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Isolation and identification of Bordetella species	Test Type:	Culture
including Bordetella pertussis and Bordetella parapertussis.	Reference Range:	No B. pertussis recovered, No B. parapertussis recovered
	Specimen Requirements:	Nasopharyngeal swab: Place swab into Regan Lowe transport tube (VDHL Kit #5). Ensure swab is <u>completely</u> submerged.
	Transport Temperature:	2-8°C must be received within 4 days of collection.
	Set up:	Monday-Saturday
	Results Available:	7 days
	CPT Code:	87070/87077
ordetella species PCR		
Bordetella DNA qualitative real-time PCR.	Test Type:	PCR
• This test detects Bordetella pertussis, Bordetella parapertussis, and Bordetella holmseii.	Reference Range:	No B. pertussis, B. parapertussis, of B. holmseii DNA detected
The performance characteristics of the polymerase chain reaction (PCR) test for Bordetella was validated by the Vermont Department of Health Laboratory. The U.S. Food and Drug Administration (FDA) has not approved or cleared this test. The results are not intended to be used as	Specimen Requirements:	Dacron or Copan Flocked nasopharyngeal swab: Place swab into Regan Lowe transport tube (VDHL Kit #5). Ensure swab is completely submerged.
chain reaction (PCR) test for Bordetella was validated by the Vermont Department of Health Laboratory. The U.S. Food and Drug	Specimen Requirements: Transport Temperature:	nasopharyngeal swab: Place swab into Regan Lowe transport tube (VDHL Kit #5). Ensure swab is
chain reaction (PCR) test for Bordetella was validated by the Vermont Department of Health Laboratory. The U.S. Food and Drug Administration (FDA) has not approved or cleared this test. The results are not intended to be used as the sole means for clinical diagnosis or patient		nasopharyngeal swab: Place swab into Regan Lowe transport tube (VDHL Kit #5). Ensure swab is completely submerged. 2-8°C must be received within 4

CPT Code:



Brucella Total Antibody		
Brucella titers of 1:80 to 1:160 are strongly suggestive	Test Type:	Agglutination
of Brucellosis. However, a progressive increase in		
titer between acute and convalescent specimens is the	Reference Range:	≤1:20
prime evidence of recent infection. Confirmation of		
serodiagnosis requires demonstration of a fourfold	Specimen Requirements:	1.0mL serum
titer difference between acute and convalescent		(VDHL Kit #13/14)
specimens taken at appropriate times.		
	Transport Temperature:	-20°C (dry ice)
Cross-reactions may occur between Brucella abortus		
and Francisella tularensis antigens and antisera.	Set up:	Monday-Wednesday as needed
Therefore, both assays will be run on each specimen.		
	Results Available:	Within 3 working days
	CPT Code:	86622

Campylobacter jejuni		
Isolation and/or identification of Campylobacter spp.	Test Type:	Culture
This test may be ordered individually or as part of the	Reference Range:	No C. jejuni recovered
Enteric Screen, which includes the enteric pathogens Campylobacter, Salmonella, Shigella, Yersinia enterocolitica, E. coli O157:H7, and non-O157:H7 Shiga-toxin producing E. coli.	Specimen Requirements:	Stool preserved in Cary-Blair based transport media (VDHL Kit #1)
		Isolate preserved in Cary-Blair (VDHL Kit#1)
	Transport Temperature:	Room temperature, must be received within 3 days from date of collection
	Set up:	Monday-Saturday
	Results Available:	Stool: 3 days from date of receipt Isolate: 1-2 days from date of receipt
	CPT Code:	87046/87077



Chlamydia trachomatis and Neisseria gonorrhoeae			
Single specimens are tested for both organisms.	Test Type:	Nucleic Acid Amplified Test	
This assay should <u>not</u> be used for test-of-cure specimens. See <i>Neisseria gonorrhoeae</i> Culture for test of cure specimens. Culture	Reference Range:	Negative for <i>C. trachomatis</i> Negative for <i>N. gonorrhoeae</i>	
for Chlamydia trachomatis is not available at the VDHL.	Specimen Requirements:	Gen-Probe Aptima Combo 2 assay collection kit (urine or swab) (VDHL Kit #7)	
	Transport Temperature:	2-25°C within 60 days of collection for swabs; 30 days for urine specimens	
	Set up:	Monday and Thursday	
	Results Available:	Within 2-4 working days	
	CPT Code:	87801	

Cryptosporidium parvuum		
Enzyme immunoassay for Cryptosporidium parvuum.	Test Type:	EIA
This assay should <u>not</u> be used for test-of-cure specimens.	Reference Range:	Negative
	Specimen Requirements:	Stool in Total-Fix (VDHL Kit #2), SAF, Cary-Blair liquid based transport media (VDHL Kit #1), or 10% buffered formalin. Specimen is acceptable for up to two months in Total-Fix, SAF, and 10% formalin. Specimen is acceptable for 4 days in Cary-Blair based media.
	Transport Temperature:	Room temperature
	Set up:	Monday, Wednesday, Friday
	Results Available:	Within 1 working day
	CPT Code:	87328



(Cyclospora spp.		
	Identification of Cyclospora spp. in stool.	Test Type:	Acid-fast stain
		Reference Range:	No Cyclospora seen
		Specimen Requirements:	Stool in Total-Fix (VDHL Kit #2), SAF, or 10% buffered formalin. Specimen is acceptable for up to two months in these preservatives
		Transport Temperature:	Room temperature
		Set up:	As needed
		Results Available:	Within 1 working day
		CPT Code:	88312

E. coli O157:H7		
Isolation and Identification of E. coli O157:H7	Test Type:	Culture
This test may be ordered individually or as part of the Enteric Screen, which includes the enteric pathogens Campylobacter, Salmonella, Shigella, Yersinia enterocolitica, E. coli O157:H7, and non-O157:H7 Shiga-toxin producing E. coli.	Reference Range: Specimen Requirements:	No <i>E. coli</i> O157:H7 isolated Stool preserved in Cary-Blair based transport media (VDHL Kit #1)
		Isolate on agar slant (VDHL Kit#4)
	Transport Temperature:	Room temperature, must be received within 3 days from date of collection
	Set up:	Monday – Friday
	Results Available:	Stool: 3 days from date of receipt Isolate: 2 days from date of receipt
	CPT Code:	87046/87077



E. coli Shiga-like Toxin		
For the detection of Shiga-like Toxins I and II	Test Type:	EIA
(Verotoxins) in stool specimens.		
	Reference Range:	Negative
This test may be ordered individually or as part of the		Gt I I C DI :
Enteric Screen, which includes the enteric pathogens	Specimen Requirements:	Stool preserved in Cary-Blair based transport media
Campylobacter, Salmonella, Shigella, Yersinia		(VDHL Kit #1)
enterocolitica, E. coli O157:H7, and non-O157:H7		(VDIIL Kit #1)
Shiga-toxin producing E. coli.		MacConkey Broth inoculated with 200μL of stool and incubated at 37°C for 24 hours.
	Transport Temperature:	Room temperature: must be received within 3 days from the date of collection
	Set up:	Monday, Wednesday, Friday
	Results Available:	Within 1 working day
	CPT Code:	87427

Enteric Screen		
Culture for Salmonella, Shigella, Campylobacter,	Test Type:	Culture
Yersinia enterocolitica, E. coli O157:H7, and non- O157:H7 Shiga-toxin producing E. coli.	Reference Range:	No pathogens isolated
	Specimen Requirements:	Stool preserved in Cary-Blair based transport media (VDHL Kit #1)
	Transport Temperature:	Room temperature: must be received within 3 days from date of collection
	Set up:	Monday – Saturday
	Results Available:	3 days from date of receipt
	CPT Code:	87046/87077



Giardia	Giardia			
Enzym lambio	ne immunoassay for Giardia intestinalis (syn.	Test Type:	EIA	
		Reference Range:	Negative	
	ssay should <u>not</u> be used for test-of-cure			
specin	nens.	Specimen Requirements:	Stool in Total-Fix (VDHL Kit #2), SAF, Cary-Blair liquid based transport media (VDHL Kit #1), or 10% buffered formalin. Specimen is acceptable for up to two months in Total-Fix, SAF, and 10% formalin. Specimen is acceptable for 4 days in Cary-Blair based media.	
		Transport Temperature:	Room Temperature	
		Set up:	Monday, Wednesday, Friday	
		Results Available:	Within 1 working day	
		CPT Code:	87329	

Gonorrhea Culture		
Culture and identification of Neisseria gonorrhoeae,	Test Type:	Culture
used for test-of-cure patients or in case of suspect sexual assault.	Reference Range:	No N. gonorrhoeae recovered
	Specimen Requirements:	Inoculated Jembec plate (VDHL Kit #8).
	Transport Temperature:	Incubate plates 16-18 hours at 37°C prior to sending or deliver to laboratory w/n 1 hour of collection. Do not refrigerate.
	Set up:	As needed
	Results Available:	3 days from date of receipt
	CPT Code:	87077

I	Haemophilis influenzae			
	Culture and identification of <i>Haemophilis influenzae</i>	Test Type:	Culture	
		Reference Range:	No H. influenzae identified	
		Specimen Requirements:	Pure isolate	
		Transport Temperature:	Room temperature	
		Set up:	As needed	
		Results Available:	1 working day	
		CPT Code:	87040/87077/87147	



Hepatitis B Panel			
Includes:	Test Type:	EIA	
Hepatitis B surface Antigen			
Hepatitis B core Total Antibody	Reference Range:	Non-reactive	
Hepatitis B surface Antibody			
	Specimen Requirements:	1.5mL serum (VDHL Kit#13/14)	
When determining disease state, no single result should be used alone but in conjunction with the other Hepatitis B serological markers.	Transport Temperature:	2-8°C. Serum must be received within 48 hours of collection.	
	Set up:	Monday and Thursday	
	Results Available:	1-4 working days	
	CPT Code:	87340/86706/86704	

Hepatitis B Core Total Antibody (IgG and IgM) (Total Anti-HBc)		
	Test Type:	EIA
Specimens reactive for Hepatitis B Core Total Antibody are also tested for Hepatitis B Core IgM.	Reference Range:	Non-reactive
When determining disease state, no single result	Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)
should be used alone but in conjunction with other Hepatitis B serological markers.	Transport Temperature:	2-8°C. Serum must be received within 48 hours of collection.
	Set up:	Monday and Thursday
	Results Available:	1-4 working days
	CPT Code:	86704

I	Hepatitis B Core IgM (IgM Anti-HBc)			
		Test Type:	EIA	
	*Only performed on specimens reactive for Hepatitis B Core Total antibody.	Reference Range:	Non-reactive	
	When determining disease state, no single result	Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
	should be used alone but in conjunction with other Hepatitis B serological markers.	Transport Temperature:	2-8°C. Serum must be received within 48 hours of collection.	
		Set up:	As needed	
		Results Available:	1-4 working days	
		CPT Code:	86705	



F	Hepatitis B Surface Antibody (Anti-HBs)			
		Test Type:	EIA	
	When determining disease state, no single result should be used alone but in conjunction with other Hepatitis B serological markers.	Reference Range:	Non-reactive	
		Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
		Transport Temperature:	2-8°C. Serum shipped at ambient temperature received within 48 hours of collection.	
		Set up:	Monday and Thursday	
		Results Available:	1-4 working days	
		CPT Code:	86706	

Hepatitis	Hepatitis B Surface Antibody Quantitation for Immune Response			
		Test Type:	EIA	
Antiboo	ive result indicates a Hepatitis B Surface ly level greater than 10 mLU/mL. This level is ly considered to indicate protective immunity.	Reference Range:	Non-reactive	
		Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
		Transport Temperature:	2-8°C. Serum must be received within 48 hours of collection.	
		Set up:	Monday and Thursday	
		Results Available:	Within 1-4 working days	
		CPT Code:	86706	

Hepatitis B Surface Antigen			
	Test Type:	EIA	
Repeatedly Reactive HBsAg results are confirmed by neutralization.	Reference Range:	Non-reactive	
When determining disease state, no single result should be used alone but in conjunction with other	Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
Hepatitis B serological markers.	Transport Temperature:	2-8°C. Serum must be received within 48 hours of collection.	
	Set up:	Monday and Thursday	
	Results Available:	Within 1-4 working days	
	CPT Code:	87340/87341	



Hepatitis C Ant	Hepatitis C Antibody (Screen)				
		Test Type:	EIA		
positive, but < 5	h s/co ratios usually (95%) confirm of every 100 might represent false- pecific testing can be requested, if	Reference Range:	Non-reactive		
indicated.	pooling can be requested, in	Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)		
		Transport Temperature:	Whole blood shipped at up to 25°C within 24 hours. Serum shipped up to 37°C and received within 7 days of collection		
		Set up:	Tuesday and Thursday		
		Results Available:	Within 1-3 working days		
		CPT Code:	86803		

H	HIV-1 Oral Fluid			
	Confirmatory HIV-1 Oral Fluid western blot	Test Type:	EIA	
	testing will be performed on HIV-1 Oral			
	Fluid EIA repeatedly reactive specimens.	Reference Range:	Non-reactive	
		Specimen Requirements:	Oral mucosal exudates collected with the OraSure collection kit.	
		Transport Temperature:	2-37°C and received within 19 days of collection.	
		Set up:	Monday, Wednesday, Friday	
		Results Available:	Within 1-3 working days for those specimens not needing repeat testing.	
		CPT Code:	86701	

HIV-1 Oral Fluid Western Blot				
Confirmation test for HIV-1.	Test Type:	Western Blot		
Performed on all HIV-1 Oral Fluid repeatedly reactive results.	Reference Range:	Negative		
	Specimen Requirements:	Oral mucosal exudates collected		
For HIV-1 western blot test only requests: Please		with the OraSure collection kit.		
include screen test results on the requisition form.	Transport Temperature:	2-37°C and received within 19 days of collection.		
	Set up:	As needed		
	Results Available:	Within 2 working days.		
	CPT Code:	86689		



H	HIV-1/HIV-2 (Screen)			
	Qualitative detection of acute and primary infection for	Test Type:	Combo Ag/Ab EIA	
	HIV-1/HIV-2 Ab and HIV-1 p24 Ag.	Reference Range:	Non-reactive	
		Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
		Transport Temperature:	Serum may be stored for ≤ 2 days at room temperature or for 7 days a t 2-8°C including the time those samples are in transit.	
		Set up:	Monday, Wednesday, Friday	
		Results Available:	Within 3 working days	
		CPT Code:	87389	

HIV-1/HIV-2 Ab Differentiation Immunoassay			
HIV-1/HIV-2 Ab Differentiation Immunoassay will	Test Type:	Immunoassay Rapid Quantitative	
be performed on all HIV-1/HIV-2 EIA repeatedly reactive specimens.	Reference Range:	Negative	
	Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
	Transport Temperature: Set up:	Serum shipped at ambient temperature within 2 days of collection or shipped 2-8°C within 5 days of collection. As needed	
	Results Available:	Within 3 working days	
	CPT Code:	86689	



Interferon Gamma Release Assay (IGRA) / Cellestis QuantiFeron®-TB Gold In-Tube test - M. tuberculosis				
The Cellestis QuantiFeron®-TB Gold In-Tube test	Test Type:	Enzyme-Linked Immunosorbent		
(QFT-GIT) is a qualitative laboratory test using whole		Assay (ELISA)		
blood specimens. The QFT-GIT test can be used to				
assess for the presence of latent tuberculosis infection	Reference Range:	Negative		
(LTBI) or to aid in the diagnosis of active tuberculosis				
(TB). The QFT-GIT test cannot distinguish between	Specimen Requirements:	0.8-1.2mL blood in		
LTBI and active TB, so the test should be used in		QuantiFERON-QTB Gold In-		
conjunction with risk assessment, radiography, and		Tube Collection Kit (VDHL Kit		
other medical and diagnostic evaluations. The QFT-		#10)		
GIT should not be used exclusively in diagnosing				
tuberculosis or for patients currently receiving	Set up:	As needed		
treatment for active or LTBI.				
QFT-GIT testing can be performed by the VDHL if	Transport Temperature:	Incubated specimens: ship at		
the following applies:		4-27°C. Must be received within 3		
the following applies:		days from date of collection.		
Persons who have received the BCG vaccine and		Non-incubated specimens: ship at 17-27°C. Must be received within		
have had contact with persons known to have active		16 hours from time of collection.		
TB or are suspected to have active TB.		16 nours from time of collection.		
• Close contacts of persons known or suspected to				
have active TB.	Results Available:	Within 1 working day		
• Foreign-born persons from areas that have a high	Resuits Hvallable.	Within I working day		
incidence of active TB.	CPT Code:	86480		
 People who have had frequent or prolonged visits to 		00400		
areas with a high prevalence of active TB				
 Persons considered at risk for TB/LTBI and may not 				
return to have the TST read.				
• Persons who have received BCG (either as a vaccine				
or for cancer therapy). The VDHL does not require				
documented BCG as a vaccine. If an individual is				
from a country where a patient is suspected to have				
received the vaccine, QFT-GIT will be considered				
the preferred test.				
• Persons from groups that historically have poor				
rates of return for TST reading.				



Influenza A/B PCR (For Surveillance Purposes C	· ·	
 Detection of Influenza A or Influenza B. 	Test Type:	RT-PCR
 Subtyping will be performed on all positive 		
Influenza A specimens. The following subtypes can	Reference Range:	Influenza A virus RNA not
be detected:		detected, Influenza B virus RNA
- H1N1 (Seasonal)		not detected
- H3N2 (Seasonal)	Specimen Requirements:	Nasopharyngeal swabs (preferred),
- 2009 H1N1		nasal swabs, throat swabs, dual
- H3N2 variant (Swine-origin triple reassortant		nasopharyngeal/throat swabs
virus)		Additional sites include Nasal
 Specimens accepted from Sentinel Providers, Early 		aspirates, Nasal washes,
Aberration Reporting System (EARS) Providers,		Bronchoalveolar lavage, Bronchial
Long Term Care Facilities or other Institutions.		wash, Tracheal aspirate, Sputum
Suspect cases of Pandemic or Avian Influenza will		(VDHL Kit #9).
be accepted for PCR testing with prior approval		,
from Epidemiology (1-800-640-4374 or 802-863-	Transport Temperature:	2-8 °C to arrive within 3 days of
7240).	•	collection or freeze specimen at
 Specimens also accepted from providers with 		-70°C and ship on dry ice. Time in
special circumstances (e.g. a patient with a		transit should not exceed 24
serious illness or complication that might be		hours.
due to influenza or a patient who is		
hospitalized with an influenza-like illness).		
•	Set up:	Tuesday and Friday or as needed
	Results	1-4 working days
Specimens will NOT be tested without the following		- · · · · · · · · · · · · · · · · · · ·
information:	Available: CPT Code:	87798
Travel history	Available. CI I Coue.	01170
Date of collection		
 Date of onset 		
Vaccination history		
 Swabs with calcium alginate or cotton tips and 		
wooden shafts		



]	Lead, Adult Blood (Diagnostic)		
		Test Type:	Graphite Furnace Atomic
			Absorption
		Reference Range:	<40.0μg/dL
		Specimen Requirements:	100.0μL minimum whole blood;
		1	EDTA anticoagulant
		Transport Temperature:	Refrigerate when not in transit (Recommended)
		Set up:	Monday – Thursday
		Results Available:	Within 7 working days
		CPT Code:	83655

Lead, Childhood Blood (Diagnostic)		
	Test Type:	Graphite Furnace Atomic Absorption
		Absorption
	Reference Range:	$<10.0 \mu g/dL$
	Specimen Requirements:	100.0μL minimum whole blood;
		EDTA anticoagulant
	Set up:	Monday – Thursday
	T	Defei cousts with an unot in town sit
	Transport Temperature:	Refrigerate when not in transit (Recommended)
		W.1. 7 1. 1
	Results Available:	Within 7 working days
	CPT Code:	83655

Legionella Culture		
Isolation and identification of Legionella pneumo	phila Test Type:	Culture
	Reference Range:	No L. pneumophila recovered
	Specimen Requirements:	Sputum, pleural fluid, transtracheal aspirates, bronchial washings. (VDHL Kit #6)
	Transport Temperature:	2-8°C within 3 days of collection. If more than 3 days, ship frozen on dry ice.
	Results Available:	7 days
	CPT Code:	87070/87077



Legionella IgG Antibody			
Legionella pneumophila serogroups 1-6	Test Type:	ELISA	
A positive is presumptive supporting evidence of exposure	Reference Range:	Negative	
Solid evidence for a diagnosis of legionellosis is	Specimen Requirements:	0.5mL serum (VDHL Kit #13/14)	
obtained when sero-conversion occurs with paired sera • Performed by a Reference Laboratory	Transport Temperature:	2-25°C. Serum received within 48 hours of collection.	
	Set up:	As Needed	
	Results Available:	Within 5-7 working day	
	CPT Code:	86713	

Legionella Urine Antigen			
Legionella pneumophila serogroup 1	Test Type:	Immunochromatographic	
		membrane assay	
Results are reported as <u>presumptive</u> only.			
	Reference Range:	Presumptive Negative	
	Specimen Requirements:	Urine collected in standard	
		containers.	
	Transport Temperature:	15-30°C if received within 24	
	Transport Temperature.	hours of collection or 2-8°C if	
		received within 14 days of	
		collection.	
	Set up:	As needed	
	Results Available:	1 working day	
		0-1-0	
	CPT Code:	87450	

I	Listeria spp.			
	Culture and identification of <i>Listeria</i> spp.	Test Type:	Culture	
		Reference Range:	No Listeria identified	
		Specimen Requirements:	Pure isolate	
		Transport Temperature:	Room temperature	
		Set up:	As needed	
		Results Available:	3 days from date of receipt	
		CPT Code:	87040/87070/87077	



Measles (Rubeola) IgG Antibody (Diagnostic)				
*Specimen: 1.0mL of acute (at onset of symptoms)	Test Type:	EIA		
and convalescent (2 weeks later) serum. A four-fold	n c n	M I I C II I I I I I I I I I I I I I I I		
or greater rise in antibody titer or seroconversion is	Reference Range:	Measles IgG antibody not detected		
indicative of a primary or recent measles (Rubeola) infection.	Specimen Requirements:	1.0mL Acute serum* 1.0mL Convalescent serum* (VDHL Kit #13/14)		
Report all suspect Measles cases to Epidemiology at 1-800-640-4374 or 863-7240 before submitting specimens.	Transport Temperature:	2-8°C. Specimen should be received at VDHL within 2 days.		
	Set up:	As needed		
	Results Available:	1 working day		
	CPT Code:	86765		

Measles (Rubeola) IgG Antibody (Immune status)			
A reactive result indicates immunity to Rubeola	Test Type:	EIA	
infection.	Reference Range:	Measles IgG antibody not detected	
	Specimen Requirements:	1.0mL (minimum 0.25mL) serum (VDHL Kit #13/14)	
	Transport Temperature:	2-8°C. Specimen should be received at VDHL within 2 days.	
	Set up:	Tuesday and Friday	
	Results Available:	Within 1-4 working days	
	CPT Code:	86765	

Measles (Rubeola) IgM Antibody (Diagnostic)			
Report all suspect Measles cases to Epidemiology at 1-	Test Type:	Capture EIA	
800-640-4374 or 863-7240 before submitting specimen.	Reference Range:	Measles IgM antibody not detected	
1.0mL serum drawn at least 3 days after rash	Specimen Requirements:	1.0mL serum (VDHL Kit#13/14)	
	Transport Temperature:	2-8°C. Specimen should be received at VDHL within 2 days.	
	Set up:	As needed	
	Results Available:	1 working day	
	CPT Code:	86765	



M	Measles (Rubeola) Real Time Reverse Transcriptase PCR (rRT-PCR)			
	Order this test if an active case of Measles is suspected.	Test Type:	Real Time RT-PCR	
	Report all suspect cases to Epidemiology at 1-800-640-4374 or 802-863-7240 prior to submitting	Reference Range:	Measles RNA not detected	
	specimen. The performance characteristics of the Centers for Disease Control and Prevention (CDC) rRT-PCR test for Measles were validated by the Vermont Department of Health Laboratory. The U.S. Food and Drug Administration (FDA) has not approved or cleared this test. The results are not intended to be used as the sole means for clinical diagnosis	Specimen Requirements:	Synthetic oropharyngeal, nasal or nasopharyngeal swab: place swab into viral transport medium (Kit # 11). Ensure swab is completely submerged. Urine: >50.0mL in a sterile, leak-proof container (requires prior approval).	
	or patient management decisions.	Transport Temperature:	4°C. and must be received within 24 hours or frozen at -70°C or colder.	
		Set up:	Day of receipt or next working day if received after 12:00pm.	
		Results Available:	Same day or next working day if received after 12:00pm.	
		CPT Code:	87798	



Mumps IgG antibody (Immune status)		
A reactive result indicates immunity to Mumps	Test Type:	EIA
infection.		
	Reference Range:	Mumps antibody not detected
	Specimen Requirements:	1.0mL (minimum 0.25mL) serum
		(VDHL Kit #13/14)
	Transport Temperature:	2-8°C. Serum should be received
		at VDHL within 48 hours of
	~	collection.
	Set up:	Tuesday and Friday
		W7.41 4 4 11 1
	Results Available:	Within 1-4 working days
		0.550.5
	CPT Code:	86735

M	Mumps Real Time Reverse Transcriptase PCR (rRT-PCR)		
	Order this test if an active case of Mumps is suspected.	Test Type:	Real Time RT-PCR
	Report all suspect cases to Epidemiology at 1-800-640-4374 or 802-863-7240 prior to submitting	Reference Range:	Mumps N Gene RNA not detected
	specimen.	Specimen Requirements:	Buccal swab or oropharyngeal swab (Kit # 11)
	The performance characteristics of the Centers for Disease Control and Prevention (CDC) rRT-PCR test for Mumps were validated by the Vermont Department of Health Laboratory. The U.S. Food and Drug Administration	Transport Temperature:	4°C. and must be received within 24 hours or frozen at -70°C or colder
	(FDA) has not approved or cleared this test. The results are not intended to be used as the sole means for clinical diagnosis or patient management decisions.	Set up:	Day of receipt or next working day if received after 12:00pm.
		Results Available:	Same day or next working day if received after 12:00pm.
		CPT Code:	87798



Mycolog	y		
	ycology specimens are accepted only as	Test Type:	Culture
an	nalysis.	Reference Range:	No yeast recovered
	lamentous fungi are referred to a eference laboratory for identification.	Specimen Requirements:	Sputum: > 3.0mL (VDHL Kit #6)
			CSF: > 2.0mL
			Tissue: Sterile container with a small amount of sterile saline
			Blood: Collect 5mL or more in SPS tube. Do not use sodium heparin as an anti- coagulant
			Pleural fluid: > 2.0mL
			Bronchial wash /lavage: > 2.0mL
			Swab specimens will not be accepted
		Transport Temperature:	2-8°C for respiratory specimens, all others room temperature.
		Set up:	As needed
		Results Available:	21-28 days
		CPT Code:	87102



Myc	obacteria		
•	Standard procedures are used for the staining	Test Type:	(see left)
	and culture of all Mycobacteria.	Test Type.	(850 1010)
•	Specimens are inoculated to both solid and liquid media using conventional and	Reference Range:	Smear: No acid-fast bacilli seen Culture: No Mycobacteria recovered
•	automated rapid broth system. Acid fast bacilli growing in culture are identified by both DNA probe and	Specimen Requirements:	Sputum: > 3.0mL, three consecutive specimens (VDHL Kit #6)
	biochemical identification methods.		CSF: > 2.0mL (VDHL Kit #6)
•	AFB positive smear specimens are automatically tested by Nucleic Acid Amplification for <i>Mycobacterium tuberculosis complex</i> .		Tissue/Lymph Node: Sterile container with a small amount of sterile saline (VDHL Kit #6)
•	Specimens are set up Monday –Friday and smear results are faxed to the provider the same day as specimen receipt.		Blood: Collect in SPS or Heparin tube. Do not use EDTA or ACD tube.
	same day as specimen receipt.		Pleural and other body fluids: > 3.0mL (VDHL Kit #6)
			Bronchial wash /lavage: > 2.0mL (VDHL Kit #6)
			Urine: >40.0mL. First morning, clean catch. Catheter collections preferred. Do not pool specimens or use midstream urine. (VDHL Kit #6)
			Abscess: Surface exudates in Luer tip syringe, tissue, aspirates.
			Swab specimens will not be accepted.
		Transport Temperature:	2-8°C for respiratory specimens and urine. Room temperature for all others.
		Set up:	Monday – Friday
		Results Available:	Culture results: 6 weeks Smear results available same day of receipt (except weekends) Nucleic Acid Amp: 24 hours
		CPT Code:	Culture: 87118 Acid-Fast Smear: 87206 Nucleic acid Amp: 87556



Mycobacterium tuberculosis Amplified Direct Test			
■ GEN-PROBE® AMPLIFIED™ Mycobacterium	Test Type:	Nucleic Acid Amplification Test	
Tuberculosis Direct (MTD) Test detects M.			
tuberculosis complex rRNA in both smear positive	Reference Range:	Negative for <i>M. tuberculosis</i>	
and smear negative respiratory sediments prepared		complex RNA	
using NALC-NaOH decontamination. The MTD is			
intended for use only with specimens from patients	Specimen Requirements:	Sputum: > 3.0mL (VDHL Kit #6).	
showing signs and symptoms consistent with active			
pulmonary tuberculosis. Patients suspected of		Bronchial wash /lavage: > 3.0mL	
having pulmonary TB who have had less than 7		(VDHL Kit #6).	
days of anti-tuberculosis therapy, or have not			
received such therapy in the last 12 months may be		Respiratory Sediments: 1mL	
evaluated.		required. Must be received within	
Constant the description of NOT according to		72 hours of	
 Grossly bloody specimens are NOT recommended and may result in invalid results. 		digestion/decontamination. Store at 2-8°C until shipped.	
and may result in invalid results.		at 2-8 C until shipped.	
This test is automatically performed on all	Transport Temperature:	Specimens must be sent at 2-8°C	
respiratory specimens that are AFB smear positive.	Transport Temperature.	and received within 72 hours of	
respiratory specimens that are 111 2 shiear positive.		collection.	
Performance of the MTD test with clinical			
specimens other than respiratory specimens has not	Set up:	As needed	
been established by the manufacturer or the	Set up.		
Vermont Department of Health Laboratory.	Results Available:	24 hours	
*			
• Please contact the VDHL prior to sending the	CPT Code:	87556	
specimen.			

M. tuberculosis Antimicrobial Susceptibility AFB Primary Drug Panel		
M. tuberculosis drug panel includes:	Test Type:	(see left)
- Ethambutol, Isoniazid, Rifampin by the	1	
VersaTrek Myco Susceptibility Kit. PZA testing	Reference Range:	By report
performed by a reference laboratory.		
	Specimen Requirements:	Culture: safely contained on solid
Specimens can be forwarded to the CDC for		media.
rapid confirmation of MDR-TB through the		
identification of genetic mutations associated with	Transport Temperature:	Room temperature
Rifampin and Isoniazid resistance. Mutations		
associated with resistance to the most effective	Set up:	As needed
second line drugs are also examined.		
	Results Available:	14-21 days
	CPT Code:	87184/87188



Neisseria gonorrhoeae and Chlamydia trachomatis			
Single specimens are tested for both organisms.	Test Type:	Nucleic Acid Amplified Test	
This assay should <u>not</u> be used for test-of-cure specimens. See <i>Neisseria gonorrhoeae</i> Culture for test of cure specimens. Culture	Reference Range:	Negative for <i>C. trachomatis</i> Negative for <i>N. gonorrhoeae</i>	
for Chlamydia trachomatis is not available at the VDHL.	Specimen Requirements:	Gen-Probe Aptima Combo 2 assay collection kit (urine or swab) (VDHL Kit #7)	
	Transport Temperature:	2-25°C within 60 days of collection for swabs, 30 days for urine specimens	
	Set up:	Monday and Thursday	
	Results Available:	Within 2-4 working days	
	CPT Code:	87801	

Neisseria gonorrhoeae Culture		
Culture and identification of Neisseria gonorrhoeae,	Test Type:	Culture
used for test-of-cure patients or in case of suspect sexual assault.	Reference Range:	No N. gonorrhoeae recovered
	Specimen Requirements:	Inoculated Jembec plate
	1	(VDHL Kit #8).
		, , , , , , , , , , , , , , , , , , ,
	Transport Temperature:	Incubate plates 16-18 hours at
		37°C prior to sending or deliver to
		laboratory w/n 1 hour of collection.
		Do not refrigerate.
	Set up:	As needed
	Results Available:	3 days from date of receipt
	CPT Code:	87077

Neisseria meningitides		
Identification/confirmation and serotyping of Neiss meningitidis	reria Test Type:	Identification/confirmation and serotyping
	Reference Range:	No N. meningitides identified
	Specimen Requirements:	Pure isolate on Chocolate slant
	Transport Temperature:	Room temperature
	Set up:	As needed
	Results Available:	24 hours from date of receipt
	CPT Code:	87040/87077



ľ	Vorovirus		
	For investigational use only.	Test Type:	PCR
	Please contact Epidemiology at 1-800-640-4374 or	Reference Range:	No Norovirus nucleic acid detected
	802-863-7240 <u>before</u> submitting specimens.	Specimen Requirements:	Raw stool (VDHL Kit #23)
		Transport Temperature:	2-8°C within 24 hours of collection
		Set up:	As needed
		Results Available:	2 working days
		CPT Code:	87798

Ova & Parasites (O&P)			
Cryptosporidium and Cyclospora are not detected with	Test Type:	Microscopic examination	
this method. Refer to <i>Cryptosporidium</i> and <i>Cyclospora</i> listed in this test catalog for the correct test method.	Reference Range:	No parasites seen	
instead in this test catalog for the correct test interior.	regerence remise.	1 to parasites seen	
	Specimen Requirements:	Stool in Total-Fix (VDHL Kit #2), SAF, or 10% buffered formalin. Specimen is acceptable for up to two months in these preservatives.	
	Transport Temperature:	Room temperature	
	Set up:	Monday – Friday	
	Results Available:	Within 1 working day	
	CPT Code:	88313	

Parasite Examination			
Gross identification of parasites (e.g. worms) and	Test Type:	Varies	
suspect material passed in stool.			
	Reference Range:	Descriptive report provided	
	Specimen Requirements:	Submit specimen in Total-Fix preservative (VDHL Kit#2)	
	Transport Temperature:	Room temperature	
	Set up:	Monday-Friday	
	Results Available:	1-7 days	
	CPT Code:	87070/87077	



Pinwor	Pinworm			
	fication of Enterobius vermicularis (Pinworm).	Test Type:	Microscopic exam	
	tion of the specimen should occur first thing morning, prior to rising.	Reference Range:	No pinworm seen	
		Specimen Requirements:	Pinworm paddle (VDHL Kit #17).	
		Transport Temperature:	Room temperature	
		Set up:	As needed	
		Results Available:	Within 24 hours	
		CPT Code:	87172	

•	Ella IgG Antibody Patient Rubella IgG results equal to or greater	Test Type:	Latex Agglutination
	than 10 IU/mL indicate past exposure to either	<i></i>	
	rubella virus or vaccine, and probable protection	Reference Range:	Rubella IgG antibodies
	from clinical infection.	, , ,	<10 mIU/mL
•	Antibody levels less than 10 IU/mL may be		
	insufficient to provide protection from	Specimen Requirements:	0.5mL serum (VDHL Kit #13/14)
	rubella virus infection.		
•	For diagnosis of current or recent rubella	Transport Temperature:	2-8°C. Specimen should be received
	infection, obtain paired sera (acute and		at VDHL within 48 hours.
	convalescent). The acute specimen should be		
	collected as soon as possible after the onset of a	Set up:	Monday, Wednesday, Friday
	rash or at the time of exposure. The		
	convalescent specimen should be	Results Available:	Within 1-3 working days
	obtained from 10-21 days after the onset of a rash		
	or at least 30 days after exposure in the absence	CPT Code:	86762
	of clinical symptoms associated with a rubella		
	infection. A four-fold or greater rise in		
	antibody titer or seroconversion is indicative of		
	a primary or recent rubella infection.		
•	Seroconversion may also be seen after a		
	vaccination procedure. Some persons		
	previously exposed to rubella may		
	demonstrate a rise in antibody titer. This is		
	thought to represent re-infection and these		
	patients rarely develop symptoms.		



F	Rubella IgM Antibody			
	Report all suspect cases to Epidemiology at	Test Type:	EIA	
	1-800-640-4374 or 863-7240 prior to submitting specimen.	Reference Range:	Rubella IgM antibody not detected	
		Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
		Transport Temperature:	2-8°C. Serum specimen should be received at VDHL within 48	
		Set up:	hours. As needed	
		Results Available:	1 day (verbal), 3 days(written)	
		CPT Code:	86762	

Salmonella spp.		
Isolation and identification of Salmonella spp.	Test Type:	Culture
This test may be ordered individually or as part of the Enteric Screen, which includes the enteric pathogens Campylobacter, Salmonella, Shigella, Yersinia enterocolitica, E. coli O157:H7, and non-O157:H7	Reference Range: Specimen Requirements:	No Salmonella recovered Stool preserved in Cary-Blair based transport media (VDHL Kit#1)
Shiga-toxin producing E. coli.		Isolate on agar slant (VDHL Kit#4)
	Transport Temperature:	Room temperature must be received within 3 days from date of collection.
	Set up:	Monday-Saturday
	Results Available:	Stool: 3 days from date of receipt Isolate: 3-7 days from date of receipt
	CPT Code:	87045/87077



Shigella spp. (see also Enteric Screen)		
Isolation and identification of Shigella spp.	Test Type:	Culture
This test may be ordered individually or as part of the Enteric Screen, which includes	Reference Range:	No Shigella recovered
the enteric pathogens Campylobacter, Salmonella, Shigella, Yersinia enterocolitica, E. coli O157:H7, and non-O157:H7 Shiga-	Specimen Requirements:	Stool preserved in Cary-Blair based transport media (VDHL Kit #1). Isolate on agar slant (VDHL Kit#4).
toxin producing E. coli.	Transport Temperature:	Room temperature: must be received within 3 days from date of collection
	Set up:	Monday – Saturday
	Results available:	Stool: 3 days from date of receipt Isolate: 3-7 days from date of receipt
	CPT Code:	87045/87077

S	yphilis (RPR) (screen)		
	The Rapid Plasma Reagin (RPR) is a macroscopic,	Test Type:	Agglutination
	nontreponemal screening procedure for the serologic detection of syphilis.	Reference Range:	Non-reactive
	Reactive RPR specimens are quantitated and a FTA-	Specimen Requirements:	0.5mL serum (VDHL Kit #13/14)
	ABS test is performed to confirm reactive RPR results.	Transport Temperature:	2-8°C. Specimen should be received at VDHL within 48 hours.
		Set up: Results	Monday, Wednesday, Friday
		Available:	Within 4 working days for negative results
		CPT Code:	86592

Syphilis Fluorescent Treponemal Antibody-Absorption (FTA-ABS)



FTA-ABS test has never been and is not now	Test Type:	Indirect Fluorescent Antibody
being recommended as a routine screening test for syphilis. Its recommended use is to confirm the	Reference Range:	Non-reactive
reactive results of a sensitive, but less specific screening test for syphilis, such as the RPR as a	Specimen Requirements:	0.5mL serum (VDHL Kit #13/14) As
specific diagnostic test in patients with signs or symptoms suggestive of late syphilis.	Set up:	needed
	Transport Temperature:	2-8°C. Specimen should be received at VDHL within 48 hours.
	Results Available:	Within 1-4 working days
	CPT Code:	86781

Syphilis VDRL		
The Venereal Disease Research Laboratory (VDRL) test	Test Type:	Flocculation
is a slide micro-flocculation test for syphilis.	n c n	
	Reference Range:	Non-reactive
	Specimen Requirements:	0.5mL Cerebrospinal Fluid (CSF) ONLY
	Set up:	As needed
	Transport Temperature:	2-8°C. Specimen should be received at VDHL within 48 hours.
	Results Available:	Within 1-3 working days
	CPT Code:	86592



Tularemia Total Antibody			
A single titer of 1:20 or below are usually not	Test Type:	Agglutination	
diagnostic for infection with Francisella			
tularensis	Reference Range:	<1:20	
Tularemia titers of 1:160 are strongly	Specimen Requirements:	1.0mL serum (VDHL Kit #13/14)	
suggestive of Tularemia. However, a		,	
progressive increase in titer between acute	Set up:	Monday – Wednesday as needed	
and convalescent specimens is the prime			
evidence of recent infection. Confirmation	Transport Temperature:	-20°C (dry ice)	
of serodiagnosis requires demonstration of a four-fold titer difference between acute and	D L A 1111	Widin A and in the	
convalescent specimens taken at	Results Available:	Within 4 working days	
appropriate times.	CPT Code:	86668	
mppp		00000	
Cross-reactions may occur between Brucella abortus			
and Francisella tularensis antigens and antisera.			
Therefore, both assays will be run on one specimen.			

Varicella IgG Antibody			
A reactive result indicates immunity to	Test Type:	EIA	
Varicella infection	P - C P	Vanicalla antibada nat data tad	
	Reference Range:	Varicella antibody not detected	
	Specimen Requirements:	1.0mL (minimum 0.25mL) serum (VDHL Kit #13/14)	
	Set up:	Tuesday and Friday	
	Transport Temperature:	2-8°C. Specimen should be received at VDHL within 48 hours.	
	Results Available:	Within 1-4 working days	
	CPT Code:	86787	



Vibrio spp.				
	Isolation and identification of Vibrio spp.	Test Type:	Culture	
		Reference Range:	No Vibrio isolated	
		Specimen Requirements:	Stool preserved in Cary-Blair based transport media (VDHL Kit #1)	
		Set up:	As needed	
		Transport Temperature:	Room temperature: must be received within 3 days from date of collection	
		Results Available:	3 days from date of receipt	
		CPT Code:	87046/87077	

Yersinia enterocolitica (see also Enteric Screen)				
Isolation and identification of Yersinia enterocolitica.	Test Type:	Culture		
This test may be ordered individually or as part of the Enteric Screen, which includes the enteric pathogens Campylobacter, Salmonella, Shigella, Yersinia enterocolitica, E. coli O157:H7, and non-O157:H7 Shiga-toxin producing E. coli.	Reference Range: Specimen Requirements:	No Y. enterocolitica isolated Stool preserved in Cary-Blair based transport media (VDHL Kit #1)		
	Set up:	Monday – Saturday		
	Transport Temperature:	Room temperature: must be received within 3 days from date of collection		
	Results Available:	3 days from date of receipt		
	CPT Code:	87045/87077		