Within SU Differences
Grade	Grade 9	16%	20%	
	Grade 10	14%	18%	
	Grade 11	18%	17%	
	Grade 12	15%	16%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE ASKED BY A DOCTOR, DENTIST, OR NURSE IF THEY SMOKED, PAST YEAR					
		SU/SD	VT		
Overall	-	63%	54%	Overall Differences: State vs SU	
Sex	Male	60%	51%	SU > VT	
	Female	66%	58%	Within SU Differences	
Grade	Grade 9	66%	47%	Too few students in at least one grade	
	Grade 10	58%	53%		
	Grade 11		58%		
	Grade 12	73%	61%		

#### MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER TOBACCO PRODUCTS

		SU/SD	VT	
Overall		49%	55%	Overall Differences: State vs SU
Sex	Male	56%	53%	VT > SU
	Female	42%	56%	Within SU Differences
Grade	Grade 9	51%	57%	Males > Females
	Grade 10	60%	56%	10 > 12
	Grade 11	42%	54%	10 > 11
	Grade 12	42%	52%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE 1	WERE IN THE SAME CAR AS SOMEONE WHO WAS SMOKING CIGARETTES, PAST 7 DAYS				
		SU/SD	VT		
Overall		24%	23%	Overall Differences: State vs SU	
Sex	Male	24%	23%	VT and SU are Similar	
	Female	24%	23%	Within SU Differences	
Grade	Grade 9	18%	22%	12 > 9	
	Grade 10	18%	23%	12 > 10	
	Grade 11	23%	23%	12 > 11	
	Grade 12	36%	24%		

WERE II	N THE SAM	E ROOM A		ONE WHO WAS SMOKING CIGARETTES, 7 DAYS
		SU/SD	VT	
Overall		39%	33%	Overall Differences: State vs SU
Sex	Male	46%	33%	SU > VT
	Female	32%	33%	Within SU Differences
Grade	Grade 9	37%	32%	Males > Females
	Grade 10	26%	33%	12 > 9
	Grade 11	36%	33%	12 > 10
	Grade 12	55%	36%	12 > 11



#### SECTION 3: MENTAL HEALTH

#### FELT SO SAD OR HOPELESS ALMOST EVERY DAY FOR TWO WEEKS OR MORE IN A ROW THAT THEY STOPPED DOING SOME USUAL ACTIVITIES, PAST YEAR

		SU/SD	VT	
Overall		21%	25%	Overall Differences: State vs SU
Sex	Male	17%	16%	VT > SU
	Female	27%	35%	Within SU Differences
Grade	Grade 9	17%	23%	Females > Males
	Grade 10	22%	26%	
	Grade 11	20%	26%	
	Grade 12	26%	26%	

#### DID SOMETHING TO PURPOSELY HURT THEMSELVES WITHOUT WANTING TO DIE, PAST YEAR

		SU/SD	VT	_
Overall		16%	16%	Overall Differences: State vs SU
Sex	Male	15%	9%	VT and SU are Similar
	Female	17%	25%	Within SU Differences
Grade	Grade 9	22%	18%	9 > 10
	Grade 10	7%	18%	12 > 10
	Grade 11	15%	16%	11 > 10
	Grade 12	20%	14%	



#### SECTION 3: MENTAL HEALTH

MADE	MADE A PLAN ABOUT HOW THEY WOULD ATTEMPT SUICIDE, PAST YEAR					
		SU/SD	VT			
Overall		8%	11%	Overall Differences: State vs SU		
Sex	Male	8%	7%	VT > SU		
	Female	7%	15%	Within SU Differences		
Grade	Grade 9		11%	Too few students in at least one grade		
	Grade 10	7%	12%			
	Grade 11	•	11%			
	Grade 12	10%	10%			

		ATTEM	PTED SU	ICIDE, PAST YEAR
		SU/SD	VT	
Overall		2%	5%	Overall Differences: State vs SU
Sex	Male	4%	4%	VT > SU
	Female		7%	Within SU Differences
Grade	Grade 9		6%	Too few students by sex
	Grade 10		6%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		4%	



		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		19%	24%	Overall Differences: State vs SU
Sex	Male	22%	26%	VT > SU
	Female	16%	22%	Within SU Differences
Grade	Grade 9		17%	Too few students in at least one grade
	Grade 10	12%	21%	
	Grade 11	22%	28%	
	Grade 12	34%	31%	

	SMO	KED A CI	GARETT	E BEFORE AGE 13 YEARS
		SU/SD	VT	
Overall		4%	8%	Overall Differences: State vs SU
Sex	Male	6%	9%	VT > SU
	Female		6%	Within SU Differences
Grade	Grade 9		8%	Too few students by sex
	Grade 10		8%	Too few students in at least one grade
	Grade 11		8%	
	Grade 12	9%	7%	



	EVE	R USED AI	N ELECTI	RONIC VAPOR PRODUCT
		SU/SD	VT	_
Overall		25%	34%	Overall Differences: State vs SU
Sex	Male	24%	37%	VT > SU
	Female	26%	31%	Within SU Differences
Grade	Grade 9		23%	Too few students in at least one grade
	Grade 10	17%	31%	
	Grade 11	23%	38%	
	Grade 12	48%	44%	

	EVE	R TRIED H	FLAVORE	ED TOBACCO PRODUCTS
		SU/SD	VT	
Overall		15%	21%	Overall Differences: State vs SU
Sex	Male	14%	24%	VT > SU
	Female	17%	17%	Within SU Differences
Grade	Grade 9		12%	Too few students in at least one grade
	Grade 10	8%	17%	
	Grade 11	19%	24%	
	Grade 12	32%	30%	



		EV	'ER DRAN	NK ALCOHOL
		SU/SD	VT	_
Overall		50%	58%	Overall Differences: State vs SU
Sex	Male	44%	57%	VT > SU
	Female	56%	58%	Within SU Differences
Grade	Grade 9	33%	41%	Females > Males
	Grade 10	50%	54%	Too few students in at least one grade
	Grade 11		65%	
	Grade 12	66%	71%	

	D	RANK AL(	COHOL B	EFORE AGE 13 YEARS
		SU/SD	VT	
Overall		13%	14%	Overall Differences: State vs SU
Sex	Male	18%	16%	VT and SU are Similar
	Female	8%	11%	Within SU Differences
Grade	Grade 9		17%	Males > Females
	Grade 10	13%	13%	Too few students in at least one grade
	Grade 11		13%	
	Grade 12	24%	11%	



		EV	ER USED	MARIJUANA
		SU/SD	VT	
Overall		32%	37%	Overall Differences: State vs SU
Sex	Male	27%	37%	VT > SU
	Female	37%	37%	Within SU Differences
Grade	Grade 9	9%	23%	Females > Males
	Grade 10	25%	34%	10 > 9
	Grade 11	31%	42%	11 > 9
	Grade 12	57%	50%	12 > 9
				12 > 10
				12 > 11

	TR	RIED MAR	IJUANA I	BEFORE AGE 13 YEARS
		SU/SD	VT	_
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	7%	7%	VT and SU are Similar
	Female	7%	5%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		6%	
	Grade 12	15%	5%	



	EVE	R MISUSE	D PRESC	RIPTION PAIN MEDICINE
		SU/SD	VT	_
Overall		9%	8%	Overall Differences: State vs SU
Sex	Male	9%	8%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10	7%	7%	
	Grade 11	12%	8%	
	Grade 12	15%	9%	

	EVI	ER MISUSI	ED PRES	CRIPTION STIMULANTS
		SU/SD	VT	
Overall		8%	6%	Overall Differences: State vs SU
Sex	Male	9%	7%	VT and SU are Similar
	Female	8%	6%	Within SU Differences
Grade	Grade 9		4%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11	10%	6%	
	Grade 12	15%	9%	



EVER USE				CD COCAINE
		SU/SD	VT	_
Overall		5%	4%	Overall Differences: State vs SU
Sex	Male	6%	5%	VT and SU are Similar
	Female		3%	Within SU Differences
Grade	Grade 9		2%	Too few students by sex
	Grade 10		3%	Too few students in at least one grade
	Grade 11	10%	4%	
	Grade 12		6%	

		EV	YER USEL	) INHALANTS
		SU/SD	VT	
Overall		7%	6%	Overall Differences: State vs SU
Sex	Male	8%	6%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9		6%	Too few students in at least one grade
	Grade 10	11%	6%	
	Grade 11	10%	6%	
	Grade 12		6%	



		]	EVER US	ED HEROIN
		SU/SD	VT	
Overall		2%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		2%	

		EVER US	SED MET	HAMPHETAMINES
		SU/SD	VT	
Overall		3%	2%	Overall Differences: State vs SU
Sex	Male	4%	3%	VT and SU are Similar
	Female		1%	Within SU Differences
Grade	Grade 9		1%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		2%	
	Grade 12		3%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED ANY	TOBACC	CO PRODU	JCTS DURING THE PAST YEAR
		SU/SD	VT	
Overall		21%	24%	Overall Differences: State vs SU
Sex	Male	23%	28%	VT and SU are Similar
	Female	17%	18%	Within SU Differences
Grade	Grade 9		14%	Too few students in at least one grade
	Grade 10	10%	20%	
	Grade 11		26%	
	Grade 12		33%	

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		14%	19%	Overall Differences: State vs SU
Sex	Male	17%	23%	VT > SU
	Female	12%	14%	Within SU Differences
Grade	Grade 9		11%	Too few students in at least one grade
	Grade 10		16%	
	Grade 11		22%	
	Grade 12		28%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAS DAYS				
		SU/SD	VT	
Overall		11%	15%	Overall Differences: State vs SU
Sex	Male	13%	19%	VT > SU
	Female	9%	11%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10		12%	
	Grade 11	19%	17%	
	Grade 12	21%	22%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	-	7%	9%	Overall Differences: State vs SU
Sex	Male	10%	10%	VT > SU
	Female		8%	Within SU Differences
Grade	Grade 9		5%	Too few students by sex
	Grade 10		7%	Too few students in at least one grade
	Grade 11	14%	11%	
	Grade 12	11%	13%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT SMOKERS: DAYS SMOKED CIGARETTES					
	SU/SD	VT			
1 or 2 days	•	29%	Too few students		
3 to 5 days		15%	Too few students		
6 to 9 days		10%	Too few students		
10 to 19 days		12%	Too few students		
20 to 29 days		9%	Too few students		
All 30 days		25%	Too few students		

AMONG CURRENT SMOKERS: SMOKE CIGARETTES EVERY DAY						
		SU/SD	VT			
Overall	-		25%	Overall Differences: State vs SU		
Sex	Male		27%	Too few students		
	Female		20%	Within SU Differences		
Grade	Grade 9		24%	Too few students by sex		
	Grade 10		21%	Too few students in at least one grade		
	Grade 11		23%			
	Grade 12		26%			



#### SECTION 4: SUBSTANCE USE CURRENT USE

### AMONG CURRENT SMOKERS: NUMBER OF CIGARETTES SMOKED ON DAYS SMOKED

	SU/SD	VT	
Less than 1 cigarette		30%	Too few students
1 cigarette		19%	Too few students
2 to 5 cigarettes		30%	Too few students
6 to 10 cigarettes		9%	Too few students
11 to 20 cigarettes		4%	Too few students
More than 20 cigarettes		8%	Too few students

#### AMONG CURRENT SMOKERS: USUALLY SMOKED 11 OR MORE CIGARETTES ON DAYS SMOKED

		SU/SD	VT	
Overall			12%	Overall Differences: State vs SU
Sex	Male		15%	Too few students
	Female		6%	Within SU Differences
Grade	Grade 9		12%	
	Grade 10		8%	
	Grade 11		10%	
	Grade 12		12%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	USED E	LECTRON	IC VAPO	R PRODUCTS, PAST 30 DAYS
		SU/SD	VT	
Overall		10%	12%	Overall Differences: State vs SU
Sex	Male	12%	14%	VT and SU are Similar
	Female	9%	9%	Within SU Differences
Grade	Grade 9		7%	Too few students in at least one grade
	Grade 10		10%	
	Grade 11		13%	
	Grade 12		17%	

#### AMONG CURRENT USERS: REASONS FOR ELECTRONIC VAPOR PRODUCT USE

	SU/SD	VT	
Friend/family used them	43%	35%	
To try to quit other tobacco	•	5%	Too few students
Cost less than other tobacco		1%	Too few students
Easier to get than other tobacco		1%	Too few students
Less harmful than other tobacco		8%	Too few students
Available in flavors	13%	17%	
Used for some other reason	37%	33%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCTS USE						
SU/SD VT						
1 or 2 days	•	37%	Too few students			
3 to 5 days		19%	Too few students			
6 to 9 days		11%	Too few students			
10 to 19 days		12%	Too few students			
20 to 29 days		7%	Too few students			
All 30 days		15%	Too few students			

#### AMONG CURRENT USERS: USED ELECTRONIC VAPOR PRODUCTS ON 10+ DAYS

		SU/SD	VT	
Overall			33%	Overall Differences: State vs SU
Sex	Male		37%	Too few students
	Female		26%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		36%	Too few students in at least one grade
	Grade 11		31%	
	Grade 12		34%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

#### AMONG CURRENT USERS: SOURCE OF ELECTRONIC VAPOR PRODUCTS, UNDER **AGE 18** SU/SD VT Bought them in a store 8% Too few students I got them on the Internet 10% Too few students Too few students Someone else bought them 14% Borrowed them 38% Too few students Too few students A person 18 or older gave me 11% . Took them from a store 2% Too few students Some other way 18% Too few students

USED SMOKELESS TOBACCO, PAST 30 DAYS						
		SU/SD	VT			
Overall		3%	5%	Overall Differences: State vs SU		
Sex	Male		8%	VT > SU		
	Female		2%	Within SU Differences		
Grade	Grade 9		3%	Too few students by sex		
	Grade 10		5%	Too few students in at least one grade		
	Grade 11		6%			
	Grade 12		7%			



#### SECTION 4: SUBSTANCE USE CURRENT USE

SM	OKED CIGA	OR LITTLE CIGARS, PAST 30 DAYS		
		SU/SD	VT	
Overall		9%	9%	Overall Differences: State vs SU
Sex	Male	12%	13%	VT and SU are Similar
	Female	6%	6%	Within SU Differences
Grade	Grade 9		4%	Males > Females
	Grade 10		7%	Too few students in at least one grade
	Grade 11	12%	10%	
	Grade 12	19%	15%	

#### TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED A TOBACCO PRODUCT DURING THE PAST YEAR

		SU/SD	VT	
Overall	-		33%	Overall Differences: State vs SU
Sex	Male		30%	Too few students
	Female		37%	Within SU Differences
Grade	Grade 9		33%	Too few students by sex
	Grade 10		35%	Too few students in at least one grade
	Grade 11		32%	
	Grade 12		32%	



		DRANH	K ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	_
Overall		30%	33%	Overall Differences: State vs SU
Sex	Male	23%	32%	VT and SU are Similar
	Female	36%	34%	Within SU Differences
Grade	Grade 9	9%	20%	Females > Males
	Grade 10	25%	30%	Too few students in at least one grade
	Grade 11		36%	
	Grade 12	53%	46%	

		BING	E DRANK	K, PAST 30 DAYS
		SU/SD	VT	
Overall		13%	17%	Overall Differences: State vs SU
Sex	Male	10%	17%	VT > SU
	Female	16%	17%	Within SU Differences
Grade	Grade 9		8%	Too few students in at least one grade
	Grade 10	8%	14%	
	Grade 11		19%	
	Grade 12	35%	27%	



AMO	AMONG CURRENT USERS: FREQUENCY OF DRINKING					
	SU/SD	VT				
1 or 2 days	38%	49%	VT > SU			
3 to 5 days	47%	26%	SU > VT			
6 to 9 days	7%	13%	VT > SU			
10 to 19 days		7%	Too few students			
20 to 29 days		2%	Too few students			
All 30 days		3%	Too few students			

AMONG CURRENT USERS: DRANK ON 10+ DAYS						
		SU/SD	VT			
Overall		8%	12%	Overall Differences: State vs SU		
Sex	Male		15%	VT and SU are Similar		
	Female		9%	Within SU Differences		
Grade	Grade 9		11%	Too few students by sex		
	Grade 10		11%	Too few students in at least one grade		
	Grade 11		12%			
	Grade 12		13%			



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks	46%	35%	SU > VT		
3 drinks		6%	Too few students		
4 drinks		8%	Too few students		
5 drinks	12%	13%			
6 or 7 drinks	18%	15%			
8 or 9 drinks		8%	Too few students		
10 or more drinks		14%	Too few students		

	AMONG CURRENT USERS: BINGE DRANK (4+ females; 5+ males)					
		SU/SD	VT			
Overall	-	48%	57%	Overall Differences: State vs SU		
Sex	Male		59%	VT > SU		
	Female		55%	Within SU Differences		
Grade	Grade 9		46%	Too few students by sex		
	Grade 10		53%	Too few students in at least one grade		
	Grade 11		57%			
	Grade 12		63%			



AMONG CURRENT USERS: ALCOHOL SOURCE					
	SU/SD	VT			
Bought in store		3%	Too few students		
Bought in restaurant		2%	Too few students		
Bought at public event	•	0%	Too few students		
I gave someone money to buy	17%	23%	VT > SU		
Someone gave it to me	52%	40%	SU > VT		
Took from store/family		12%	Too few students		
Some other way	21%	20%			

		USED N	IARIJUA	NA, PAST 30 DAYS
		SU/SD	VT	
Overall		21%	24%	Overall Differences: State vs SU
Sex	Male	15%	24%	VT and SU are Similar
	Female	27%	23%	Within SU Differences
Grade	Grade 9		15%	Females > Males
	Grade 10	11%	22%	Too few students in at least one grade
	Grade 11	19%	25%	
	Grade 12	44%	32%	



AMONG CURRENT USERS: FREQUENCY OF MARIJUANA USE						
	SU/SD	VT				
1 or 2 times		34%	Too few students			
3 to 9 times		25%	Too few students			
10 to 19 times		12%	Too few students			
20 to 39 times		10%	Too few students			
40 or more times		20%	Too few students			

	AMONG	CURRENT	USERS:	USED MARIJUANA 10+ TIMES
		SU/SD	VT	
Overall			41%	Overall Differences: State vs SU
Sex	Male		47%	Too few students
	Female		35%	Within SU Differences
Grade	Grade 9		37%	Too few students by sex
	Grade 10		40%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12		43%	



AMONG CUP	AMONG CURRENT USERS: PRIMARY WAY MARIJUANA USED					
	SU/SD	VT				
Smoked it	•	91%	Too few students			
Ate in food		4%	Too few students			
Drank in tea or other drink		1%	Too few students			
Vaporized		2%	Too few students			
Some other way		2%	Too few students			

MISUSED A PRESCRIPTION DRUG				TON DRUG, PAST 30 DAYS
		SU/SD	VT	
Overall		5%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female		5%	Within SU Differences
Grade	Grade 9		4%	Too few students by sex
	Grade 10		5%	Too few students in at least one grade
	Grade 11		5%	
	Grade 12		7%	



#### SECTION 4: SUBSTANCE USE SUBSTANCE USE ON SCHOOL PROPERTY

WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG AT SCHOOL, PAST YEAR				
		SU/SD	VT	
Overall	-	12%	15%	Overall Differences: State vs SU
Sex	Male	13%	17%	VT > SU
	Female	10%	13%	Within SU Differences
Grade	Grade 9	•	14%	Too few students in at least one grade
	Grade 10	7%	16%	
	Grade 11	14%	16%	
	Grade 12	19%	14%	

ATTE	ATTENDED SCHOOL UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, PAST YEAR					
		SU/SD	VT			
Overall		13%	13%	Overall Differences: State vs SU		
Sex	Male	13%	14%	VT and SU are Similar		
	Female	13%	12%	Within SU Differences		
Grade	Grade 9		9%	Too few students in at least one grade		
	Grade 10	10%	12%			
	Grade 11	15%	14%			
	Grade 12	22%	18%			



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

### THINK THAT IT IS VERY LIKELY OR LIKELY THAT POLICE WOULD BREAK UP A PARTY WHERE PEOPLE THEIR AGE WERE DRINKING ALCOHOL

		SU/SD	VT	
Overall		23%	25%	Overall Differences: State vs SU
Sex	Male	22%	25%	VT and SU are Similar
	Female	23%	24%	Within SU Differences
Grade	Grade 9	38%	32%	Too few students in at least one grade
	Grade 10	24%	26%	
	Grade 11		21%	
	Grade 12	16%	20%	

THIN	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES						
		SU/SD	VT	_			
Overall		84%	84%	Overall Differences: State vs SU			
Sex	Male	84%	82%	VT and SU are Similar			
	Female	85%	86%	Within SU Differences			
Grade	Grade 9	89%	90%	Too few students in at least one grade			
	Grade 10	91%	88%				
	Grade 11		83%				
	Grade 12	74%	75%				



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

THI	NK IT IS WR	ONG OR V	ONG FOR SOMEONE THEIR AGE TO ALCOHOL	
		SU/SD	VT	
Overall	•	59%	54%	Overall Differences: State vs SU
Sex	Male	66%	55%	SU > VT
	Female	51%	54%	Within SU Differences
Grade	Grade 9	74%	71%	Males > Females
	Grade 10	68%	59%	9 > 11
	Grade 11	54%	48%	9 > 12
	Grade 12	41%	39%	10 > 12
				10 > 11
				11 > 12

PERCEPTIONS OF USE



### SECTION 4: SUBSTANCE USE

THINK	IT IS WROM	NG FOR SOMEONE THEIR AGE TO USE IJUANA		
		SU/SD	VT	
Overall	-	54%	55%	Overall Differences: State vs SU
Sex	Male	59%	56%	VT and SU are Similar
	Female	49%	55%	Within SU Differences
Grade	Grade 9	74%	69%	Males > Females
	Grade 10	60%	60%	9 > 10
	Grade 11	51%	51%	9 > 11
	Grade 12	34%	42%	9 > 12
				10 > 12
				11 > 12

PERCEPTIONS OF USE



THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES					
		SU/SD	VT			
Overall	-	94%	91%	Overall Differences: State vs SU		
Sex	Male	91%	90%	SU > VT		
	Female	97%	93%	Within SU Differences		
Grade	Grade 9	•	94%	Females > Males		
	Grade 10	98%	94%	10 > 9		
	Grade 11	95%	91%	11 > 9		
	Grade 12	84%	87%	12 > 9		
			•	10 > 12		
				11 > 12		

THINI	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT			
Overall		67%	66%	Overall Differences: State vs SU		
Sex	Male	73%	64%	VT and SU are Similar		
	Female	61%	67%	Within SU Differences		
Grade	Grade 9	82%	78%	Males > Females		
	Grade 10	72%	71%	9 > 12		
	Grade 11	76%	63%	10 > 12		
	Grade 12	43%	50%	11 > 12		



THIN	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA						
		SU/SD	VT				
Overall	-	80%	76%	Overall Differences: State vs SU			
Sex	Male	84%	75%	SU > VT			
	Female	76%	77%	Within SU Differences			
Grade	Grade 9	89%	83%	Males > Females			
	Grade 10	85%	79%	9 > 11			
	Grade 11	79%	75%	9 > 12			
	Grade 12	69%	69%	10 > 12			

PERC	EIVED RI		ARM FROM SMOKING A PACK OF RETTES DAILY
	SU/SD	VT	
No risk	7%	5%	
Slight risk	10%	9%	
Moderate risk	20%	18%	
Great risk	63%	68%	VT > SU



THINK	THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY								
		SU/SD	VT						
Overall		63%	68%	Overall Differences: State vs SU					
Sex	Male	57%	66%	VT > SU					
	Female	70%	70%	Within SU Differences					
Grade	Grade 9	68%	64%	Females > Males					
	Grade 10	68%	68%	9 > 11					
	Grade 11	54%	68%	10 > 11					
	Grade 12	61%	72%						

PERCEIVE	ED RISK O	F HARM
	SU/SD	VT
No risk	6%	6%
Slight risk	20%	19%
Moderate risk	37%	39%
Great risk	37%	36%



#### SECTION 4: SUBSTANCE USE PERCEPTIONS OF USE

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY HAVE FIVE OR MORE DRINKS OF ALCOHOL ONCE OR TWICE EACH WEEKEND

		SU/SD	VT	
Overall	-	37%	36%	Overall Differences: State vs SU
Sex	Male	32%	32%	VT and SU are Similar
	Female	43%	41%	Within SU Differences
Grade	Grade 9	39%	38%	Females > Males
	Grade 10	36%	39%	
	Grade 11	34%	35%	
	Grade 12	39%	32%	

PERCEIVED RISK OF HARM FROM REGULAR MARIJUANA USE							
	SU/SD	VT					
No risk	28%	21%	SU > VT				
Slight risk	29%	29%					
Moderate risk	26%	26%					
Great risk	17%	24%	VT > SU				



THIN	ARMING THEMSELVES IF THEY USE A REGULARLY			
		SU/SD	VT	
Overall		17%	24%	Overall Differences: State vs SU
Sex	Male	12%	21%	VT > SU
	Female	22%	28%	Within SU Differences
Grade	Grade 9	25%	32%	Females > Males
	Grade 10	19%	26%	9 > 12
	Grade 11	15%	22%	
	Grade 12	10%	18%	

PERCEIVED ACCESS TO CIGARETTES					
	SU/SD	VT			
Very hard	23%	24%			
Sort of hard	27%	21%			
Sort of easy	17%	22%			
Very easy	34%	32%			





SAY IF	SAY IF THEY WANTED CIGARETTES IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET							
		SU/SD	VT					
Overall	-	50%	55%	Overall Differences: State vs SU				
Sex	Male	52%	57%	VT > SU				
	Female	50%	52%	Within SU Differences				
Grade	Grade 9	37%	38%	11 > 9				
	Grade 10	37%	48%	12 > 9				
	Grade 11	51%	57%	12 > 10				
	Grade 12	73%	75%	11 > 10				
		•		12 > 11				

PERCEIVED ACCESS TO ALCOHOL						
	SU/SD	VT				
Very hard	14%	15%				
Sort of hard	21%	18%				
Sort of easy	30%	31%				
Very easy	35%	37%				



SAY II	SAY IF THEY WANTED ALCOHOL IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET								
		SU/SD	VT						
Overall		65%	68%	Overall Differences: State vs SU					
Sex	Male	60%	67%	VT and SU are Similar					
	Female	70%	69%	Within SU Differences					
Grade	Grade 9	58%	58%	Females > Males					
	Grade 10	61%	67%	12 > 9					
	Grade 11	66%	72%	12 > 10					
	Grade 12	74%	74%						

PERCEIVED ACCESS TO MARIJUANA					
	SU/SD	VT			
Very hard	26%	27%			
Sort of hard	15%	15%			
Sort of easy	22%	22%			
Very easy	37%	37%			



SAY IF	SAY IF THEY WANTED MARIJUANA IT WOULD BE SORT OF EASY OR VERY EASY FOR THEM TO GET							
		SU/SD	VT					
Overall		58%	58%	Overall Differences: State vs SU				
Sex	Male	57%	59%	VT and SU are Similar				
	Female	60%	57%	Within SU Differences				
Grade	Grade 9	39%	43%	10 > 9				
	Grade 10	52%	56%	11 > 9				
	Grade 11	65%	65%	12 > 9				
	Grade 12	74%	69%	12 > 10				
				11 > 10				



### SECTION 5: SEXUAL HEALTH

LIFETIME SEXUAL ACTIVITY

LIFETIME SEXUAL CONTACTS: MALES					
	SU/SD	VT			
Never had sexual contact	51%	42%	SU > VT		
Females	45%	54%	VT > SU		
Males		2%	Too few students		
Females and males		2%	Too few students		

LIFETIME SEXUAL CONTACTS: FEMALES					
	SU/SD	VT			
Never had sexual contact	43%	43%			
Females		2%	Too few students		
Males	51%	48%			
Females and males		7%	Too few students		

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		38%	40%	Overall Differences: State vs SU
Sex	Male	33%	40%	VT and SU are Similar
	Female	42%	40%	Within SU Differences
Grade	Grade 9	14%	19%	Females > Males
	Grade 10	25%	33%	Too few students in at least one grade
	Grade 11		48%	
	Grade 12	66%	61%	



#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

		HAVE H	AD 4+ LI	FETIME PARTNERS
		SU/SD	VT	_
Overall		6%	9%	Overall Differences: State vs SU
Sex	Male	6%	9%	VT > SU
	Female	6%	8%	Within SU Differences
Grade	Grade 9		3%	Too few students in at least one grade
	Grade 10		6%	
	Grade 11		10%	
	Grade 12	11%	16%	

		E	EVER HAI	O ORAL SEX
		SU/SD	VT	
Overall		40%	42%	Overall Differences: State vs SU
Sex	Male	35%	42%	VT and SU are Similar
	Female	45%	42%	Within SU Differences
Grade	Grade 9	15%	23%	Females > Males
	Grade 10	38%	37%	10 > 9
	Grade 11	39%	49%	11 > 9
	Grade 12	60%	60%	12 > 9
				12 > 10
				12 > 11



#### SECTION 5: SEXUAL HEALTH LIFETIME SEXUAL ACTIVITY

WERE EVER TESTED FOR HUMAN IMMUNODEFICIENCY VIRUS (H					
		SU/SD	VT		
Overall		14%	10%	Overall Differences: State vs SU	
Sex	Male	14%	9%	SU > VT	
	Female	14%	12%	Within SU Differences	
Grade	Grade 9		7%	Too few students in at least one grade	
	Grade 10	10%	9%		
	Grade 11	15%	12%		
	Grade 12	23%	14%		



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

	HAD SEXU	AL INTER	RCOURSE	DURING THE PAST 3 MONTHS
		SU/SD	VT	_
Overall		31%	31%	Overall Differences: State vs SU
Sex	Male	22%	29%	VT and SU are Similar
	Female	39%	32%	Within SU Differences
Grade	Grade 9	9%	13%	Females > Males
	Grade 10	20%	24%	Too few students in at least one grade
	Grade 11		37%	
	Grade 12	57%	48%	

#### USED ALCOHOL OR DRUGS PRIOR TO LAST INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	
Overall		18%	20%	Overall Differences: State vs SU
Sex	Male		22%	VT and SU are Similar
	Female		17%	Within SU Differences
Grade	Grade 9		24%	Too few students by sex
	Grade 10		22%	Too few students in at least one grade
	Grade 11		18%	
	Grade 12		19%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

#### PREGNANCY PREVENTION METHODS USED, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

	SU/SD	VT	
No method was used		7%	Too few students
Birth control pills	50%	32%	SU > VT
Condoms	25%	35%	VT > SU
IUD or implant	14%	13%	
Shot/patch/birth control ring		5%	Too few students
Withdrawal/other method		5%	Too few students
Not sure		2%	Too few students

#### USED PRESCRIPTION BIRTH CONTROL (PILLS; AN IUD OR IMPLANT; OR A SHOT, PATCH, OR BIRTH CONTROL RING), AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall		64%	50%	Overall Differences: State vs SU
Sex	Male		40%	SU > VT
	Female		60%	Within SU Differences
Grade	Grade 9		29%	Too few students by sex
	Grade 10		44%	Too few students in at least one grade
	Grade 11		51%	
	Grade 12		59%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

CO	NDOM USE,	AMONG (	CURRENT	TLY SEXUALLY ACTIVE STUDENTS
		SU/SD	VT	_
Overall		54%	56%	Overall Differences: State vs SU
Sex	Male		61%	VT and SU are Similar
	Female		52%	Within SU Differences
Grade	Grade 9		64%	Too few students by sex
	Grade 10		61%	Too few students in at least one grade
	Grade 11		58%	
	Grade 12		51%	

#### USED BOTH A CONDOM AND PRESCRIPTION BIRTH CONTROL TO PREVENT PREGNANCY AT LAST SEXUAL INTERCOURSE, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS

		SU/SD	VT	_
Overall		26%	19%	Overall Differences: State vs SU
Sex	Male		15%	SU > VT
	Female		22%	Within SU Differences
Grade	Grade 9		12%	Too few students by sex
	Grade 10		19%	Too few students in at least one grade
	Grade 11		20%	
	Grade 12		20%	



#### SECTION 5: SEXUAL HEALTH CURRENT SEXUAL ACTIVITY

DID NOT USE ANY METHOD TO PREVENT PREGNANCY, AMONG CURRENTLY SEXUALLY ACTIVE STUDENTS							
		SU/SD	VT				
Overall			7%	Overall Differences: State vs SU			
Sex	Male		8%	Too few students			
	Female		7%	Within SU Differences			
Grade	Grade 9		12%	Too few students by sex			
	Grade 10		9%	Too few students in at least one grade			
	Grade 11		6%				
	Grade 12		6%				



#### SECTION 6: BMI AND WEIGHT PERCEPTIONS

OVERWEIGHT (BMI BETWEEN THE 85th AND <95th PERCENTILES FOR AGE
AND SEX)

		SU/SD	VT	
Overall		16%	14%	Overall Differences: State vs SU
Sex	Male	16%	14%	VT and SU are Similar
	Female	15%	15%	Within SU Differences
Grade	Grade 9	11%	14%	Too few students in at least one grade
	Grade 10	23%	15%	
	Grade 11		14%	
	Grade 12	•	13%	

OBESE (BMI >95th PERCENTILE FOR AGE AND SEX)					
		SU/SD	VT	_	
Overall		15%	13%	Overall Differences: State vs SU	
Sex	Male	20%	15%	VT and SU are Similar	
	Female	11%	10%	Within SU Differences	
Grade	Grade 9	15%	12%	Males > Females	
	Grade 10	13%	12%	Too few students in at least one grade	
	Grade 11	23%	14%		
	Grade 12		13%		



#### SECTION 6: BMI AND WEIGHT PERCEPTIONS

PERCEPTIONS OF OWN WEIGHT					
	SU/SD	VT			
Very underweight	•	2%	Too few students		
Slightly underweight	13%	12%			
About the right weight	54%	56%			
Slightly overweight	25%	25%			
Very overweight	7%	5%	SU > VT		

DF	ESCRIBED T	HEMSELV	/ES AS SI	LIGHTLY OR VERY OVERWEIGHT
		SU/SD	VT	
Overall		32%	30%	Overall Differences: State vs SU
Sex	Male	30%	25%	VT and SU are Similar
	Female	33%	36%	Within SU Differences
Grade	Grade 9	21%	29%	Too few students in at least one grade
	Grade 10	35%	30%	
	Grade 11		30%	
	Grade 12	37%	33%	

WHAT ONE IS TRYING TO DO ABOUT WEIGHT						
	SU/SD	VT				
Lose weight	45%	42%				
Gain weight	12%	15%	VT > SU			
Stay the same weight	17%	18%				
Not trying to do anything	25%	25%				



		WERE '	<b>FRYING</b>	TO LOSE WEIGHT
		SU/SD	VT	_
Overall		45%	42%	Overall Differences: State vs SU
Sex	Male	38%	28%	VT and SU are Similar
	Female	52%	57%	Within SU Differences
Grade	Grade 9	33%	41%	Females > Males
	Grade 10	46%	42%	Too few students in at least one grade
	Grade 11		41%	
	Grade 12	53%	44%	

#### SECTION 6: BMI AND WEIGHT PERCEPTIONS



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

	DAYS PHYSICALLY ACTIVE (60 MIN), PAST WEEK						
	SU/SD	VT					
0 days	8%	13%	VT > SU				
1 day	6%	7%					
2 days	11%	9%	SU > VT				
3 days	14%	12%	SU > VT				
4 days	12%	11%					
5 days	11%	14%	VT > SU				
6 days	10%	10%					
7 days	28%	25%					

WERE P	PHYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall		28%	25%	Overall Differences: State vs SU
Sex	Male	33%	33%	VT and SU are Similar
	Female	23%	17%	Within SU Differences
Grade	Grade 9	29%	27%	Males > Females
	Grade 10	34%	27%	
	Grade 11	24%	24%	
	Grade 12	25%	23%	



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS, PAST WEEK							
		SU/SD	VT				
Overall	-	49%	49%	Overall Differences: State vs SU			
Sex	Male	52%	56%	VT and SU are Similar			
	Female	45%	42%	Within SU Differences			
Grade	Grade 9	53%	53%				
	Grade 10	48%	50%				
	Grade 11	44%	47%				
	Grade 12	51%	47%				

#### DID NOT PARTICIPATE IN AT LEAST 60 MINUTES OF PHYSICAL ACTIVITY ON AT LEAST 1 DAY, PAST WEEK

		SU/SD	VT	_
Overall		8%	13%	Overall Differences: State vs SU
Sex	Male	12%	11%	VT > SU
	Female	4%	14%	Within SU Differences
Grade	Grade 9	10%	10%	Males > Females
	Grade 10	7%	12%	Too few students in at least one grade
	Grade 11	10%	14%	
	Grade 12		15%	



#### SECTION 7: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

TV, VIDEO OR COMPUTER GAMES, OR COMPUTER USE, PAST WEEK				
	SU/SD	VT		
Do not watch TV	3%	3%		
Less than 1 hour per day	10%	8%		
1 hour per day	14%	12%		
2 hours per day	23%	23%		
3 hours per day	24%	21%		
4 hours per day	13%	13%		
5 or more hours per day	13%	19%	VT > SU	

### WATCHED TV, PLAYED VIDEO OR COMPUTER GAMES, OR USED A COMPUTER FOR THREE OR MORE HOURS PER DAY, PAST WEEK

		SU/SD	VT	
Overall		50%	53%	Overall Differences: State vs SU
Sex	Male	48%	53%	VT and SU are Similar
	Female	53%	52%	Within SU Differences
Grade	Grade 9	52%	53%	10 > 11
	Grade 10	55%	53%	
	Grade 11	42%	51%	
	Grade 12	52%	53%	



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

ATE FRUIT OR DRANK 100% FRUIT JUICES TWO OR MORE TIMES PER DAY, PAST WEEK					
		SU/SD	VT		
Overall	-	29%	33%	Overall Differences: State vs SU	
Sex	Male	27%	32%	VT and SU are Similar	
	Female	31%	33%	Within SU Differences	
Grade	Grade 9	27%	33%		
	Grade 10	34%	33%		
	Grade 11	26%	32%		
	Grade 12	28%	32%		

ATE VEGETABLES THREE OR MORE TIMES PER DAY, PAST WEEK						
		SU/SD	VT			
Overall		17%	18%	Overall Differences: State vs SU		
Sex	Male	18%	18%	VT and SU are Similar		
	Female	14%	18%	Within SU Differences		
Grade	Grade 9	15%	17%	12 > 10		
	Grade 10	14%	18%	12 > 11		
	Grade 11	11%	17%			
	Grade 12	24%	19%			



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SODA CONSUMPTION, PAST WEEK				
	SU/SD	VT		
Did not drink soda or pop	40%	37%		
1 to 3 times	35%	40%	VT > SU	
4 to 6 times	14%	12%		
1 time per day	5%	4%		
2 times per day		3%	Too few students	
3 times per day		1%	Too few students	
4 or more times per day	3%	3%		

#### DRANK A CAN, BOTTLE, OR GLASS OF SODA OR POP ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		11%	11%	Overall Differences: State vs SU
Sex	Male	20%	16%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	Grade 9		11%	Too few students by sex
	Grade 10	7%	11%	Too few students in at least one grade
	Grade 11	10%	11%	
	Grade 12	16%	12%	



# SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

SUGAR-SWEETENED BEVERAGE CONSUMPTION, PAST WEEK					
	SU/SD	VT			
Did not drink sugar-sweetened	28%	28%			
1 to 3 times	41%	44%			
4 to 6 times	19%	15%	SU > VT		
1 time per day	8%	6%	SU > VT		
2 times per day	3%	3%			
3 times per day		1%	Too few students		
4 or more times per day	2%	2%			

#### DRANK A CAN, BOTTLE, OR GLASS OF SUGAR-SWEETENED BEVERAGES ONE OR MORE TIMES PER DAY, PAST WEEK

		SU/SD	VT	
Overall		12%	12%	Overall Differences: State vs SU
Sex	Male	19%	15%	VT and SU are Similar
	Female	6%	9%	Within SU Differences
Grade	Grade 9	10%	12%	Males > Females
	Grade 10	7%	12%	11 > 9
	Grade 11	21%	13%	11 > 10
	Grade 12	12%	13%	



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

WATER CONSUMPTION, PAST WEEK				
	SU/SD	VT		
Did not drink water	3%	4%		
1 to 3 times	9%	9%		
4 to 6 times	14%	11%	SU > VT	
1 time per day	14%	9%	SU > VT	
2 times per day	16%	16%		
3 times per day	17%	19%		
4 or more times per day	27%	33%	VT > SU	

DRANK THREE OR MORE GLASSES PER DAY OF WATER, PAST WEEK						
		SU/SD	VT			
Overall	•	44%	52%	Overall Differences: State vs SU		
Sex	Male	40%	51%	VT > SU		
	Female	47%	53%	Within SU Differences		
Grade	Grade 9	43%	50%	Too few students in at least one grade		
	Grade 10	46%	53%			
	Grade 11		51%			
	Grade 12	36%	55%			



## SECTION 7: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREA	AKFAST	CONSUMPTION, PAST WEEK
	SU/SD	VT	
0 days	9%	11%	
1 day	5%	6%	
2 days	12%	9%	SU > VT
3 days	13%	10%	SU > VT
4 days	10%	8%	
5 days	9%	9%	
6 days	9%	7%	
7 days	33%	40%	VT > SU

	]	DID NOT H	EAT BREA	AKFAST, PAST WEEK
		SU/SD	VT	
Overall		9%	11%	Overall Differences: State vs SU
Sex	Male	11%	11%	VT and SU are Similar
	Female	7%	10%	Within SU Differences
Grade	Grade 9		10%	Too few students in at least one grade
	Grade 10	8%	11%	
	Grade 11	13%	10%	
	Grade 12	11%	11%	



#### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

#### WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	78%	75%	
Rarely	12%	15%	
Sometimes	7%	7%	
Most of the time		2%	Too few students
Always		1%	Too few students

N	10ST OF TH	E TIME O	R ALWAY	YS WENT HUNGRY, PAST 30 DAYS
		SU/SD	VT	
Overall		3%	3%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female		2%	Within SU Differences
Grade	Grade 9		3%	Too few students by sex
	Grade 10		2%	Too few students in at least one grade
	Grade 11		3%	
	Grade 12		3%	



### SECTION 8: SOCIAL DETERMINANTS OF HEALTH

	USUALLY DID NOT SLEEP AT THEIR PARENTS HOUSE BECAUSE THEY HAD TO LEAVE THEIR HOME, OR THEIR PARENT OR GUARDIAN CANNOT AFFORD HOUSING						
		SU/SD	VT				
Overall	-	3%	4%	Overall Differences: State vs SU			
Sex	Male		4%	VT and SU are Similar			
	Female	3%	3%	Within SU Differences			
Grade	Grade 9	•	3%	Too few students by sex			
	Grade 10		3%	Too few students in at least one grade			
	Grade 11	•	4%				
	Grade 12		5%				



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

АТ	ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK					
	SU/SD	VT				
0 days	5%	9%	VT > SU			
1 day	5%	4%	SU > VT			
2 days	5%	4%				
3 days	5%	6%				
4 days	10%	8%				
5 days	11%	13%				
6 days	12%	12%				
7 days	46%	44%				

#### ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON FOUR OR MORE DAYS, PAST WEEK

		SU/SD	VT	
Overall		79%	77%	Overall Differences: State vs SU
Sex	Male	82%	80%	VT and SU are Similar
	Female	77%	75%	Within SU Differences
Grade	Grade 9	87%	83%	9 > 11
	Grade 10	79%	81%	9 > 12
	Grade 11	76%	76%	
	Grade 12	75%	71%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

GRADES EARNED IN SCHOOL						
	SU/SD	VT				
Mostly A's	45%	46%				
Mostly B's	41%	39%				
Mostly C's	14%	12%				
Mostly D's		2%	Too few students			
Mostly F's		1%	Too few students			

#### **REPORTED THERE IS AT LEAST ONE TEACHER OR OTHER ADULT IN THEIR** SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM

		SU/SD	VT	
Overall		81%	80%	Overall Differences: State vs SU
Sex	Male	81%	80%	VT and SU are Similar
	Female	81%	81%	Within SU Differences
Grade	Grade 9	78%	78%	
	Grade 10	81%	79%	
	Grade 11	86%	82%	
	Grade 12	79%	83%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

BELIEVE SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIORS							
	SU/SD	VT					
Strongly agree	18%	21%					
Agree	50%	44%	SU > VT				
Not sure	20%	19%					
Disagree	7%	11%	VT > SU				
Strongly disagree	5%	5%					

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall	-	68%	65%	Overall Differences: State vs SU
Sex	Male	72%	69%	VT and SU are Similar
	Female	64%	61%	Within SU Differences
Grade	Grade 9	70%	67%	
	Grade 10	70%	65%	
	Grade 11	65%	64%	
	Grade 12	67%	63%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

LIKELIHOOD TO COMPLETE A POST GRADUATION PROGRAM							
	SU/SD	VT					
Definitely will not	5%	5%					
Probably will not	8%	5%	SU > VT				
Probably will	19%	22%	VT > SU				
Definitely will	60%	57%					
Not sure	9%	11%	VT > SU				

PRO	PROBABLY OR DEFINITELY WILL COMPLETE A POST HIGH SCHOOL PROGRAM					
		SU/SD	VT			
Overall		78%	79%	Overall Differences: State vs SU		
Sex	Male	73%	75%	VT and SU are Similar		
	Female	85%	83%	Within SU Differences		
Grade	Grade 9	75%	74%	Females > Males		
	Grade 10	80%	77%			
	Grade 11	78%	81%			
	Grade 12	80%	83%			



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

HOURS SPENT IN EXTRACURRICULAR ACTIVITIES, TYPICAL WEEK						
	SU/SD	VT				
0 hours	36%	33%				
1 to 4 hours	28%	27%				
5 to 9 hours	17%	17%				
10 to 19 hours	14%	17%	VT > SU			
20 or more hours	5%	6%				

#### SPEND 10 OR MORE HOURS PARTICIPATING IN AFTERSCHOOL ACTIVITIES, TYPICAL WEEK

		SU/SD	VT	
Overall		19%	24%	Overall Differences: State vs SU
Sex	Male	18%	24%	VT > SU
	Female	21%	24%	Within SU Differences
Grade	Grade 9	20%	21%	
	Grade 10	14%	23%	
	Grade 11	22%	24%	
	Grade 12	21%	26%	



#### SECTION 9: YOUTH ASSETS AND OTHER PROTECTIVE FACTORS

:	MATTER T	O PEOP
	SU/SD	VT
Strongly agree	19%	19%
Agree	41%	41%
Not sure	26%	25%
Disagree	9%	9%
Strongly disagree	4%	5%

#### STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE

		SU/SD	VT	
Overall		60%	61%	Overall Differences: State vs SU
Sex	Male	58%	65%	VT and SU are Similar
	Female	61%	57%	Within SU Differences
Grade	Grade 9	64%	61%	
	Grade 10	59%	60%	
	Grade 11	65%	60%	
	Grade 12	52%	62%	



2017 VERMONT YOUTH RISK BEHAVIOR SURVEY ADDISON NORTHWEST SD (SU002) REPORT

MIDDLE SCHOOL RESULTS

# MIDDLE SCHOOL RESULTS ADDISON NORTHWEST SD (SU002) REPORT

http://healthvermont.gov/yrbs.aspx



#### SECTION 1: DEMOGRAPHICS

MIDDLE SCHOOL DEMOGRAPHICS						
	SU/SD	VT				
Overall	158	16701				

		SU/SD	VT
Sex	Male	49%	.52%
	Female	51%	48%
	6th Grade		24%
	7th Grade	42%	39%
	8th Grade	58%	37%
Race / Ethnicity	White, non-Hispanic (WnH)	92%	81%
	Students of Color (REM)	8%	19%
Sexual Orientation	Heterosexual (Het)	92%	93%
	Lesbian, Gay, or Bisexual (LGB)	8%	7%



## SECTION 2: PERSONAL SAFETY

		WERE E	WERE EVER IN A PHYSICAL FIGHT					
		SU/SD	VT					
Overall		37%	42%	Overall Differences: State vs SU				
Sex	Male	51%	56%	VT > SU				
	Female	23%	27%	Within SU Differences				
Grade	Grade 6		40%	Males > Females				
	Grade 7	40%	43%	Too few students in at least one grade				
	Grade 8	34%	43%					

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VIOLENCE AND BULLYING

	WERE EVER BULLIED ON SCHOOL PROPERTY					
		SU/SD	VT			
Overall		52%	44%	Overall Differences: State vs SU		
Sex	Male	52%	39%	SU > VT		
	Female	52%	50%	Within SU Differences		
Grade	Grade 6		44%	Too few students in at least one grade		
	Grade 7	53%	45%			
	Grade 8	52%	44%			



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

WERE EVER ELECTRONICALLY BULLIED					
		SU/SD	VT		
Overall		31%	24%	Overall Differences: State vs SU	
Sex	Male	23%	16%	SU > VT	
	Female	39%	33%	Within SU Differences	
Grade	Grade 6		18%	Females > Males	
	Grade 7	29%	24%	Too few students in at least one grade	
	Grade 8	33%	28%		

		WERF	E BULLIE	D, PAST 30 DAYS
		SU/SD	VT	_
Overall		21%	22%	Overall Differences: State vs SU
Sex	Male	20%	17%	VT and SU are Similar
	Female	22%	26%	Within SU Differences
Grade	Grade 6		22%	Too few students in at least one grade
	Grade 7	23%	22%	
	Grade 8	19%	21%	



#### SECTION 2: PERSONAL SAFETY VIOLENCE AND BULLYING

	F	BULLIED S	OMEON	E ELSE, PAST 30 DAYS
		SU/SD	VT	
Overall		6%	8%	Overall Differences: State vs SU
Sex	Male	7%	8%	VT > SU
	Female		8%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8	7%	9%	

#### DID NOT GO TO SCHOOL BECAUSE THEY FELT UNSAFE AT SCHOOL OR ON THEIR WAY TO OR FROM SCHOOL, PAST 30 DAYS

		SU/SD	VT	
Overall		4%	8%	Overall Differences: State vs SU
Sex	Male		7%	VT > SU
	Female		10%	Within SU Differences
Grade	Grade 6	•	8%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8	•	9%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

		SEA	ATBELT USE
	SU/SD	VT	
Never	•	1%	Too few students
Rarely	3%	1%	SU > VT
Sometimes	4%	3%	
Most of the time	16%	18%	
Always	76%	76%	

	ŀ	RARELY O	R NEVER	R WEAR A SEAT BELT
		SU/SD	VT	
Overall	-	3%	2%	Overall Differences: State vs SU
Sex	Male		3%	SU > VT
	Female		2%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



#### SECTION 2: PERSONAL SAFETY CAR SAFETY

EVI	ER RODE W	TTH A DR	IVER WH	O HAD BEEN DRINKING ALCOHOL
		SU/SD	VT	_
Overall		31%	22%	Overall Differences: State vs SU
Sex	Male	29%	20%	SU > VT
	Female	33%	24%	Within SU Differences
Grade	Grade 6		15%	Too few students in at least one grade
	Grade 7	24%	21%	
	Grade 8	36%	27%	

EV	ER RODE V	VITH A DH	RIVER WI	HO HAD BEEN USING MARIJUANA
		SU/SD	VT	_
Overall		7%	9%	Overall Differences: State vs SU
Sex	Male	10%	7%	VT and SU are Similar
	Female		10%	Within SU Differences
Grade	Grade 6	•	5%	Too few students by sex
	Grade 7	•	8%	Too few students in at least one grade
	Grade 8	8%	12%	



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

HELMET USE WHEN RIDING A BICYCLE						
	SU/SD	VT				
Never wear a helmet	14%	16%	VT > SU			
Rarely wear a helmet	22%	15%	SU > VT			
Sometimes wear a helmet	16%	15%				
Most of the time wear a helmet	28%	25%	SU > VT			
Always wear a helmet	20%	28%	VT > SU			

	RAR	ELY OR N	EVER WI	EAR A BICYCLE HELMET
		SU/SD	VT	
Overall		36%	31%	Overall Differences: State vs SU
Sex	Male	46%	33%	SU > VT
	Female	26%	29%	Within SU Differences
Grade	Grade 6		24%	Males > Females
	Grade 7	34%	30%	Too few students in at least one grade
	Grade 8	38%	37%	

HELMET USE WHEN SKIING OR SNOWBOARDING					
	SU/SD	VT			
Never wear a helmet		5%	Too few students		
Rarely wear a helmet		2%	Too few students		
Sometimes wear a helmet		2%	Too few students		
Most of the time wear a helmet	17%	7%	SU > VT		
Always wear a helmet	74%	83%	VT > SU		



#### SECTION 2: PERSONAL SAFETY INJURY PREVENTION

RAREI	Y OR NEVE	ER WEAR A	A HELME	ET WHEN SKIING OR SNOWBOARDING
		SU/SD	VT	_
Overall		9%	7%	Overall Differences: State vs SU
Sex	Male		8%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	Grade 6		7%	Too few students by sex
	Grade 7		8%	Too few students in at least one grade
	Grade 8		7%	

#### HAD A CONCUSSION FROM PLAYING A SPORT OR BEING PHYSICALLY ACTIVE

		SU/SD	VT	
Overall	_	17%	17%	Overall Differences: State vs SU
Sex	Male	19%	19%	VT and SU are Similar
	Female	15%	16%	Within SU Differences
Grade	Grade 6		17%	Too few students in at least one grade
	Grade 7	11%	17%	
	Grade 8	21%	18%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WI	ERE IN THE			H SOMEONE WHO WAS SMOKING 5, PAST 7 DAYS
		SU/SD	VT	
Overall	-	37%	26%	Overall Differences: State vs SU
Sex	Male	39%	25%	SU > VT
	Female	34%	27%	Within SU Differences
Grade	Grade 6		21%	Too few students in at least one grade
	Grade 7	39%	27%	
	Grade 8	35%	29%	

۲	WERE IN TH		I SOMEONE WHO WAS SMOKING 5, PAST 7 DAYS	
		SU/SD	VT	
Overall	-	17%	19%	Overall Differences: State vs SU
Sex	Male	19%	17%	VT and SU are Similar
	Female	16%	20%	Within SU Differences
Grade	Grade 6		15%	Too few students in at least one grade
	Grade 7	22%	19%	
	Grade 8	14%	20%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

SEE TO	SEE TOBACCO ADS WHEN GOING TO A GROCERY STORE, SUPERMARKET, OR CONVENIENCE STORE							
	SU/SD	VT						
Never	7%	9%						
Rarely	9%	14%	VT > SU					
Sometimes	38%	27%	SU > VT					
Most of the time	30%	29%						
Always	15%	21%	VT > SU					

MOST OF THE TIME OR ALWAYS SEE ADS FOR CIGARETTES OR OTHER
TOBACCO PRODUCTS

		SU/SD	VT	
Overall	_	45%	50%	Overall Differences: State vs SU
Sex	Male	43%	51%	VT > SU
	Female	47%	49%	Within SU Differences
Grade	Grade 6	•	42%	Too few students in at least one grade
	Grade 7	35%	50%	
	Grade 8	53%	56%	



#### SECTION 2: PERSONAL SAFETY TOBACCO EXPOSURE AND PREVENTION

WERE A	ASKED BY .	A DOCTO		ST, OR NURSE IF THEY SMOKED, PAST EAR
		SU/SD	VT	
Overall	-	49%	30%	Overall Differences: State vs SU
Sex	Male	51%	30%	SU > VT
	Female	47%	31%	Within SU Differences
Grade	Grade 6		18%	Too few students in at least one grade
	Grade 7	27%	29%	
	Grade 8	65%	40%	



#### SECTION 3: MENTAL HEALTH

		FELT SA	PELESS, PAST YEAR	
		SU/SD	VT	
Overall		19%	19%	Overall Differences: State vs SU
Sex	Male	16%	12%	VT and SU are Similar
	Female	22%	26%	Within SU Differences
Grade	Grade 6		16%	Females > Males
	Grade 7	13%	18%	Too few students in at least one grade
	Grade 8	22%	22%	

	EVER SERI	OUSLY T	HOUGHT	ABOUT KILLING THEMSELVES
		SU/SD	VT	
Overall	-	24%	18%	Overall Differences: State vs SU
Sex	Male	22%	12%	SU > VT
	Female	26%	23%	Within SU Differences
Grade	Grade 6	•	13%	Too few students in at least one grade
	Grade 7	23%	17%	
	Grade 8	24%	22%	



#### SECTION 3: MENTAL HEALTH

EVE	CR MADE A	PLAN AB(	OUT HOW	THEY WOULD KILL THEMSELVES
		SU/SD	VT	_
Overall		8%	12%	Overall Differences: State vs SU
Sex	Male	7%	8%	VT > SU
	Female	10%	16%	Within SU Differences
Grade	Grade 6		7%	Too few students in at least one grade
	Grade 7	10%	11%	
	Grade 8	7%	16%	

		EVE	R ATTEM	IPTED SUICIDE
		SU/SD	VT	_
Overall		5%	6%	Overall Differences: State vs SU
Sex	Male		3%	VT and SU are Similar
	Female	7%	8%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7	7%	5%	Too few students in at least one grade
	Grade 8		8%	



#### SECTION 4: SUBSTANCE USE LIFETIME USE

		EVER SM	OKED A V	WHOLE CIGARETTE
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male	9%	7%	VT and SU are Similar
	Female		7%	Within SU Differences
Grade	Grade 6	•	4%	Too few students by sex
	Grade 7		7%	Too few students in at least one grade
	Grade 8	8%	10%	

	EVER USED AN ELECTRONIC VAPOR PRODUCT					
		SU/SD	VT	_		
Overall	_	8%	9%	Overall Differences: State vs SU		
Sex	Male	10%	9%	VT and SU are Similar		
	Female	6%	8%	Within SU Differences		
Grade	Grade 6		3%	Males > Females		
	Grade 7		8%	Too few students in at least one grade		
	Grade 8	10%	14%			



#### SECTION 4: SUBSTANCE USE LIFETIME USE

EVER USED A FLAVORED TOBACCO PRODUCT					
		SU/SD	VT	_	
Overall		6%	5%	Overall Differences: State vs SU	
Sex	Male	7%	5%	VT and SU are Similar	
	Female		5%	Within SU Differences	
Grade	Grade 6		2%	Too few students by sex	
	Grade 7		5%	Too few students in at least one grade	
	Grade 8	7%	6%		

	EVER DRANK ALCOHOL				
		SU/SD	VT	_	
Overall		27%	19%	Overall Differences: State vs SU	
Sex	Male	36%	20%	SU > VT	
	Female	20%	17%	Within SU Differences	
Grade	Grade 6		10%	Males > Females	
	Grade 7	26%	17%	Too few students in at least one grade	
	Grade 8	29%	26%		



#### SECTION 4: SUBSTANCE USE LIFETIME USE

EVER USED MARIJUANA					
		SU/SD	VT	_	
Overall		7%	7%	Overall Differences: State vs SU	
Sex	Male	11%	7%	VT and SU are Similar	
	Female	•	7%	Within SU Differences	
Grade	Grade 6		2%	Too few students by sex	
	Grade 7		6%	Too few students in at least one grade	
	Grade 8	9%	11%		

	EVER USED INHALANTS				
		SU/SD	VT	_	
Overall			4%	Overall Differences: State vs SU	
Sex	Male		4%	Too few students	
	Female		4%	Within SU Differences	
Grade	Grade 6		3%	Too few students by sex	
	Grade 7		4%	Too few students in at least one grade	
	Grade 8		5%		



## SECTION 4: SUBSTANCE USE

#### EVER TOOK PRESCRIPTION PAIN MEDICINE WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	
Overall	-		2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		3%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		2%	
	Grade 8		3%	

#### EVER TOOK A PRESCRIPTION STIMULANT WITHOUT A DOCTOR'S PRESCRIPTION OR DIFFERENTLY THAN HOW A DOCTOR TOLD THEM TO USE IT

		SU/SD	VT	_
Overall		•	2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6	•	1%	
	Grade 7		2%	
	Grade 8		2%	



#### SECTION 4: SUBSTANCE USE CURRENT USE

	τ	USED TOBA	ODUCTS, PAST YEAR	
		SU/SD	VT	_
Overall		8%	5%	Overall Differences: State vs SU
Sex	Male	10%	6%	SU > VT
	Female		5%	Within SU Differences
Grade	Grade 6		3%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	10%	7%	

#### SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO OR ELECTRONIC VAPOR PRODUCTS, PAST 30 DAYS

		SU/SD	VT	
Overall		7%	5%	Overall Differences: State vs SU
Sex	Male	10%	5%	SU > VT
	Female		4%	Within SU Differences
Grade	Grade 6	•	2%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8	8%	7%	



SMOKED CIGARETTES OR CIGARS OR USED SMOKELESS TOBACCO, PAST 30 DAYS				
		SU/SD	VT	
Overall	-	4%	3%	Overall Differences: State vs SU
Sex	Male	6%	3%	SU > VT
	Female		2%	Within SU Differences
Grade	Grade 6	•	1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		4%	

		SMOKED	CIGARE	TTES, PAST 30 DAYS
		SU/SD	VT	
Overall	-	3%	2%	Overall Differences: State vs SU
Sex	Male		2%	SU > VT
	Female		2%	Within SU Differences
Grade	Grade 6	•	1%	Too few students by sex
	Grade 7		2%	Too few students in at least one grade
	Grade 8		3%	



AMONG CURRENT USERS: TYPICAL NUMBER OF CIGARETTES SMOKED					
	SU/SD	VT			
Less than 1 cigarette	•	33%	Too few students		
1 cigarette		23%	Too few students		
2 to 5 cigarettes		23%	Too few students		
6 to 10 cigarettes		6%	Too few students		
11 to 20 cigarettes			Too few students		
More than 20 cigarettes		14%	Too few students		

<b>USED AN ELECTRONIC VAPOR PRODUCT PAST 30 DAYS</b>				
		SU/SD	VT	
Overall		4%	4%	Overall Differences: State vs SU
Sex	Male	7%	4%	VT and SU are Similar
	Female	•	3%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8	5%	6%	



AMONG CURRENT USERS: REASONS FOR USING AN ELECTRONIC VAPOR PRODUCT						
	SU/SD	VT				
Friend/family used them		38%	Too few students			
To try to quit other tobacco products		3%	Too few students			
Cost less		1%	Too few students			
Easier to get		1%	Too few students			
Less harmful		7%	Too few students			
Available in flavors		13%	Too few students			
Used for some other reason		36%	Too few students			

AMONG CURRENT USERS: ELECTRONIC VAPOR PRODUCT SOURCE				
	SU/SD	VT		
Bought them in a store		3%	Too few students	
I got them on the Internet		9%	Too few students	
Someone else bought them		10%	Too few students	
Borrowed them		44%	Too few students	
A person 18 or older gave me		9%	Too few students	
Took them from a store		4%	Too few students	
Some other way		21%	Too few students	



AMONG CURRENT USERS: FREQUENCY OF ELECTRONIC VAPOR PRODUCT USE					
	SU/SD	VT			
1 or 2 days	•	49%	Too few students		
3 to 5 days		16%	Too few students		
6 to 9 days		10%	Too few students		
10 to 19 days		6%	Too few students		
20 to 29 days		5%	Too few students		
All 30 days		15%	Too few students		

SMOKED CIGARS, PAST 30 DAYS					
		SU/SD	VT	_	
Overall			1%	Overall Differences: State vs SU	
Sex	Male		1%	Too few students	
_	Female		1%	Within SU Differences	
Grade	Grade 6		1%	Too few students by sex	
	Grade 7		1%	Too few students in at least one grade	
	Grade 8		2%		



#### SECTION 4: SUBSTANCE USE CURRENT USE

	US	ED SMOK	ELESS TO	DBACCO, PAST 30 DAYS
		SU/SD	VT	_
Overall			1%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female	•	1%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		2%	

#### TRIED TO QUIT USING ALL TOBACCO PRODUCTS, AMONG STUDENTS WHO USED ANY IN PAST YEAR

		SU/SD	VT	
Overall	-	•	36%	Overall Differences: State vs SU
Sex	Male		36%	Too few students
	Female		38%	Within SU Differences
Grade	Grade 6		30%	Too few students by sex
	Grade 7		35%	Too few students in at least one grade
	Grade 8		40%	



		DRANK	ALCOH	OL, PAST 30 DAYS
		SU/SD	VT	_
Overall		6%	7%	Overall Differences: State vs SU
Sex	Male	9%	6%	VT and SU are Similar
	Female		6%	Within SU Differences
Grade	Grade 6		2%	Too few students by sex
	Grade 7		5%	Too few students in at least one grade
	Grade 8	8%	10%	

		BING	K, PAST 30 DAYS	
		SU/SD	VT	_
Overall			2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		1%	Within SU Differences
Grade	Grade 6		0%	Too few students by sex
	Grade 7		1%	Too few students in at least one grade
	Grade 8		3%	



AMONG CURRENT USERS: LARGEST AMOUNT OF ALCOHOL CONSUMED					
	SU/SD	VT			
1 or 2 drinks		63%	Too few students		
3 drinks		10%	Too few students		
4 drinks		7%	Too few students		
5 drinks		6%	Too few students		
6 or 7 drinks		4%	Too few students		
8 or 9 drinks		2%	Too few students		
10 or more drinks		9%	Too few students		

		NA, PAST 30 DAYS		
		SU/SD	VT	
Overall		6%	4%	Overall Differences: State vs SU
Sex	Male	9%	4%	SU > VT
	Female		4%	Within SU Differences
Grade	Grade 6		1%	Too few students by sex
	Grade 7		3%	Too few students in at least one grade
	Grade 8	8%	7%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO SMOKE CIGARETTES					
		SU/SD	VT		
Overall		93%	95%	Overall Differences: State vs SU	
Sex	Male	91%	95%	VT > SU	
	Female	95%	95%	Within SU Differences	
Grade	Grade 6		98%	Females > Males	
	Grade 7	94%	95%	Too few students in at least one grade	
	Grade 8	93%	93%		

THIN	THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO DRINK ALCOHOL					
		SU/SD	VT			
Overall	-	85%	89%	Overall Differences: State vs SU		
Sex	Male	82%	89%	VT > SU		
	Female	87%	90%	Within SU Differences		
Grade	Grade 6	•	95%	Too few students in at least one grade		
	Grade 7	82%	91%			
	Grade 8	87%	84%			



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK IT IS WRONG OR VERY WRONG FOR SOMEONE THEIR AGE TO USE MARIJUANA				
		SU/SD	VT	
Overall		88%	90%	Overall Differences: State vs SU
Sex	Male	84%	90%	VT and SU are Similar
	Female	92%	90%	Within SU Differences
Grade	Grade 6		97%	Females > Males
	Grade 7	91%	91%	Too few students in at least one grade
	Grade 8	86%	84%	

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO SMOKE CIGARETTES

		SU/SD	VT	
Overall		93%	95%	Overall Differences: State vs SU
Sex	Male	93%	95%	VT > SU
	Female	92%	95%	Within SU Differences
Grade	Grade 6	•	96%	Too few students in at least one grade
	Grade 7	90%	95%	
	Grade 8	95%	95%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINF	THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO DRINK ALCOHOL					
		SU/SD	VT			
Overall	-	79%	85%	Overall Differences: State vs SU		
Sex	Male	76%	84%	VT > SU		
	Female	83%	87%	Within SU Differences		
Grade	Grade 6		87%	Females > Males		
	Grade 7	68%	86%	Too few students in at least one grade		
	Grade 8	87%	83%			

#### THINK THEIR PARENTS OR GUARDIANS FEEL IT WOULD BE WRONG OR VERY WRONG FOR THEM TO USE MARIJUANA

		SU/SD	VT	
Overall	_	93%	92%	Overall Differences: State vs SU
Sex	Male	94%	92%	VT and SU are Similar
	Female	92%	92%	Within SU Differences
Grade	Grade 6	•	95%	Too few students in at least one grade
	Grade 7	89%	92%	
	Grade 8	96%	89%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	THINK CIGARETTES WOULD BE SORT OF EASY OR VERY EASY TO GET						
		SU/SD	VT	_			
Overall		22%	22%	Overall Differences: State vs SU			
Sex	Male	28%	22%	VT and SU are Similar			
	Female	16%	21%	Within SU Differences			
Grade	Grade 6		13%	Males > Females			
	Grade 7	21%	20%	Too few students in at least one grade			
	Grade 8	23%	28%				

THI	NK ALCOH	OL WOUL	D BE SOF	RT OF EASY OR VERY EASY TO GET
		SU/SD	VT	
Overall		43%	37%	Overall Differences: State vs SU
Sex	Male	46%	37%	SU > VT
	Female	39%	37%	Within SU Differences
Grade	Grade 6		24%	Males > Females
	Grade 7	39%	35%	Too few students in at least one grade
	Grade 8	45%	48%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THIN	K MARIJUA	RT OF EASY OR VERY EASY TO GET		
		SU/SD	VT	_
Overall		18%	15%	Overall Differences: State vs SU
Sex	Male	17%	15%	SU > VT
	Female	18%	15%	Within SU Differences
Grade	Grade 6		6%	Too few students in at least one grade
	Grade 7	11%	13%	
	Grade 8	22%	23%	

#### THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY SMOKE ONE OR MORE PACKS OF CIGARETTES PER DAY

		SU/SD	VT	
Overall		60%	72%	Overall Differences: State vs SU
Sex	Male	55%	71%	VT > SU
	Female	65%	74%	Within SU Differences
Grade	Grade 6	•	76%	Females > Males
	Grade 7	68%	72%	Too few students in at least one grade
	Grade 8	54%	70%	



#### SECTION 4: SUBSTANCE USE PERCEPTIONS ABOUT USE

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY BINGE DRINK EACH WEEKEND					
		SU/SD	VT		
Overall	-	34%	48%	Overall Differences: State vs SU	
Sex	Male	31%	45%	VT > SU	
	Female	37%	51%	Within SU Differences	
Grade	Grade 6	•	50%	Too few students in at least one grade	
	Grade 7	41%	48%		
	Grade 8	29%	46%		

THINK PEOPLE GREATLY RISK HARMING THEMSELVES IF THEY USE	
MARIJUANA REGULARLY	

		SU/SD	VT	
Overall	-	52%	59%	Overall Differences: State vs SU
Sex	Male	51%	56%	VT > SU
	Female	53%	62%	Within SU Differences
Grade	Grade 6	•	73%	Too few students in at least one grade
	Grade 7	55%	60%	
	Grade 8	49%	48%	



#### SECTION 5: SEXUAL ACTIVITY SEXUAL ACTIVITY

		EVER H	AD SEXU	AL INTERCOURSE
		SU/SD	VT	
Overall		4%	5%	Overall Differences: State vs SU
Sex	Male	7%	6%	VT and SU are Similar
	Female	•	4%	Within SU Differences
Grade	Grade 6	•	2%	Too few students by sex
	Grade 7		4%	Too few students in at least one grade
	Grade 8	6%	8%	

		Е	VER HAI	D ORAL SEX
		SU/SD	VT	_
Overall			6%	Overall Differences: State vs SU
Sex	Male		6%	Too few students
	Female		5%	Within SU Differences
Grade	Grade 6		1%	
	Grade 7		4%	
	Grade 8		9%	



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION

PHYSICAL ACTIVITY

DAYS	ENGAGE	D IN AT I	LEAST 60 MIN OF PHYSICAL ACTIVITY, PAST WEEK
	SU/SD	VT	
0 days	7%	7%	
1 day	4%	4%	
2 days	10%	7%	SU > VT
3 days	13%	10%	SU > VT
4 days	8%	11%	VT > SU
5 days	17%	15%	
6 days	13%	11%	
7 days	28%	34%	VT > SU

WERE P	HYSICALLY	Y ACTIVE	AT LEAS	T 60 MINUTES PER DAY ON ALL 7 DAYS
		SU/SD	VT	
Overall	-	28%	34%	Overall Differences: State vs SU
Sex	Male	35%	42%	VT > SU
	Female	20%	26%	Within SU Differences
Grade	Grade 6	•	38%	Males > Females
	Grade 7	30%	35%	Too few students in at least one grade
	Grade 8	26%	30%	



WERE P	WERE PHYSICALLY ACTIVE AT LEAST 60 MINUTES PER DAY ON 5 OR MORE DAYS					
		SU/SD	VT			
Overall	-	57%	60%	Overall Differences: State vs SU		
Sex	Male	56%	66%	VT and SU are Similar		
	Female	58%	54%	Within SU Differences		
Grade	Grade 6		63%	Too few students in at least one grade		
	Grade 7	56%	60%			
	Grade 8	58%	57%			

	WE	RE NOT PI	HYSICAL	LY ACTIVE PAST WEEK
		SU/SD	VT	
Overall		7%	7%	Overall Differences: State vs SU
Sex	Male		7%	VT and SU are Similar
	Female	8%	7%	Within SU Differences
Grade	Grade 6	•	7%	Too few students by sex
	Grade 7	10%	7%	Too few students in at least one grade
	Grade 8		8%	



### SECTION 6: PHYSICAL ACTIVITY AND NUTRITION PHYSICAL ACTIVITY

#### PHYSICAL ACTIVITY BREAKS AT SCHOOL, TYPICAL WEEK SU/SD VT Too few students 0 days 25% . 7% 1 day 4% VT > SU8% Too few students 2 days . 8% VT > SU3 days 6% 4 days 3% 5% VT > SU85% 46% SU > VT5 days

GET	GET NO PHYSICAL ACTIVITY BREAKS WHILE THEY ARE AT SCHOOL					
		SU/SD	VT			
Overall	-		25%	Overall Differences: State vs SU		
Sex	Male		24%	Too few students		
	Female	•	25%	Within SU Differences		
Grade	Grade 6		16%	Too few students by sex		
	Grade 7		26%	Too few students in at least one grade		
	Grade 8		29%			



RIDE A	RIDE A BIKE OR WALK TO SCHOOL WHEN WEATHER PERMITS				
	SU/SD	VT			
0 days	72%	77%	VT > SU		
1 day		3%	Too few students		
2 days	6%	3%	SU > VT		
3 days	4%	4%			
4 days	3%	2%			
5 days	11%	10%			

	WALK	OR RIDE T	THEIR BI	KE TO SCHOOL EVERYDAY
		SU/SD	VT	
Overall	_	11%	10%	Overall Differences: State vs SU
Sex	Male	11%	12%	VT and SU are Similar
	Female	11%	9%	Within SU Differences
Grade	Grade 6		11%	Too few students in at least one grade
	Grade 7	10%	10%	
	Grade 8	12%	10%	



WATCH TELEVISION, TYPICAL SCHOOL DAY						
	SU/SD	VT				
No TV on average school day	12%	18%	VT > SU			
Less than 1 hour per day	22%	23%				
1 hour per day	20%	18%				
2 hours per day	17%	20%	VT > SU			
3 hours per day	17%	10%	SU > VT			
4 hours per day	5%	4%				
5 or more hours per day	8%	6%	SU > VT			

		WATCH	HED TV 3-	+ HOURS PER DAY
		SU/SD	VT	
Overall		29%	20%	Overall Differences: State vs SU
Sex	Male	29%	20%	SU > VT
	Female	30%	20%	Within SU Differences
Grade	Grade 6	•	18%	Too few students in at least one grade
	Grade 7	29%	20%	
	Grade 8	30%	21%	



COMPUTER AND VIDEO GAME USE, TYPICAL SCHOOL DAY								
	SU/SD	VT						
No playing video/computer game	6%	12%	VT > SU					
Less than 1 hour per day	14%	17%	VT > SU					
1 hour per day	19%	15%	SU > VT					
2 hours per day	15%	18%	VT > SU					
3 hours per day	15%	14%						
4 hours per day	11%	8%	SU > VT					
5 or more hours per day	21%	16%	SU > VT					

PLAYED VIDEO OR COMPUTER GAMES OR USED A COMPUTER 3+ HOURS
PER DAY

		SU/SD	VT	
Overall		46%	38%	Overall Differences: State vs SU
Sex	Male	52%	39%	SU > VT
	Female	40%	37%	Within SU Differences
Grade	Grade 6		29%	Males > Females
	Grade 7	37%	38%	Too few students in at least one grade
	Grade 8	53%	45%	



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

	BREAKFAST CONSUMPTION, PAST WEEK						
	SU/SD	VT					
0 days	5%	7%	VT > SU				
1 day	4%	4%					
2 days	11%	7%	SU > VT				
3 days	11%	7%	SU > VT				
4 days	10%	6%	SU > VT				
5 days	10%	8%	SU > VT				
6 days	10%	9%					
7 days	40%	52%	VT > SU				

	DID NOT EAT BREAKFAST, PAST WEEK					
		SU/SD	VT			
Overall	-	5%	7%	Overall Differences: State vs SU		
Sex	Male		6%	VT > SU		
	Female	•	7%	Within SU Differences		
Grade	Grade 6		5%	Too few students by sex		
	Grade 7		7%	Too few students in at least one grade		
	Grade 8		7%			



# SECTION 6: PHYSICAL ACTIVITY AND NUTRITION NUTRITION

GLASSES OF WATER CONSUMED PER DAY, PAST WEEK						
	SU/SD	VT				
Did not drink water	•	3%	Too few students			
1 to 3 times	9%	9%				
4 to 6 times	14%	10%	SU > VT			
1 time per day	7%	6%				
2 times per day	20%	16%	SU > VT			
3 times per day	17%	19%				
4 or more times per day	31%	37%	VT > SU			

	DRANK THREE OR MORE GLASSES PER DAY OF WATER					
		SU/SD	VT			
Overall		48%	56%	Overall Differences: State vs SU		
Sex	Male	54%	57%	VT > SU		
	Female	42%	54%	Within SU Differences		
Grade	Grade 6	•	58%	Males > Females		
	Grade 7	56%	54%	Too few students in at least one grade		
	Grade 8	42%	56%			



#### SECTION 7: SOCIAL DETERMINANTS

#### WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD AT HOME, PAST 30 DAYS

	SU/SD	VT	
Never	75%	77%	
Rarely	16%	14%	
Sometimes	8%	7%	
Most of the time		1%	Too few students
Always		1%	Too few students

#### MOST OF THE TIME OR ALWAYS WENT HUNGRY BECAUSE THERE WAS NOT ENOUGH FOOD IN THEIR HOME

		SU/SD	VT	_
Overall		•	2%	Overall Differences: State vs SU
Sex	Male		2%	Too few students
	Female		2%	Within SU Differences
Grade	Grade 6		2%	
	Grade 7		2%	
	Grade 8		2%	



	BORN OUTSIDE THE U.S.					
		SU/SD	VT	_		
Overall		4%	6%	Overall Differences: State vs SU		
Sex	Male		6%	VT > SU		
	Female	6%	6%	Within SU Differences		
Grade	Grade 6		7%	Too few students by sex		
	Grade 7		5%	Too few students in at least one grade		
	Grade 8	4%	6%			

#### SECTION 7: SOCIAL DETERMINANTS



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

ATE DINNER WITH AT LEAST ONE PARENT, PAST WEEK						
	SU/SD	VT				
0 days	3%	5%				
1 day		2%	Too few students			
2 days		2%	Too few students			
3 days	5%	3%	SU > VT			
4 days	5%	4%				
5 days	10%	7%	SU > VT			
6 days	9%	10%				
7 days	64%	66%				

ATE DINNER AT HOME WITH AT LEAST ONE OF THEIR PARENTS ON 4+ DAYS, PAST WEEK						
		SU/SD	VT			
Overall	-	88%	88%	Overall Differences: State vs SU		
Sex	Male	89%	89%	VT and SU are Similar		
	Female	86%	87%	Within SU Differences		
Grade	Grade 6		90%	Too few students in at least one grade		
	Grade 7	88%	89%			
	Grade 8	87%	86%			



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE SCHOOL HAS RULES AND CONSEQUENCES FOR BEHAVIORS				
	SU/SD	VT		
Strongly agree	29%	28%		
Agree	51%	43%	SU > VT	
Not sure	16%	17%		
Disagree	2%	8%	VT > SU	
Strongly disagree		5%	Too few students	

#### STRONGLY AGREE OR AGREE THAT THEIR SCHOOL HAS CLEAR RULES AND CONSEQUENCES FOR BEHAVIOR

		SU/SD	VT	
Overall	_	79%	71%	Overall Differences: State vs SU
Sex	Male	77%	72%	SU > VT
	Female	82%	69%	Within SU Differences
Grade	Grade 6		77%	Too few students in at least one grade
	Grade 7	87%	72%	
	Grade 8	73%	66%	



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

BELIEVE THERE IS AT LEAST ONE ADULT IN THEIR SCHOOL THAT THEY CAN TALK TO IF THEY HAVE A PROBLEM					
		SU/SD	VT		
Overall	-	83%	76%	Overall Differences: State vs SU	
Sex	Male	81%	76%	SU > VT	
	Female	85%	76%	Within SU Differences	
Grade	Grade 6	•	79%	Too few students in at least one grade	
	Grade 7	84%	75%		
	Grade 8	82%	75%		

GRADES EARNED IN SCHOOL					
	SU/SD	VT			
Mostly A's	35%	46%	VT > SU		
Mostly B's	45%	38%	SU > VT		
Mostly C's	18%	12%	SU > VT		
Mostly D's		3%	Too few students		
Mostly F's		1%	Too few students		

BELIEVE THEY MATTER TO PEOPLE IN THEIR COMMUNITY					
	SU/SD	VT			
Strongly agree	24%	27%	VT > SU		
Agree	44%	36%	SU > VT		
Not sure	22%	24%			
Disagree	8%	7%			
Strongly disagree		5%	Too few students		



#### SECTION 8: PROCTECTIVE FACTORS AND YOUTH ASSETS

STRONGLY AGREE OR AGREE THAT IN THEIR COMMUNITY THEY FEEL LIKE THEY MATTER TO PEOPLE					
		SU/SD	VT		
Overall	-	68%	64%	Overall Differences: State vs SU	
Sex	Male	67%	68%	SU > VT	
	Female	69%	60%	Within SU Differences	
Grade	Grade 6	•	67%	Too few students in at least one grade	
	Grade 7	69%	65%		
	Grade 8	67%	60%		

