

For questions please call:
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The Safety Express Newsletter

WHAT YOU SHOULD KNOW ABOUT SEVERE WEATHER

- ◇ Know what to do before, during, and after severe weather.
- ◇ Create a communications plan with your family before severe weather hits.
- ◇ Have emergency supplies in place at home, at work, and in the car.
- ◇ Listen to local officials.
- ◇ Check your insurance policies to ensure you have enough coverage.



Blacklegged tick

Spreads Lyme disease, anaplasmosis, babesiosis, Powassan virus & *Borrelia miyamotoi* disease



Nymph



Adult

- Over 99% of tickborne diseases reported in Vermont are caused by this tick
- Images shown larger than actual size — ticks can be as small as a poppy seed

Other ticks found in Vermont



American dog tick



Woodchuck tick



Lone Star tick

For more information on ticks:
healthvermont.gov

WILDFIRE

SAFETY

- * Report a wildfire if you see one; you may be the first to see it.
- * Wildfires can kill. If ordered to evacuate, know the route and plan where to go.

Roughly 40% of unwanted heat buildup in our homes is through windows. Use awnings or curtains to keep the heat out!

OUTSIDE SAFETY TIPS:

- ✓ Wear appropriate clothing, including a wide-brimmed hat
- ✓ Take frequent water breaks
- ✓ Apply sunscreen with an SPF of at least 15
- ✓ Never leave kids or pets unattended in a vehicle

TOO HOT TO PLAY

OUTSIDE?

www.ready.gov/kids offers plenty of games and activities that will help children learn and prepare for emergencies as they play!

ADDITIONAL

RESOURCES:

- www.healthvermont.gov
- www.ready.gov
- www.redcross.org/

Interested in having an Emergency Preparedness Presentation given at your facility?

Call Becky at (802) 777-7851 to set up a time.